











# MAY 2026 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT				
 <p><b>RIVERSIDE</b> SENIOR LIFE COMMUNITIES Assisted Living &amp; Memory Care</p> <p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p> <p>Contact the Concierge to sign up for any Outings or Special Events</p> <p><i>*Please note that all programs are subject to change.</i></p> <p>●</p>	<p>VISITING PHYSICIANS:</p> <p><b>Dr. Guntupalli—Psychiatrist</b> MAY 7, 2026</p> <p><b>Dr. Raley—Podiatrist</b> MAY 6, 2026</p> <p>To schedule a single or reoccurring appointment, please contact the Concierge.</p>	<p>VISITING PHYSICIANS:</p> <p><b>Liz Deck, NP</b> MAY 12, 2026—Tuesday MAY 27, 2026</p>	<p>SALON SERVICES:</p> <p><b>Manicures</b> Available by Activities</p> <p><b>Hair Appointments</b> Tuesdays: 8:30a—1:30p</p> <p>BANKING SERVICES: <b>First Trust Bank</b> MAY 12, 2026</p> <p>Available for cashing checks making deposits etc. See front desk</p>	<p><b>Riverside Senior Life Communities</b> partners with residents &amp; their families to identify their desires &amp; dreams, &amp; work together to bring those needs, passions, &amp; abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p><b>Dimensions of Wellness Categories:</b></p> <p>● = Cognitive   ● = Emotional   ● = Physical   ● = Social   ● = Spiritual</p>					<p><b>1</b></p> <ul style="list-style-type: none"> <li>● 9:00a Morning Greeting!</li> <li>● 9:30a Cardio &amp; Strength</li> <li>● 10:00a Hydration Time</li> <li>● 10:00a Euchre Club</li> </ul> <p>● 1:30p BINGO</p> <p>● 3:00p Happy Hour !!</p> <p><b>Happy Hour</b></p>	<p><b>2 Kentucky Derby Day !!</b></p>  <ul style="list-style-type: none"> <li>● 9:00a Tai Chi</li> <li>● 10:00a Table Talk</li> <li>● 10:30a Helper's Corners</li> <li>● 1:30p Puzzle Packets</li> <li>● 2:30p Table Games</li> </ul>
<p><b>3</b></p> <ul style="list-style-type: none"> <li>● 9:00a Online Mass</li> <li>● 9:15a Morning Greetings</li> </ul>  <p>1:30p Popcorn Cart</p> <p>● 2:00p Movies in CR</p>	<p><b>4 Happy Birthday, Bethel !</b></p> <ul style="list-style-type: none"> <li>● 9:00a Morning Greetings &amp; Chronicles</li> <li>● 9:30a Cardio &amp; Strength</li> <li>● 10:00a Hydration Station</li> <li>● 10:30a Pretty Nails &amp; Eyeglass Cleanings</li> </ul>  <ul style="list-style-type: none"> <li>● 1:30p BINGO !!</li> <li>● 2:45p BingoStore</li> <li>● 3:00p Euchre Club</li> <li>● 4:00p Café Chat</li> </ul>	<p><b>5 Happy Cinco De Mayo !!</b></p> <ul style="list-style-type: none"> <li>● 9:00a Morning Chronicles</li> <li>● 9:30a TaiChi Stretches</li> <li>● 9:45a Walk &amp; Roll</li> <li>● Indoor Walking Club</li> <li>● 10:00a Hydration Time</li> <li>● 10:15a Mother's Day Gift Bag Craft</li> <li>● 1:00p Pretty Nails &amp; Eyeglass Cleanings</li> </ul>  <ul style="list-style-type: none"> <li>● 1:30p Kings on the Corners In LLL</li> <li>● 4:00p Café Trivia</li> </ul>	<p><b>6</b></p> <ul style="list-style-type: none"> <li>● 9:00a Morning Greetings</li> <li>● 9:30a Cardio &amp; Weights</li> <li>● 10:00a Hydration Time</li> <li>● 10:15a Worship Hymns W Max &amp; Carol</li> </ul>  <ul style="list-style-type: none"> <li>● 2:00p Birthday Social !!</li> <li>● 3:00p Euchre Club</li> </ul> 	<p><b>7</b></p> <ul style="list-style-type: none"> <li>● 9:00a Morning Chronicles</li> <li>● 9:30a Chair Yoga</li> <li>● 10:00a Hydration Time</li> <li>● 10:00a Mother's Day Brunch</li> </ul>  <ul style="list-style-type: none"> <li>● 1:00p Pretty Nails</li> <li>● 2:00p Super Foods w Kaitlyn Featuring : Melon Brochette</li> <li>● 2:30p Catholic Communion</li> <li>● 3:00p Country Drive</li> <li>● 4:00p Café Chat</li> </ul>	<p><b>8</b></p> <ul style="list-style-type: none"> <li>● 9:00a Morning Greetings</li> <li>● 9:30a Cardio &amp; Strength</li> <li>● 10:00a Hydration Time</li> <li>● 10:00a Euchre Club</li> </ul> <p>● 10:00a Music by Nick Veronda!</p> <ul style="list-style-type: none"> <li>● 1:30p BINGO !!</li> <li>● 3:00p Happy Hour!</li> </ul>	<p><b>9</b></p> <ul style="list-style-type: none"> <li>● 9:00a Tai Chi</li> <li>● 10:00a Table Talk</li> <li>● 10:30a Helper's Corners</li> </ul>  <ul style="list-style-type: none"> <li>● 1:30p Puzzle Packets</li> <li>● 2:30p Table Games Of Choice</li> </ul>				

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SUN	MON	TUE	WED	THU	FRI	SAT
<p><b>10</b></p> <p><i>Happy Mother's Day</i></p> <ul style="list-style-type: none"> <li>9:00a Online Mass</li> <li>9:15a Morning Greetings</li> </ul>  <ul style="list-style-type: none"> <li>1:30p Popcorn Cart</li> <li>2:00p Movies in CR</li> </ul>	<p><b>11</b></p> <ul style="list-style-type: none"> <li>9:00a Morning Greetings!</li> <li>9:30a Cardio &amp; Strength</li> <li>10:00a Hydration Time</li> </ul> <ul style="list-style-type: none"> <li>10:30a Learning to Crochet In CR</li> </ul>  <ul style="list-style-type: none"> <li>1:30p BINGO</li> <li>3:00p Euchre Club</li> </ul>	<p><b>12 !National Nutty Fudge Day!</b></p> <ul style="list-style-type: none"> <li>9:00a Morning Chronicles</li> <li>9:30a TaiChi Stretches</li> <li>9:45a Walk &amp; Roll</li> </ul> <p>Indoor Walking Club</p> <ul style="list-style-type: none"> <li>10:00a Hydration Time</li> </ul> <ul style="list-style-type: none"> <li>10:00a Grub Club</li> <li>1:00p Pretty Nails &amp; Eyeglass Cleanings</li> <li>2:00p Pictionary in CR</li> <li>4:00p Café Chat</li> </ul>	<p><b>13</b></p> <ul style="list-style-type: none"> <li>9:00a Morning Greetings</li> <li>9:30a Cardio &amp; Weights</li> <li>10:00a Hydration Time</li> <li>10:30a Craft Time!!</li> </ul> <ul style="list-style-type: none"> <li>2:00p Jerry Downs Music Entertainment</li> </ul>  <ul style="list-style-type: none"> <li>3:00p Family Feud in CR</li> </ul>	<p><b>14</b></p> <ul style="list-style-type: none"> <li>9:00a Morning Greetings!</li> <li>9:30a Chair Yoga</li> <li>10:00a Hydration Time</li> <li>10:15a Bible Study w Pastor Sam &amp; Anita</li> </ul>  <ul style="list-style-type: none"> <li>1:00p Pretty Nails</li> <li>2:00p Town Hall</li> <li>2:30p Catholic Communion</li> <li>3:00p Country Drive</li> </ul>	<p><b>15 !National Pizza Day! Happy Birthday, Dorothy W!</b></p> <ul style="list-style-type: none"> <li>9:00a Morning Greetings !!</li> <li>9:30a Cardio &amp; Strength</li> <li>10:00a Hydration Time</li> <li>10:00a Euchre Club</li> </ul> <ul style="list-style-type: none"> <li>1:30p BINGO</li> <li>3:00p Happy Hour !!</li> </ul> 	<p><b>16</b></p> <ul style="list-style-type: none"> <li>9:00a Tai Chi</li> <li>10:00a Table Talk</li> <li>10:30a Helper's Corners</li> </ul> <ul style="list-style-type: none"> <li>1:30p Puzzle Packets</li> <li>2:30p Table Games Of Choice</li> </ul> 
<p><b>17</b></p> <ul style="list-style-type: none"> <li>9:00a Online Mass</li> <li>9:15a Morning Greetings</li> </ul>  <ul style="list-style-type: none"> <li>1:30p Popcorn Cart</li> <li>2:00p Movies in CR</li> </ul>	<p><b>18</b></p> <ul style="list-style-type: none"> <li>9:00a Morning Greetings!</li> <li>9:30a Cardio &amp; Strength</li> <li>10:00a Calming Jars Craft Time in CR</li> </ul>  <ul style="list-style-type: none"> <li>1:30p BINGO</li> <li>2:45p Bingo Store</li> <li>3:00p Euchre Club</li> <li>4:00p Café Chat</li> </ul>	<p><b>19</b></p> <ul style="list-style-type: none"> <li>9:00a Morning Chronicles</li> <li>9:30a TaiChi Stretches</li> <li>9:45a Walk &amp; Roll</li> </ul> <p>Indoor Walking Club</p> <ul style="list-style-type: none"> <li>10:00a Hydration Time</li> </ul> <ul style="list-style-type: none"> <li>1:00p Pretty Nails &amp; Eyeglass Cleanings</li> <li>2:00p Kings on the Corners In LLL</li> <li>4:00p Café Trivia</li> </ul>	<p><b>20</b></p> <ul style="list-style-type: none"> <li>9:00a Morning Greetings</li> <li>9:30a Cardio &amp; Weights</li> <li>10:00a Hydration Time</li> <li>11:00a Boost Your Mood W Marsh</li> </ul> <ul style="list-style-type: none"> <li>2:00p Mick Porter Music Entertainment!</li> </ul>  <ul style="list-style-type: none"> <li>3:00pm Wheel of Fortune in CR!!</li> </ul>	<p><b>21</b></p> <ul style="list-style-type: none"> <li>9:00a Morning Greetings!</li> <li>9:30a Chair Yoga</li> <li>10:15a Bible Study w Pastor Sam &amp; Anita</li> </ul>  <ul style="list-style-type: none"> <li>1:00p Pretty Nails</li> <li>2:30p Catholic Communion</li> <li>3:00p Country Drive</li> <li>4:00p Café Chat</li> </ul>	<p><b>22</b></p> <ul style="list-style-type: none"> <li>9:00a Morning Greetings !!</li> <li>9:30a Cardio &amp; Strength</li> <li>10:00a Hydration Time</li> <li>10:00a Euchre Club</li> </ul> <ul style="list-style-type: none"> <li>1:30p BINGO</li> <li>3:00p Happy Hour !!</li> </ul> 	<p><b>23</b></p> <ul style="list-style-type: none"> <li>9:00a Tai Chi</li> <li>10:00a Table Talk</li> <li>10:30a Helper's Corners</li> </ul> <ul style="list-style-type: none"> <li>1:30p Puzzle Packets</li> <li>2:30p Table Games Of Choice</li> </ul>
<p><b>24</b></p> <ul style="list-style-type: none"> <li>9:00a Online Mass</li> <li>9:15a Morning Greetings</li> <li>1:30p Popcorn Cart</li> <li>2:00p Movies in CR</li> </ul>	<p><b>25 !Memorial Day!</b></p> <ul style="list-style-type: none"> <li>9:00a Morning Greetings</li> <li>9:30a Cardio &amp; Strength</li> <li>10:00a Hydration Time</li> <li>10:00a Memorial Day Service in CR</li> </ul>  <ul style="list-style-type: none"> <li>1:30p BINGO</li> <li>3:00p Euchre Club</li> </ul>	<p><b>26</b></p> <ul style="list-style-type: none"> <li>9:00a Morning Chronicles</li> <li>9:30a TaiChi Stretches</li> <li>9:45a Walk &amp; Roll</li> </ul> <p>Indoor Walking Club</p> <ul style="list-style-type: none"> <li>10:00a Hydration Time</li> </ul> <ul style="list-style-type: none"> <li>1:00p Pretty Nails &amp; Eyeglass Cleanings</li> <li>2:00p Kings on the Corners In LLL</li> <li>4:00p Café Trivia</li> </ul>	<p><b>27 !National Grape Popsicle Day!</b></p> <ul style="list-style-type: none"> <li>9:00a Morning Greetings</li> <li>9:30a Cardio &amp; Weights</li> <li>10:00a Hydration Time</li> <li>11:30p Lunchtime Music W Deacon Dale</li> </ul>  <ul style="list-style-type: none"> <li>6:00p Pete's Band in CR</li> </ul>	<p><b>28</b></p> <ul style="list-style-type: none"> <li>9:00a Morning Greetings!</li> <li>9:30a Chair Yoga</li> <li>10:15a Bible Study w Pastor Sam &amp; Anita</li> </ul>  <ul style="list-style-type: none"> <li>1:00p Pretty Nails</li> <li>2:00p Taste &amp; Travel W Kaitlyn to: Maine</li> <li>2:30p Catholic Communion</li> <li>3:00p Country Drive</li> </ul>	<p><b>29</b></p> <ul style="list-style-type: none"> <li>9:00a Morning Greetings !!</li> <li>9:30a Cardio &amp; Strength</li> <li>10:00a Hydration Time</li> <li>10:00a Euchre Club</li> </ul> <ul style="list-style-type: none"> <li>1:30p BINGO</li> <li>3:00p Happy Hour !!</li> </ul> 	<p><b>30</b></p> <ul style="list-style-type: none"> <li>9:00a Tai Chi</li> <li>10:00a Table Talk</li> <li>10:30a Helper's Corners</li> </ul> <ul style="list-style-type: none"> <li>1:30p Puzzle Packets</li> <li>2:30p Table Games Of Choice</li> </ul>
<p><b>31</b></p> <ul style="list-style-type: none"> <li>9:00a Online Mass</li> <li>9:15a Morning Greetings</li> <li>1:30p Popcorn Cart</li> <li>2:00p Movies in CR</li> </ul>						