

# OCTOBER 2026 MEMORY CARE CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

| SUN                                                                                                                                                                                        | MON                                                                                                                                                                                       | TUE                                                                                                                                                                                                                                                                                                 | WED                                                                                                                                                                                                                                                                                                                                          | THU                                                                                                                                                                                                                                                                                | FRI                                                                                                                                                                                                                     | SAT                                                                                                                                                                                                                |
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|                                                                                                           |                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                     | <b>VISITING PHYSICIANS</b><br><br>Dr. Raley, Podiatrist<br>• November<br><br>Dr. Wahab<br>Curana Healthcare<br><br>( If you would like to switch over to Dr. Wahab as your primary Caregiver please See Rosa Rodriguez for details.)<br><br>To schedule a single or reoccurring appointment, please contact Terri in the Memory Care office. | <b>1 National Pumpkin Spice Day</b><br><br>● 9:15 — Therapeutic Exercise<br>● 10:30 — Table Games<br>● 11:00 — Communion<br>● 1:00 — Inspirational Melodies<br>● 2:30 — Pumpkin Spice Treats<br>● 3:00 — Walking Club<br>● 6:00 — A Dose of Devotion<br>● 9:00 — Late Night Snacks | <b>2</b><br><br>● 9:15 — Balloon Volleyball<br>● 10:30 — Starving Artists<br>● 3:00 — Happy Hour with “The Fedoras”<br>● 6:00 — IN2L Computer (Funny Videos)<br>● 9:00 — Late Night Snacks                              | <b>3</b><br><br>● 9:15 — Therapeutic Exercise<br>● 10:30 — Coffee and Tea Time<br>● 1:30 — Music Connections<br>● 3:30 — Afternoon Action and Refresher<br>● 6:00 — T.V. Land (60.2)<br>● 9:00 — Late Night Snack  |
|                                                                                                                                                                                            | <b>4</b><br><br>● 9:00 — Morning Worship<br>● 10:30 — One to One Visits<br>● 1:00 — IN2L (Spiritual Videos)<br>● 2:45 — Country Drive<br>● 6:00 — Reminisce<br>● 9:00 — Late Night Snacks | <b>5</b><br><br>● 9:15 — Drumming Exercise<br>● 10:30 — Reminisce<br>● 2:00 — Big Bingo With Apple Cobbler<br>● 6:30 — Game Show Network<br>● 9:00 — Late Night Snacks<br><br><br><i>Happy Birthday Colette!</i> | <b>6</b><br><br>● 9:15 — Table Top Balloon Pong<br>● 10:30 — IN2L Trivia<br>● 1:30 — Quiet Reflections In The Sensory Room<br>● 3:00 — Walking Club<br>● 6:00 — Lifetime Movie                                                                                                                                                               | <b>7 National Chocolate Covered Pretzels Day</b><br><br>● 9:15 — Balloon Volleyball<br>● 10:30 — Chocolate Pretzel Making<br>● 1:30 — Music Connections<br>● 3:00 — Finish The Lyrics<br>● 6:00 — One to One Visit<br>● 9:00 — Late Night Snacks                                   | <b>8</b><br><br>● 9:15 — Therapeutic Exercise<br>● 10:30 — Table Games<br>● 11:00 — Communion<br>● 1:00 — Inspirational Melodies<br>● 2:30 — Tell All Game<br>● 6:00 — A Dose of Devotion<br>● 9:00 — Late Night Snacks | <b>9</b><br><br>● 9:15 — Balloon Volleyball<br>● 10:30 — Starving Artists<br>● 3:00 — Happy Hour With Carolyn<br>● 6:00 — IN2L Computer (Funny Videos)<br>● 9:00 — Late Night Snacks                               |
| <b>11</b><br><br>● 9:00 — Morning Worship<br>● 10:30 — One to One Visits<br>● 1:00 — IN2L (Spiritual Videos)<br>● 2:45 — Country Drive<br>● 6:00 — Reminisce<br>● 9:00 — Late Night Snacks | <b>12</b><br><br>● 9:15 — Drumming Exercise<br>● 10:30 — Reminisce<br>● 2:00 — Big Bingo<br>● 6:30 — Game Show Network<br>● 9:00 — Late Night Snacks                                      | <b>13</b><br><br>● 9:15 — Table Top Balloon Pong<br>● 10:30 — IN2L Trivia<br>● 1:30 — Quiet Reflections In The Sensory Room<br>● 2:30 — Oktoberfest with Eddie Korosa<br>● 6:00 — Lifetime Movie                                                                                                    | <b>14</b><br><br>● 9:15 — Balloon Volleyball<br>● 10:30 — Manicures<br>● 1:30 — Music Connections<br>● 3:00 — Prize Bingo<br>● 6:00 — One to One Visit<br>● 9:00 — Late Night Snacks                                                                                                                                                         | <b>15</b><br><br>● 9:15 — Therapeutic Exercise<br>● 10:30 — Table Games<br>● 11:00 — Communion<br>● 1:00 — Inspirational Melodies<br>● 2:30 — Walking Club<br>● 6:00 — A Dose of Devotion<br>● 9:00 — Late Night Snacks                                                            | <b>16</b><br><br>● 9:15 — Balloon Volleyball<br>● 10:30 — Starving Artists<br>● 3:00 — Happy Hour with “Soothe Duo Vocals”<br>● 6:00 — IN2L Computer (Funny Videos)<br>● 9:00 — Late Night Snacks                       | <b>17</b><br><br>● 9:15 — Therapeutic Exercise<br>● 10:30 — Coffee and Tea Time<br>● 1:30 — Music Connections<br>● 3:30 — Afternoon Action and Refresher<br>● 6:00 — T.V. Land (60.2)<br>● 9:00 — Late Night Snack |

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Adult Living For Those Who Seek More.

| SUN                                                                                                                                                                                                                                                          | MON                                                                                                                                                                                                                                                       | TUE                                                                                                                                                                                                                                                                                                              | WED                                                                                                                                                                                                                                                          | THU                                                                                                                                                                                                                                                                                                 | FRI                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | SAT                                                                                                                                                                                                                                                                                            |
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| <b>18</b> <ul style="list-style-type: none"><li>● 9:00 — Morning Worship</li><li>● 10:30 — One to One Visits</li><li>● 1:00 — IN2L (Spiritual Videos)</li><li>● 2:45 — Country Drive</li><li>● 6:00 — Reminisce</li><li>● 9:00 — Late Night Snacks</li></ul> | <b>19</b> <ul style="list-style-type: none"><li>● 9:15 — Drumming Exercise</li><li>● 10:30 — Reminisce</li><li>● 2:00 — Big Bingo</li><li>● 6:30 — Game Show Network</li><li>● 9:00 — Late Night Snacks</li></ul>                                         | <b>20</b> <ul style="list-style-type: none"><li>● 9:15 — Table Top Balloon Pong</li><li>● 10:30 — IN2L Trivia</li><li>● 1:30 — Quiet Reflections In The Sensory Room</li><li>● 3:00 — Walking Club</li><li>● 6:00 — Lifetime Movie</li></ul>                                                                     | <b>21</b> <ul style="list-style-type: none"><li>● 9:15 — Balloon Volleyball</li><li>● 10:30 — Manicures</li><li>● 1:30 — Music Connections</li><li>● 3:00 — Finish The Lyrics</li><li>● 6:00 — One to One Visit</li><li>● 9:00 — Late Night Snacks</li></ul> | <b>22</b> <ul style="list-style-type: none"><li>● 9:15 — Therapeutic Exercise</li><li>● 10:30 — Table Games</li><li>● 11:00 — Communion</li><li>● 1:00 — Inspirational Melodies</li><li>● 2:30 — Conversation Cards</li><li>● 6:00 — Trick or Treaters</li><li>● 9:00 — Late Night Snacks</li></ul> | <b>23</b> <ul style="list-style-type: none"><li>● 9:15 — Balloon Volleyball</li><li>● 10:30 — Starving Artists</li><li>● 3:00 — Happy Hour with Mick Porter</li><li>● 6:00 — IN2L Computer (Funny Videos)</li><li>● 9:00 — Late Night Snacks</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <b>24</b> <ul style="list-style-type: none"><li>● 9:15 — Therapeutic Exercise</li><li>● 10:30 — Coffee and Tea Time</li><li>● 1:30 — Music Connections</li><li>● 3:30 — Afternoon Action and Refresher</li><li>● 6:00 — T.V. Land (60.2)</li><li>● 9:00 — Late Night Snack</li></ul>           |
| <b>25</b> <ul style="list-style-type: none"><li>● 9:00 — Morning Worship</li><li>● 10:30 — One to One Visits</li><li>● 1:00 — IN2L (Spiritual Videos)</li><li>● 2:45 — Country Drive</li><li>● 6:00 — Reminisce</li><li>● 9:00 — Late Night Snacks</li></ul> | <b>26</b> <ul style="list-style-type: none"><li>● 9:15 — Drumming Exercise</li><li>● 10:30 — Reminisce</li><li>● 2:00 — Big Bingo with Pumpkin Pie</li><li>● 6:30 — Game Show Network</li><li>● 9:00 — Late Night Snacks</li></ul>                        | <b>27</b> <ul style="list-style-type: none"><li>● 8:00 — Flu Clinic</li><li>● 10:30 — Baking 101</li><li>● 1:30 — Quiet Reflections In The Sensory Room</li><li>● 3:00 — Walking Club</li><li>● 6:00 — Lifetime Movie</li></ul>                                                                                  | <b>28</b> <ul style="list-style-type: none"><li>● 9:15 — Balloon Volleyball</li><li>● 10:30 — Manicures</li><li>● 1:30 — Music Connections</li><li>● 3:00 — Finish The Lyrics</li><li>● 6:00 — One to One Visit</li><li>● 9:00 — Late Night Snacks</li></ul> | <b>29</b> <ul style="list-style-type: none"><li>● 9:15 — Therapeutic Exercise</li><li>● 10:30 — Table Games</li><li>● 11:00 — Communion</li><li>● 1:00 — Inspirational Melodies</li><li>● 2:30 — Name 10 Things</li><li>● 6:00 — A Dose of Devotion</li><li>● 9:00 — Late Night Snacks</li></ul>    | <b>30</b> <ul style="list-style-type: none"><li>● 9:15 — Balloon Volleyball</li><li>● 10:30 — Starving Artists</li><li>● 2:30 — Halloween Costume Party with The “Silverstrings”</li><li>● 6:00 — IN2L Computer (Funny Videos)</li><li>● 9:00 — Late Night Snacks</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | <b>31 HALLOWEEN</b> <ul style="list-style-type: none"><li>● 9:15 — Therapeutic Exercise</li><li>● 10:30 — Coffee and Tea Time</li><li>● 1:30 — Music Connections</li><li>● 3:30 — Afternoon Action and Refresher</li><li>● 6:00 — T.V. Land (60.2)</li><li>● 9:00 — Late Night Snack</li></ul> |
|                                                                                                                                                                            | <p>Alzheimers/Dementia<br/>Support Group<br/>At Our<br/>Bourbonnais Campus</p> <p>( October 13th)</p> <p>Please note that all programs are<br/>Subject to change.</p>  |  <p><b>WESTWOOD</b></p> <p> Riverside Senior Life Communities</p> <p>1485 Butterfield Trail<br/>Kankakee, IL 60901<br/>815-933-0793</p> |                                                                                                                                                                                                                                                              | <p>COMING SOON...</p> <p><b>INTERACTIVE<br/>GAMES WITH OUR<br/>NEW<br/>TOVER TABLE</b></p>                                                                                                                     | <p>Riverside Senior Life Communities<br/>partners with residents &amp; their families to identify their desires &amp; dreams,<br/>&amp; work together to bring those needs, passions, &amp; abilities to life. We focus on the<br/>Dimensions of Wellness to assure our residents are provided a well-rounded array of<br/>programing. People at every age and stage of ability seek opportunities to remain<br/>productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar, there are many small group programs occurring, as well as one-on-one<br/>opportunities to assure all of our residents are engaged. If you or your loved ones have suggestions for something that you enjoy, please do not hesitate to let us know. We are here to serve you.</p> <p><b>Dimensions of Wellness Categories:</b><br/>● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</p> |                                                                                                                                                                                                                                                                                                |