

# SEPTEMBER 2024 INDEPENDENT LIVING CALENDAR OF EVENTS









Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
			<p><b>Shopping Locations:</b> Kankakee: Walgreens, CVS, Jewel &amp; Banks Berkots Bourbonnais: Kroger, Aldi, Walgreens Jewel &amp; Banks Kankakee South: Walmart, Dollar Tree, Aldi RT. 50 Bourbonnais: Meijer, Target, Marshalls, Kohls, Walmart and hobby lobby <b>Outings One time a month Meetings Socials</b> AL CC: Asst. Conference Center IL CR: IL Card Room IL GR: IL Great Room IL CMR: IL Community Room IL WC: wellness center IL TR: Theater Room IL AR: Art room IL LB: IL Library</p>	<p><u>Bus Schedule for Church Services</u></p> <p>8:00 St. Paul's 10:00 Asbury 10:30 Maternity Church 11:00 Saint John Paul II</p> 	 <p>FRIDAY SEPTEMBER 6TH @ 8:30 AM</p> <p><b>MENS BREAKFAST</b></p> <p>Sign up with Culinary 779-801-3010 SLCCULINARY@RHC.NET</p>  <p><b>Women's Breakfast</b></p> <p>Friday September 13th and Friday, September 20th @ 8:30 AM in IL Private Dining Room Don't forget to sign up w/ Culinary 779-801-3010 SLCCULINARY@RHC.NET You can only sign up for one date</p>	<p><b>DINE &amp; DISCOVER</b> WITH NIKKI TOBENSKI &amp; ASHLEY WARD FROM IROQUOIS FEDERAL THURSDAY, SEPTEMBER 12TH 8:30 AM - 9:30AM WESTWOOD INDEPENDENT LIVING DINING ROOM</p>  <p>About this event Join us for breakfast and coffee with guest speakers, Nikki and Ashley, as they discuss Preventing Identity Theft such as:</p> <ul style="list-style-type: none"><li>• What identity theft is</li><li>• How identity thieves operate</li><li>• Who the victims are</li><li>• How you can protect yourself</li></ul> <p>R.S.V.P. 815-935-3273</p> 
<p>1</p> <p>9:00 Open Swim No Life Guard 10:00 Technology Assistance/ caremerge Sign UP 10:45 Max, Carol &amp; Suzanne All Faith's Worship IL CMR 1:30 Country drive and ice-cream sign up IL FL 1:30 Domino's IL CR 3:00 Open Swim No Life Guard</p>	<p>2 <b>HAPPY LABOR DAY!</b> 9:00 Open Swim No Life Guard 9:00 <b>Good Will Donations Accepted till 3 PM by Grand Piano in GR</b> 10:00 Exercise IL WC 10:00 Bible Study w/Marsha Collins IL CR 11:00 Corn Hole IL CMR 11:00 Recite the Rosary IL Theatre Room 11:00 Music with Mary IL GR 2:00 Bingo AL CC 3:30 <b>Wine Social IL GR</b></p>	<p>3</p> <p>9:00 Open Swim No Life Guard 10:00 Exercise IL WC 11:00 Corn Hole IL CMR 2:00 Popcorn IL GR 2:00 <b>Super Foods with Kaitlyn and Madison- Pears IL CMR</b> 2:30 Euchre IL GR 6:30 <b>Jeff Bell Concert at Olivet sign up</b></p> 	<p>4</p> <p>9:00 Open Swim No Life Guard 9:00-10:30 First Trust Bank IL LB 10:00-1:00 <b>Resident Jewelry sale to support Alzheimer's IL GR</b> 10:00 Exercise IL WC 11:00 Cornhole IL CMR 1:30 <b>Shopping Kankakee South Sign Up</b> 2:00 <b>Environmental meeting IL Lb</b> 2:00 <b>Welcome Committee IL CR</b> 3:00 Skip-bo IL GR 6:00 Pinochle GR</p>	<p>5</p> <p>LAB DRAWS</p> <p>9:00 Aquatic exercise with Nicole 10:00 Land Exercises with Nicole IL WC 11:00 Cornhole IL CMR 11:00 Communion AL CC 2:00 Bingo AL CC 4:30-8pm <b>Wright at twilight music event \$10 per ticket due at sign up</b></p> 	<p>6</p> <p>8:30 <b>Mens Breakfast Sign up with Culinary</b> 779-801-3010 9:00 Open Swim No Life Guard 9:30 <b>Shop-N-Bank Kankakee Sign Up FL</b> 10:00 Tai-Chi w/Gary ILWC 11:00 Corn Hole IL CMR 1:30 <b>Shop N Bank Bourbonnais Sign Up FL</b> 2:00 Bingo IL CMR 4:00 <b>Happy Hour w Mark IL IL CMR</b> 6:30 Evening Movie w/ Mr. Beatty Sign up in front of TR</p>	<p>7</p> <p>9:00 Open Swim No Life Guard 10:00 Exercise IL WC 10:00 <b>Farmers Market sign up</b> 11:00 Cornhole IL CMR 12:30 <b>Benoit Greenhouse in Kankakee Sign up FL</b> 2:30 Afternoon Movie IL TR 6:30 Evening Movie w/ Mr. Beatty Sign up in front of TR</p> <p>Happy Birthday Norman Strasma</p>
<p>8 Grandparents day! 9:00 Open Swim No Life Guard 1:30 <b>Pictures Puzzles and Punch with Grandparents sign up FL</b> 1:30 Dominos IL CR 3:00 Open Swim No Life Guard</p> 	<p>9</p> <p>9:00 Open Swim No Life Guard 10:00 Exercise IL WC 10:00 Bible Study w/Marsha Collins IL CR 11:00 Corn Hole IL CMR 11:00 Recite the Rosary IL TR 11:00 Music with Mary IL GR 2:00 Bingo AL CC 3:30 <b>Wine Social IL GR</b></p>	<p>10</p> <p>9:00 Open Swim No Life Guard 10:00 <b>Casino Trip sign up</b> 10:00 Exercise IL WC 11:00 Corn hole IL CMR 2:00 <b>Food Committee Meeting IL Private Dining</b> 2:00 Popcorn IL GR 2:30 Euchre IL GR 2:00 <b>Page Turner's Book IL CR</b></p> 	<p>11 Chocolate Milkshake</p> <p>9:00 Open Swim No Life Guard 9:00-10:30 First Trust Bank IL LB 10:00 Exercise IL CMR 11:00 Corn Hole IL WC 1:30 <b>Shopping Rt. 50 Sign Up FL</b> 3:00 Chocolate milkshake on the patio 6:00 Pinochle GR</p> 	<p>12</p> <p>LAB DRAWS</p> <p>8:30 <b>Dine And Discover IL DR sign up!</b> 10:00 Exercise IL WC 11:00 Corn Hole IL CMR 11:00 Communion AL CC 2:00 Bingo AL CC 3:30 <b>Pumpkin Welcome door hanger IL CMR sign up</b></p> 	<p>13</p> <p>8:30 <b>Woman's Breakfast Sign up w/ Culinary</b> 779-801-3010 9:00 Open Swim No Life Guard 9:30 <b>Shop-N-Bank Kankakee Sign Up FL</b> 10:00 Tai-Chi w/Gary IL WC 11:00 Corn Hole IL CMR 1:30 <b>Shop N Bank Bourbonnais Sign Up FL</b> 2:00 Bingo IL CMR 4:00 <b>Happy Hour w/Mark IL CMR</b> 6:30 Evening Movie w/Mr. Beatty Sign Up in front of IL TR</p>	<p>14</p> <p>8:45 <b>Walk to End Alzheimer's in Manteno sign up</b> 9:00 Open Swim No Life Guard 10:00 <b>Farmers Market sign up</b> 11:00 Corn Hole IL CMR 2:30 Afternoon Movie TBA 6:30 Evening Movie w/ Mr. Beatty Sign up in front of IL TR</p> 



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SUN	MON	TUE	WED	THU	FRI	SAT
<p>15</p> <p>9:00 Open Swim No Life Guard</p> <p>10:00 Technology Assistance/ caremerge <b>Sign UP</b></p> <p>10:45 Max, Carol &amp; Suzanne All Faith's Worship IL CMR</p> <p>1:30 Domino's IL CR</p> <p>1:30 Country drive and ice-cream sign up IL FL</p> <p>3:00 Open Swim No Life Guard</p>	<p>16</p> <p>9:00 Open Swim No Life Guard</p> <p>10:00 Exercise IL WC</p> <p>10:00 Bible Study w/Marsha Collins IL CR</p> <p>11:00 Corn Hole IL CMR</p> <p>11:00 Recite the Rosary IL TR</p> <p>11:00 Music with Mary IL GR</p> <p>2:00 Servants of the Holy Heart Affiliate Prayer Group IL CR</p> <p>2:00 Bingo AL CC</p> <p>3:30 Wine Social IL GR</p>	<p>17</p> <p>9:00 Open Swim No Life Guard</p> <p>10:00 Exercise IL WC</p> <p>11:00 Corn hole IL WC</p> <p>1:30 Activity's Meeting IL</p> <p>2:00 Popcorn IL GR</p> <p>2:30 Euchre IL GR</p> <p>3:30 Happy September Birthdays Social W/ Elvis Impersonator Landon James IL CMR</p> <p>6:30 Trivia with Chip ILCMR</p> <p>Happy Birthday Sharon Reilly And Maryanne Thacker</p>	<p>18</p> <p>9:00 Open Swim No Life Guard</p> <p>9:00-10:30 First Trust Bank IL GR</p> <p>10:00 Exercise IL WC</p> <p>11:00 Corn hole IL CMR</p> <p>12:30 Dr. Raley Podiatrist AL Side Lounge</p> <p>1:30 Shopping Kankakee South Sign Up</p> <p>2:00 Taste and Travel with Kaitlyn Travel to Alaska IL CMR</p> <p>3:00 Skipbo IL GR</p> <p>6:00 Pinochle GR</p>	<p>19 LAB DRAWS</p> <p>9:00 Aquatic Exercise with Nicole</p> <p>10:00 Land Exercises with Nicole IL WC</p> <p>11:00 Cornhole IL CMR</p> <p>11:00 Communion AL CC</p> <p>2:00 Bingo AL CC</p> <p>6:30 Evening Concert Music from the Past Dave and Becky Erwin IL GR</p> 	<p>20</p> <p>8:30 Woman's Breakfast Sign up w/ Culinary 779-801-3010</p> <p>9:00 Open Swim No Life Guard</p> <p>9:30 Shop-N-Bank Kankakee Sign Up FL</p> <p>10:00 Tai-Chi w/Gary IL WC</p> <p>11:00 Corn Hole IL CMR</p> <p>1:30 Shop N Bank Bourbon-nais Sign Up FL</p> <p>2:00 Bingo IL CMR</p> <p>4:00 Happy Hour w/Mark IL CMR</p> <p>6:30 Evening Movie w/ Mr. Beatty Sign up in front of IL TR</p>	<p>21</p> <p>9:00 Open Swim No Life Guard</p> <p>10:00 Exercise IL WC</p> <p>10:00 Farmers Market sign up</p> <p>11:00 Cornhole IL CMR</p> <p>2-4 Fall Fest along the path by pond</p> <p>6:30 Evening Movie w/ Mr. Beatty Sign up in front of IL TR</p> 
<p>22</p> <p>9:00 Open Swim No Life Guard</p> <p>10:00 Technology Assistance/ Caremerge <b>Sign UP</b></p> <p>1:30 Domino's IL CR.</p> <p>1:15 KVTA The Producers at LCC \$17 due at sign up</p> <p>3:00 Open Swim No Life Guard</p> 	<p>23</p> <p>9:00 Open Swim No Life Guard</p> <p>10:00 Exercise IL WC</p> <p>10:00 Bible Study w/Marsha Collins IL CR</p> <p>11:00 Corn Hole IL CMR</p> <p>11:00 Recite the Rosary IL TR</p> <p>11:00 Music with Mary IL GR</p> <p>2:00 Bingo AL CC</p> <p>3:30 Wine Social IL GR</p>	<p>24</p> <p>9:00 Open Swim No Life Guard</p> <p>10:00 Exercise IL WC</p> <p>11:00 Cornhole IL CMR</p> <p>11:00 Good Vibrations Lunch outing sign up FL</p> <p>2:00 Popcorn IL GR</p> <p>2:30 Euchre</p> <p>3:00 Loom Of Love IL 317</p> <p>3:30 Leaf Coaster Diamond Painting IL CMR</p> <p>Sign up</p>  <p>Happy Birthday Jim Montgomery</p>	<p>25</p> <p>9:00 Open Swim No Life Guard</p> <p>9:00-10:30 First Trust Bank IL GR</p> <p>10:00 Exercise IL WC</p> <p>11:00 Corn hole IL CMR</p> <p>1:30 Shopping R.50 Sign Up FL</p> <p>3:00 Skipbo IL GR</p> <p>4:00 Boost your mood with Marsha IL CMR</p> <p>6:00 Pinochle GR</p> <p>Happy Birthday Geraldine Rashinskas</p>	<p>26 National Pancake Day! Lab Draws</p> <p>7:30-9 Pancake Breakfast IL GR</p> <p>9:00 Aquatic Exercise with Nicole</p> <p>10:00 Land Exercise ILWC</p> <p>11:00 Corn Hole IL CMR</p> <p>11:00 Communion AL CC</p> <p>2:00 Bingo AL CC</p> <p>3:30 Tech/ Caremerge assistance sign up</p> <p>6:30 Paul Kenyon Student Concert IL Gr</p> 	<p>27</p> <p>9:00 Open Swim No Life Guard</p> <p>9:30 Shop-N-Bank Kankakee Sign Up FL</p> <p>10:00 Tai-Chi w/Gary IL WC</p> <p>11:00 Corn Hole IL CMR</p> <p>1:30 Shop N Bank Bourbon-nais Sign Up FL</p> <p>2:00 Bingo IL CMR</p> <p>4:00 Happy Hour w/Mark IL CMR</p> <p>6:30 Evening Movie w/ Mr. Beatty Sign up in front of IL TR</p>	<p>28</p> <p>9:00 Open Swim No Life Guard</p> <p>10:00 Exercise IL WC</p> <p>10:00 Farmers Market sign up FL</p> <p>11:00 Cornhole IL CMR</p> <p>2:30 Afternoon Movie TBA</p> <p>6:30 Evening Movie w/ Mr. Beatty Sign up in front of IL TR</p> <p>Happy Birthday Jean Beatty</p>
<p>29</p> <p>9:00 Open Swim No Life Guard</p> <p>10:00 Technology Assistance/ caremerge <b>Sign UP</b></p> <p>1:30 Domino's IL CR</p> <p>1:30 Country drive and ice-cream sign up</p> <p>3:00 Open Swim No Life Guard</p>	<p>30</p> <p>9:00 Open Swim No Life Guard</p> <p>10:00 Exercise IL WC</p> <p>10:00 Bible Study w/Marsha Collins IL CR</p> <p>11:00 Corn Hole IL CMR</p> <p>11:00 Recite the Rosary IL TR</p> <p>11:00 Music with Mary IL GR</p> <p>2:00 Bingo AL CC</p> <p>3:30 Wine Social IL GR</p>	<p><u>Riverside Senior Life Communities</u></p> <p>Partners with residents &amp; their families to identify their desires &amp; dreams, &amp; work together to bring those needs, passions, &amp; abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar, there are many small group programs occurring, as well as one-on-one opportunities to assure all of our residents are engaged.</p> <p>If you or your loved ones have suggestions for something that you enjoy, please do not hesitate to let us know. We are here to serve you</p>		<p>Caremerge sign ups and tech assistance offered every Thursday at 3:30! Sign up for help!</p>  <p>Caremerge 815-934-9222</p>	 <p>WESTWOOD</p> <p> Riverside Senior Life Communities</p> <p>100 Westwood Oaks CT. Kankakee, IL 60901</p>	