


JULY 2024 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
 <p>RIVERSIDE SENIOR LIFE COMMUNITIES Assisted Living & Memory Care</p> <p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p> <p>Contact the Concierge to sign up for any Outings or Special Events</p> <p><i>*Please note that all programs are subject to change.</i></p>	<p>VISITING PHYSICIANS:</p> <p>Dr. Naga Guntupalli—Psychiatrist July 11, 2024</p> <p>Dr. Raley—Podiatrist July 10, 2024</p> <p>To schedule a single or reoccurring appointment, please contact the Concierge.</p>	<p>VISITING PHYSICIANS:</p> <p>Liz Deck, NP—Primary Care Physician July 10, 2024 July 24, 2024</p> <p>BANKING SERVICES: First Trust Bank 1st and 15th of each month Available for cashing checks, making deposits and withdrawals. Please contact the Concierge if interested.</p>	<p>SALON SERVICES:</p> <p>Manicures Available through Activities</p> <p>Hair Appointments Available in the salon Tuesdays: 8:00a—2:30p Wednesdays: 12:00p—2:30p</p>	<p>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged.</p> <p>If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p>Dimensions of Wellness Categories: ● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</p>		



	<p>1 9:30a Cardio & Strength 10:30a 4th of July Craft</p> <p>1:00p Eye Glass Cleaning 1:30pm B-I-N-G-O with Bingo Store</p> <p>3:00pm Euchre 5:00p Movie of Choice</p>	<p>2 9:30a Tai Chi</p> <p>10:30a Pretty Nails 11:00a Eye Glass Cleaning</p> <p>1:30p Black Jack</p> <p>3:00p Pasto Chambers 3:30p Jeopardy</p>	<p>3 9:30a Cardio & Weights</p> <p>10:15a Max & Carol Worship 11:30a Deacon Dale</p> <p>2:00p July Birthday Social</p> <p>3:30p Table Games</p>	<p>4 Happy 4th of July</p> <p>9:30a Tai Chi</p> <p>10:15a Pastor Sam</p> <p>11:00a Pretty Nails</p> <p>2:30a Communion 3:00p Country Drive 6:00 Music in the Park</p>	<p>5</p> <p>9:30a Cardio</p> <p>10:00a Euchre</p> <p>1:30p B-I-N-G-O</p> <p>3:00p Happy Hour</p> <p>6:00p Wheel of Fortune</p>	<p>6</p> <p>9:30a Tai Chi</p> <p>10:00a Table Talk</p> <p>10:30a Helper Corner</p> <p>1:30p Puzzle Packets</p>
	<p>7 9:00a Online Mass</p> <p>9:15a Morning Greet in the Café</p> <p>1:30p Popcorn Cart</p> <p>2:30p Movie of Choice</p> <p>3:00p Poetry Club</p>	<p>8 National Freeze Pop Day</p> <p>9:30a Cardio & Strength</p> <p>10:15a Table Pool Noodles</p> <p>1:30pm B-I-N-G-O with Bingo Store</p> <p>3:00pm Euchre 5:00p Movie of Choice</p>	<p>9</p> <p>9:30a Tai Chi</p> <p>10:30a Pretty Nails</p> <p>1:30p 7UP Cards</p> <p>3:00p Pasto Chambers</p> <p>4:00p Café Chat</p>	<p>10</p> <p>9:30a Cardio & Weights</p> <p>10:30a “OUTING” 5 BELOW</p> <p>1:30P Eye Glass Cleaning</p> <p>2:00p Porch Sittin’</p> <p>2:30p Beach Ball Soccer 5:00p Movie</p>	<p>11</p> <p>9:30a Tai Chi</p> <p>10:15a Pastor Sam</p> <p>11:00a Pretty Nails</p> <p>1:00p Black Jack 2:00p Super Foods-Stone Fruit</p> <p>2:30a Communion 3:00p Country Drive 6:00 Music in the Park</p>	<p>12 National Michelada Day</p> <p>9:30a Cardio</p> <p>10:00a Euchre</p> <p>2:00p JERRY DOWNS</p> <p>3:00p Happy Hour</p> <p>6:00p Wheel of Fortune</p>
						<p>13</p> <p>9:30a Tai Chi</p> <p>10:00a Table Talk</p> <p>10:30a Helper Corner</p> <p>1:30p Puzzle Packets</p>

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SUN	MON	TUE	WED	THU	FRI	SAT
14 9:00a Online Mass 9:15a Morning Greet in the Café 1:30p Popcorn Cart 2:30p Movie of Choice	15 9:30a Cardio & Strength 10:15a Paint by Numbers 1:30pm B-I-N-G-O with Bingo Store 3:00pm Euchre 5:00p Movie of Choice	16 National Corn Fritter Day 9:30a Tai Chi 10:30a Pretty Nails 1:30p Black Jack 3:00p Pastor Chambers 3:30p Jeopardy 4:00p Café Chat Happy B-Day Doris N.	17 9:30a Cardio & Weights 11:00a Boost your Mood With Marsh 2:00p FEDORA'S 3:30p Jeopardy 5:00p Movie of Choice	18 9:30a Tai Chi 10:15a Pastor Sam 11:00a Pretty Nails 1:00p UNO Cards 2:30a Communion 3:00p Country Drive 6:00 Music in the Park	19 National Daiquiri Day 9:30a Cardio 10:00a Euchre 1:30p B-I-N-G-O 3:00p Happy Hour 6:00p Wheel of Fortune	20 National Lollipop Day 9:30a Tai Chi 10:00a Table Talk 10:30a Helper Corner 1:30p Puzzle Packets
21 9:00a Online Mass 9:15a Morning Greet in the Café 1:30p Popcorn Cart 2:30p Movie of Choice	22 9:30a Cardio & Strength 10:15a Wood Burning Craft 1:30pm B-I-N-G-O with Bingo Store 3:00pm Euchre 5:00p Movie of Choice	23 9:30a Tai Chi 10:30a Pretty Nails 1:30p Black Jack 3:00p Pastor Chambers 3:30p Jeopardy 4:00p Café Chat	24 9:30a Cardio & Weights 10:00a Trivia Chat 10:30P “OUTING” WHITE CASTLE BURGERS 1:30p Table Games 4:00p Porch Sittin’ 5:00p Movie	25 National Fudge Sundae Day 9:30a Tai Chi 10:15a Pastor Sam 11:00a Pretty Nails 2:00p Taste & Travel to Iceland 2:30a Communion 3:00p Country Drive 6:00 Music in the Park	26 9:30a Cardio 10:00a Euchre 1:30p B-I-N-G-O 3:00p Happy Hour 6:00p Wheel of Fortune Happy B-Day Jonathan L.	27 9:30a Tai Chi 10:00a Table Talk 10:30a Helper Corner 1:30p Puzzle Packets
28 9:00a Online Mass 9:15a Morning Greet in the Café 1:30p Popcorn Cart 2:30p Movie of Choice	29 9:30a Cardio & Strength 10:15a Scrapbooking 1:30pm B-I-N-G-O with Bingo Store 3:00pm Euchre 5:00p Movie of Choice	30 9:30a Tai Chi 10:30a Pretty Nails 1:30p Black Jack 3:00p Pastor Chambers 3:30p Jeopardy 4:00p Café Chat	31 National Avocado Day 9:30a Cardio & Weights 10:00a Trivia Chat 2:00p MARK ON THE PIANO 3:30p Table games 5:00p Movie of Choice			