## **JULY 2024 INDEPENDENT LIVING CALENDAR OF EVENTS**

Adult Living For Those Who Seek More. Mon TUE THU SUN WED FRI SAT **Riverside Senior Life Communities Bus Schedule for** Partners with residents & their families to identify their desires & **Church Services** dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a Hello 8:00 St. Paul's well-rounded array of **10:00 Asbury** programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically 10:30 Maternity Church 11:00 Saint John Paul II independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar, there are many small group programs occurring, as well as one-on-one opportunities to assure all of our residents are engaged. JULY If you or your loved ones have suggestions for something that you enjoy, please do not hesitate to let us know. We are here to serve you **Shopping Locations:** 5 National Hawaii Day! Kankakee: Walgreens, CVS, Jewel & Banks Berkots 9:00 Open Swim No Life 9:00 Open Swim No Life 9:00 Open Swim No Life Independence day Wear Hawaiian theme shirt 9:00 Open Swim No Life 8:30 Mens Breakfast Sign up Guard Guard Guard Guard 10:00 Exercises with Bourbonnais: Kroger, Aldi, 9:00 Good Will Donations 10:00 Exercise IL WC 9:00-10:30 First Trust with Culinary 779-801-3010 10:00 Exercise IL WC Sherri IL WC Walgreens Jewel & Banks Kankakee South: Walmart, Accepted till 3 PM by Grand 9:00 Open Świm No Life 11:00 Corn Hole IL CMR Bank IL FL 10:00 Farmers Market sign 11:00 Cornhole IL CMR Piano in GR 11:00 Out to Lunch TGI 11:00 Cornhole IL CMR Guard 11:00 Communion AL CC Dollar Tree, Aldi 10:00 Exercise IL WC 9:30 Shop-N-Bank Kanka-11:00 Cornhole IL CMR RT. 50 Bourbonnais: Meijer, Fridays sign up 1:30 Shopping Rt. 50 Sign 2:00 Bingo AL CC Target, Marshalls, Kohls, Walmart and hobby lobby 10:00 Bible Study 2:00 popcorn cart Up 2:00 Environmental meet-2:30 Afternoon Movie II TR kee Sign Up FL w/Marsha Collins IL CR 10:00 Tai-Chi w/Gary ILWC 2:00 Super Foods with 6:30 Evening Movie w/ Mr. Outings One time a month ing IL LB 11:00 Corn Hole IL CMR IL grilled peach salad with 11:00 Corn Hole IL CMR Beatty Sign up in front of TR 2:00 Welcome Committee 11:00 Recite the Rosary IL goat cheese CMR 1:30 Shop N Bank Bour-AL CC: Asst. Conference Cen-Theatre Room IL CR 2:30 Euchre IL GR bonnais Sign Up FL 2:00 Bingo AL CC 10:00 Exercise IL WC 2:00 Bingo IL CMR IL CR: IL Card Room IL GR: IL Great Room 3:30 Wine Social IL GR 3:00 Skip-bo IL GR 4:00 luau theme Happy IL CMR: IL Community Room Happy Birthday 6:00 Pinochle GR Hour w Mark IL CMR' IL WC: wellness center Carolyn Longfellow Happy Birthday 6:30 Evening Movie w/ Mr. IL TR: Theater Room Deborah Carraher Beatty Sign up in front of LAB DRAWS 8 Freezer POP Day! 10 National Pina Colada 12 National Pecan Pie day! 9:00 Open Swim No Life 9:00 Open Swim No Life 8:30 Dine And Discover w/ 9:00 Open Swim No Life 9:00 Open Swim No Life 9:00 Open Swim No Life Natalie Lacer stroke pro-Guard Guard 9:00 Open Swim No Life Guard Guard Guard gram coordinator sign up 9:30 Shop-N-Bank Kankakee Sign Up FL 10:00 Exercise IL WC 10:00 Exercise IL WC 10:00 Exercise IL WC 10:30 Technology Assis-Guard 9:00-11:00 Jewel Osco tance/ caremerge Sign UP 10:00 Bible Study 11:00 Picnic at the Park 9:00-10:30 First Trust 10:00 Farmers Market sign Vaccine Clinic 10:00 Tai-Chi w/Gary IL WC state sign up! 2:00 Food Committee 10:45 Max, Carol & Suzanne All Faith's Worw/Marsha Collins IL CR Bank IL LB 11:00 Corn Hole IL CMR 9:00 Aquatic exercise 11:00 Corn Hole 11:00 Corn Hole IL CMR 10:00 Exercise IL WC with Nicole 1:30 Shop N Bank Bourbon-11:00 Recite the Rosary IL 11:00 Corn Hole IL WC 2:30 Afternoon Movie TBA ship IL CMR **Meeting** IL Private Dining 10:00 Land Exercises with nais Sign Up FL 2:00 Popcorn IL GR 6:30 Evening Movie w/ Mr. 1:30 Country drive with a TR 1:30 Shopping Kankakee 2:00 Bingo IL CMR Nicole IL WC 2:00 Page Turner's Book Club IL CR (new time) stop for ice cream weath- 2:00 Bingo AL CC South Sign Up FL **Beatty** Sign up in front of IL TR 4:00 Happy Hour w/Mark 11:00 Corn Hole IL CMR 3:00 Skipbo- IL GR er permitting sign up 3:30 freezer pop wine with pecan pie IL CMR 6:30 Evening Movie w/Mr. 11:00 Communion AL CC 1:30 Dominos IL CR 2:30 Euchre L GR 4:00 Pina coladas IL GR slushy Social iL GR 2:00 Bingo AL CC 3:00 Open Swim No Life 6:00 Pinochle GR Beatty Sign Up in front of IL TR 3:30 Charm Necklace 6:30 Music at Perry Farm Guard making IL CMR sign up **Classical Blast** 

Happy Birthday Leon Malone

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Adult Living For Those Who Seek More.						
SUN	Mon	TUE	WED	Тни	FRI	SAT
9:00 Open Swim No Life Guard 10:00 Technology Assistance/ caremerge Sign UP 1:30 Domino's IL CR 1:30 Country drive with a stop for ice cream weather permitting sign up 3:00 Open Swim No Life Guard	9:00 Open Swim No Life Guard 10:00 Exercise IL WC 10:00 Bible Study w/Marsha Collins IL CR 11:00 Corn Hole IL CMR 11:00 Recite the Rosary IL TR	2:00 Popcorn IL GR 2:30 Euchre IL GR 3:30 Happy July Birthday Social w/ Mary Champaign	1:30 Shopping Rt 50 Sign Up 3:00 Skipbo IL Gr 6:00 Pinochle GR 6:30 music at Perry Farm Electric cars sign up	National Sour Candy Day! 9:00 Aquatic Exercise with Nicole 10:00 Land Exercises with Nicole IL WC 10:30 Sour Candy Bar IL GR 11:00 Corn Hole IL CMR 11:00 Communion AL CC 2:00 Bingo AL CC 3:30 Tech/ Caremerge assistance sign up	9:00 Open Swim No Life Guard 9:30 Shop-N-Bank Kanka-	2:30 Afternoon Movie TBA 6:30 Evening Movie w/ Mr. Beatty Sign up in front of IL TR
21 National Ice Cream Day! 9:00 Open Swim No Life Guard 10:45 Max, Carol & Suzanne All Faith's Wor- ship IL CMR 10:00 Technology Assis- tance/ Caremerge Sign UP 1:30 Domino's IL CR. 1:30 Country drive with a stop for ice cream weather permitting sign up 3:00 Open Swim No Life Guard	11:00 Corn Hole IL CMR 11:00 Recite the Rosary IL TR 1:30 Activity's Meeting IL LB (Day Changed for this month) 2:00 Bingo AL CC 3:30 Wine Social IL GR	9:00 Open Swim No Life Guard 10:00 Exercise IL WC 11:00 Cornhole IL CMR 2:00 Popcorn IL GR 2:00 Taste and travel with Kaitlyn trip to Iceland IL CMR 2:30 Euchre 6:30 Trivia with Chip General Knowledge IL CMR  Happy Birthday Doreen Burton	9:00 Open Swim No Life Guard 9:00-10:30 First Trust Bank IL GR 10:00 Exercise IL WC 11:00 Corn hole IL CMR 1:30 Shopping Kankakee South Sign Up FL 3:00 Skipbo IL GR 4:00 Boost your mood with Marsha IL CMR 6:00 Pinochle GR 6:30 Music at Perry farm Wild Daisy sign up	25 National Wine and Cheese LAB DRAWS 9:00 Aquatic Exercise with Nicole 10:00 Land Exercise ILWC 11:00 Corn Hole IL CMR 11:00 Communion AL CC 2:00 Bingo AL CC 2:00 All Resident Meeting IL CMR 3:00 Wine and Cheese IL GR 6:00 silent movie with Mark IL CMR Happy Birthday Don Lee	9:00 Open Swim No Life Guard 9:30 Shop-N-Bank Kanka- kee Sign Up FL 10:00 Tai-Chi w/Gary IL WC 11:00 Corn Hole IL CMR 1:30 Shop N Bank Bourbon- nais Sign Up FL 2:00 Bingo IL CMR 4:00 Happy Hour w/Mark IL CMR 6:30 Evening Movie w/ Mr. Beatty Sign up in front of IL TR	9:00 Open Swim No Life Guard 10:00 Exercise IL WC 10:00 Farmers Market sign up 11:00 Cornhole IL CMR 2:30 Afternoon Movie TBA 6:30 Evening Movie w/ Mr. Beatty Sign up in front of IL TR
9:00 Open Swim No Life Guard 10:00 Technology Assis- tance/ caremerge Sign UP 1:30 Domino's IL CR 1:30 KVTA Hello Girls \$17 due at sign up 3:00 Open Swim No Life Guard	9:00 Open Swim No Life Guard 10:00 Exercise IL WC 10:00 Bible Study w/Marsha Collins IL CR 11:00 Corn Hole IL CMR 11:00 Recite the Rosary IL TR 2:00 Bingo AL CC 3:30 Wine Social IL GR	30 National Chicken Wing Day! 9:00 Open Swim No Life Guard 10:00 Exercise IL WC 11:00 Cornhole IL CMR 11:00 Out to Lunch Jaenickies Bourbonnais sign up 2:00 Popcorn IL GR 2:30 Euchre 3:30 Chicken Wing Social IL GR 3:00 Looms of Love IL CR	31 9:00 Open Swim No Life Guard 9:00-10:30 First Trust Bank IL GR 10:00 Exercise IL WC 11:00 Corn hole IL CMR 1:30 Shopping Rt. 50 sign up FL 3:00 Skipbo IL GR 6:00 Pinochle GR	Caremerge sign ups and tech assistance offered every Thursday at 3:30! Sign up for help!  Caremerge 815-934-9222	WEST  Riverside Senio  100 Westwood Kankakee, I	r Life Communities