





MAY 2023 ASSISTED LIVING CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
			<p>Location Key Assisted Living & Independent Living</p> <p>AL FL: Assisted living Front Lobby AL CC: Assisted Living Conference Center AL CR: Assisted Living Craft Room AL MS: Assisted Living Media Suite IL Com. RM: Independent Living</p> <p>Salon Services: Available: Wednesday & Thursday Call receptionist to make Appointment</p> <p>Banking Services: First Trust Bank Wednesdays 9:00-10:30 Independent Living Library</p>	<p>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. If you or your loved ones have suggestions for something that you enjoy, please do not hesitate to let us know. We are here to serve you.</p> 		
 <p>Contact Receptionist (815) 933-0793 to sign up for any outing or special events.</p>	<p>1 9:30 Therapeutic Exercise AL CC 10:00 Bible Study w/ Marsha Collins IL CR 10:30 Wellness Center Pool and gym opened 1:15 Out to the Movies Paramount Presents "Guy Ritchie's The Covenant" Sign up 2:00 Bingo AL CC 3:30 Wine Social IL GR</p>	<p>2 9:30 Therapeutic Exercise AL CC 10:15 AL Country Drive Sign up 11:00 Friendly Visits 2:00 Make your Own Kentucky Derby Hats Sign up AL Art Room 3:30-4:30 Skype w/ Friends & Family Sign up FL 6:15 Riverside Senior Singers Choir Practice AL CC</p>	<p>3 9:00-10:30 First Trust Bank IL LB 9:30 Therapeutic Exercise AL CC 10:45 Walk Outside to the pond Meet In AL Lobby 1:30 Shopping Kankakee South Sign up FL 2:00 Popcorn Cart 3:30 Farkle Dice Game AL Front Porch 6:00 Clara Barton— Civil War Battelfield Nurse AL CC Must sign up</p>	<p>4 LAB DRAWS 9:00-9:45 Aquatic Exercise w/ Nicole 9:30 Therapeutic Exercise AL CC 11:00 Communion service AL CC 1:10 Sox vs. Minnesota AL FL 2:00 Bingo AL CC 3:15 Laundry & Labeling AL Media Suite 3:30 Technology Assistance/Skype Sign up</p> <p>Happy Birthday Don Beyer 🍰 Happy Birthday Patricia Clemens 🍰</p>	<p>5  9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 10:45 Walk Outside to the pond Meet In AL Lobby 1:30 Shop-Bank— Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL 2:00 Cinco De Mayo happy Hour Entertainment By: Matt Yeager AL CC Happy Birthday Jeanette Dannowitz 🍰</p>	<p>6 KENTUCKY DERBY 🏇 9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 11:00 Friendly Visits 1:45 Kentucky Derby Social AL Front Lobby 2:30 Saturday Country Drive Sign up 5:00 Kentucky Derby Race AL Front Lobby</p>
<p>7 10:45 Max & Carol All Faith's Worship IL Community Room 11:00 St John Paul II Sign up 1:20 Cubs VS. Marlins AL FL 2:30 Afternoon Movie TBA AL CC 3:00 Skype w/Family must sign up</p>	<p>8 9:30 Therapeutic Exercise AL CC 10:00 Bible Study w/ Marsha Collins IL CR 10:30 Wellness Center Pool and gym opened 11:00 Out to eat at Hoppy Pig Sign up 2:00 Bingo AL CC 3:30 Wine Social IL GR</p>	<p>9 9:30 Therapeutic Exercise AL CC 10:15 AL Country Drive Sign up 11:00 Friendly Visits 3:30-4:30 Skype w/ Friends & Family Sign up FL 3:30 Superfood Demo: Eggs Deviled Eggs Spread Sign Up IL Com Room 6:15 Riverside Senior Singers Choir Practice AL CC</p>	<p>10 9:30 Therapeutic Exercise AL CC 9:00-10:30 First Trust Bank IL LB 10:45 Walk Outside to the pond Meet In AL Lobby 1:30 Shopping RT 50 ign up FL 2:00 Popcorn Cart 2:30 Assisted Living all Resident Meeting AL CC 3:30 Farkle Dice Game AL Front Porch</p>	<p>11 LAB DRAWS 9:00-9:45 Aquatic Exercise w/ Nicole 9:30 Therapeutic Exercise AL CC 11:00 Communion service AL CC 2:00 Bingo AL CC 3:15 Laundry & Labeling AL Media Suite 3:30 Technology Assistance/Skype Sign up</p>	<p>12 NO HAPPY HOUR 9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 10:45 Walk Outside to the pond Meet In AL Lobby 12:00-1:30 Mother's Day Luncheon Must sign up w/ Number of Guest IL Com RM 1:30 Shop-Bank— Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL 2:00-3:30 Cynthia & Matt Music of the 50's IL Com Rm/Patio Weather Permitting</p>	<p>13 9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 11:00 Friendly Visits 1:30 Connecting Generation w/ Girls Scouts IL Patio Sign up 2:30 Saturday Country Drive Sign up</p> <p>Happy Birthday Martha Billingsley 🍰</p>

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SUN	MON	TUE	WED	THU	FRI	SAT
14  11:00 St John Paul II Sign up 1:30 Mother's Day Tea and Scones AL FL 2:30 Afternoon Movie AL CC Title Unknown 3:00 Skype w/Family must sign up	15 9:30 Therapeutic Exercise AL CC 10:00 Bible Study w/ Marsha Collins IL CR 10:30 Wellness Center Pool and gym opened 2:00-4:00 Servants of the Holy Heart Affiliate Prayer group w/ Sister Mary Stella IL CR 2:00 Bingo AL CC 3:30 Wine Social IL GR Happy Birthday Paul Roeder 🍰	16 9:30 Therapeutic Exercise AL CC 10:00 Frankfort Shopping Trip & Lunch JC Penny, Briosa Boutique, Retail Market Sign up 10:15 AL Country Drive Sign up 11:00 Friendly Visits 2:00 Pretty Nails Sign Up at Front Desk 3:30-4:30 Skype w/ Friends & Family Sign up FL 6:15 Riverside Senior Singers Choir Practice AL CC	17 9:30 Therapeutic Exercise AL CC 9:00-10:30 First Trust Bank IL LB 10:45 Walk Outside to the pond Meet In AL Lobby 1:30 Shopping Kankakee South sign up FL 2:00 Popcorn Cart 3:30 Farkle Dice Game AL Front Porch 6:15 Men's Group Dice Game (CLR) & snacks AL Media Suite	18 LAB DRAWS 9:00-9:45 Aquatic Exercise w/ Nicole 9:30 Therapeutic Exercise AL CC 11:00 Communion service AL CC 2:00 Bingo AL CC 3:15 Laundry & Labeling AL Media Suite 3:30 Technology Assistance/Skype Sign up Happy Birthday Judith Shelton 🍰	19 9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 10:45 Walk Outside to the pond Meet In AL Lobby 1:30 Shop-Bank- Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL 3:00 Happy Hour w/ Mark Noller AL CC Happy Birthday Clyde Voigt 🍰	20 9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 11:00 Friendly Visits Sign up 1:10 Sox vs. Kansas City AL FL 2:30 Saturday Country Drive Sign up
21 10:45 Max & Carol All Faith's Worship IL Community Room 11:00 St John Paul II Sign up 1:00 Rhubarb Festival Sign UP 2:30 Afternoon Movie AL CC Title Unknown 3:00 Skype w/Family must sign up	22 9:30 Therapeutic Exercise AL CC 10:00 Bible Study w/ Marsha Collins IL CR 10:30 Wellness Center Pool and gym opened 2:00 Bingo AL CC 2:00-5:00 Cards W/ Constance IL Com. Rm 3:30 Wine Social IL GR	23 9:30 Therapeutic Exercise AL CC 10:15 AL Country Drive Sign up 11:00 Friendly Visits 3:30 Taste & Travel: Greece IL Com RM Sign up 3:30-4:30 Skype w/ Friends & Family Sign up FL 6:15 Riverside Senior Singers Choir Practice AL CC	24 9:30 Therapeutic Exercise AL CC 9:00-10:30 First Trust Bank IL LB 10:45 Walk Outside to the pond Meet In AL Lobby 12:30 Dr. Raley make appointment with front desk 1:30 Shopping RT 50 ign up FL 2:00 Popcorn Cart 3:30 Farkle Dice Game AL Front Porch	25 LAB DRAWS 9:00-9:45 Aquatic Exercise w/ Nicole 9:30 Therapeutic Exercise AL CC 11:00 Communion service AL CC 2:00 Bingo AL CC 3:15 Laundry & Labeling AL Media Suite 3:30 Technology Assistance/Skype Sign up	26 9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 11:30 State Park Memorial Day Cookout Sign up 1:30 Shop-Bank- Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL 3:00 Happy Hour w/ Mark Noller AL CC Happy Birthday Ralph Pregent 🍰	27 9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 11:00 Friendly Visits Sign up 2:30 Saturday Country Drive Sign up
28 11:00 St John Paul II Sign up 2:30 Afternoon Movie AL CC Title Unknown 3:00 Skype w/Family must sign up Happy Birthday Colleen Kilbride 🍰	29 Memorial Day 9:30 Therapeutic Exercise AL CC 10:30 Wellness Center Pool and gym opened 10:45 Memorial Day Social IL GR 1:20 Cubs VS. Tampa Bay AL FL 2:00 Bingo AL CC 3:30 Wine Social IL GR	30 9:30 Therapeutic Exercise AL CC 10:15 AL Country Drive Sign up 11:00 Friendly Visits 3:30-4:30 Skype w/ Friends & Family Sign up FL 3:30 Looms of Love IL Art Room 6:15 Riverside Senior Singers Choir Practice AL CC	31 NATIONAL SENIOR HEALTH & FITNESS DAY 9:30 Therapeutic Exercise AL CC 9:00-10:30 First Trust Bank IL LB 10:45 Walk Outside to the pond Meet In AL Lobby 10:45 Free Blood Pressure Checks IL Wellness Center 1:20 Cubs VS. Tampa Bay AL FL 1:30 Shopping Kankakee South sign up FL 2:00 Popcorn Cart 3:30 Farkle Dice Game AL Front Porch			