



MAY 2023 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
 <p>BOURBONNAIS GROVE</p> <p>Riverside Senior Life Communities</p> <p>Bourbonnais, IL 60914 815-935-3332</p> <p>Contact the Concierge to sign up for any Outings or Special Events</p> <p><i>*Please note that all programs are subject to change.</i></p>	<p>VISITING PHYSICIANS:</p> <p>DR. NAGA GUNTUPALLI - Psychiatrist—Thursday, May 4th (every other month on the 1st Thursday)</p> <p>Dr. Raley—Podiatrist Wednesday, TBD</p> <p>Audiologist—TBD</p> <p>To schedule a single or reoccurring appointment, please contact the Concierge.</p>	<p>VISITING PHYSICIANS:</p> <p>Dr. Ali—Primary Care Physician Starting May 23, 2023 every other Tuesday</p> <p>CAREGIVER SUPPORT GROUP: Second Tuesday of each month from 5-6pm in the Community Room</p> <p>Happy Birthday Elroy Dorothy Mary</p> 	<p>SALON SERVICES:</p> <p>Manicures Currently unavailable</p> <p>Hair Appointments Available in the salon Mondays: 9:00a—12:00p Tuesdays: 9:00a—4:00p Wednesdays: 1:00p—4:00p</p> <p>BANKING SERVICES:</p> <p>First Trust Bank Tuesdays May 11th & 25th Available for cashing checks, making deposits & withdrawals. Please contact the Concierge if interested.</p>	<p>Riverside Senior Life Communities</p> <p>partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p>Dimensions of Wellness Categories:</p> <p>● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</p>		
<ul style="list-style-type: none"> 9:00 Fan Mail 10:30 Door to Door Devotion 1:30 May Day Trivia (CR) 3:30 Popcorn Cart 	<p>1 MAY DAY</p> <ul style="list-style-type: none"> 9:30 Cardio & Strength: Stretching (CR) 11:30 Expand your mind (CR) 1:30 Bingo (CR) 3:30 Creative Club (CR) 4:00 Friendly Visits (MDR) 5:00 Movie of choice 	<p>2 WORLD OF TUNA DAY</p> <ul style="list-style-type: none"> 9:30 Tai Chi (CR) 10:30 Pretty Nails 11:00 Roll a TOPIC (CR) 1:30 Making a snack w/ Cori 3:00 Bible Study with Pastor Chambers (CR) 4:00 Book Club (LLL) 5:00 Movie of Choice 	<p>3</p> <ul style="list-style-type: none"> 9:30 Cardio & Strength: Weights (CR) 10:30 Hymn Sing & 11:30 Expand your mind (CR) 11:00 Trivia (CR) 3:30 Volunteer Dog Bella 5:30 Movie of Choice 6:00 Pete's Band (CR) 	<p>4 NATIONAL ORANGE JUICE DAY</p> <p>9:30 Tai Chi</p> <p>10:00 Pretty Nails</p> <p>10:15 Pastor Sam & Anita</p> <p>2:00 Super Foods Deviled eggs (CR)</p> <p>2:30 Catholic Communion</p> <p>3:00 Country Drive (BUS)</p> <p>5:00 Movie of Choice</p>	<p>5 CINCO DE MAYO</p> <ul style="list-style-type: none"> 9:30 Cardio & Strength: Stretching (CR) 10:00 Euchre 11:00 Mothers Day Brunch 1:30 Bingo (CR) 3:00 Bingo Store 3:45 Happy Hour (CR) 	<p>6 KENTUCKY DERBY</p> <ul style="list-style-type: none"> 9:30 Cardio & Strength: Weights (CR) Creative Club Kentucky Derby 1:30 Family Feud IN2L (CR)
<p>7</p> <ul style="list-style-type: none"> 9:00 Fan Mail 10:30 Door to Door Devotion 1:30 May Day Trivia (CR) 3:30 Popcorn Cart 	<p>8</p> <ul style="list-style-type: none"> 9:30 Cardio & Strength: Stretching (CR) 11:30 Expand your mind (CR) 1:30 Bingo (CR) 3:30 Creative Club (CR) 4:00 Friendly Visits (MDR) 5:00 Movie of choice 	<p>9 NATIONAL MOSCATO DAY</p> <ul style="list-style-type: none"> 9:30 Tai Chi 10:30 Pretty Nails 11:00 Guess the Riddle 1:30 Making a snack w/ Cori (CR) 3:00 Bible Study with Pastor Chambers (CR) 4:00 Book Club (LLL) 5:00 Movie of Choice 	<p>10</p> <p>9:30 Cardio & Strength: Weights (CR)</p> <p>10:30 Dine Out Mayberry Junction</p> <p>11:00 New Beginnings With Marsha (CR)</p> <p>2:00 Birthday Social</p> <p>3:00 Mark Piano Player</p> <p>5:00 Movie of Choice</p>	<p>11 NATIONAL APPLE DAY</p> <p>8:30 Dine & Discover What is Vertigo W/ Lisa Johnson</p> <p>9:30 Tai Chi</p> <p>10:00 Pretty Nails</p> <p>10:15 Pastor Sam & Anita</p> <p>2:30 Catholic Communion</p> <p>3:00 Country Drive (BUS)</p> <p>5:00 Movie Of Choice</p>	<p>12</p> <ul style="list-style-type: none"> 9:30 Cardio & Strength: Stretching (CR) 10:00 Euchre 11:00 Mothers Day Brunch 1:30 Bingo (CR) 3:00 Bingo Store (CR) 3:45 Happy Hour(CR) <p>HAPPY HOUR</p>	<p>13</p> <ul style="list-style-type: none"> 9:30 Cardio & Strength: Weights (CR) 10:30 Table Talk 1:30 Movie Matinee with Popcorn: Hello Dolly Musical

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14 HAPPY MOTHER'S DAY <ul style="list-style-type: none">9:00 Fan Mail10:30 Door to Door Devotion1:30 May Day Trivia (CR)3:30 Popcorn Cart	15 <ul style="list-style-type: none">9:30 Cardio & Strength: Stretching (CR)11:30 Expand your mind (CR)1:30 Bingo (CR)3:30 Creative Club (CR)4:00 Friendly Visits (MDR)5:00 Movie of choice	16 NATIONAL BBQ DAY <ul style="list-style-type: none">9:30 Tai Chi (CR)10:30 Pretty Nails (LLL)11:00 Outing State Park BBQ & Games (BUS) Sign up Front Desk3:00 Bible Study with Pastor Chambers (CR)5:00 Movie of Choice	17 <ul style="list-style-type: none">9:30 Cardio & Strength: Weights (CR)10:30 Shopping Kohl's and Lunch (BUS) Sign up front desk3:30 Creative Club (CR)3:30 Volunteer Dog Bella5:30 Movie of Choice	18 <ul style="list-style-type: none">9:30 Tai Chi10:15 Pastor Sam & Anita2:00 Town Hall Meeting (CR) all are welcome2:30 Catholic Communion3:00 Country Drive (BUS)5:00 Movie of Choice	19 <ul style="list-style-type: none">9:30 Cardio & Strength: Stretching (CR)10:00 EUCHRE (GRC)1:30 Bingo (CR)3:00 Bingo Store (CR)3:34 Happy Hour (CR)	20 <ul style="list-style-type: none">9:30 Cardio & Strength: Weights (CR)10:30 Table talk1:30 Military Puzzles & Games (CR)
21 It's a beautiful day in the neighborhood Day <ul style="list-style-type: none">9:00 Fan Mail10:30 Door to Door Devotion1:30 May Day Trivia (CR)3:30 Popcorn Cart	22 <ul style="list-style-type: none">9:30 Cardio & Strength: Stretching (CR)11:30 Expand your mind (CR)1:30 Bingo (CR)3:30 Creative Club (CR)4:00 Friendly Visits (MDR)5:00 Movie of choice	23 <ul style="list-style-type: none">9:30 Tai Chi (CR)10:30 Pretty Nails (LLL)11:00 Trivia (CR)1:00 Visit Maggie Moo Volunteer dog1:30 Making a snack w/ Cori (CR)3:00 Bible Study with Pastor Chambers (CR)4:00 Book Club (LLL)5:00 Movie of Choice	24 <ul style="list-style-type: none">9:30 Cardio & Strength: Weights (CR)10:30 Outing- Jaenicke's Hot Dog's (BUS) (Sign up front desk)1:30 Creative Club3:00 Mark Piano Player (CR)5:30 Movie of Choice	25 NATIONAL WINE DAY <ul style="list-style-type: none">9:30 Tai Chi10:15 Pastor Anita & Sam-2:00 Taste & Travel with Kaitlyn: Greece (CR)2:30 Catholic Communion3:00 Country Drive (BUS)5:00 Movie of Choice	26 <ul style="list-style-type: none">9:30 Cardio & Strength: Stretching (CR)10:00 EUCHRE (GRC)1:30 Bingo (CR)3:00 Bingo Store (CR)3:34 Happy Hour (CR)	27 <ul style="list-style-type: none">9:30 Cardio & Strength: Weights (CR)10:30 Canvas Painting1:30 Movie Matinee with Popcorn: Bob Hope theme (In honor of his birthday 5-29)
28 NATIONAL HAMBURGER DAY <ul style="list-style-type: none">9:00 Fan Mail10:30 Door to Door Devotion1:30 May Day Trivia (CR)3:30 Popcorn Cart	29 HAPPY MEMORIAL DAY <ul style="list-style-type: none">9:30 Cardio & Strength: Stretching (CR)11:30 Expand your mind (CR)1:30 Bingo (CR)3:30 Creative Club (CR)4:00 Friendly Visits (MDR)5:00 Movie of choice	30 <ul style="list-style-type: none">9:30 Tai Chi (CR)10:30 Pretty Nails (LLL)11:00 Trivia1:30 Making a snack w/ Cori (CR)2:00 Visit W Snickers3:00 Bible Study with Pastor Chambers (CR)4:00 Book Club (LLL)	31 <ul style="list-style-type: none">9:30 Cardio & Strength: Weights (1:30 Bingo (CR)10:30 Shopping Meijer Sign up front desk3:30 Creative Club (CR)3:30 Volunteer Dog Bella5:30 Movie of Choice			Location Key: Assisted Living: FP: Front Porch FL: Front Lobby KCR: Kasler Club Room CR: Preisel Community Room GR: Great Room GRC: Grass Roots Café KWC: Kankakee Wellness Center LLL: Live.Learn.Lounge. SAR: South Activity Area NAR: North Activity Area CRCY: Community Room Courtyard CCY : The Café Courtyard WC: The Wellness Center S: Salon BUS: Bus Trip-Sign Up with Concierge