



# JUNE 2023 | CALENDAR OF EVENTS

SUN	MON	TUE	WED	THU	FRI	SAT
 <p><b>BOURBONNAIS GROVE</b> Riverside Senior Life Communities</p> <p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p> <p>Contact the Concierge to sign up for any Outings or Special Events</p> <p><i>*Please note that all programs are subject to change.</i></p>	<p><b>VISITING PHYSICIANS:</b> <b>DR. NAGA GUNTUPALLI - Psychiatrist</b>—Thursday, June 1st (every other month on the 1st Thursday)</p> <p><b>Dr. Raley—Podiatrist</b> Wednesday, TBD</p> <p>To schedule a single or reoccurring appointment, please contact the Concierge.</p>	<p><b>VISITING PHYSICIANS:</b> <b>Dr. Ali—Primary Care Physician</b> <u>Wednesdays June 7th &amp; 21st</u></p> <p><b>Audiologist—TBD</b></p> <p><b>CAREGIVER SUPPORT GROUP:</b> Second Tuesday of each month from 5-6pm in the Community Room.</p> <p><b>Happy Birthday</b> <b>Manuel A. 6/19</b></p> <p><b>Charlotte 6/23</b></p> 	<p><b>SALON SERVICES:</b> <b>Manicures</b> Currently unavailable <b>Hair Appointments</b> Available in the salon Mondays: 9:00a—12:00p Tuesdays: 9:00a—4:00p Wednesdays: 1:00p—4:00p</p> <p><b>BANKING SERVICES:</b> <b>First Trust Bank</b> <b>Tuesdays June 6th &amp; 20th</b> Available for cashing checks, making deposits &amp; withdrawals. Please contact the Concierge if interested</p>	<p><b>Riverside Senior Life Communities</b> partners with residents &amp; their families to identify their desires &amp; dreams, &amp; work together to bring those needs, passions, &amp; abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p><b>Dimensions of Wellness Categories:</b> ● = Cognitive   ● = Emotional   ● = Physical   ● = Social   ● = Spiritual</p>		
				<p><b>1</b></p> <ul style="list-style-type: none"> <li>8:45 Coffee &amp; Chronicle</li> <li>10:30 Country Drive</li> <li>1:30 BINGO (CON)</li> <li>2:00 Let's Chat &amp; Snack</li> <li>2:30 Catholic Communion (MDR)</li> <li>3:30 Drum Circle (MSAR)</li> </ul> <p>6:00 Music in the park Mary Khole- Soloist</p>	<p><b>2</b></p> <ul style="list-style-type: none"> <li>8:45 Coffee &amp; Chronicle</li> <li>11:00 Fitness Fun (MSAR)</li> <li>2:30 Let's Chat &amp; Snack</li> <li>3:00 Balloon Circle Toss (MSAR)</li> <li>3:30 Happy Hour</li> </ul>	<p><b>3</b></p> <ul style="list-style-type: none"> <li>8:45 Coffee &amp; Chronicle</li> <li>10:00 Reminiscing (DLR)</li> <li>11:00 Fitness Fun (MSAR)</li> <li>2:00 Let's Chat &amp; Snack</li> </ul>
<p><b>4</b></p> <ul style="list-style-type: none"> <li>9:00 Online Catholic Mass Service (MSAR)</li> <li>2:30 Let's Chat &amp; Snack</li> <li>3:15 Fitness Fun (MSAR)</li> <li>3:45 Reminiscing about Summer (MSAR)</li> </ul>	<p><b>5</b></p> <ul style="list-style-type: none"> <li>8:45 Coffee &amp; Chronicle</li> <li>10:30 Move &amp; Groove (MSAR)</li> <li>11:00 Craft Let's be creative</li> <li>2:30 Let's Chat &amp; Snack</li> <li>3:30 Tai Chi (MSAR)</li> </ul>	<p><b>6 CHOCOLATE ICE CREAM DAY</b></p> <ul style="list-style-type: none"> <li>8:45 Coffee &amp; Chronicle</li> <li>10:15 IN2L Today in History</li> <li>11:00 Fitness Fun (MSAR)</li> <li>1:30 BINGO (CON)</li> <li>2:30 Let's Chat &amp; Snack</li> </ul>	<p><b>7</b></p> <ul style="list-style-type: none"> <li>8:45 Coffee &amp; Chronicle</li> <li>10:15 Fitness Fun (MSAR)</li> <li>11:00 Meditations (MSAR)</li> <li>1:15 Fill in the Blank (CON)</li> <li>2:00 June Birthday Social</li> <li>3:00 Mark The Piano Player (CR)</li> </ul>	<p><b>8</b></p> <ul style="list-style-type: none"> <li>8:45 Coffee &amp; Chronicle</li> <li>10:30 Country Drive</li> <li>1:30 BINGO (CON)</li> <li>2:00 Let's Chat &amp; Snack</li> <li>2:30 Catholic Communion (MDR)</li> <li>3:30 Drum Circle (MSAR)</li> </ul> <p>6:00 Music in the park Julie Tomsik- Soloist</p>	<p><b>9</b></p> <ul style="list-style-type: none"> <li>8:45 Coffee &amp; Chronicle</li> <li>11:00 Fitness Fun (MSAR)</li> <li>2:30 Let's Chat &amp; Snack</li> <li>3:00 Balloon circle Toss (MSAR)</li> <li>3:30 Happy Hour</li> </ul>	<p><b>10</b></p> <ul style="list-style-type: none"> <li>8:45 Coffee &amp; Chronicle</li> <li>10:00 Reminiscing (DLR)</li> <li>11:00 Fitness Fun (MSAR)</li> <li>2:00 Let's Chat &amp; Snack</li> </ul>

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SUN	MON	TUE	WED	THU	FRI	SAT
<b>11</b> <ul style="list-style-type: none"><li>9:00 Online Catholic Mass Service (MSAR)</li><li>2:30 Let's Chat &amp; Snack</li><li>3:45 Tai Chi (MSAR)</li></ul>	<b>12 NATIONAL PEANUT BUTTER COOKIE DAY</b> <ul style="list-style-type: none"><li>8:45 Coffee &amp; Chronicle</li><li>10:30 Move &amp; Groove (MSAR)</li><li>11:00 Craft Let's be Creative</li><li>2:30 Let's Chat &amp; Snack</li><li>3:30 Tai Chi (MSAR)</li></ul>	<b>13</b> <ul style="list-style-type: none"><li>8:45 Coffee &amp; Chronicle</li><li>11:00 Exercising with Ribbons</li><li>1:30 BINGO (CON)</li><li>2:30 Let's Chat &amp; Snack</li><li>3:45 IN2L Trivia Identifying Money with staff</li></ul>	<b>14 HAPPY FLAG DAY</b> <ul style="list-style-type: none"><li>8:45 Coffee &amp; Chronicle</li><li>10:30 Outing Dine Out Paul's Place in Kankakee</li><li>2:30 Let's Chat &amp; Snack</li><li>3:00 Bella Volunteer Dog</li><li>3:45 Would you Rather?</li></ul>	<b>15</b> <ul style="list-style-type: none"><li>8:45 Coffee &amp; Chronicle</li><li>10:30 Country Drive</li><li>1:30 BINGO (CON)</li><li>2:00 Let's Chat &amp; Snack</li><li>2:30 Catholic Communion (MDR)</li><li>3:30 Drum Circle (MSAR)</li></ul>	<b>16</b> <ul style="list-style-type: none"><li>8:45 Coffee &amp; Chronicle</li><li>11:30 Father's Day Court Yard BBQ for the guy's</li><li>2:30 Let's Chat &amp; Snack</li><li>3:00 Balloon Circle Toss</li><li>3:30 Happy Hour</li></ul>	<b>17</b> <ul style="list-style-type: none"><li>8:45 Coffee &amp; Chronicle</li><li>11:00 Fitness Fun (MSAR)</li><li>2:00 Let's Chat &amp; Snack</li><li>3:45 Non-Denominational Church Service (MSAR)</li></ul>
<b>18 HAPPY FATHER'S DAY</b> <ul style="list-style-type: none"><li>9:00 Online Catholic Mass Service (MSAR)</li><li>2:30 Let's Chat &amp; Snack</li><li>3:15 Fitness &amp; Fun</li><li>3:45 Reminiscing about Father's Day (MSAR)</li></ul>	<b>19 JUNETEENTH</b> <ul style="list-style-type: none"><li>8:45 Coffee &amp; Chronicle</li><li>10:30 Move &amp; Groove (MSAR)</li><li>11:00 Craft let's be Creative</li><li>2:30 Let's Chat &amp; Snack</li><li>3:30 Tai Chi (MSAR)</li></ul>	<b>20</b> <ul style="list-style-type: none"><li>8:45 Coffee &amp; Chronicle</li><li>11:00 Exercising with Ribbons</li><li>1:30 BINGO (CON)</li><li>2:30 Let's Chat &amp; Snack</li><li>3:45 IN2L Name that sound with staff</li></ul>	<b>21 THE LONGEST DAY</b> <ul style="list-style-type: none"><li>8:45 Coffee &amp; Chronicle</li><li>11:00 Fitness Fun (MSAR)</li><li>1:15 Octoband with bags (MSAR)</li><li>2:30 Let's Chat &amp; Snack</li><li>3:00 Mark The Piano Player</li></ul>	<b>22</b> <ul style="list-style-type: none"><li>8:45 Coffee &amp; Chronicle</li><li>10:30 Country Drive</li><li>1:30 BINGO (CON)</li><li>2:00 Let's Chat &amp; Snack</li><li>2:30 Catholic Communion (MDR)</li><li>3:30 Drum Circle (MSAR)</li><li>6:00 Music in the park</li></ul>	<b>23</b> <ul style="list-style-type: none"><li>8:45 Coffee &amp; Chronicle</li><li>11:00 Fitness Fun (MSAR)</li><li>2:30 Let's Chat &amp; Snack</li><li>3:00 Balloon Circle Toss</li><li>3:30 Happy Hour</li></ul>	<b>24</b> <ul style="list-style-type: none"><li>8:45 Coffee &amp; Chronicle</li><li>11:00 Fitness Fun (MSAR)</li><li>2:00 Let's Chat &amp; Snack</li><li>3:45 Non Denominational Church Service (MSAR)</li></ul>
<b>25</b> <ul style="list-style-type: none"><li>9:00 Online Catholic Mass Service (MSAR)</li><li>2:30 Let's Chat &amp; Snack</li><li>3:15 Fitness &amp; Fun</li><li>3:45 Tai Chi (MSAR)</li></ul>	<b>26</b> <ul style="list-style-type: none"><li>8:45 Coffee &amp; Chronicle</li><li>10:30 Move &amp; Groove (MSAR)</li><li>11:00 Craft Let's be Creative</li><li>2:30 Let's Chat &amp; Snack</li><li>3:30 Tai Chi (MSAR)</li></ul>	<b>27</b> <ul style="list-style-type: none"><li>8:45 Coffee &amp; Chronicle</li><li>11:00 IN2L Brain fitness Around the house</li><li>1:30 BINGO (CON)</li><li>2:30 Let's Chat &amp; Snack</li><li>3:45 Exercising with Ribbons</li></ul>	<b>28</b> <ul style="list-style-type: none"><li>8:45 Coffee &amp; Chronicle</li><li>10:30 Outing shopping Walmart Lunch Buffalo Wild Wing</li><li>1:15 Fill in the Blank (MSAR)</li><li>2:30 Let's Chat &amp; Snack</li><li>3:00 Bella Volunteer Dog</li></ul>	<b>29</b> <ul style="list-style-type: none"><li>8:45 Coffee &amp; Chronicle</li><li>10:30 Country Drive</li><li>1:30 BINGO (CON)</li><li>2:00 Let's Chat &amp; Snack</li><li>2:30 Catholic Communion (MDR)</li><li>3:30 Drum Circle (MSAR)</li><li>6:00 Music in the park</li></ul>	<b>30</b> <ul style="list-style-type: none"><li>8:45 Coffee &amp; Chronicle</li><li>11:00 Fitness Fun (MSAR)</li><li>2:30 Let's Chat &amp; Snack</li><li>3:00 Balloon Circle Toss</li><li>3:30 Happy Hour</li></ul>	<div>JDA: Journey Dining Area</div> <div>JAR: Journey Activity Area</div> <div>JLR: Journey Living Room</div> <div>CDR: Celebration Dining Area</div> <div>CAA: Celebration Activity Area</div> <div>CLR: Celebration Living Room</div> <div>DDA: Discovery Dining Area</div> <div>DAA: Discovery Activity Area</div> <div>DLR: Discovery Living Room</div> <div>CNDA: Connection Dining Area</div> <div>CNAA: Connection Activity Area</div> <div>CNLR: Connection Living Room</div> <div>ESP: East Screened Porch</div> <div>MSAR: Main Street Activity Room</div> <div>NCY: North Courtyard</div> <div>SCY: South Courtyard</div> <div>DIS: Discovery</div> <div>JRN: Journey</div> <div>CON: Connection</div> <div>CEL: Celebration</div>