

JULY 2024 | MEMORY CARE CALENDAR OF EVENTS

SUN	MON	TUE	WED	THU	FRI	SAT
<div><p>BOURBONNAIS GROVE</p><p><small>Riverside Senior Life Communities</small></p><p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p><p>Contact the Concierge to sign up for any Outings or Special Events</p><p><i>*Please note that all programs</i></p></div>	<p>VISITING PHYSICIANS:</p> <p>Dr. Guntunpalli-Psychiatrist July 11, 2024</p> <p>Dr. Raley—Podiatrist July 10, 2024</p> <p>To schedule a single Or recurring appointment, Please contact The Concierge</p>	<p>VISITING PHYSICIANS:</p> <p>Liz Deck, NP July 10, 2024 July 24, 2024</p> <p>Audiologist—TBD</p>	<p>MANICURES: Available by Activities</p> <p>HAIR APPOINTMENTS: Tuesdays: 8:00a—2:30p Wednesdays: 12:00p—2:00p</p> <p>BANKING SERVICES:</p> <p>First Trust Bank Tuesday 1st & 15th Available to cash checks, make deposits & withdrawals Please contact the Concierge</p>	<p>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p>Dimensions of Wellness Categories: ● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</p>		
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<div></div>	<p>1 8:45a Morning Chronicles 10:30a Fitness Fun</p> <p>1:30p Puzzle Huddle 2:30p Snack & Chat 3:00p IN2L Games</p> <p>4:00p Music Meditation Happy B-Day Patricia R.</p>	<p>2 8:45a Morning Chronicles 9:30a Pretty Nails 10:00a Senior Motown 10:30a Mind Benders 1:30p B-I-N-G-O 2:30p Snack & Chat 3:00p Sensory Garden 4:00 Music Medita Happy B-Day Carolyn G,</p>	<p>3 8:45a Morning Chronicles 9:30a Tai Chi 10:15a Max & Carol Worship</p> <p>2:00p July Birthday Party 3:00p Sing with Me 4:00p Music Meditation Happy B-Day Patricia M.</p>	<p>4 Happy July 4th!! 8:45a Morning Greetings And Chronicles 10:30a Country Drive</p> <p>1:30p 4th of JULY BINGO PARTY !! 2:30P Snack & Chat 3:00p IN2L Videos 4:00p Music Meditation</p>	<p>5 8:45a Morning Greet & Chronicles 10:00a Soccer Circle 10:30a FRIYAY “You Tube Fun” 1:30p Crafty Corner 2:30 Chit Chat 3:00 HAPPY HOUR 4:00 Music Meditation</p>	<p>6 8:45a Morning Greetings 11:00a Chair YOGA</p> <p>1:30p B-I-N-G-O 2:30p Snack & Chat 3:00p Sing with Me 4:00p Music Meditation</p>
<p>7 9:30a Morning Chronicles</p> <p>10:00a Online Mass</p> <p>2:30p Popcorn Cart 3:00p Creative Coloring</p> <p>4:00p Music Meditation</p>	<p>8 National Freeze POP Day 8:45a Morning Greetings And Chronicles 10:30a Fitness Fun</p> <p>1:30p Puzzle Huddle 2:30p Snack & Chat 3:00p IN2L Games</p> <p>4:00p Music Meditation</p>	<p>9 8:45a Morning Chronicles 9:30a Pretty Nails 10:00a Dancercises 10:30a A-Z Game 1:30p B-I-N-G-O 2:30p Snack & Chat 3:00p Sensory Garden & Snow Cones 4:00p Music Meditation</p>	<p>10 8:45a Morning Chronicles 9:30a Tai Chi 10:15a Proverbs 10:30a “OUTING” 5 BELOW 1:30p POKENA 3:00p Sing with Me 4:00p Music Meditation</p>	<p>11 8:45a Chronicles 9:00aCardio 10:30a Country Drive 1:30p Flip Cards 2:30p Snack & Chat 2:40p Catholic Com. 3:00 IN2L 4:00 Music Medit.</p>	<p>12 National Michelada Day 8:45a Morning Greet & Chronicles 10:00a Drum Circle 10:30a FRIYAY “You Tube Fun” 1:30p Crafty Corner 2:30 Chit Chat 3:00 HAPPY HOUR</p>	<p>13 8:45a Morning Greetings 11:00a Chair Stretches</p> <p>1:30p B-I-N-G-O 2:30p Snack & Chat 3:00p Sing with Me 4:00p Music Meditation</p>

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SUN	MON	TUE	WED	THU	FRI	SAT
14 9:30a Morning Chronicles 10:00a Online Mass 2:30p Popcorn Cart 3:00p Creative Coloring 4:00p Music Meditation	15 8:45a Morning Chronicles 10:30a Fitness Fun 1:30p Puzzle Huddle 2:30p Snack & Chat 3:00p IN2L Games 4:00p Music Meditation	16 National Corn Fritter Day 8:45a Morning Chronicles 9:30a Pretty Nails 10:00a Balloon Noodle Ball 10:30a Finish My Line 1:30p B-I-N-G-O 2:30p Snack & Chat 3:00p Sensory Garden & Sno Cones	17 8:45a Morning Chronicles 10:00a Tai Chi 10:30a Down Memory Lane 2:00p FEDORA'S 2:30p Snack & Chat 3:00p Sing with Me 4:00p Music Meditation	18 8:45a Morning Greetings And Chronicles 9:30a Cardio 10:30a Country Drive 1:30p Table Book Tennis 2:30P Snack & Chat 2:40p Catholic Communion 3:00p IN2L Videos 4:00p Music Meditation 6:00p Music in the Park	19 National Daiquiri Day 8:45a Morning Greet & Chronicles 10:00a Soccer Circle 10:30a FRIYAY “You Tube Fun” 1:30p Crafty Corner 2:30 Chit Chat 3:00 HAPPY HOUR 4:00 Music Meditation	20 National Lollipop Day 8:45a Morning Greetings 11:00a Chair YOGA 1:30p B-I-N-G-O 2:30p Snack & Chat 3:00p Sing with Me 4:00p Music Meditation
21 Happy B-Day Marilyn 9:30a Morning Chronicles 10:00a Online Mass 2:30p Popcorn Cart 3:00p Creative Coloring 4:00p Music Meditation	22 8:45a Morning Chronicles 10:30a Fitness Fun 1:30p Puzzle Huddle 2:30p Snack & Chat 3:00p IN2L Games 4:00p Music Meditation	23 8:45a Morning Chronicles 9:30a Pretty Nails 10:00a Ribbon Band Exercises 10:30a Brain Busters 1:30p B-I-N-G-O 2:30p Snack & Chat 3:00p Sensory Garden & Sno Cones 4:00p Music Meditation	24 8:45a Morning Chronicles 10:00a Tai Chi 10:30a OUTING WHITE CASTLE BURGERS 1:30p Patio Volley Ball 2:30p Snack & Chat 3:00p Sing with Me 4:00p Music Meditation	25 National Hot Fudge Day 8:45a Morning Greetings And Chronicles 9:30a Cardio 10:30a Country Drive 1:30p Corn Hole 2:30P Snack & Chat 2:40p Catholic Communion 3:00p IN2L Videos 4:00p Music Meditation	26 8:45a Morning Greet & Chronicles 10:00a Sittercise 10:30a FRIYAY “You Tube Fun” 1:30p Crafty Corner 2:30 Chit Chat 3:00 HAPPY HOUR 4:00 Music Meditation	27 8:45a Morning Greetings 11:00a Chair Stretches 1:30p B-I-N-G-O 2:30p Snack & Chat 3:00p Sing with Me 4:00p Music Meditation
28 9:30a Morning Chronicles 10:00a Online Mass 2:30p Popcorn Cart 3:00p Creative Coloring 4:00p Music Meditation	29 8:45a Morning Chronicles 10:30a Fitness Fun 1:30p Puzzle Huddle 2:30p Snack & Chat 3:00p Sensory Garden 4:00p Music Meditation	30 Happy B-Day MaryAnn 8:45a Morning Chronicles 9:30a Pretty Nails 10:00a Sittercise 10:30a Cranium Crunches 1:30p B-I-N-G-O 2:30p Snack & Chat 3:00p Sensory Garden & Sno Cones 4:00p Music Meditation	31 National Avocado Day 8:45a Morning Chronicles 9:30a Tai Chi 10:00a Brain Busters 2:00p MARK Piano Man 2:30p Snack & Chat 3:00p Sing with Me 4:00p Music Meditation			