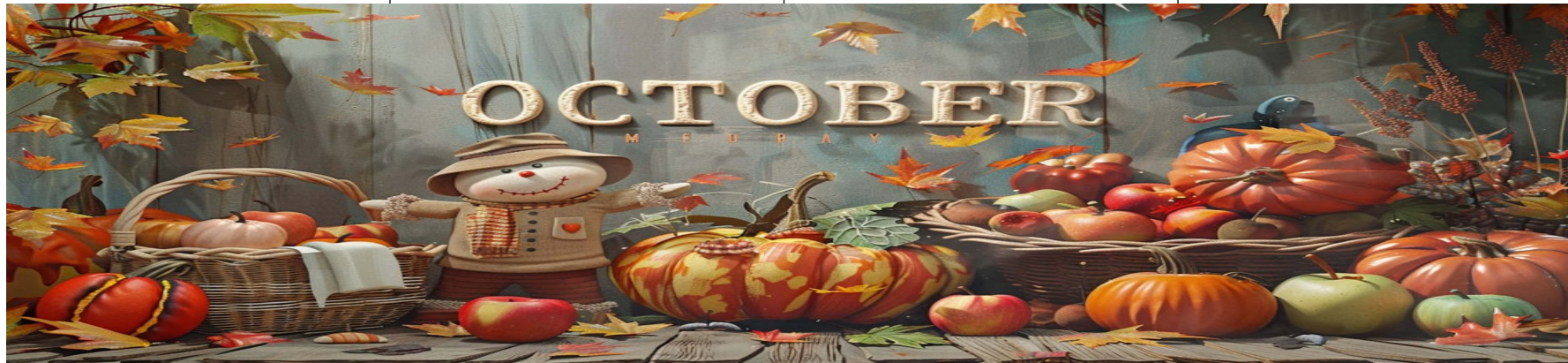


OCTOBER 2026 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

 RIVERSIDE SENIOR LIFE COMMUNITIES Assisted Living & Memory Care 85 E. Burn Road Bourbonnais, IL 60914 815-935-3332 Contact the Concierge to sign up for any Outings or Special Events <i>*Please note that all programs are subject to change.</i>	<u>VISITING PHYSICIANS:</u> Dr. Guntupalli—Psychiatrist October 8 October 22 Dr. Raley—Podiatrist October 1 To schedule a single or reoccurring appointment, please contact the Concierge.	<u>VISITING PHYSICIANS:</u> Liz Deck, NP October 14 October 28 Audiologist TBD 	<u>SALON SERVICES:</u> Manicures Available through Activities Hair Salon Appointments TUESDAY'S 8:00A-1:30P SIGN UP AT FRONT DESK <u>BANKING SERVICES:</u> First Trust Bank October 20 Available for cashing checks, and making deposits Or withdrawals	Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one- on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know. <u>Dimensions of Wellness Categories:</u> ● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual			
					1 ● 9a- Morning Greeting ● 9:30a- Chair Yoga ● 10a- Hydration Time ● 10:15a- Bible Study w/ Pastor Sam & Anita ● 2:00p- Superfoods w/Kaitlin (Pumpkin) ● 2:30p- Catholic Mass W/Father Dan Lyndon ● 4p- Cafe Chat	2 !!National Fried Scallop Day!! ● 9a- Morning Greeting & Chronicles ● 9:30a- Cardio & Strength ● 10a- Hydration Time ● 10:30a- Euchre Club ● 1:30p- !!BINGO!! ● 3p- !HAPPY HOUR! ● 4p- Cafe Chat	3 ● 9a- Morning Greeting & Chronicles ● 9:30a- TaiChi ● 10a- Hydration Time ● 10:15a- Table Talk ● 10:30a- Helper's Corners ● 1:30p- Puzzle Packets ● 4p- Cafe Chat
4 ● 8:45a- Morning Greeting & Chronicles ● 9a- Online Mass 1:30p- Popcorn Cart ● 2p- !!Movie Time In Great Room!! ● 4p- Cafe Chat 	5 ● 9a- Morning Greeting & Chronicles ● 9:30a- Cardio & Strength ● 10a- Hydration Time ● 10:30a- !Craft Time! ● 1:30p- !!BINGO!! ● 2:45p- !Bingo STORE! ● 3p- Euchre Club ● 4p- Cafe Chat 	6 !!National Noodle Day!! ● 9a- Morning Greeting & Chronicles ● 9:30a- TaiChi ● 9:45a- Walk & Roll (Indoor Walking Club) ● 10a- Hydration Time ● 1p- Pretty Nails ● 2:00p- Baier Quartet ● 2:30p- Kings On The Corners 	7 ● 9a- Morning Greeting & Chronicles ● 9:30a- Cardio & Weights ● 10a- Hydration Time ● 10:15a- Max & Carol Worship Hymns! ● 2p- !!Birthday Social!! ● 3p- Kings On The Corners ● 4p- Cafe Chat 	8 ● 9a- Morning Greeting & Chronicles ● 9:30a- Chair Yoga ● 10a- Hydration Time ● 10:15a- Bible Study w/ Pastor Sam & Anita ● 1:30p- Pretty Nails ● 2:30p-Catholic Communion ● 5p- Outing To... !!Olive 	9 ● 9a- Morning Greeting & Chronicles ● 9:30a- Cardio & Strength ● 10a- Hydration Time ● 10:30a- Euchre Club ● 1:30p- !!BINGO!! ● 3p- !HAPPY HOUR! ● 4p- Cafe Chat 	10 ● 9a- Morning Greeting & Chronicles ● 9:30a- TaiChi ● 10a- Hydration Time ● 10:15a- Table Talk ● 10:30a- Helper's Corners ● 1:30p- Puzzle Packets ● 4p- Cafe Chat	

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11 ●8:45a- Morning Greeting & Chronicles ●9a- Online Mass 1:30p- Popcorn Cart  ●2p- !!Movie Time In Great Room!! ●4p- Cafe Chat	12 !!National Gumbo Day!! ●9a- Morning Greeting & Chronicles ●9:30a- Cardio & Strength ●10a- Hydration Time ●10:30a- !Craft Time! ●1:30p- !!BINGO!! ●3p- Euchre Club  ●4p- Cafe Chat	13 ●9a- Morning Greeting & Chronicles ●9:30a- TaiChi ●9:45a- Walk & Roll (Indoor Walking Club) ●10a- Hydration Time ●10:30a- Grub Club!  ●1:30p- Pretty Nails ●2:30p- Kings On The Corners ●4p- Cafe Chat	14 ●9a- Morning Greeting & Chronicles ●9:30a- Cardio & Weights ●10a- Hydration Time ●10:30a- Euchre Club ●2p- Music Entertainment From... !Jerry Downs!  ●3p- Wheel Of Fortune ●4p- Cafe Chat	15 !!National Cheese Curd Day!! ●9am- Morning Greeting & Chronicles ●9:30a- Chair Yoga ●10a- Hydration Time ●10:15a- Bible Study w/ Pastor Sam & Anita ●1p- Pretty Nails ●2p- Town Hall! ●2:30p- Catholic Communion ●5p- Outing To... !!TARGET!! !!Happy Birthday Nalini M.!! 	16 ●9a- Morning Greeting & Chronicles ●9:30a- Cardio & Strength ●10a- Hydration Time ●10:30a- Euchre Club ●1:30p- !!BINGO!!  ●3p- !HAPPY HOUR! ●4p- Cafe Chat	17 ●9a- Morning Greeting & Chronicles ●9:30a- TaiChi ●10a- Hydration Time ●10:15a- Table Talk ●10:30a- Helper's Corners ●1:30p- Puzzle Packets ●4p- Cafe Chat 
18 ●8:45a- Morning Greeting & Chronicles ●9a- Online Mass 1:30p- Popcorn Cart ●2p- !!Movie Time In Great Room!! 	19 ●9a- Morning Greeting & Chronicles ●9:30a- Cardio & Strength ●10a- Hydration Time ●10:30a- !Craft Time!  ●1:30p- !!BINGO!! ●2:45p- !Bingo STORE! ●3p- Euchre Club ●4p- Cafe Chat	20 !!National Chicken and Waffle Day!! ●9a- Morning Greeting & Chronicles ●9:30a- TaiChi ●9:45a- Walk & Roll (Indoor Walking Club) ●10a- Hydration Time  ●1:30p- Pretty Nails ●2:30p- Kings On The Corners ●4p- Cafe Chat	21 ●9a- Morning Greeting & Chronicles ●9:30a- Cardio & Strength ●10a- Hydration Time ●11a- Boost Your Mood w/ Marsha  ●2p- Music Entertainment From... !Mick Porter! ●3p- Kings On The Corners ●4p- Cafe Chat	22 ●9a- Morning Greeting & Chronicles ●9:30a- Chair Yoga ●10a- Hydration Time ●10:15a- Bible Study w/ Pastor Sam & Anita ●1:30p- !!Chili Cook-Off!!  ●2:30p- Catholic Communion ●3p- Pretty Nails	23 !!National Boston Cream-Pie Day!! ●9a- Morning Greeting & Chronicles ●9:30a- Cardio & Strength ●10a- Hydration Time ●10:30a- Euchre Club  ●1:30p- !!BINGO!! ●3p- !HAPPY HOUR! ●4p- Cafe Chat	24 ●9a- Morning Greeting & Chronicles ●9:30a- TaiChi ●10a- Hydration Time ●10:15a- Table Talk ●10:30a- Helper's Corners ●1:30p- Puzzle Packets 
25 ●8:45a- Morning Greeting & Chronicles ●9a- Online Mass 1:30p- Popcorn Cart  ●2p- !!Movie Time In Great Room ●4p- Cafe Chat	26 ●9a- Morning Greeting & Chronicles ●9:30a- Cardio & Strength ●10a- Hydration Time ●10:30a- !Craft Time! ●1:30p- !!BINGO!!  ●3p- Euchre Club ●4p- Cafe Chat	27 ●9a- Morning Greeting & Chronicles ●9:30a- TaiChi ●9:45a- Walk & Roll (Indoor Walking Club) ●10a- Hydration Time ●1p- Pretty Nails ●2p- Music Entertainment From... !Fedoras! ●3p- Kings On The Corners ●4p- Cafe Chat	28 ●9a- Morning Greeting & Chronicles ●9:30a- Cardio & strength ●10a- Hydration Time ●10:30a- Family Feud ●2p- Euchre Club ●3p- Moments Hospice Root Beer Float Day!! ●5 To 6p- !!Community Trick Or Treating!!  ●6p- Pete's Band	29 ●9a- Morning Greeting & Chronicles ●9:30a- Chair Yoga ●10a- Hydration Time ●10:15a- Bible Study w/ Pastor Sam & Anita ●2pm- Taste & Travel w/Kaitlin (Germany)!! ●2:30p- Catholic Communion ●4p- Cafe Chat	30 ●9a- Morning Greeting & Chronicles ●9:30a- Cardio & Strength ●10a- Hydration Time ●10:30a- Euchre Club ●1:30p- !!BINGO!! ●3p- Halloween HAPPY HOUR!! 	31 ●9a- Morning Greeting & Chronicles ●9:30a- TaiChi ●10a- Hydration Time ●10:15a- Table Talk ●10:30a- Helper's Corners ●1:30p- Puzzle Packets 