

JULY 2023 INDEPENDENT LIVING CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
			<p>Location Key Assisted Living & Independent Living</p> <p>AL FL: Assisted living Front Lobby AL CC: Assisted Living Conference Center AL CR: Assisted Living Craft Room AL MS: Assisted Living Media Suite IL Com. RM: Independent Living Community Room IL LB: Independent Living Library IL WC: Independent Living Wellness Center IL CR: Independent Living Card Room IL GR: Independent Living Great Room</p>	 <p>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. If you or your loved ones have suggestions for something that you enjoy, please do not hesitate to let us know. We are here to serve you.</p>		
30 11:00 St John Paul II Sign up 1:30 Sunday Country Drive Sign up Weather permitting 2:00 Domino's IL Card Room 3:00-5:00 Open Swim No Lifeguard	31 NATIONAL AVOCADO DAY 9:00 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center Only 10 seats available 10:00 Bible Study w/ Marsha Collins IL CR 11:00 Recite the Rosary IL Theatre Room 2:00 Bingo AL CC 3:30 Guacamole & Chips w/ Margaritas IL Great Room/ Screened in porch	 <p>Contact Receptionist (815) 935-3273 to sign up for any outing or special events.</p>	<p>National Picnic Month</p>  <p>Having less food but more people to share time with is what is important at a picnic. GPICNIC.COM</p>		 <p>Our flag does not fly because the wind moves it ... it flies with the last breath of each soldier who died protecting it</p>	1 9:00 Open Swim No life guard 10:00 Sittercise IL Wellness Center Only 10 seats available 9:30 Farmer's Market Sign up FL 11:00 Cornhole IL Com RM 2:30 Afternoon Movie TBA 6:30 Evening Movie w/ Mr. Beatty Sign up in front of RM 330 Happy Birthday Carolyn Longfellow 🎂
2 10:45 Max & Carol All Faith's Worship IL Community Room 11:00 St John Paul II Sign up 1:30 Sunday Country Drive Sign up Weather permitting 2:00 Domino's IL Card Room 2:15 College Church Concert "Patriotic Songs" Paul Kenyon & Friends Sign up 3:00-5:00 Open Swim No Lifeguard	3 9:00 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center 10:00 Bible Study w/ Marsha Collins IL CR 11:00 Recite the Rosary IL Theatre Room 2:00 Bingo AL CC 3:30 4th of July Party Entertainment: Silhouettes IL Com Rm Patio (weather permitting) Happy Birthday Deb Carraher 🎂	4 HAPPY 4TH OF JULY 9:00-9:45 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center 11:00 Cornhole IL Com Rm/ Patio Weather Permitting 2:00 4th of July Social and Snow cones IL Com Patio	5 9:00 Open Swim No life guard 9:00-10:30 First trust bank IL LB 10:00 Sittercise IL Wellness Center Only 10 seats available 1:30 Shopping Rt 50 Sign up FL 2:00 Welcome Committee IL CR 2:00 Environmental Committee IL LB 3:00 Cards Skip—BO IL GR 6:15 Riverside Senior Singers Choir Practice AL CC	6 Lab Draws 9:00-9:45 Aquatic Exercise w/ Nicole 10:00 Land Exercises IL Wellness Center 10:00 Farm Succession Planning IL Com Rm Sign up 11:00 Cornhole IL Com Rm 11:00 Communion service AL CC 2:00 Bingo AL CC 3:30 Technology Assistance/Skype Sign up 6:00 Music in the Park at Bird Park Sign up	7 8:30 Men's Breakfast IL Private dining Sign up at Front Desk 9:00 Open Swim No life guard 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 10:00 Tai Chi W/ Gary IL Wellness Center 1:30 Shop-Bank—Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL 2:00 Independent Living Bingo IL Com RM 4:00 Happy Hour w/ Mark Noller IL Com Rm 6:30 Evening Movie w/ Mr. Beatty Sign up in front of RM 330	8 NO EXERCISE 9:00 Open Swim No life guard 9:30 Farmer's Market Sign up FL 11:00 Cornhole IL Com RM 6:30 Evening Movie w/ Mr. Beatty Sign up in front of RM 330 7:00 Aroma Park Boat Club Cheeseburger & Paradise & Entertainment FIREWORKS 🎆

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9 11:00 St John Paul II Sign up 2:00 Domino's IL Card Room 3:00-5:00 Open Swim No Lifeguard	10 9:00 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center Only 10 seats available 10:00 Bible Study w/ Marsha Collins IL CR 11:00 Recite the Rosary IL Theatre Room 12:00 Out to eat @ Koi Asian Bistro Sign Up 2:00 Bingo AL CC 3:30 Wine Social IL GR/ Screened In Porch 6:30 Page Turner's Book Club Please See Nancy Madigan for further	11 9:00-9:45 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center 11:00 Cornhole IL Com Rm /Patio Weather Permitting 2:00 Popcorn IL GR 2:00 Food Committee Meeting— private dining 2:00 Bocce Ball IL Court Yard 3:15 Euchre IL GR 6:00 Music at Perry Farm "Tall Paul Band" Honky Tonk, Country, Bluesy Pop Sign up Front Desk	12 9:00 Open Swim No life guard 9:00-10:30 First trust bank IL LB 10:00 Sittercise IL Wellness Center Only 10 seats available 10:00 Antique Shopping in Wilmington Lunch to follow at Hayden's Crossing Sign up 1:30 Shopping Kankakee South Sign up FL 2:00 Cards Skip—BO IL GR 6:15 Riverside Senior Singers Choir Practice AL CC	13 Lab Draws 9:00-9:45 Aquatic Exercise w/ Nicole 10:00 Land Exercises IL Wellness Center 11:00 Cornhole IL Com Rm 11:00 Communion service AL CC 2:00 Bingo AL CC 3:30 Technology Assistance/Skype 6:00 Music in the Park at Bird Park Soloist: Mary Elizabeth Sign up	14 9:00 Open Swim No life guard 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 10:00 Tai Chi W/ Gary IL Wellness Center 1:30 Shop—Bank— Bourbonnais Kroger, Aldi Walgreen, Jewel & Banks Sign up FL 2:00 Independent Living Bingo IL Com RM 4:00 Happy Hour w/ Mark Noller IL Com Rm 6:30 Evening Movie w/ Mr. Beatty Sign up in front of RM 330	15 9:00 Open Swim No life guard 10:00 Sittercise IL Wellness Center 9:30 Farmer's Market Sign up FL 11:00 Cornhole IL Com RM 2:30 Afternoon Movie TBA 6:30 Evening Movie w/ Mr. Beatty Sign up in front of RM 330
16 10:45 Max & Carol All Faith's Worship IL Community Room 11:00 St John Paul II Sign up 1:30 Sunday Country Drive Sign up Weather permitting 2:00 Domino's IL Card Room 3:00-5:00 Open Swim No Lifeguard	17 9:00 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center 10:00 Bible Study w/ Marsha Collins IL CR 11:00 Recite the Rosary IL Theatre Room 2:00-4:00 Servants of the Holy Heart Affiliate Prayer group w/ Sister Mary Stella IL CR 2:00 Bingo AL CC 3:30 Wine Social IL GR/ Screened In Porch	18 9:00-9:45 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center 11:00 Cornhole IL Com Rm/ Patio Weather Permitting 1:30 Activities Committee meeting IL LB 3:15 Euchre IL GR 6:00 Music at Perry Farm "Molly Rose" Jazz Sign up Front Desk	19 NATIONAL HOT DOG DAY 9:00 Open Swim No life guard 9:00-10:30 First trust bank IL LB 10:00 Sittercise IL Wellness Center 12:00 Hot Dog Bar IL Com Room Sign up 12:30 Dr.Railey Call to make an appointment 1:30 Shopping RT 50 Sign up FL 2:00 Cards Skip—BO IL GR 4:00 Boost your Mood with Marsha (Social Worker) IL Com RM 6:15 Riverside Senior Singers Choir Practice AL CC	20 Lab Draws 9:00-9:45 Aquatic Exercise w/ Nicole 10:00 Land Exercises IL Wellness Center 11:00 Cornhole IL Com Rm 11:00 Communion service AL CC 2:00 Bingo AL CC 3:30 Technology Assistance/Skype Sign up 7:00 Acting out Theatre "Rodger's & Hammersteins—Cinderella \$15 must pay at sign up Limited Seating	21 8:30 Women's Breakfast IL Private dining Sign up at Front Desk 9:00 Open Swim No life guard 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 10:00 Tai Chi W/ Gary IL Wellness Center 1:30 Shop—Bank— Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL 2:00 Independent Living Bingo IL Com RM 4:00 Happy Hour w/ Mark Noller IL Com Rm 6:30 Evening Movie w/ Mr. Beatty sign up RM 330 Happy Birthday Nancy Payne 🍰	22 9:00 Open Swim No life guard 10:00 Sittercise IL Wellness Center 9:30 Farmer's Market Sign up FL 11:00 Cornhole IL Com RM 2:30 Afternoon Movie TBA 6:30 Evening Movie w/ Mr. Beatty Sign up in front of RM 330
23 11:00 St John Paul II Sign up 1:30 Sunday Country Drive Sign up Weather permitting 2:00 Domino's IL Card Room 3:00-5:00 Open Swim No Lifeguard	24 9:00 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center Only 10 seats available 10:00 Bible Study w/ Marsha Collins IL CR 11:00 Recite the Rosary IL Theatre Room 2:00 Bingo AL CC 3:30 Wine Social IL GR	25 NATIONAL WINE & CHEESE DAY 9:00-9:45 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center 11:00 Cornhole IL Com Rm/Patio Weather Permitting 2:00 Wine & Cheese Cart IL GR 2:00 Bocce Ball IL Court Yard Happy Birthday Don Lee 🍰	26 9:00 Open Swim No life guard 9:00-10:30 First trust bank IL LB 10:00 Sittercise IL Wellness Center 12:00 Picnic at Riverside Hospital "Healing Garden" Sign up 1:30 Shopping Kankakee South Sign up FL 2:00 Cards Skip—BO IL GR 6:15 Riverside Senior Singers Choir Practice AL CC	27 Lab Draws 9:00-9:45 Aquatic Exercise w/ Nicole 10:00 Land Exercises IL Wellness Center 11:00 Cornhole IL Com Rm 11:00 Communion service AL CC 2:00 Bingo AL CC 2:00 All resident meeting IL Com Rm 3:30 Technology Assistance/Skype Sign up 6:00 Music at Park Perry Farm "Carrying Torches" Pop & Alternative Sign up Front Desk	28 9:00 Open Swim No life guard 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 10:00 Tai Chi W/ Gary IL Wellness Center 1:30 Shop—Bank— Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL 2:00 Independent Living Bingo IL Card RM 4:00 Happy Hour w/ Mark Noller IL Com RM 6:30 Evening Movie w/ Mr. Beatty sign up RM 330	29 9:00 Open Swim No life guard 10:00 Sittercise IL Wellness Center 9:30 Farmer's Market Sign up FL 11:00 Cornhole IL Com RM 2:30 Afternoon Movie TBA 6:30 Evening Movie w/ Mr. Beatty Sign up in front of RM 330