




APRIL 2023 MEMORY CARE CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
				VISITING PHYSICIANS Dr. Raley, Podiatrist <ul style="list-style-type: none"> April 5th Erin Dean, FNP-BC To schedule a single or reoccurring appointment, please contact Terri in the Memory Care office.	SUPPORT GROUP Alzheimer's Support Group <i>All community members, family, and friends are welcome to attend.</i> <ul style="list-style-type: none"> April 11th at 3:00pm in the Independent Living Theatre Room. Please note that all programs are Subject to change.	1 APRIL FOOLS DAY <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Coffee and Tea Time 1:30 — Music Connections 3:00 — Word Teasers (More Funny Sayings) 6:00 — Color Therapy 9:00 — Late Night Snacks 
2 PALM SUNDAY <ul style="list-style-type: none"> 9:00 — Morning Worship 10:30 — One to One Visits 1:00 — IN2L (Spiritual Videos) 3:00 — Movie Matinee 6:00 — Reminisce 9:00 — Late Night Snacks 	3 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Country Drive 2:30 — Circle of Friends 3:00 — Karaoke 6:30 — Game Show Network 9:00 — Late Night Snacks 	4 <ul style="list-style-type: none"> 9:30 — Stretch and Strengthen 10:30 — Spring Cleaning And Organizing 1:30 — Quiet Reflections in the Sensory Room 6:00 — Lifetime Movie 9:00 — Late Night Snacks 	5 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Pretty Nails 1:00 — Inspirational Melodies 3:00 — Creative Story Telling 6:00 — A Dose of Devotion 9:00 — Late Night Snacks 	6 NATIONAL TWINKIE DAY <ul style="list-style-type: none"> 9:30 — Stretch and Strengthen 10:30 — Table Games 1:30 — Music Connections 3:00 — The History of the Twinkie 6:00 — One to One Visit 9:00 — Late Night Snacks 	7 GOOD FRIDAY <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Starving Artists 3:00 — Happy Hour Sing A Long 6:00 — IN2L Computer (Reminisce) 9:00 — Late Night Snacks 	8 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Coffee and Tea Time 1:30 — Music Connections 3:00 — Word Teasers (More Funny Sayings) 6:00 — Color Therapy 9:00 — Late Night Snacks
9 EASTER <ul style="list-style-type: none"> 9:00 — Easter Morning Worship (Internet Video) 10:30 — One to One Visits 1:00 — IN2L (Spiritual Videos) 3:00 — Movie Matinee 6:00 — Reminisce 9:00 — Late Night Snacks 	10 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Country Drive 2:30 — Circle of Friends 3:00 — Karaoke 6:30 — Game Show Network 9:00 — Late Night Snacks 	11 <ul style="list-style-type: none"> 9:30 — Stretch and Strengthen 10:30 — Spring Cleaning And Organizing 1:30 — Quiet Reflections in the Sensory Room 6:00 — Lifetime Movie 9:00 — Late Night Snacks 	12 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Pretty Nails 1:00 — Inspirational Melodies 3:00 — Creative Story Telling 6:00 — A Dose of Devotion 9:00 — Late Night Snacks 	13 <ul style="list-style-type: none"> 9:30 — Stretch and Strengthen 10:30 — Table Games 1:30 — Music Connections 3:00 — Finish The Lyrics 6:00 — One to One Visit 9:00 — Late Night Snacks 	14 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Starving Artists 3:00 — Happy Hour Sing A Long 6:00 — IN2L Computer (Reminisce) 9:00 — Late Night Snacks 	15 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Coffee and Tea Time 1:30 — Music Connections 3:00 — Word Teasers (More Funny Sayings) 6:00 — Color Therapy 9:00 — Late Night Snacks

APRIL 2023 MEMORY CARE CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
16 <ul style="list-style-type: none"> 9:00 — Morning Worship 10:30 — One to One Visits 1:00 — IN2L (Spiritual Videos) 3:00 — Movie Matinee 6:00 — Reminisce 9:00 — Late Night Snacks 	17 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Country Drive 2:30 — Circle of Friends 3:00 — Karaoke 6:30 — Game Show Network 9:00 — Late Night Snacks 	18 <ul style="list-style-type: none"> 9:30 — Stretch and Strengthen 10:30 — Porch Stories 1:30 — Quiet Reflections in the Sensory Room 6:00 — Lifetime Movie 9:00 — Late Night Snacks 	19 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Pretty Nails 1:00 — Inspirational Melodies 3:00 — Creative Story Telling 6:00 — A Dose of Devotion 9:00 — Late Night Snacks 	20 <ul style="list-style-type: none"> 9:30 — Stretch and Strengthen 10:30 — Table Games 1:30 — Music Connections 3:00 — Finish The Lyrics 6:00 — One to One Visit 9:00 — Late Night Snacks 	21 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Starving Artists 3:00 — Happy Hour Sing A Long 6:00 — IN2L Computer (Reminisce) 9:00 — Late Night Snacks 	22 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Coffee and Tea Time 1:30 — Music Connections 3:00 — Word Teasers (More Funny Sayings) 6:00 — Color Therapy 9:00 — Late Night Snacks
23 <ul style="list-style-type: none"> 9:00 — Morning Worship 10:30 — One to One Visits 1:00 — IN2L (Spiritual Videos) 3:00 — Movie Matinee 6:00 — Reminisce 9:00 — Late Night Snacks 	24 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Country Drive 2:30 — Circle of Friends 3:00 — Karaoke 6:30 — Game Show Network 9:00 — Late Night Snacks 	25 <ul style="list-style-type: none"> 9:30 — Stretch and Strengthen 10:30 — Out To Lunch (Cracker Barrel) 1:30 — Quiet Reflections in the Sensory Room 6:00 — Lifetime Movie 9:00 — Late Night Snacks 	26 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Pretty Nails 1:00 — Inspirational Melodies 3:00 — Creative Story Telling 6:00 — A Dose of Devotion 9:00 — Late Night Snacks 	27 <ul style="list-style-type: none"> 9:30 — Stretch and Strengthen 10:30 — Table Games 1:30 — Music Connections 3:00 — Finish The Lines 6:00 — One to One Visit 9:00 — Late Night Snacks 	28 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Starving Artists 3:00 — Happy Hour Sing A Long 6:00 — IN2L Computer (Reminisce) 9:00 — Late Night Snacks 	29 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Coffee and Tea Time 1:30 — Music Connections 3:00 — Word Teasers (More Funny Sayings) 6:00 — Color Therapy 9:00 — Late Night Snacks
30 <ul style="list-style-type: none"> 9:00 — Morning Worship 10:30 — One to One Visits 1:00 — IN2L (Spiritual Videos) 3:00 — Movie Matinee 6:00 — Reminisce 9:00 — Late Night Snacks 	31 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Country Drive 2:30 — Circle of Friends 3:00 — Porch Stories 6:30 — Game Show Network 9:00 — Late Night Snacks 	 <p>1485 Butterfield Trail Kankakee, IL 60901 815-933-0793</p>		<p>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar, there are many small group programs occurring, as well as one-on-one opportunities to assure all of our residents are engaged. If you or your loved ones have suggestions for something that you enjoy, please do not hesitate to let us know. We are here to serve you.</p> <p>Dimensions of Wellness Categories: ● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual </p>		