





JULY 2024 MEMORY CARE CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
			<p>SUPPORT GROUP</p> <p>Alzheimer's Support Group</p> <p><i>All community members, family, and friends are welcome to attend.</i></p> <ul style="list-style-type: none"> July 9th at 3:00pm in the Independent Living Theatre Room. <p>Please note that all programs are Subject to change.</p>	<p>Riverside Senior Life Communities</p> <p>partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar, there are many small group programs occurring, as well as one-on-one opportunities to assure all of our residents are engaged. If you or your loved ones have suggestions for something that you enjoy, please do not hesitate to let us know. We are here to serve you.</p> <p>Dimensions of Wellness Categories:</p> <p>● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</p>		
<p>VISITING PHYSICIANS</p> <p>Dr. Raley, Podiatrist</p> <ul style="list-style-type: none"> July 3rd <p>Erin Dean, FNP-BC</p> <p>(You must switch over to her as your primary care giver)</p> <p>See Rosa Rodriguez for details.</p> <p>To schedule a single or reoccurring appointment, please contact Terri in the Memory Care office.</p>	<p>1</p> <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Answer Me Trivia 2:15 — Country Drive 6:30 — Bird Watchers 9:00 — Late Night Snacks 	<p>2</p> <ul style="list-style-type: none"> 9:30 — Stretch and Strengthen 10:30 — Reminisce Stories 1:30 — Quiet Reflections In The Sensory Room 6:00 — Lifetime Movie 9:00 — Late Night Snacks 	<p>3</p> <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Pretty Nails 1:00 — Inspirational Melodies 3:00 — Mind Joggers 6:00 — A Dose of Devotion 9:00 — Late Night Snacks 	<p>4 INDEPENDANCE DAY</p> <ul style="list-style-type: none"> 9:30 — Kick The Ball 10:30 — Karaoke (Patriotic Songs) 1:30 — Music Connections 7:00 — Macy's Fourth of July Parade on NBC (24.2) 	<p>5 NATIONAL HAWAII DAY</p> <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Starving Artists 3:00 — Luau Themed Happy Hour with Mark Noller 6:00 — IN2L Computer (Reminisce) 9:00 — Late Night Snacks 	<p>6</p> <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Morning News 1:30 — Music Connections 3:00 — Afternoon Refresher 6:00 — Porch Sitters 9:00 — Late Night Snacks
<p>7</p> <ul style="list-style-type: none"> 9:00 — Morning Worship 10:30 — One to One Visits 1:00 — IN2L (Spiritual Videos) 3:00 — Porch Radio 6:00 — Reminisce 9:00 — Late Night Snacks 	<p>8</p> <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Answer Me Trivia 2:15 — Country Drive 6:30 — Porch Radio 9:00 — Late Night Snacks 	<p>9</p> <ul style="list-style-type: none"> 9:30 — Stretch and Strengthen 10:30 — Reminisce Stories 1:30 — Quiet Reflections In The Sensory Room 6:00 — Lifetime Movie 9:00 — Late Night Snacks 	<p>10</p> <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Pretty Nails 1:00 — Inspirational Melodies 3:00 — Name Ten Things 6:00 — A Dose of Devotion 9:00 — Late Night Snacks 	<p>11</p> <ul style="list-style-type: none"> 9:30 — Stretch and Strengthen 10:30 — Table Games 1:30 — Music Connections 3:00 — Finish The Lyrics 6:00 — One to One Visit 9:00 — Late Night Snacks 	<p>12 NATIONAL PECAN PIE DAY</p> <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Starving Artists 3:00 — Pecan Pie Happy Hour with Mark Noller 6:00 — IN2L Computer (Reminisce) 9:00 — Late Night Snacks 	<p>13</p> <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Morning News 1:30 — Music Connections 3:00 — Afternoon Refresher 6:00 — Porch Sitters 9:00 — Late Night Snacks

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14 <ul style="list-style-type: none"> 9:00 — Morning Worship 10:30 — One to One Visits 1:00 — IN2L (Spiritual Videos) 3:00 — Porch Radio 6:00 — Reminisce 9:00 — Late Night Snacks 	15 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Answer Me Trivia 2:15 — Country Drive 6:30 — Porch Radio 9:00 — Late Night Snacks 	16 <ul style="list-style-type: none"> 9:30 — Stretch and Strengthen 10:30 — Reminisce Stories 1:30 — Quiet Reflections In The Sensory Room 3:30 Happy July Birthday Social with Mary Champaign 9:00 — Late Night Snacks 	17 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Pretty Nails 1:00 — Inspirational Melodies 3:00 — Mind Joggers 6:00 — A Dose of Devotion 9:00 — Late Night Snacks 	18 NATIONAL SOUR CANDY DAY <ul style="list-style-type: none"> 9:30 — Stretch and Strengthen 10:15 — Sour Candy Bar 10:30 — Table Games 1:30 — Music Connections 3:00 — Finish The Lyrics 6:00 — One to One Visit 9:00 — Late Night Snacks 	19 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Starving Artists 3:00 — Happy Hour Sing A Long 6:00 — IN2L Computer (Reminisce) 9:00 — Late Night Snacks 	20 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Morning News 1:30 — Music Connections 3:00 — Afternoon Refresher 6:00 — Porch Sitters 9:00 — Late Night Snacks  <p>HAPPY BIRTHDAY BOBBIE WARREN!</p>
21 <ul style="list-style-type: none"> 9:00 — Morning Worship 10:30 — One to One Visits 1:00 — IN2L (Spiritual Videos) 3:00 — Porch Radio 6:00 — Reminisce 9:00 — Late Night Snacks 	22 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Answer Me Trivia 2:15 — Country Drive 6:30 — Bird Watchers 9:00 — Late Night Snacks 	23 <ul style="list-style-type: none"> 9:30 — Stretch and Strengthen 10:30 — Drum Circle 1:30 — Quiet Reflections In The Sensory Room 6:00 — Lifetime Movie 9:00 — Late Night Snacks 	24 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Pretty Nails 1:00 — Inspirational Melodies 3:00 — Mind Joggers 6:00 — A Dose of Devotion 9:00 — Late Night Snacks 	25 <ul style="list-style-type: none"> 9:30 — Stretch and Strengthen 11:00 — Courtyard BBQ 1:30 — Music Connections 3:00 — Finish The Lyrics 6:00 — One to One Visit 9:00 — Late Night Snacks 	26 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Starving Artists 3:00 — Happy Hour Sing A Long 6:00 — Olympic Opening Ceremonies (NBC— Channel 24.2) 	27 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Morning News 1:30 — Music Connections 3:00 — Afternoon Refresher 6:00 — Porch Sitters 9:00 — Late Night Snacks
28 <ul style="list-style-type: none"> 9:00 — Morning Worship 10:30 — One to One Visits 1:00 — IN2L (Spiritual Videos) 3:00 — Porch Radio 6:00 — Reminisce 9:00 — Late Night Snacks 	29 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Answer Me Trivia 2:15 — Country Drive 6:30 — Porch Radio 9:00 — Late Night Snacks 	30 <ul style="list-style-type: none"> 9:30 — Stretch and Strengthen 10:30 — Reminisce Stories 1:30 — Quiet Reflections In The Sensory Room 6:00 — Lifetime Movie 9:00 — Late Night Snacks 	31 <ul style="list-style-type: none"> 9:30 — Therapeutic Exercise 10:30 — Pretty Nails 1:00 — Inspirational Melodies 3:00 — Mind Joggers 6:00 — A Dose of Devotion 9:00 — Late Night Snacks 	 <p>1485 Butterfield Trail Kankakee, IL 60901 815-933-0793</p>		VISITING PHYSICIANS <p>Dr. Raley, Podiatrist July 3rd (Afternoon)</p> <p>Erin Dean, FNP-BC (You must switch over to her as you primary care giver) See Rosa Rodriguez for details.</p> <p>To schedule a single or reoccurring appointment, please contact Terri in the Memory Care office.</p>