



APRIL 2023 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
<div><p>BOURBONNAIS GROVE</p><p>Riverside Senior Life Communities</p><p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p><p>Contact the Concierge to sign up for any Outings or Special Events</p><p><i>*Please note that all programs are subject to change.</i></p></div>	<p>VISITING PHYSICIANS: Dr. Gutanpauli Psychiatrist Thursday TBD</p> <p>Dr. Raley—Podiatrist Wednesday, May 4</p> <p>To schedule a single or reoccurring appointment, please contact the Concierge.</p>	<p>VISITING PHYSICIANS: Dr. Ali—Primary Care Physician Wednesday April 12th & 26th</p> <p>Ashley Chappell—Advanced Practice Nurse Thursdays 2-5pm <i>*Dates are undetermined</i></p> <p>Jana Wahlen—Audiologist Every other month; May date TBD</p>	<p>SALON SERVICES: Manicures Currently unavailable Hair Appointments Available in the salon Mondays: 9:00a—12:00p Tuesdays: 9:00a—4:00p Wednesdays: 1:00p—4:00p</p> <p>BANKING SERVICES: First Trust Bank Available for cashing checks, making deposits & withdrawals. Please contact the Concierge if interested.</p>	<p>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p>Dimensions of Wellness Categories: ● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</p>		
<p><u>Location Key:</u> <u>Assisted Living:</u></p> <p>AL: Assisted Living FP: Front Porch FL: Front Lobby KCR: Kasler Club Room CR: Preisel Community Room GR: Great Room GRC: Grass Roots Café KWC: Kankakee Wellness Center LLL: Live.Learn.Lounge. SAR: South Activity Area NAR: North Activity Area CRCY: Community Room Court-yard CCY: The Café Courtyard WC: The Wellness Center S: Salon BUS: Bus Trip-Sign Up with Concierge</p>				<p>MARCH 30</p> <ul style="list-style-type: none">9:30 Tai Chi (CR)10:00 Pretty Nails (LLL)10:15 Pastor Sam & Anita2:30 Catholic Communion (GRC)3:30 Country Drive (BUS)	<p>MARCH 31</p> <ul style="list-style-type: none">9:30 Cardio & Strength (CR)10:00 Euchre (GRC)1:30- Bingo (CR)3:00 Bingo Store (CR)3:45 Happy Hour5:30 Movie (GR)	<p>1 APRIL FOOL'S DAY</p> <ul style="list-style-type: none">9:00 FAN MAIL9:30 Tai Chi (CR)10:00 Games (CR)1:00 Gossip & Tea (GRC)5:30 Movie (GR)
<p>2</p> <ul style="list-style-type: none">9:00 Fan Mail10:30 Door to Door Devotion1:30 Online Concert: <i>Andrea Bocelli: Music For Hope</i> (CR)3:00 Popcorn Cart5:30 Movie (GR)	<p>3</p> <ul style="list-style-type: none">9:30 Cardio & Strength (CR)10:30 Pretty Nails (CR)1:30 Bingo (CR)3:00 Bible Study w/ Pastor Chambers (CR)5:30 Friendly Visits (GR)	<p>4</p> <ul style="list-style-type: none">9:30 Tai Chi (CR)11:00 Expand Your Vocabulary (CR)1:30 Creative Club (CR)3:00 Bible Study with Pastor Chambers (CR)4:00 Book Club (LLL)	<p>5 PASSOVER BEGINS</p> <ul style="list-style-type: none">9:30 Cardio & Strength (CR)10:30 Shopping Hobby Lobby11:00 New Beginnings with Marsha (CR)2:00 Birthday Social CR)3:00 Dog Bella (walk thru)National Deep Dish Pizza Day	<p>6</p> <ul style="list-style-type: none">9:30 Tai Chi (CR)10:00 Pretty Nails2:00 Superfood KALE With Kaitlyn Rzasa (CR)2:30 Catholic Communion (GRC)3:30 Country Drive (BUS)	<p>7 GOOD FRIDAY</p> <ul style="list-style-type: none">9:30 Cardio & Strength (CR)10:00 Easter Program Westwood choir (CR)1:30 Bingo (CR)3:00 Bingo Store (CR)3:35 Happy Hour5:30 Movie (GR)National Beer Day	<p>8</p> <ul style="list-style-type: none">9:00 Fan Mail9:30 Tai Chi (CR)10:00 Games (CR)1:00 Gossip & Tea (GRC)5:30 Movie (GR)

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SUN	MON	TUE	WED	THU	FRI	SAT
9th HAPPY EASTER <ul style="list-style-type: none"> 9:00 Fan Mail 10:30 Door to Door Devotion 1:30 Afternoon Movie (CR) <i>"The Music Man"</i> 3:30 Popcorn Cart 	10 <ul style="list-style-type: none"> 9:00 DISCUSSION GROUP 9:30 Cardio & Strength (CR) 10:30 Outing TARGET Sign up Front Desk 1:30 Bingo (CR) 3:00 Creative Club (CR) 4:00 Friendly Visits 	11 <ul style="list-style-type: none"> 9:30 Tai Chi (CR) 11:00 Expand Your Vocabulary (CR) 1:30 Creative Club (CR) 3:00 Bible Study with Pastor Chambers (CR) 4:00 Book Club (LLL) 	12 <ul style="list-style-type: none"> 9:30 Cardio & Strength (CR) 11:00 New Beginnings with Marsha (CR) 2:00 Creative Club (CR) 3:00 Mark The Piano Player (CR) 5:30pm Movie 	13 <ul style="list-style-type: none"> 9:30 Tai Chi (CR) 10:00 Pretty Nails (LLL) 10:15 Pastor Sam & Anita 2:00 Town Hall Meeting 2:30 Catholic Communion (Café) 3:00 Country Drive (BUS) 4:00 Friendly Visits 	14 <ul style="list-style-type: none"> 9:30 Cardio & Strength (CR) 10:00 EUCHRE (MDR) 1:00 Bingo (CR) 3:30 Bingo Buck Store 3:45 Happy Hour 5:30 Movie <p>National Pecan Day</p>	15 <ul style="list-style-type: none"> 9:00 Fan Mail 9:30 Tai Chi (CR) 10:00 Games (CR) 1:00 Gossip & Tea (GRC) 5:30 Movie (GR)
16 <ul style="list-style-type: none"> 9:00 Fan Mail 10:30 Door to Door Devotion 1:30 Afternoon Movie (CR) <i>"While You Were Sleeping"</i> 3:30 Popcorn Cart 	10 <ul style="list-style-type: none"> 9:00 DISCUSSION GROUP 9:30 Cardio & Strength (CR) 10:30 Pretty Nails (CR) 1:30 Bingo (CR) 3:00 Creative Club (CR) 4:00 Friendly Visits 	18 <ul style="list-style-type: none"> 9:30 Tai Chi (CR) 11:00 Expand Your Vocabulary (CR) 1:30 Creative Club (CR) 3:00 Bible Study with Pastor Chambers (CR) 4:00 Book Club (LLL) 	19 <ul style="list-style-type: none"> 9:30 Cardio & Strength (CR) 10:30 Dine Out Great Wall (Chinese) Bus 2:00 Let's Make a Snack (CR) 3:00 Volunteer Dog Bella (walk thru) 5:30pm Movie 	20 EARTH DAY <ul style="list-style-type: none"> 9:30 Tai Chi (CR) 10:00 Pretty Nails (LLL) 10:15 Pastor Sam & Anita 2:30 Catholic Communion (Café) 3:00 Country Drive (BUS) 4:00 Friendly Visits 	21 <ul style="list-style-type: none"> 9:30 Cardio & Strength (CR) 10:00 EUCHRE (MDR) 1:00 Bingo (CR) 3:30 Bingo Buck Store 3:45 Happy Hour 5:30 Movie <p>National Chocolate Covered Cashews Day</p>	22 <ul style="list-style-type: none"> 9:00 Fan Mail 9:30 Tai Chi (CR) 10:00 Games (CR) 1:00 Gossip & Tea (GRC) 5:30 Movie (GR)
23 <ul style="list-style-type: none"> 9:00 Fan Mail 10:30 Door to Door Devotion 1:30 Afternoon Movie (CR) <i>"Being There"</i> 3:30 Popcorn Cart <p>National Cherry Cheesecake Day</p>	10 <ul style="list-style-type: none"> 9:00 DISCUSSION GROUP 9:30 Cardio & Strength (CR) 10:30 Pretty Nails (CR) 1:30 Bingo (CR) 3:00 Creative Club (CR) 4:00 Friendly Visits 	25 <ul style="list-style-type: none"> 9:30 Tai Chi (CR) 11:00 Expand Your Vocabulary (CR) 1:30 Creative Club (CR) 3:00 Bible Study with Pastor Chambers (CR) 4:00 Book Club (LLL) 	26 <ul style="list-style-type: none"> 9:30 Cardio & Strength (CR) 11:00 Trivia (CR) 2:00 Creative Club (CR) 3:00 Mark the Piano Player (CR) 5:30pm Movie 	27 <ul style="list-style-type: none"> 9:30 Tai Chi (CR) 10:00am Pretty Nails (LLL) 10:15 Pastor Sam & Anita (CR) 2:00 Taste & Travel Caribbean (CR) 3:00 Country Drive (BUS) 4:00 Friendly Visits 	28 <ul style="list-style-type: none"> 9:30 Cardio & Strength (CR) 10:00 EUCHRE (MDR) 1:00 Bingo (CR) 3:30 Bingo Buck Store 3:45 Happy Hour 5:30 Movie <p>INTERNATIONAL JAZZ DAY</p>	29 <ul style="list-style-type: none"> 9:00 Fan Mail 9:30 Tai Chi (CR) 10:00 Games (CR) 1:00 Gossip & Tea (GRC) 5:30 Movie (GR)

