JUNE 2023 ASSISTED LIVING CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

Sun	Mon	Tue	WED	Thu	FRI	SAT
SUN	Mon	TUE	Location Key Assisted Living & Independent Living AL FL: Assisted living Front Lobby AL CC: Assisted Living Conference Center AL CR: Assisted Living Media Suite IL Com. RM: Independent Living Salon Services: Available: Wednesday & Thursday Call receptionist to make Appointment Banking Services: First Trust Bank Wednesdays 9:00-10:30 Independent Living Library	partners with resident & work together to bring to Dimensions of Wellness to programing. People at a productive, contributing men and physically independent a and they will find the please do not hes	de Senior Life Comrets & their families to identify those needs, passions, & ability assure our residents are proveyery age and stage of ability obers of a community. They so not active; they seek resource want to keep expanding their ones have suggestions for some sitate to let us know. We are	their desires & dreams, ties to life. We focus on the ided a well-rounded array of seek opportunities to remain earch for ways to stay mentals to meet their spiritual need knowledge. The to serve you.
Contact Receptionist (815) 933-0793 to sign up for any outing or special events.		SMALL THINGS TO LOVE ABOUT JUNE Sunshine Beach day with & breeze BFFs Blooming wildflowers Waking up Movie nights in the backyard Our MindfulLife.com		1 LAB DRAWS 9:00-9:45 Aquatic Exercise w/ Nicole 9:30 Therapeutic Exercise AL CC 11:00 Communion service AL CC 2:00 Bingo AL CC 3:15 Laundry & Labeling AL Media Suite 3:30 Technology Assistance/Skype Sign up 6:00 Music in the Park at Bird Park Sign up	9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 10:45 Walk Outside to the pond Meet In AL Lobby 1:30 Shop-Bank- Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL 3:00 Happy Hour w/ Mark Noller AL CC	9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 11:00 Friendly Visits 2:30 Saturday Country Drive Sign up
10:45 Max & Carol All Faith's Worship IL Community Room 11:00 Strawberry Jazz Festival Located: at Northfield Square Mall Sign up FL 11:00 St John Paul II Sign up 2:30 Afternoon Movie TBA AL CC 3:00 Skype w/Family must sign up	9:30 Therapeutic Exercise AL CC 10:00 Bible Study w/ Marsha Collins IL CR 10:30 Wellness Center Pool and gym opened 1:30 Out to the Movies Classic Cinemas "Book Club" Next Chapter Sign up FL 2:00 Bingo AL CC 3:30 Wine Social IL GR	9:30 Therapeutic Exercise AL CC 10:15 AL Country Drive Sign up 11:00 Lemonade & Conversation on Porch 3:15 Euchre IL GR 3:30-4:30 Skype w/ Friends & Family Sign up FL 6:15 Riverside Senior Singers Choir Practice AL CC	7 9:00-10:30 First Trust Bank IL LB 9:30 Therapeutic Exercise AL CC 10:45 Walk Outside to the pond Meet In AL Lobby 1:30 Shopping RT 50 ign up FL 2:00 Popcorn Cart 3:30 Farkle Dice Game AL Front Porch	8 Lab Draws 8:30 Dine & Discover Ann Offerman Presents Estate Planning Sign up 9:00-9:45 Aquatic Exercise w/ Nicole 9:30 Therapeutic Exercise AL CC 11:00 Communion service AL CC 2:00 Bingo AL CC 3:30 Technology Assistance/Skype 6:00 Music in the Park at Bird Park Sign up	9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 9:30 Shop-N-Bank Kankakee Walgreens, CYS, Jewel & Banks Sign up FL 10:45 Walk Outside to the pond Meet In AL Lobby 1:30 Shop-Bank— Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL 3:00 Happy Hour w/ Mark Noller AL CC	10 NATIONAL ICE TEA DAY 9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 10:45 Ice Tea on the porch Weather Permitting 11:00 Friendly Visits 2:30 Saturday Country Drive Sign up

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Sun	Mon	TUE	dult Living For Those Who Seek Mo WED	Тни	FRI	SAT
1 1 II:00 St John Paul II Sign up 2:30 Afternoon Movie AL CC Title Unknown 3:00 Skype w/Family must sign up	9:30 Therapeutic Exercise AL CC 10:00 Bible Study w/ Marsha Collins IL CR 10:30 Wellness Center Pool and gym opened 2:00 Bingo AL CC 2:30-4:00 Learn about Microgrid & Make one w/Constance Beatty IL Com Rm Sign up 3:30 Wine Social IL GR	9:30 Therapeutic Exercise AL CC 10:15 AL Country Drive Sign up 11:00 Lemonade & Conversation on Porch 3:30-4:30 Skype w/ Friends & Family Sign up FL 3:15 Euchre IL GR 6:15 Riverside Senior Singers Choir Practice AL CC	FLAG DAY 9:30 Therapeutic Exercise AL CC 9:00-10:30 First Trust Bank IL LB 11:00 Flag Day Trivia & Bomb Pop's Popsicles AL Porch Weather Permitting 1:30 Shopping Kankakee South sign up FL 2:00 Popcorn Cart 2:30 Assisted Living all Resident Meeting AL CC 3:30 Farkle Dice Game AL Front Porch	LAB DRAWS 9:00-9:45 Aquatic Exercise w/ Nicole 9:30 Therapeutic Exercise AL CC 11:00 Communion service AL CC 2:00 Bingo AL CC 3:15 Laundry & Labeling AL Media Suite 3:30 Technology Assistance/Skype Sign up 6:00 Music in the Park at Bird Park Sign up	9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 12:00 Par-Tee For Father's Day BBQ, Beer & Golf IL Com RM Patio Sign up 1:30 Shop—Bank— Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL 3:00 Happy Hour w/ Mark Noller AL CC	17 NATIONAL ROOTBEER FLOAT DAY 9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 11:00 Rootbeer Floats AL Front Porch Weather Permitting 2:30 Saturday Country Drive Sign up Happy Birthday Beatrice Wright
18 HAPPY FATHER'S DAY 9:30 Dad's & Donuts IL Great Room 10:45 Max & Carol All Faith's Worship IL Community Room 11:00 St John Paul II Sign up 2:30 Afternoon Movie AL CC Title Unknown 3:00 Skype w/Family must sign up	JUNETEENTH 9:30 Therapeutic Exercise AL CC 10:00 Bible Study w/ Marsha Collins IL CR 10:30 Wellness Center Pool and gym opened 2:00-4:00 Servants of the Holy Heart Affiliate Prayer group w/ Sister Mary Stella IL CR 2:00 Bingo AL CC 3:30 Taste & Travel Of the South w/ Kaitlyn & Sharon Mcguire Presents "What is Juneteenth" Sign up FL Happy Birthday Norman Dandurand	20 NATIONAL ICE CREAM DAY 9:30 Therapeutic Exercise AL CC 10:15 AL Country Drive Sign up 11:00 Lemonade & Conversation on Porch 3:15 Euchre IL GR 3:30 Ice Cream Social AL CC 3:30-4:30 Skype w/ Friends & Family Sign up FL 6:15 Riverside Senior Singers Choir Practice AL CC	LONGEST DAY 8:00 Tai Chi w/ Gary Outside IL com Patio 9:00 Bake Sake AL Front Lobby 9:00-2:00 Rock-A-Thon AL Front Lobby Sign up w/ your time slot 9:30 Therapeutic Exercise AL CC 9:00-10:30 First Trust Bank IL LB 1:30 Shopping RT 50 ign up FL 2:00 Sunsets and Sangria Join Kim and paint a beautiful Sunset IL Com Rm Sign up 4:30 Meet At the Pond with a Prayer to end The Longest Day w/ Marsha Collins	LAB DRAWS 9:00-9:45 Aquatic Exercise w/ Nicole 9:30 Therapeutic Exercise AL CC 11:00 Communion service AL CC 2:00 Bingo AL CC 3:15 Laundry & Labeling AL Media Suite 3:30 Technology Assistance/Skype Sign up 6:00 Music in the Park at Bird Park Sign up	9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 10:45 Walk Outside to the pond Meet In AL Lobby 1:30 Shop-Bank- Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL 3:00 Happy Hour w/ Mark Noller AL CC	2.4 9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 11:00 Friendly Visits Sign up 1:00 Resale Shopping Embrace, & Goodwill Sign up 2:30 Saturday Country Drive Sign up
25 11:00 St John Paul II Sign up 2:30 Afternoon Movie AL CC Title Unknown 3:00 Skype w/Family must sign up	9:30 Therapeutic Exercise AL CC 10:00 Bible Study w/ Marsha Collins IL CR 10:30 Wellness Center Pool and gym opened 11:00 Out to eat at Ryan's Pier Sign up FL 2:00 Bingo AL CC 3:30 Wine Social IL GR	9:30 Therapeutic Exercise AL CC 10:15 AL Country Drive Sign up 11:00 Lemonade & Conversation on Porch 3:30-4:30 Skype w/ Friends & Family Sign up FL 3:15 Euchre IL GR 3:30 Superfood Demo: By Kaitlyn Sample of Melons: Black Diamond Water And Lemon Drop Cantaloupe IL Com RM Sign up 6:00 Music in the park Perry Farm Classic Rock Sign up Happy Birthday Rita Fredrickson	9:30 Therapeutic Exercise AL CC 9:00-10:30 First Trust Bank IL LB 10:45 Walk Outside to the pond Meet In AL Lobby 1:30 Shopping Kankakee South sign up FL 2:00 Popcorn Cart 3:30 Farkle Dice Game AL Front Porch 6:30 Trivia W/ Chip TBA IL Com Rm 6:15 Riverside Senior Singers Choir Practice AL CC	LAB DRAWS 9:00-9:45 Aquatic Exercise w/ Nicole 9:30 Therapeutic Exercise AL CC 11:00 Communion service AL CC 2:00 Bingo AL CC 3:15 Laundry & Labeling AL Media Suite 3:30 Technology Assistance/Skype Sign up 6:00 Music in the Park at Bird Park Sign up	9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 10:45 Walk Outside to the pond Meet In AL Lobby 1:30 Shop—Bank— Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL 3:00 Happy Hour w/ Mark Noller AL CC	