














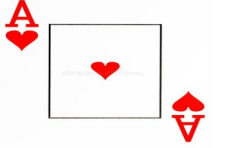
# MAY 2026 | MEMORY CARE | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
 <p><b>RIVERSIDE</b> SENIOR LIFE COMMUNITIES Assisted Living &amp; Memory Care</p> <p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p> <p>Contact the Concierge to sign up for any Outings or Special Events</p> <p><i>*Please note that all programs are subject to change.</i></p>	<p>VISITING PHYSICIANS:</p> <p><b>Dr. Guntupalli-Psychiatrist</b> MAY 7, 2026</p> <p><b>Dr. Raley-Podiatrist</b> MAY 6, 2026</p> <p>To schedule a single or reoccurring appointment, please contact the Concierge.</p>	<p>VISITING PHYSICIANS:</p> <p><b>Liz Deck, NP</b> MAY 12, 2026—Tuesday MAY 27, 2026</p>	<p>SALON SERVICES:</p> <p><b>Manicures</b> Available by Activities and Nursing Dept.</p> <p><b>Hair Appointments</b> Tuesdays: 8:30a–1:30p</p> <p><b>BANKING SERVICES:</b> <b>First Trust Bank</b> MAY 12, 2026</p> <p>Available for cashing checks making deposits etc. See Front Desk</p>	<p><b>Riverside Senior Life Communities</b> partners with residents &amp; their families to identify their desires &amp; dreams, &amp; work together to bring those needs, passions, &amp; abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p><b>Dimensions of Wellness Categories:</b></p> <p>● = Cognitive   ● = Emotional   ● = Physical   ● = Social   ● = Spiritual</p>		
 <p>Hello May</p>					<p><b>1</b></p> <ul style="list-style-type: none"> <li>● 9:00am-Morning Greet</li> <li>● 9:10am-Daily Chronicles</li> <li>● 9-11am-Pretty Nails</li> <li>● 10:30am-Hydration Time</li> <li>● 1:30pm-Jolly Joggers</li> <li>● 2:00pm-Armchair Detective</li> <li>● 2:45pm-Snack &amp; Chat</li> </ul>	<p><b>2</b></p> <ul style="list-style-type: none"> <li>● 9:00am-Morning Greet</li> <li>● 9:10am-Chronicles</li> <li>● 10:30am-Gentle Stretch</li> <li>● 10:50am-youtube Fun</li> <li>● 1:30pm-Horse Race Game</li> <li>● 5:30m-Kentucky Derby Race</li> </ul> 
<p><b>3</b></p> <ul style="list-style-type: none"> <li>● 9:00am- Morning Greeting</li> <li>● 9:10am- Daily Chronicles</li> <li>● 9:45am- Online Mass Holy Name Cathedral Chicago</li> <li>● 10:15am- Gospel Music</li> <li>● 10:30am- Gentle EX</li> <li>● 2:30pm- Popcorn Cart</li> <li>● 3pm- Scrap Book Club</li> </ul> <p><b>!Happy B-Day Shirley.W!</b></p>	<p><b>4</b></p> <ul style="list-style-type: none"> <li>● 9:00am- Morning Greet</li> <li>● 9:30am-Chair Yoga</li> <li>● 10:00am-Hydration Time</li> <li>● 10:30am-A-Z Game</li> <li>● 1:30pm-Crafty Corner</li> <li>● 2:30pm-Snack &amp; Chat</li> <li>● 3:00pm-Sensory Garden</li> </ul> 	<p><b>5 !!Cinco de Mayo!!</b></p> <ul style="list-style-type: none"> <li>● 9:00am-Morning Greet</li> <li>● 9:10am-Daily Chronicles</li> <li>● 9:30am-Senior Motown</li> <li>● 10:00am-Hydration Time</li> <li>● 10:30am-Memory Game</li> <li>● 1:30pm-BINGO</li> <li>● 2:30pm-Snack &amp; Chat</li> <li>● 3:00pm-Sing with Me</li> <li>● 5:30pm- Tover Table</li> </ul> <p><b>!Happy B-Day Jeanette.D!</b></p>	<p><b>6</b></p> <ul style="list-style-type: none"> <li>● 9:00am- Morning Greeting</li> <li>● 9:30am- EX. W/ Paul</li> <li>● 10:15am-Carol &amp; Max</li> <li>● 2:00pm- B-Day Social</li> <li>● 3:00pm- Rhythm Band</li> <li>● 5:30pm- Visit W/ Friends</li> </ul>	<p><b>7</b></p> <ul style="list-style-type: none"> <li>● 9:00am- Morning Greet</li> <li>● 9:10am- Daily Chronicles</li> <li>● 10:00am- MOTHERSDAY BRUNCH</li> <li>● 1:30pm- Tover Table</li> <li>● 2:15pm- Communion</li> <li>● 2:30pm- Snack &amp; Chat</li> <li>● 5:30pm- Color w Me &amp; Pretty Nails</li> </ul> 	<p><b>8</b></p> <ul style="list-style-type: none"> <li>● 9:00am-Morning Greet</li> <li>● 9:10am-Daily Chronicles</li> <li>● 9-11am-Pretty Nails</li> <li>● 11:00- Kid Orchestra</li> <li>● 2:30pm-Jolly Joggers</li> <li>● 2:00pm-Armchair Detective</li> <li>● 3:00 Happy Hour</li> </ul> 	<p><b>9</b></p> <ul style="list-style-type: none"> <li>● 9:00am-Morning Greet</li> <li>● 9:10am-Chronicles</li> <li>● 10:30am-Gentle Stretch</li> <li>● 10:50am-youtube Fun</li> <li>● 1:30pm-Tenzie Dice</li> <li>● 2:30m-Snack &amp; Chat</li> </ul>

# MAY 2026 | MEMORY CARE | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
<p><b>10 Happy Mother's Day</b></p> <ul style="list-style-type: none"> <li>9:00am - Morning Greeting</li> <li>9:10am - Daily Chronicles</li> <li>9:45am - Online Mass Holy Name Cathedral Chicago</li> <li>10:15am - Gospel Music</li> <li>10:30am - Gentle EX</li> <li>2:30pm - Popcorn Cart</li> <li>3:00pm - Card Game (Crazy 8)</li> </ul> 	<p><b>11</b></p> <ul style="list-style-type: none"> <li>9:00am - Morning Greet</li> <li>9:30am - Chair Yoga</li> <li>10:00am - Hydration Time</li> <li>10:30am - A-Z Game</li> <li>1:30pm - Crafty Corner</li> <li>2:30pm - Snack &amp; Chat</li> <li>3:00pm - Sensory Garden</li> </ul> 	<p><b>12!!National Nutty Fudge Day!!</b></p> <ul style="list-style-type: none"> <li>9:00am - Morning Greeting</li> <li>9:10am - Daily Chronicles</li> <li>9:30am - Senior Motown EX</li> <li>10:00am - Hydration Station</li> <li>10:30am - Memory Game</li> <li>1:30pm - !!BINGO!!</li> <li>2:30pm - Snack &amp; chat</li> <li>Dance, Sing w ME</li> <li>5:30pm - Tover Table or UNO</li> </ul> 	<p><b>13</b></p> <ul style="list-style-type: none"> <li>9:00am - Morning Greet</li> <li>9:10am - Daily Chronicle</li> <li>9:30am - Grandpa Paul Ex</li> <li>10:00am - Hydration Time</li> <li>10:30am - Grammas attic</li> <li>2:00pm - Jerry Downs</li> <li>3:00pm - Snack &amp; Chat</li> <li>5:30pm - Visit W/ Friends</li> </ul> 	<p><b>14</b></p> <ul style="list-style-type: none"> <li>9:00am - Morning Greet</li> <li>9:10am - Daily Chronicles</li> <li>9:30am - Cardio</li> <li>10:00am - Hydration Time</li> <li>10:30am - Memory Game</li> <li>1:30pm - Tover Table</li> <li>2:15pm - Communion</li> <li>2:30pm - Snack &amp; Chat</li> <li>5:30pm - Color w Me</li> </ul> 	<p><b>15 !!National Pizza Day!!</b></p> <ul style="list-style-type: none"> <li>9:00am - Morning Greet</li> <li>9:10am - Daily Chronicles</li> <li>9-11am - Pretty Nails</li> <li>10:30am - Hydration Time</li> <li>1:30pm - Jolly Joggers</li> <li>2:00pm - Armchair Detective</li> <li>2:45pm - Snack &amp; Chat</li> </ul> 	<p><b>16</b></p> <ul style="list-style-type: none"> <li>9:00am - Morning Greet</li> <li>9:10am - Chronicles</li> <li>10:30am - Gentle Stretch</li> <li>10:50am - youtube Fun</li> <li>1:30pm - BINGO</li> <li>2:30m - Snack &amp; Chat</li> </ul> 
<p><b>17</b></p> <ul style="list-style-type: none"> <li>9:00am - Morning Greet</li> <li>9:10am - Daily Chronicles</li> <li>9:45am - Online Mass Holy Name Cathedral Chicago</li> <li>10:15am - Gospel Music</li> <li>10:30am - Gentle EX</li> <li>2:30pm - Popcorn Cart</li> <li>3:00pm - Scrap Book Club</li> </ul> 	<p><b>18</b></p> <ul style="list-style-type: none"> <li>9:00am - Morning Greet</li> <li>9:30am - Chair Yoga</li> <li>10:00am - Hydration Time</li> <li>10:30am - A-Z Game</li> <li>1:30pm - Crafty Corner</li> <li>2:30pm - Snack &amp; Chat</li> <li>3:00pm - Sensory Garden</li> </ul> 	<p><b>19</b></p> <ul style="list-style-type: none"> <li>9:00am - Morning Greeting</li> <li>9:10am - Daily Chronicles</li> <li>9:30am - Senior Motown EX</li> <li>10:00am - Hydration Time</li> <li>10:30am - Memory Game</li> <li>1:30pm - !!BINGO!!</li> <li>2:30pm - Snack &amp; Chat</li> <li>3pm - Sing, Dance w Me</li> <li>5:30pm - Tover Table</li> </ul> <p><b>!Happy B-Day Brenda.S!</b></p>	<p><b>20</b></p> <ul style="list-style-type: none"> <li>9:00am - Morning Greet</li> <li>9:10am - Daily Chronicle</li> <li>9:30am - Grd Paul Ex</li> <li>10:00am - Hydration Time</li> <li>10:30am - Proverbs</li> <li>2:00pm - Mick Porter</li> <li>3:00pm - Snack &amp; Chat</li> <li>5:30pm - Visit W/ Friends</li> </ul>	<p><b>21</b></p> <ul style="list-style-type: none"> <li>9:00am - Morning Greet</li> <li>9:10am - Daily Chronicles</li> <li>9:30am - Cardio</li> <li>10:00am - Hydration Time</li> <li>10:30am - Memory Game</li> <li>1:30pm - Tover Table</li> <li>2:15pm - Communion</li> <li>2:30pm - Snack &amp; Chat</li> <li>5:30pm - Color w Me or Pretty Nails</li> </ul> 	<p><b>22</b></p> <ul style="list-style-type: none"> <li>9:00am - Morning Greet</li> <li>9:10am - Daily Chronicles</li> <li>9-11am - Pretty Nails</li> <li>10:30am - Hydration Time</li> <li>1:30pm - Jolly Joggers</li> <li>2:00pm - Armchair Detective</li> <li>3:00 Happy Hour</li> </ul> 	<p><b>23</b></p> <ul style="list-style-type: none"> <li>9:00am - Morning Greet</li> <li>9:10am - Chronicles</li> <li>10:30am - Gentle Stretch</li> <li>10:50am - youtube Fun</li> <li>1:30pm - Life Skills Social</li> <li>2:30m - Snack &amp; Chat</li> </ul> 
<p><b>24</b></p> <ul style="list-style-type: none"> <li>9am - Morning Greet &amp; Daily Chronicles</li> <li>9:45am - Online Mass</li> <li>10:15am - Gospel Music</li> <li>10:30am - Gentle EX</li> <li>2:30pm - Popcorn Cart</li> <li>3pm - Card Game (Crazy 8)</li> </ul>	<p><b>25 Memorial Day</b></p> <ul style="list-style-type: none"> <li>9:00am - Morning Greet</li> <li>9:30am - Chair Yoga</li> <li>10:00am - Hydration Time</li> <li>10:30am - A-Z Game</li> <li>1:30pm - Crafty Corner</li> <li>2:30pm - Snack &amp; Chat</li> <li>3:00pm - Sensory Garden</li> </ul> 	<p><b>26</b></p> <ul style="list-style-type: none"> <li>9:00am - Morning Greet</li> <li>9:10am - Daily Chronicles</li> <li>9:30am - Senior Motown</li> <li>10:00am - Hydration Time</li> <li>10:30am - Memory Game</li> <li>1:30pm - BINGO!!</li> <li>2:30pm - Snack &amp; Chat</li> <li>3:00pm - Dance, Sing w Me</li> <li>5:30pm - Tover Table or UNO</li> </ul>	<p><b>27!National Grape Popsicle Day!</b></p> <ul style="list-style-type: none"> <li>9:00am - Morning Greet</li> <li>9:10am - Chronicle</li> <li>9:30am - Grd Paul Ex</li> <li>10:00am - Hydration Time</li> <li>10:30am - Who am I ?</li> <li>1:30pm - Table Game</li> <li>2:30pm - Snack &amp; Chat</li> <li>3:00pm - Garden Club</li> <li>6:00pm - Petes Band</li> </ul>	<p><b>28</b></p> <ul style="list-style-type: none"> <li>9:00am - Morning Greet</li> <li>9:10am - Daily Chronicles</li> <li>9:30am - Cardio</li> <li>10:00am - Hydration Time</li> <li>10:30am - Memory Game</li> <li>1:30pm - Tover Table</li> <li>2:15pm - Communion</li> <li>2:30pm - Snack &amp; Chat</li> <li>5:30pm - Color w Me</li> </ul>	<p><b>29</b></p> <ul style="list-style-type: none"> <li>9:00am - Morning Greet</li> <li>9:10am - Daily Chronicles</li> <li>9-11am - Pretty Nails</li> <li>10:30am - Hydration Time</li> <li>1:30pm - Jolly Joggers</li> <li>2:00pm - Armchair Detective</li> <li>2:45pm - Snack &amp; Chat</li> </ul>	<p><b>30</b></p> <ul style="list-style-type: none"> <li>9:00am - Morning Greet</li> <li>9:10am - Chronicles</li> <li>10:30am - Gentle Stretch</li> <li>10:50am - Youtube Fun</li> <li>1:30pm - Card BINGO</li> <li>2:30pm - Snack &amp; Chat</li> </ul> 
<p><b>31</b></p> <ul style="list-style-type: none"> <li>9am - Morning Greet &amp; Daily Chronicles</li> <li>9:45am - Online Mass</li> <li>10:15am - Gospel Music</li> <li>10:30am - Gentle EX</li> <li>2:30pm - Popcorn Cart</li> <li>3pm - Scrap Book Club</li> </ul>						