


APRIL 2023 ASSISTED LIVING CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
			<p>Location Key Assisted Living & Independent Living</p> <p>AL FL: Assisted living Front Lobby AL CC: Assisted Living Conference Center AL CR: Assisted Living Craft Room AL MS: Assisted Living Media Suite IL Com. RM: Independent Living</p> <p>Salon Services: Available: Wednesday & Thursday Call receptionist to make Appointment</p> <p>Banking Services: First Trust Bank Wednesdays 9:00-10:30 Independent Living Library</p>	<p>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. If you or your loved ones have suggestions for something that you enjoy, please do not hesitate to let us know. We are here to serve you.</p> 		
<p>30 9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 11:00 Walking Club around building Meet in Front Lobby 1:30 Shop-Bank- Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL 3:00 Happy Hour w/ Mark Noller AL CC</p>	 <p>Contact Receptionist (815) 933-0793 to sign up for any outing or special events.</p>					<p>1 APRIL FOOLS DAY 9:00 Open Swim No life guard 9:00-11:00 Eater Egg Hunt and Pictures with the Easter Bunny at Bourbonnais Campus Sign up 9:30 NO EXERCISE 11:00 Friendly Visits 2:30 Saturday Country Drive Sign up</p>
<p>2 PALM SUNDAY 10:45 Max & Carol All Faith's Worship IL Community Room 11:00 St John Paul II Sign up 2:30 Afternoon Movie TBA AL CC 3:00 Skype w/Family must sign up</p> <p>Happy Birthday Marilyn Kottendorf 🎂</p>	<p>3 CHICAGO WHITE SOX  OPENING DAY 9:30 Therapeutic Exercise AL CC 10:00 Bible Study w/ Marsha Collins IL CR 10:30 Wellness Center Pool and gym opened 2:00 Bingo AL CC 3:10 White Sox Vs. Giants IL GR  3:30 Wine Social IL GR</p>	<p>4 9:30 Therapeutic Exercise AL CC 10:15 AL Country Drive Sign up 11:00 Friendly Visits 2:30 Coloring Easter Eggs IL Com RM Sign Up 3:30-4:30 Skype w/ Friends & Family Sign up FL 6:15 Riverside Senior Singers Choir Practice AL CC</p>	<p>5 9:00-10:30 First Trust Bank IL LB 9:30 Therapeutic Exercise AL CC 11:00 Walking Club Around IL Building Meet In AL Lobby 1:30 Shopping Kankakee South Sign up FL 2:00 Popcorn Cart 3:30 Card Games Uno/Rummy/Skip-Bo Media Suite 6:15 Men's Group Dice Game (CLR) & snacks AL Media Suite</p>	<p>6 LAB DRAWS 9:00-9:45 Aquatic Exercise w/ Nicole 9:30 Therapeutic Exercise AL CC 11:00 Communion service AL CC 12:00 Egg Sandwich, Chips, & Fruit From Egg Decorating IL Com Room Sign up 2:00 Bingo AL CC 3:15 Laundry & Labeling AL Media Suite 3:30 Technology Assistance/Skype Sign up 6:15 Skip-Bo AL Side Lounge</p>	<p>7 GOOD FRIDAY 9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 10:00 Good Friday Service By: Max & Carol IL Com. Room 11:00 Walking Club Around IL Building Meet in Front Lobby 1:30 Shop-Bank- Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL 2:30 Riverside Senior Singers Spring Concert AL CC</p>	<p>8 9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 11:00 Friendly Visits 2:30 Saturday Country Drive Sign up</p>

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Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
9 HAPPY EASTER 10:45 Easter Social IL GR 11:00 St John Paul II Sign up 2:30 Afternoon Movie AL CC Title Unknown 3:00 Skype w/Family must sign up	10 9:30 Therapeutic Exercise AL CC 10:00 Bible Study w/ Marsha Collins IL CR 10:30 Wellness Center Pool and gym opened 2:00 Bingo AL CC 3:30 Wine Social IL GR	11 9:30 Therapeutic Exercise AL CC 10:15 AL Country Drive Sign up 11:00 Friendly Visits 3:30-4:30 Skype w/ Friends & Family Sign up FL 3:30 Superfood Demo Kale: Kale salad w/ Cranberries , pecans, and feta IL Com RM 6:15 Riverside Senior Singers Choir Practice AL CC	12 9:30 Therapeutic Exercise AL CC 9:00-10:30 First Trust Bank IL LB 11:00 Walking Club Around IL Building Meet In AL Lobby 1:20 Cubs Vs. Mariners IL GR  1:30 Shopping RT 50 ign up FL 2:00 Popcorn Cart 2:30 Assisted Living all Resident Meeting AL CC 3:30 Card Games Uno/Rummy/Skip-Bo Media Suite	13 LAB DRAWS 8:30 Dine & Discover Managing Pain: Quiana Goosby Our in House Physical Therapist Sign up 9:00-9:45 Aquatic Exercise w/ Nicole 9:30 Therapeutic Exercise AL CC 11:00 Communion service AL CC 2:00 Bingo AL CC 3:15 Laundry & Labeling AL Media Suite 3:30 Technology Assistance/Skype Sign up 6:15 Skip-Bo AL Side Lounge	14 9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 11:00 Walking Club Around IL Building Meet in Front Lobby 1:00 Sister Mary Stella AL Media Suite 1:30 Shop-Bank- Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL 2:00 Adult Coloring Spring Themed AL Art Room 3:00 Happy Hour W/ Mark Noller AL CC	15 9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 11:00 Friendly Visits Sign up  1:10 White Sox Vs. Orioles IL GR 2:30 Saturday Country Drive Sign up
16 10:45 Max & Carol All Faith's Worship IL Community Room 11:00 St John Paul II Sign up 2:30 Afternoon Movie AL CC Title Unknown 3:00 Skype w/Family must sign up	17 9:00 Out to breakfast Berry & Butter Sign up 9:30 Therapeutic Exercise AL CC 10:00 Bible Study w/ Marsha Collins IL CR 10:30 Wellness Center Pool and gym opened 2:00-4:00 Servants of the Holy Heart Affiliate Prayer group w/ Sister Mary Stella IL CR 2:00 Bingo AL CC 3:30 Wine Social IL GR	18 9:30 Therapeutic Exercise AL CC 10:15 AL Country Drive Sign up 11:00 Friendly Visits 2:00 Pretty Nails Sign Up at Front Desk 3:30-4:30 Skype w/ Friends & Family Sign up FL 3:30 Taste & Travel "Caribbean" Key Lime Pie Sign up IL Com RM 6:15 Riverside Senior Singers Choir Practice AL CC	19 9:30 Therapeutic Exercise AL CC 9:00-10:30 First Trust Bank IL LB 11:00 Walking Club Around IL Building Meet In AL Lobby 12:30 Dr. Raley make appointment with front desk  1:10 White Sox Vs. Phillies IL GR 1:30 Shopping Kankakee South sign up FL 2:00 Popcorn Cart 3:30 Card Games Uno/Rummy/Skip-Bo Media Suite 6:15 Men's Group Dice Game (CLR) & snacks AL Media Suite	20 LAB DRAWS 9:00-9:45 Aquatic Exercise w/ Nicole 9:30 Therapeutic Exercise AL CC 11:00 Communion service AL CC 2:00 Bingo AL CC 3:15 Laundry & Labeling AL Media Suite 3:30 Technology Assistance/Skype Sign up 6:15 Skip-Bo AL Side Lounge	21 9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 11:00 Walking Club around building Meet in Al Front Lobby 1:30 Shop-Bank- Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL 3:00 Kankakee Highschool Honors Music Students AL CC	22 9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 11:00 Friendly Visits Sign up  1:20 Cubs Vs. LA Dodgers IL GR 2:30 Saturday Country Drive Sign up
23 11:00 St John Paul II Sign up 2:30 Afternoon Movie AL CC Title Unknown 3:00 Skype w/Family must sign up	24 9:30 Therapeutic Exercise AL CC 10:00 Bible Study w/ Marsha Collins IL CR 10:30 Wellness Center Pool and gym opened 2:00 Bingo AL CC 3:30 Wine Social IL GR	25 9:30 Therapeutic Exercise AL CC 10:15 AL Country Drive Sign up 11:00 Friendly Visits 3:30-4:30 Skype w/ Friends & Family Sign up FL 3:30 Looms of Love IL Com RM 6:15 Riverside Senior Singers Choir Practice AL CC	26 9:30 Therapeutic Exercise AL CC 9:00-10:30 First Trust Bank IL LB 11:00 Walking Club Around IL Building Meet In AL Lobby 12:07 White Sox Vs. Toronto Blue Jays IL GR  1:30 Shopping RT 50 ign up FL 2:00 Popcorn Cart 3:30 Card Games Uno/Rummy/Skip-Bo Media Suite	27 LAB DRAWS 9:00-9:45 Aquatic Exercise w/ Nicole 9:30 Therapeutic Exercise AL CC 11:00 Communion service AL CC 1:20 Cubs Vs. San Diego Padres IL GR  2:00 Bingo AL CC 3:15 Laundry & Labeling AL Media Suite 3:30 Technology Assistance/Skype Sign up 6:15 Skip-Bo AL Side Lounge	28 8:45 The Shrine Christ's Passion In St. John Indiana & Lunch to follow Sign up 9:00 Open Swim No life guard 9:30 Therapeutic Exercise AL CC 9:30 Shop-N-Bank Kankakee Walgreens, CVS, Jewel & Banks Sign up FL 11:00 Walking Club around building Meet in Front Lobby 1:00 Sister Mary Stella AL Media Suite 1:30 Shop-Bank- Bourbonnais Kroger, Aldi, Walgreen, Jewel & Banks Sign up FL 3:00 Happy Hour w/ Mark Noller AL CC	29 WORLD TAI CHI DAY 9:00-12:00 World Tai Chi -by Gary 9:00 Open Swim No life guard 9:30 NO EXERCISE 11:00 Friendly Visits Sign up 2:30 Saturday Country Drive Sign up Happy Birthday Peter Torchia 