



JULY 2023 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
<div><p>BOURBONNAIS GROVE</p><p>Riverside Senior Life Communities</p><p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p><p>Contact the Concierge to sign up for any Outings or Special Events</p><p><i>*Please note that all programs are subject to change.</i></p></div>	<p>VISITING PHYSICIANS: DR. NAGA GUNTUPALLI - Psychiatrist—Thursday, July 6th (every other month on the 1st Thursday)</p> <p>Dr. Raley—Podiatrist Wednesday, TBD</p> <p>To schedule a single or reoccurring appointment, please contact the Concierge.</p>	<p>VISITING PHYSICIANS: Dr. Ali—Primary Care Physician <u>Wednesdays July 5th & 19th</u></p> <p>Audiologist—TBD</p> 	<p>SALON SERVICES: Manicures Currently unavailable Hair Appointments Available in the salon Mondays: 9:00a—12:00p Tuesdays: 9:00a—4:00p Wednesdays: 1:00p—4:00p</p> <p>BANKING SERVICES: First Trust Bank <u>Tuesdays July 18th</u> Available for cashing checks, making deposits & withdrawals. Please contact the Concierge if interested.</p>	<p>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p>Dimensions of Wellness Categories:</p> <p>● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</p>		
<p><u>Location Key:</u> Assisted Living:</p> <p>FP: Front Porch FL: Front Lobby KCR: Kasler Club Room CR: Preisel Community Room GR: Great Room GRC: Grass Roots Café KWC: Kankakee Wellness Center LLL: Live.Learn.Lounge. SAR: South Activity Area NAR: North Activity Area CRCY: Community Room Courtyard CCY : The Café Courtyard WC: The Wellness Center S: Salon BUS: Bus Trip-Sign Up with Concierge</p>		<p>July Birthday's (AL)</p> <p>Betty Ann O. 7/4</p> <p>Doris N. 7/16</p> <p>Jonathan L. 7/26</p>				<p>1 NATIONAL GINGERSNAP COOKIE DAY</p> <p>9:30 Cardio & Strength: Weights (CR)</p> <p>10:30 Table Talk</p> <p>1:30 Movie Matinee Andy Griffith</p>
<p>2</p> <p>9:00 Fan Mail</p> <p>● 10:30 Door to Door Devotion</p> <p>● 3:30 popcorn Cart</p>	<p>3</p> <p>●9:30 Cardio & Strength: Stretching (CR)</p> <p>●11:30 Expand your mind (CR)</p> <p>1:30 Bingo (CR)</p> <p>3:00 Creative Club: CR)</p> <p>4:00 Friendly Visits (MDR)</p> <p>5:00 Movie of Choice</p>	<p>4</p> <p>HAPPY 4TH OF JULY</p> <p>● 9:30 Tai Chi (CR)</p> <p>10:30 Pretty Nails</p> <p>11:30 4th of July Cook out</p> <p>● 3:00 Bible Study with Pastor Chambers (CR)</p> <p>4:00 Book Club (LLL)</p> <p>5:00 Movie of Choice</p>	<p>5</p> <p>● 9:30 Cardio & Strength: Weights (CR)</p> <p>● 10:30 Mayberry Junction</p> <p>11:00 Trivia (CR)</p> <p>2:00 July Birthday Social</p> <p>3:00 Mark the Piano Player</p> <p>5:00 Movie of Choice</p>	<p>6</p> <p>● 9:30 Tai Chi (CR) 10:00 Pretty Nails</p> <p>10:15 Pastor Sam & Anita (CR) ●2:00 IN2L Trivia</p> <p>2:30 Catholic Communion (MDR) 3:00 Country Drive (BUS)</p> <p>6:00 Music in the Park</p>	<p>7</p> <p>●9:30 Cardio & Strength: Stretching (CR)</p> <p>●10:00 EUCHRE (GRC)</p> <p>● 1:30 Bingo (CR)</p> <p>● 3:00 Bingo Store (CR)</p> <p>3:30 HAPPY HOUR (CR)</p>	<p>8</p> <p>9:30 Cardio & Strength: Weights (CR)</p> <p>10:30 Table Talk</p> <p>● 1:30 Movie Matinee with Popcorn:</p>

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<div>9</div> <div>9:00 FAN MAIL</div> <div><ul style="list-style-type: none">10:30Door to Door Devotion CR)1:30 IN2L Games and Trivia (CR)</div>	<div>10</div> <div><ul style="list-style-type: none">9:30 Cardio & Strength: Stretching (CR)11:30 IN2L Trivia Funny Videos 1:30 Bingo (CR)3:00 Creative Club Décor (CR)4:00 Friendly Visits (MDR)5:00 Movie of Choice</div>	<div>11</div> <div>National Blueberry Muffin Day</div> <div><ul style="list-style-type: none">9:30 Tai Chi (CR)10:30 Pretty Nails (CR)2:00 Let's Make a snack (CR)3:00 Bible Study with Pastor Chambers (CR)4:00 Book Club5:00 Movie of Choice</div>	<div>12</div> <div><ul style="list-style-type: none">9:30 Cardio & Strength: Weights (CR)10:30 Outing Khol's/Olive Garden (BUS)</div> <div>2:00 Creative Club (CR)</div> <div>3:00 Bella Volunteer Dog</div> <div>5:00 Movie of Choice</div>	<div>13</div> <div><ul style="list-style-type: none">9:30 Tai Chi (CR)10:00 Pretty Nails (CR)10:15 Pastor Sam & Anita (CR)</div> <div>2:00 Town Hall Meeting (CR) all are welcome</div> <div>2:30 Catholic Communion (MDR)</div> <div>3:00 Country Drive (BUS)</div> <div>5:00 Movie of Choice</div>	<div>14</div> <div><ul style="list-style-type: none">9:30 Cardio & Strength: Stretching (CR)</div> <div>10:00 EUCHRE (GRC)</div> <div>1:30 Bingo (CR)</div> <div>3:00 Bingo Store (CR)</div> <div>3:30 HAPPY HOUR</div> <div>5:00 Movie of Choice</div>	<div>15</div> <div>9:30 Cardio & Strength: Weights (CR)</div> <div>10:30 TABLE TALK</div> <div>1:30 Puzzle packets</div>
<div>16</div> <div>9:00 Fan Mail</div> <div><ul style="list-style-type: none">10:30 Online Church Service CR)1:30 Reminiscing (CR)</div>	<div>17</div> <div>9:30 Cardio & Strength: Stretching (CR)</div> <div>11:30 IN2L Trivia WOW Art (CR)</div> <div>1:30 Bingo (CR)</div> <div>3:00 Creative Club: Let's make a snack</div> <div><ul style="list-style-type: none">4:00 Friendly Visits (MDR)5:00 Movie of Choice</div>	<div>18</div> <div><ul style="list-style-type: none">9:30 Tai Chi (CR)10:30 Pretty Nails (CR)2:00 Visit from Maggie Moo3:00 Bible Study with Pastor Chambers (CR)4:00 Book Club5:00 Movie of Choice</div>	<div>19</div> <div>NATIONAL DAIQUIRI DAY</div> <div>9:30 Cardio & Strength: Weights (CR)</div> <div>10:30 Dine-Out Culvers</div> <div>11:00 New Beginnings w/Marsha (CR)</div> <div>2:00 Pick a Flavor Daiquiri Creative Club (CR)</div> <div>3:00 Mark the Piano Player (CR)</div> <div>5:00 Movie of Choice</div>	<div>20</div> <div><ul style="list-style-type: none">9:30 Tai Chi (CR)10:00 Pretty Nails (CR)10:15 Pastor Sam & Anita (CR)</div> <div>2:00 IN2L Trivia Virtual Museums</div> <div>2:30 Catholic Communion</div> <div>3:00 Country Drive (BUS)</div> <div>6:00 Music in the Park (BUS)</div>	<div>21</div> <div>9:30 Cardio & Strength: Stretching (CR)</div> <div>10:00 EUCHRE (GRC)</div> <div>1:30 Bingo (CR)</div> <div>3:00 Bingo Store (CR)</div> <div>3:30 HAPPY HOUR</div> <div>5:00 Movie of Choice</div>	<div>22</div> <div>9:30 Cardio & Strength: Weights (CR)</div> <div>10:30 Table Talk</div> <div>1:30 Movie Matinee with Pop-corn: TBD</div>
<div>23</div> <div>9:00 FAN MAIL</div> <div><ul style="list-style-type: none">10:30 Online Church Service CR)1:30 IN2L Games & Trivia (CR)</div>	<div>24</div> <div><ul style="list-style-type: none">9:30 Cardio & Strength: Stretching (CR)11:30 IN2L Trivia Discussion Starters (CR)</div> <div>1:30 Bingo (CR)</div> <div>3:00 Creative Club (CR)</div> <div>4:00 Friendly Visits (MDR)</div> <div>5:00 Movie of Choice</div>	<div>25</div> <div>NATIONAL WINE & CHEESE DAY</div> <div>9:30 Tai Chi (CR)</div> <div>10:30 Pretty Nails</div> <div>2:00 Making a Snack (CR)</div> <div>3:00 Bible Study with Pastor Chambers (CR)</div> <div>3:45 U.S Holiday Trivia (LLL)</div> <div>5:00 Movie of Choice</div>	<div>26</div> <div><ul style="list-style-type: none">9:30 Cardio & Strength: Weights (CR)10:30 Taste & Travel Explore Italy (CR) w/Quin</div> <div>2:00 Creative Club (CR)</div> <div>3:00 Bella Volunteer Dog</div> <div>5:00 Movie of Choice</div>	<div>27</div> <div><ul style="list-style-type: none">9:30 Tai Chi (CR)10:00 Pretty Nails (CR)10:15 Pastor Sam & Anita (CR)</div> <div>2:00 Taste & Travel W/ (CR)</div> <div>2:30 Catholic Communion (MDR)</div> <div>3:00 Country Drive (BUS)</div> <div>6:00 Music in the Park (BUS)</div>	<div>28</div> <div><ul style="list-style-type: none">9:30 Cardio & Strength: Stretching (CR)10:00 EUCHRE (GRC)</div> <div>1:30 Bingo (CR)</div> <div>3:00 Bingo Store (CR)</div> <div>3:30 HAPPY HOUR</div> <div>5:00 Movie of Choice</div>	<div>29</div> <div>9:30 Cardio & Strength: Weights (CR)</div> <div>10:30 TABLE TALK</div> <div>1:30 Puzzle packets</div>
<div>30</div> <div>9:30 Cardio & Strength: Weights (CR)</div> <div>10:30 TABLE TALK</div> <div>1:30 Puzzle packets</div>	<div>31</div> <div>National Avocado Day</div> <div>9:30 Cardio & Strength: Stretching (CR)</div> <div>11:30 IN2L Trivia Funny Videos 1:30 Bingo (CR)</div> <div>3:00 Let's make some Dip (CR)</div> <div>4:00 Friendly Visits (MDR)</div> <div>5:00 Movie of Choice</div>					