

# APRIL 2023 INDEPENDENT LIVING CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
			<p><b>Location Key</b>  <b>Assisted Living &amp; Independent Living</b></p> <p>AL FL: Assisted living Front Lobby  AL CC: Assisted Living Conference Center  AL CR: Assisted Living Craft Room  AL MS: Assisted Living Media Suite  IL Com. RM: Independent Living Community Room  IL LB: Independent Living Library  IL WC: Independent Living Wellness Center  IL CR: Independent Living Card Room  IL GR: Independent Living Great Room</p>	 <p><b>Riverside Senior Life Communities</b>  partners with residents &amp; their families to identify their desires &amp; dreams, &amp; work together to bring those needs, passions, &amp; abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge.  If you or your loved ones have suggestions for something that you enjoy, please do not hesitate to let us know. We are here to serve you.</p>		
<b>30</b> 11:00 St John Paul II Sign up 1:30 Sunday Country Drive Sign up Weather permitting 2:00 Domino's IL Card Room 3:00-5:00 Open Swim No Lifeguard	 <p>Contact Receptionist  (815) 935-3273  to sign up for any outing or special events.</p>		 <p>April is made of such wonderful things,  Sunbeams and tulips and butterfly wings.</p>			<b>1</b> <b>APRIL FOOLS DAY</b> 9:00-11:00 Eater Egg Hunt and Pictures with the Easter Bunny at Bourbonnais Campus Sign up 9:00 Open Swim No life guard 10:00 <b>NO EXERCISE</b> 11:00 Cornhole IL Com RM 2:30 Afternoon Movie TBA 6:30 Evening Movie w/ Mr. Beatty Sign up in front of RM 330
<b>2</b> <b>PALM SUNDAY</b> 10:45 Max & Carol All Faith's Worship IL Community Room 11:00 St John Paul II Sign up 1:30 Sunday Country Drive Sign up Weather permitting 2:00 Domino's IL Card Room 3:00-5:00 Open Swim No Lifeguard	<b>3</b> <b>CHICAGO WHITE SOX</b>  <b>OPENING DAY</b> 9:00 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center 10:00 Bible Study w/ Marsha Collins IL CR 11:00 Recite the Rosary IL Theatre Room 2:00 Bingo AL CC <b>3:10 White Sox Vs. Giants IL GR</b>  3:30 Wine Social IL GR	<b>4</b> 9:00-9:45 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center 11:00 Cornhole IL Com Rm 2:00 Popcorn IL GR <b>2:30 Coloring Easter Eggs IL Com RM Sign Up</b>  6:15 Riverside Senior Singers Choir Practice AL CC	<b>5</b> 9:00 Open Swim No life guard 9:00-10:30 First trust bank IL LB 10:00 Sittercise IL Wellness Center Only 10 seats available 1:30 Shopping Kankakee South Sign up FL 2:00 Welcome Committee IL CR 2:00 Environmental Committee IL LB 2:00 Card Games Uno/Rummy/Skip-Bo IL CR 6:15 Men's Group— Billiards games Pub mix & Beer Located in Billiard Room	<b>6</b> <b>Lab Draws</b> 9:00-9:45 Aquatic Exercise w/ Nicole 10:00 Land Exercises IL Wellness Center 11:00 Cornhole IL Com Rm 12:00 Egg Sandwich, Chips, & Fruit From Egg Decorating IL Com Room Sign up 2:00 Bingo AL CC 3:30 Technology Assistance/Skype Sign up	<b>7</b> <b>GOOD FRIDAY</b> <b>NO TAI CHI</b> 8:30 Men's Breakfast IL Private dining Sign up at Front Desk 9:00 Open Swim No life guard 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL <b>10:00 Good Friday Service By: Max &amp; Carol</b> <b>IL Com. Room</b> 1:30 Shop-Bank— Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL 2:30 Riverside Senior Singers Spring Concert AL CC 4:00 Happy Hour W/ Mark IL Com Rm 6:30 Evening Movie w/ Mr. Beatty Sign up in front of RM 330	<b>8</b> 9:00 Open Swim No life guard 10:00 Sittercise IL Wellness Center 11:00 Cornhole IL Com RM 2:30 Afternoon Movie TBA 6:30 Evening Movie w/ Mr. Beatty Sign up in front of RM 330

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<b>9</b> <b>HAPPY EASTER</b> <b>10:45 Easter Social IL GR</b> 11:00 St John Paul II Sign up 2:00 Domino's IL Card Room 3:00-5:00 Open Swim No Lifeguard	<b>10</b> 9:00 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center Only 10 seats available 10:00 Bible Study w/ Marsha Collins IL CR 11:00 Recite the Rosary IL Theatre Room 2:00 Bingo AL CC 3:30 Wine Social IL GR 6:30 Page Turner's Book Club Please See Nancy Madigan for further	<b>11</b> 9:00-9:45 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center 11:00 Cornhole IL Com Rm 2:00 Popcorn IL GR 2:00 Food Committee Meeting— private dining <b>3:30 Superfood Demo Kale: Kale salad w/ Cranberries , pecans, and feta IL Com RM</b> 6:15 Riverside Senior Singers Choir Practice AL CC	<b>12</b> 9:00 Open Swim No life guard 9:00-10:30 First trust bank IL LB 10:00 Sittercise IL Wellness Center Only 10 seats available <b>1:20 Cubs Vs. Mariners IL GR</b>  1:30 Shopping RT 50 Sign up FL 2:00 Card Games Uno/Rummy/Skip-Bo IL CR	<b>13</b> Lab Draws <b>8:30 Dine &amp; Discover</b> Managing Pain: Quiana Goosby Our in House Physical Therapist Sign up 9:00-9:45 Aquatic Exercise w/ Nicole 10:00 Land Exercises IL Wellness Center 11:00 Cornhole IL Com Rm <b>11:00 Communion service AL CC</b> 2:00 Bingo AL CC 3:30 Technology Assistance/Skype	<b>14</b> 9:00 Open Swim No life guard 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 10:00 Tai Chi W/ Gary IL Wellness Center 1:30 Shop—Bank— Bourbonnais Kroger, Aldi Walgreen, Jewel & Banks Sign up FL <b>2:00 Independent Living Bingo IL Com RM</b> <b>4:00 Happy Hour w/ Mark Noller IL Com RM</b> 6:30 Evening Movie w/ Mr. Beatty Sign up in front of RM 330	<b>15</b> 9:00 Open Swim No life guard 10:00 Sittercise IL Wellness Center 11:00 Cornhole IL Com RM <b>1:10 White Sox Vs. Orioles IL GR</b>  2:30 Afternoon Movie TBA 6:30 Evening Movie w/ Mr. Beatty Sign up in front of RM 330
<b>16</b> 11:00 St John Paul II Sign up 1:30 Sunday Country Drive Sign up Weather Permitting 2:00 Domino's IL Card Room 3:00-5:00 Open Swim No Lifeguard	<b>17</b> 9:00 Open Swim NO Lifeguard <b>9:00 Out to breakfast Berry &amp; Butter Sign up</b> 10:00 Sittercise IL Wellness Center 10:00 Bible Study w/ Marsha Collins IL CR 11:00 Recite the Rosary IL Theatre Room 2:00-4:00 Servants of the Holy Heart Affiliate Prayer group w/ Sister Mary Stella IL CR 2:00 Bingo AL CC 3:30 Wine Social IL GR <b>3:30 Learn the importance of Advanced Directives W/ Marsha IL Com RM</b>	<b>18</b> 9:00-9:45 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center 11:00 Cornhole IL Com Rm 1:30 Activities Committee meeting IL LB 2:00 Popcorn Cart IL GR <b>3:30 Taste &amp; Travel "Caribbean" Key Lime Pie Sign up IL Com RM</b> 6:15 Riverside Senior Singers Choir Practice AL CC	<b>19</b> 9:00 Open Swim No life guard 9:00-10:30 First trust bank IL LB 10:00 Sittercise IL Wellness Center <b>12:30 Dr. Raley Sign up for App.</b>  <b>1:10 White Sox Vs. Phillies IL GR</b>  1:30 Shopping Kankakee South Sign up FL 2:00 Card Games Uno/Rummy/Skip-Bo IL CR <b>4:00 Boost your Mood with Marsha (Social Worker) IL Com RM</b> 6:15 Men's Group— Billiards games Pub mix & Beer Located in Billiard Room	<b>20</b> Lab Draws 9:00-9:45 Aquatic Exercise w/ Nicole 10:00 Land Exercises IL Wellness Center 11:00 Cornhole IL Com Rm <b>11:00 Communion service AL CC</b> 2:00 Bingo AL CC 3:30 Technology Assistance/Skype Sign up 5:00-7:00 Estates Happy Hour IL Com Rm	<b>21</b> 8:30 Women's Breakfast IL Private dining Sign up at Front Desk 9:00 Open Swim No life guard 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 10:00 Tai Chi W/ Gary IL Wellness Center 1:30 Shop—Bank— Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL <b>2:00 Independent Living Bingo IL Com RM</b> <b>3:00 Kankakee Highschool Honors Music Students AL CC</b> <b>4:00 Happy Hour w/ Mark Noller IL Com RM</b> 6:30 Evening Movie w/ Mr. Beatty sign up RM 330	<b>22</b> 9:00 Open Swim No life guard 10:00 Sittercise IL Wellness Center 11:00 Cornhole IL Com RM <b>1:20 Cubs Vs. LA Dodgers IL GR</b>  2:30 Afternoon Movie TBA 6:30 Evening Movie w/ Mr. Beatty Sign up in front of RM 330
<b>23</b> <b>10:45 Max &amp; Carol All Faith's Worship IL Community Room</b> 11:00 St John Paul II Sign up 1:30 Sunday Country Drive Sign up Weather permitting 2:00 Domino's IL Card Room 3:00-5:00 Open Swim No Lifeguard	<b>24</b> 9:00 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center Only 10 seats available 10:00 Bible Study w/ Marsha Collins IL CR 11:00 Recite the Rosary IL Theatre Room 2:00 Bingo AL CC 3:30 Wine Social IL GR	<b>25</b> 9:00-9:45 Open Swim NO Lifeguard 10:00 Sittercise IL Wellness Center 11:00 Cornhole IL Com Rm 2:00 Popcorn cart IL GR <b>3:30 Looms of Love IL Com RM</b> 6:15 Riverside Senior Singers Choir Practice AL CC	<b>26</b> 9:00 Open Swim No life guard 9:00-10:30 First trust bank IL LB 10:00 Sittercise IL Wellness Center <b>12:07 White Sox Vs. Toronto Blue Jays IL GR</b>  1:30 Shopping RT 50 Sign up FL 2:00 Card Games Uno/Rummy/Skip-Bo IL CR	<b>27</b> Lab Draws 9:00-9:45 Aquatic Exercise w/ Nicole 10:00 Land Exercises IL Wellness Center 11:00 Cornhole IL Com Rm <b>11:00 Communion service AL CC</b> <b>1:20 Cubs Vs. San Diego Padres IL GR</b>  2:00 Bingo AL CC 2:00 All resident meeting IL Com Rm 3:30 Technology Assistance/Skype Sign up <b>6:30 Trivia W/ Chip IL Com Rm</b>	<b>28</b> <b>8:45 The Shrine Christ's Passion In St. John Indiana &amp; Lunch to follow Sign up</b> 9:00 Open Swim No life guard 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 10:00 Tai Chi W/ Gary IL Wellness Center 1:30 Shop—Bank— Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL <b>2:00 Independent Living Bingo IL Com RM</b> <b>4:00 Happy Hour w/ Mark Noller IL Com RM</b> 6:30 Evening Movie w/ Mr. Beatty Sign up RM 330 Sign up in front of RM 330	<b>29</b> <b>WORLD TAI CHI DAY</b> <b>9:00-12:00 World Tai Chi —by Gary</b> 9:00 Open Swim No life guard 10:00 Sittercise IL Wellness Center 11:00 Cornhole IL Com RM 2:30 Afternoon Movie TBA 6:30 Evening Movie w/ Mr. Beatty Sign up in front of RM 330