

MAY 2023 INDEPENDENT LIVING CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
			<p>Location Key Assisted Living & Independent Living</p> <p>AL FL: Assisted living Front Lobby AL CC: Assisted Living Conference Center AL CR: Assisted Living Craft Room AL MS: Assisted Living Media Suite IL Com. RM: Independent Living Community Room IL LB: Independent Living Library IL WC: Independent Living Wellness Center IL CR: Independent Living Card Room IL GR: Independent Living Great Room</p>	 <p>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. If you or your loved ones have suggestions for something that you enjoy, please do not hesitate to let us know. We are here to serve you.</p>		
 <p>Contact Receptionist (815) 935-3273 to sign up for any outing or special events.</p>	<p>1 9:00 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center 10:00 Bible Study w/ Marsha Collins IL CR 11:00 Recite the Rosary IL Theatre Room 1:15 Out to the Movies Paramount Presents "Guy Ritchie's The Covenant" Sign up 2:00 Bingo AL CC 3:30 Wine Social IL GR</p>	<p>2 9:00-9:45 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center 11:00 Cornhole IL Com Rm/ Patio Weather Permitting 3:30 Make your Own Kentucky Derby Hats Sign up IL Art Room 2:00 Popcorn IL GR 6:15 Riverside Senior Singers Choir Practice AL CC</p>	<p>3 9:00 Open Swim No life guard 9:00-10:30 First trust bank IL LB 10:00 Sittercise IL Wellness Center Only 10 seats available 1:30 Shopping Kankakee South Sign up FL 2:00 Welcome Committee IL CR 2:00 Environmental Committee IL LB 2:00 Bocce Ball IL Court Yard 6:00 Clara Barton— Civil War Battelfield Nurse AL CC Must sign up</p>	<p>4 Lab Draws 9:00-9:45 Aquatic Exercise w/ Nicole 10:00 Land Exercises IL Wellness Center 11:00 Cornhole IL Com Rm 11:00 Communion service AL CC 1:10 Sox vs. Minnesota IL GR 2:00 Bingo AL CC 3:30 Technology Assistance/Skype Sign up</p>	 <p>5 8:30 Men's Breakfast IL Private dining Sign up at Front Desk 9:00 Open Swim No life guard 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 10:00 Tai Chi W/ Gary IL Wellness Center 1:30 Shop-Bank— Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL 4:00 Cinco De Mayo happy Hour Entertainment By: Matt Yeager IL Community Room/Patio Weather Permitting 6:30 Evening Movie w/ Mr. Beatty Sign up in front of RM 330</p>	<p>6 KENTUCKY DERBY </p> <p>9:00 Open Swim No life guard 10:00 Sittercise IL Wellness Center Only 10 seats available 11:00 Cornhole IL Com RM 2:30 Afternoon Movie TBA 3:00 Kentucky Derby Social IL GR 6:30 Evening Movie w/ Mr. Beatty Sign up in front of RM 330 Happy Birthday Iris Robinson </p>
<p>7 10:45 Max & Carol All Faith's Worship IL Community Room 11:00 St John Paul II Sign up 1:20 Cubs VS. Marlins IL GR 1:30 Sunday Country Drive Sign up Weather permitting 2:00 Domino's IL Card Room 3:00-5:00 Open Swim No Lifeguard</p>	<p>8 9:00 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center Only 10 seats available 10:00 Bible Study w/ Marsha Collins IL CR 11:00 Recite the Rosary IL Theatre Room 11:00 Out to eat at Hoppy Pig Sign up 2:00 Bingo AL CC 3:30 Wine Social IL GR/ Screened In Porch 6:30 Page Turner's Book Club Please See Nancy Madigan for further</p>	<p>9 9:00-9:45 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center 11:00 Cornhole IL Com Rm /Patio Weather Permitting 2:00 Popcorn IL GR 2:00 Food Committee Meeting— private dining 3:30 Superfood Demo: Eggs— Deviled Eggs Spread Sign up IL Com Room 6:15 Riverside Senior Singers Choir Practice AL CC</p>	<p>10 9:00 Open Swim No life guard 9:00-10:30 First trust bank IL LB 10:00 Sittercise IL Wellness Center Only 10 seats available 1:30 Shopping RT 50 Sign up FL 2:00 Bocce Ball IL Court Yard</p>	<p>11 Lab Draws 9:00-9:45 Aquatic Exercise w/ Nicole 10:00 Land Exercises IL Wellness Center 11:00 Cornhole IL Com Rm 11:00 Communion service AL CC 2:00 Bingo AL CC 3:30 Technology Assistance/Skype Happy Birthday Grayce Skyer </p>	<p>12 NO HAPPY HOUR 9:00 Open Swim No life guard 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 10:00 Tai Chi W/ Gary IL Wellness Center 12:00-1:30 Mother's Day Luncheon Must sign up w/ Number of Guest IL Com RM 1:30 Shop-Bank— Bourbonnais Kroger, Aldi Walgreen, Jewel & Banks Sign up FL 2:00-3:30 Cynthia & Matt Music of the 50's IL Com Rm/Patio Weather Permitting 6:30 Evening Movie w/ Mr. Beatty Sign up in front of RM 330</p>	<p>13 9:00 Open Swim No life guard 10:00 Sittercise IL Wellness Center 11:00 Cornhole IL Com RM 1:30 Connecting Generation w/ Girls Scouts Planting Flowers IL Patio Sign up 2:30 Afternoon Movie TBA 6:30 Evening Movie w/ Mr. Beatty Sign up in front of RM 330</p>

MAY 2023 INDEPENDENT LIVING CALENDAR OF EVENTS

SUN	MON	TUE	WED	THU	FRI	SAT
14  11:00 St John Paul II Sign up 11:30 Mom-osa Cart in front of IL Dining Rm 2:00 Domino's IL Card Room 3:00-5:00 Open Swim No Lifeguard Happy Birthday Judy Rastorfer 🎂	15 9:00 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center 10:00 Bible Study w/ Marsha Collins IL CR 11:00 Recite the Rosary IL Theatre Room 2:00-4:00 Servants of the Holy Heart Affiliate Prayer group w/ Sister Mary Stella IL CR 2:00 Bingo AL CC 3:30 Wine Social IL GR	16 9:00-9:45 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center 10:00 Frankfort Shopping Trip & Lunch JC Penny, Briosa Boutique, Retail Market Sign up 11:00 Cornhole IL Com Rm/ Patio Weather Permitting 1:30 Activities Committee meeting IL LB 2:00 Popcorn Cart IL GR 6:15 Riverside Senior Singers Choir Practice AL CC	17 9:00 Open Swim No life guard 9:00-10:30 First trust bank IL LB 10:00 Sittercise IL Wellness Center 1:30 Shopping Kankakee South Sign up FL 2:00 Bocce Ball IL Court Yard 4:00 Boost your Mood with Marsha (Social Worker) IL Com RM 6:15 Men's Group— Billiards games Pub mix & Beer Located in Billiard Room	18 Lab Draws 9:00-9:45 Aquatic Exercise w/ Nicole 10:00 Land Exercises IL Wellness Center 11:00 Cornhole IL Com Rm 11:00 Communion service AL CC 2:00 Bingo AL CC 3:30 Technology Assistance/Skype Sign up 5:00-7:00 Estates Happy Hour IL Com Rm	19 8:30 Women's Breakfast IL Private dining Sign up at Front Desk 9:00 Open Swim No life guard 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 10:00 Tai Chi W/ Gary IL Wellness Center 1:30 Shop—Bank— Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL 2:00 Independent Living Bingo IL Com RM 4:00 Happy Hour w/ Mark Noller IL Com Rm 6:30 Evening Movie w/ Mr. Beatty sign up RM 330	20 9:00 Open Swim No life guard 10:00 Sittercise IL Wellness Center 11:00 Cornhole IL Com RM 1:10 Sox vs. Kansas City IL GR 2:30 Afternoon Movie TBA 6:30 Evening Movie w/ Mr. Beatty Sign up in front of RM 330
21 10:45 Max & Carol All Faith's Worship IL Community Room 11:00 St John Paul II Sign up 1:00 Rhubarb Festival Sign UP 2:00 Domino's IL Card Room 3:00-5:00 Open Swim No Lifeguard	22 9:00 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center Only 10 seats available 10:00 Bible Study w/ Marsha Collins IL CR 11:00 Recite the Rosary IL Theatre Room 2:00 Bingo AL CC 2:00-5:00 Cards W/ Constance IL Com. Rm 3:30 Wine Social IL GR	23 9:00-9:45 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center 11:00 Cornhole IL Com Rm/Patio Weather Permitting 2:00 Popcorn cart IL GR 3:30 Taste & Travel: Greece IL Com RM Sign up 6:15 Riverside Senior Singers Choir Practice AL CC	24 9:00 Open Swim No life guard 9:00-10:30 First trust bank IL LB 10:00 Sittercise IL Wellness Center 12:30 Dr. Raley make appointment with front desk 1:30 Shopping RT 50 Sign up FL 2:00 Bocce Ball IL Court Yard Happy Birthday Jo Ann Hartman 🎂	25 Lab Draws 9:00-9:45 Aquatic Exercise w/ Nicole 10:00 Land Exercises IL Wellness Center 11:00 Cornhole IL Com Rm 11:00 Communion service AL CC 2:00 Bingo AL CC 2:00 All resident meeting IL Com Rm 3:30 Technology Assistance/Skype Sign up 6:30 Trivia W/ Chip "Musicals" IL Com Rm	26 9:00 Open Swim No life guard 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 10:00 Tai Chi W/ Gary IL Wellness Center 11:30 State Park Memorial Day Cookout Sign up 1:30 Shop—Bank— Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL 4:00 Happy Hour w/ Mark Noller IL Com RM 6:30 Evening Movie w/ Mr. Beatty Sign up RM 330 Sign up in front of RM 330 Happy Birthday Bruce Payne 🎂 Happy Birthday Sandy Montgomery 🎂	27 9:00 Open Swim No life guard 10:00 Sittercise IL Wellness Center 11:00 Cornhole IL Com RM 2:30 Afternoon Movie TBA 6:30 Evening Movie w/ Mr. Beatty Sign up in front of RM 330
28 11:00 St John Paul II Sign up 1:30 Sunday Country Drive Sign up Weather permitting 2:00 Domino's IL Card Room 3:00-5:00 Open Swim No Lifeguard	29 MEMORIAL DAY 9:00 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center Only 10 seats available 10:45 Memorial Day Social IL GR 11:00 Recite the Rosary IL Theatre Room 1:20 Cubs VS. Tampa Bay IL GR 2:00 Bingo AL CC 3:30 Wine Social IL GR	30 9:00-9:45 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center 11:00 Cornhole IL Com Rm/ Patio Weather Permitting 2:00 Popcorn cart IL GR 3:30 Looms of Love IL Com RM 6:15 Riverside Senior Singers Choir Practice AL CC	31 NATIONAL SENIOR HEALTH & FITNESS DAY 9:00 Open Swim No life guard 9:00-10:30 First trust bank IL LB 10:00 Sittercise IL Wellness Center 10:45 Free Blood Pressure Checks IL Wellness Center 1:20 Cubs VS. Tampa Bay IL GR 1:30 Shopping Kankakee South Sign up FL 2:00 Bocce Ball & Lemonade IL Court Yard 6:15 Men's Group— Billiards games Pub mix & Beer Located in Billiard Room			