April 2023 | Memory Care Calendar of Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat

BOURBONNAIS GROVE
Riverside Senior Life Communities

85 E. Burn Road
Bourbonnais, IL 60914
815-935-3332

Contact the Concierge to sign up for any Outings or Special Events

**Please note that all programs are subject to change.*

Visiting Physicians:

Dr. Naga Guntupalli - Psychiatrist—Thursday, May 4th (every other month on the 1st Thursday)

Dr. Raley—Podiatrist
Wednesday April TBD

To schedule a single or reoccurring appointment, please contact the Concierge.

Visiting Physicians:

Dr. Ali—Primary Care Physician
Wednesdays April 12th & 26th

Audiologist—TBD

Caregiver Support Group:

Second Tuesday of each month from 5-6pm in the Community Room.

Salon Services:

Manicures
Currently unavailable

Hair Appointments
Available in the salon

Tuesdays: 9:00a—4:00p
Wednesdays: 1:00p—4:00p

Banking Services:

First Trust Bank
Tuesdays *April 11th & 25h*
Available for cashing checks, making deposits & withdrawals. Please contact the Concierge if interested.

Riverside Senior Life Communities

partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.

Dimensions of Wellness Categories:

● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual

JDA: Journey Dining Area
JAR: Journey Activity Area
JLR: Journey Living Room
CDR: Celebration Dining Area
CAA: Celebration Activity Area
CLR: Celebration Living Room
DDA: Discovery Dining Area
DAA: Discovery Activity Area
DLR: Discovery Living Room
CNDA: Connection Dining Area
CNAA: Connection Activity Area
CNLR: Connection Living Room
ESP East Screened Porch
MSAR: Main Street Activity Room
NCY: North Courtyard
SCY: South Courtyard
DIS: Discovery
JRN: Journey
CON: Connection
CEL: Celebration

March 31

- 8:45 Coffee & Chronicle (C/C)
- 10:30 Move & Groove (MSAR)
- 11:00 Easter Trivia (MSAR)
- 1:30 Euchre (MSAR)
- 2:30 Let's Chat & Snack
- 3:45 Happy Hour

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- 8:45 Morning Motivational
- 10:30 Spring Trivia
- 11:00 Fitness Fun (MSAR)
- 2:30 Let's Chat & Snack
- 3:15 Egg Toss Across
- 3:45 Easter Fill in the Blank

Happy April Fools Day

2

- 9:00 Online Catholic Mass Service (MSAR)
- 2:30 Let's Chat & Snack
- 3:15 Bunny Ball
- 3:45 Decorate an Egg

3

- 8:45 Coffee & Chronicle (C/C)
- 10:30 Move & Groove (MSAR)
- 11:00 Easter Songs (MSAR)
- 2:30 Let's Chat & Snack
- 3:15 Tai Chi
- 3:45 Bible Trivia

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- 8:45 Coffee & Chronicle (C/C)
- 9:15 Coffee & Chronicle (J/D)
- 10:15 Fitness Fun (MSAR)
- 11:00 Easter Movie Trivia
- 1:30 BINGO with Easter Eggs (CON)
- 2:30 Food Demonstration with Executive Chef, Grant Sharp (CON)
- 3:45 Easter Craft

5 National Deep Dish Pizza Day

- 8:45 Coffee & Chronicle (C/C)
- 9:15 Coffee & Chronicle (J/D)
- 10:30 Tower Building
- 11:00 Fitness Fun (MSAR)
- 1:15 Comedy
- 2:00 April Birthday Dessert Social: A Monthly Social Celebrating Resident
- 3:30 Easter Craft
- 10:30amShopping Outing Hobby
- Lobby

PASSOVER Begins

6

- 8:45 Coffee & Chronicle (C/C)
- 9:30 Move & Groove (MSAR)

10:30 Country Drive

- 11:00 Easter Jokes (MSAR)
- 2:30 Let's Chat & Snack
- 3:00 Catholic Communion
- 3:30 BINGO (CON)

7 GOOD FRIDAY

- 8:45 Coffee & Chronicle (C/C)
- 9:15 Coffee & Chronicle (J/D)
- 10:30 Fitness Fun (MSAR)
- 1:45 Easter Coloring & Conversations
- 2:30 Let's Chat & Snack
- 3:45 Happy Hour

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- 8:45 Inspirational Quotes
- 10:30 Fitness Fun (MSAR)
- 11:00 Reminiscing about Easter
- 2:30 Let's Chat & Snack
- 3:30 Non-Denominational Church Service (MSAR)

April 2022 | Calendar of Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
9 Easter Sunday ● 9:00 Online Catholic Mass Service (MSAR) ● 2:30 Let's Chat & Snack ● 3:15 Fitness Fun (MSAR) ● 3:45 Easter Would you Rather?	**10** ● 8:45 Coffee & Chronicle (C/C) ● 10:15 Move & Groove (MSAR) ● 11:00 Learn about Easter History (MSAR) ● 2:30 Let's Chat & Snack ● 3:15 Bunny Bowling ● 3:45 Movie	**11** ● 8:45 Coffee & Chronicle (C/C) ● 9:15 Coffee & Chronicle (J/D) ● 10:15 IN2L Today in History ● 11:00 Fitness Fun (MSAR) ● 1:30 BINGO (CON) ● 2:30 Let's Chat & Snack ● 3:15 Exercising with Ribbons ● 3:45 IN2L Travel Videos	**12** ● 8:45 Coffee & Chronicle (C/C) ● 9:15 Coffee & Chronicle (J/D) ● 9:45 Jelly Bean Matching game ● 10:15 Fitness Fun (MSAR) ● 11:00 Meditations ● 1:15 Left, Right, Center ● 1:45 Basketball ● 2:30 Let's Chat & Snack	**13** ● 8:45 Coffee & Chronicle (C/C) ● 9:30 Move & Groove (MSAR) **10:30 Country Drive** ● 11:00 Call out the Answer (MSAR) ● 1:30 BINGO (CON) ● 2:30 Let's Chat & Snack ● 3:30 IN2L Music with Susie	**14** ● 8:45 Coffee & Chronicle (C/C) ● 9:15 Coffee & Chronicle (J/D) ● 11:00 Fitness Fun (MSAR) ● 1:30 Euchre (MSAR) ● 2:30 Let's Chat & Snack ● 3:45 Happy Hour National Pecan Day	**15** ● 8:45 On This Day ● 10:30 Reminiscing about Spring ● 11:00 Fitness Fun (MSAR) ● 2:30 Let's Chat & Snack ● 3:15 Balloon Circle ● 3:45 Good old days Stories
16 ● 9:00 Online Catholic Mass Service (MSAR) ● 2:30 Let's Chat & Snack ● 3:15 Bunny Bowling ● 3:45 Easter Craft	**17** ● 8:45 Coffee & Chronicle (C/C) ● 10:15 Move & Groove (MSAR) ● 11:00 Drums (MSAR) ● 2:30 Let's Chat & Snack ● 3:15 Kickball ● 3:45 IN2L True Confessions	**18** ● 8:45 Coffee & Chronicle (C/C) ● 9:15 Coffee & Chronicle (J/D) ● 9:45 Cards & Games: UNO ● 10:15 Karaoke ● 11:00 Fitness Fun (MSAR) ● 1:30 BINGO (CON) ● 2:30 Let's Chat & Snack ● 3:15 Rope Ball & Ladder Toss ● 3:45 What did it Cost?	**19** ● 8:45 Coffee & Chronicle (C/C) ● 9:15 Coffee & Chronicle (J/D) ● 9:45 Reminiscing about School ● 10:15 Music Memory ● 11:00 Fitness Fun (MSAR) ● 1:45 Creative Club ● 2:30 Let's Chat & Snack ● 3:15 Tai Chi ● 3:45 Inspirational Quotes Dine out Great Wall Chinese 10:30 leave time	**20** ● 8:45 Coffee & Chronicle (C/C) ● 9:30 Move & Groove (MSAR) **10:30 Country Drive** ● 11:00 Coloring and Conversations (MSAR) ● 1:30 BINGO (CON) ● 2:30 Let's Chat & Snack ● 3:30 Comedy Hour	**21** ● 8:45 Coffee & Chronicle (C/C) ● 9:15 Coffee & Chronicle (J/D) ● 11:00 Fitness Fun (MSAR) ● 1:30 Euchre ● 2:30 Let's Chat & Snack ● 3:15 Bean Bag Toss ● 3:45 Happy Hour ***National Chocolate Covered cashew Day***	**22** ● 8:45 Good News Stories ● 10:30 Where I am From ● 11:00 Fitness Fun (MSAR) ● 2:30 Let's Chat & Snack ● 3:30 Non-Denominational Church Service (MSAR)
23 ● 9:00 Online Catholic Mass Service (MSAR) ● 2:30 Let's Chat & Snack ● 3:15 Have you ever ? ● 3:45 Memory Lane ● National Cherry Cheesecake Day	**24** ● 8:45 Coffee & Chronicle (C/C) ● 10:15 Virtual Vacation ● 11:00 Move & Grove (MSAR) ● 2:30 Let's Chat & Snack ● 3:15 Tai Chi ● 3:45 Fill in the Blank	**25** ● 8:45 Coffee & Chronicle (C/C) ● 9:15 Coffee & Chronicle (J/D) ● 10:15 Table Games ● 11:00 Fitness Fun (MSAR) ● 1:30 BINGO (CON) ● 2:30 Let's Chat & Snack ● 3:15 Beach ball Circle ● 3:45 Hymn & Scriptures	**26** ● 8:45 Coffee & Chronicle (C/C) ● 9:15 Coffee & Chronicle (J/D) ● 9:45 Games & Puzzles ● 10:15 Fill in the Blank ● 11:00 Fitness Fun (MSAR) ● 1:15 Funny Videos ● 1:45 Conversation Cards ● 2:30 Let's Chat & Snack ● 3:15 Exercises with Ribbons ● 3:45 Spiritual Music & Songs	**27** ● 8:45 Coffee & Chronicle (C/C) ● 9:30 Move & Groove (MSAR) **10:30 Country Drive** ● 11:00 Games & Puzzles (MSAR) ● 1:30 BINGO (CON) ● 2:30 Let's Chat & Snack ● 3:30 Mind Jogger (book)	**28** ● 8:45 Coffee & Chronicle (C/C) ● 9:15 Coffee & Chronicle (J/D) ● 11:00 Fitness Fun (MSAR) ● 1:30 Enchre ● 2:30 Let's Chat & Snack ● 3:45 Happy Hour	**29** ● 8:45 Morning Motivational ● 10:30 Music Memories ● 11:00 Fitness Fun (MSAR) ● 2:30 Let's Chat & Snack ● 3:15 Kickball ● 3:45 Reminiscing about Church