


MARCH 2026 MEMORY CARE CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
 <p>St. Patrick's Day Greeting Mallow Castle, Co. Cork.</p>			<p>VISITING PHYSICIANS</p> <p>Dr. Raley, Podiatrist • (TBD)</p> <p>Erin Dean, FNP-BC (If you would like to switch over to her as your primary care giver) See Rosa Rodriguez for details.</p> <p>To schedule a single or reoccurring appointment, please contact Terri in the Memory Care office.</p>	 <p>1485 Butterfield Trail Kankakee, IL 60901 815-933-0793</p>		 <p>As you slide down the bannister of life, may the splinters never point the wrong way.</p>
<p>1</p> <ul style="list-style-type: none"> 9:00 – Morning Worship 10:30 – One to One Visits 1:00 – IN2L (Spiritual Videos) 3:00 – Movie Matinee 6:00 – Reminisce 9:00 – Late Night Snacks 	<p>2</p> <ul style="list-style-type: none"> 9:30 – Drumming Exercise 10:30 – Karaoke Sing A Long 2:15 – Country Drive 6:30 – Game Show Network 9:00 – Late Night Snacks 	<p>3</p> <ul style="list-style-type: none"> 9:30 – Stretch and Strengthen 10:30 – IN2L Trivia 1:30 – Quiet Reflections In The Sensory Room 3:00 – Walking Club 6:00 – Lifetime Movie 9:00 – Late Night Snacks 	<p>4</p> <ul style="list-style-type: none"> 9:30 – Stretch and Strengthen 10:30 – Manicuress 1:30 – Music Connections 3:00 – Finish The Lines 6:00 – One to One Visit 9:00 – Late Night Snacks 	<p>5</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Table Games 1:00 – Inspirational Melodies 2:00 – Big Bingo 6:00 – A Dose of Devotion 9:00 – Late Night Snacks <p><i>Happy Birthday Ruth G.!</i></p>	<p>6</p> <ul style="list-style-type: none"> 9:30 – Balloon Volleyball 10:30 – Boost Your Mood With Marsha 3:00 – Happy Hour Sing A Long 6:00 – IN2L Computer (Funny Videos) 9:00 – Late Night Snacks 	<p>7</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Coffee and Tea Time 1:30 – Music Connections 3:30 – Afternoon Action and Refresher 6:00 – T.V. Land (60.2) 9:00 – Late Night Snacks
<p>8 DAYLIGHT SAVINGS</p> <ul style="list-style-type: none"> 9:00 – Morning Worship 10:30 – One to One Visits 1:00 – IN2L (Spiritual Videos) 3:00 – Movie Matinee 6:00 – Reminisce 9:00 – Late Night Snacks 	<p>9</p> <ul style="list-style-type: none"> 9:30 – Drumming Exercise 10:30 – Karaoke Sing A Long 2:15 – Country Drive 6:30 – Game Show Network 9:00 – Late Night Snacks 	<p>10</p> <ul style="list-style-type: none"> 9:30 – Stretch and Strengthen 11:45 – Out to Lunch (Beef O Bradys) 1:30 – Quiet Reflections In The Sensory Room 3:00 – Walking Club 6:00 – Lifetime Movie 9:00 – Late Night Snacks 	<p>11</p> <ul style="list-style-type: none"> 9:30 – Stretch and Strengthen 10:30 – Manicuress 1:30 – Music Connections 3:00 – Finish The Lyrics 6:00 – One to One Visit 9:00 – Late Night Snacks 	<p>12</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Table Games 1:00 – Inspirational Melodies 2:00 – Big Bingo 6:00 – A Dose of Devotion 9:00 – Late Night Snacks 	<p>13</p> <ul style="list-style-type: none"> 9:30 – Balloon Volleyball 10:30 – Starving Artists 3:00 – Happy Hour Sing A Long 6:00 – IN2L Computer (Funny Videos) 9:00 – Late Night Snacks 	<p>14 PI DAY</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Coffee and Tea Time 1:30 – Music Connections 2:30 – The Peace Band And We're Serving PIE! 6:00 – T.V. Land (60.2) 9:00 – Late Night Snacks

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SUN	MON	TUE	WED	THU	FRI	SAT
<p>15</p> <ul style="list-style-type: none"> 9:00 – Morning Worship 10:30 – One to One Visits 1:30 – Elish Irish Dancers 3:00 – Movie Matinee 6:00 – Reminisce 9:00 – Late Night Snacks 	<p>16</p> <ul style="list-style-type: none"> 9:30 – Drumming Exercise 10:30 – Karaoke Sing A Long 2:15 – Country Drive 6:30 – Game Show Network 9:00 – Late Night Snacks 	<p>17 ST. PATRICKS DAY</p> <ul style="list-style-type: none"> 9:30 – Stretch and Strengthen 10:30 – St. Pats Trivia 1:30 – Quiet Reflections In The Sensory Room 2:00 – Bagpiper Mike Heywood 6:00 – Lifetime Movie 9:00 – Late Night Snacks 	<p>18</p> <ul style="list-style-type: none"> 9:30 – Stretch and Strengthen 10:30 – Manicuress 1:30 – Music Connections 3:00 – Finish The Lines 6:00 – One to One Visit 9:00 – Late Night Snacks 	<p>19</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Table Games 1:00 – Inspirational Melodies 2:00 – Big Bingo 6:00 – A Dose of Devotion 9:00 – Late Night Snacks 	<p>20</p> <ul style="list-style-type: none"> 9:30 – Balloon Volleyball 10:30 – Country Dune Band 3:00 – Happy Hour with Eric Donner 6:00 – IN2L Computer (Funny Videos) 9:00 – Late Night Snacks 	<p>21</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Coffee and Tea Time 1:30 – Music Connections 3:30 – Easter Egg Hunt 6:00 – T.V. Land (60.2) 9:00 – Late Night Snacks 
<p>22</p> <ul style="list-style-type: none"> 9:00 – Morning Worship 10:30 – One to One Visits 1:00 – IN2L (Spiritual Videos) 3:00 – Movie Matinee 6:00 – Reminisce 9:00 – Late Night Snacks 	<p>23 PUPPY DAY</p> <ul style="list-style-type: none"> 9:30 – Drumming Exercise 10:30 – Karaoke Sing A Long 2:15 – Country Drive 3:15 – Kristin and Her Pups 6:30 – Game Show Network 9:00 – Late Night Snacks 	<p>24</p> <ul style="list-style-type: none"> 9:30 – Stretch and Strengthen 10:30 – IN2L Trivia 1:30 – Quiet Reflections In The Sensory Room 3:00 – Walking Club 6:00 – Lifetime Movie 9:00 – Late Night Snacks 	<p>25</p> <ul style="list-style-type: none"> 9:30 – Stretch and Strengthen 10:30 – Manicuress 1:30 – Music Connections 3:00 – Finish The Lyrics 6:00 – One to One Visit 9:00 – Late Night Snacks 	<p>26</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Table Games 1:00 – Inspirational Melodies 2:30 – John Legear "Music Movie Memories" 6:00 – A Dose of Devotion 9:00 – Late Night Snacks 	<p>27</p> <ul style="list-style-type: none"> 9:30 – Balloon Volleyball 10:30 – Starving Artists 3:00 – Happy Hour with Michael Joseph O'niell In Memory Care 6:00 – IN2L Computer (Funny Videos) 9:00 – Late Night Snacks 	<p>28</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Coffee and Tea Time 1:30 – Music Connections 3:30 – Afternoon Action and Refresher 6:00 – T.V. Land (60.2) 9:00 – Late Night Snacks
<p>29</p> <ul style="list-style-type: none"> 9:00 – Morning Worship 10:30 – One to One Visits 1:00 – IN2L (Spiritual Videos) 3:00 – Movie Matinee 6:00 – Reminisce 9:00 – Late Night Snacks 	<p>30</p> <ul style="list-style-type: none"> 9:30 – Drumming Exercise 10:30 – Karaoke Sing A Long 2:15 – Country Drive 6:30 – Game Show Network 9:00 – Late Night Snacks 	<p>31</p> <ul style="list-style-type: none"> 9:30 – Stretch and Strengthen 10:30 – IN2L Trivia 1:30 – Quiet Reflections In The Sensory Room 3:00 – Walking Club 6:00 – Lifetime Movie 9:00 – Late Night Snacks  <p><i>Happy Birthday Garry Pate!</i></p>		<p>Alzheimers/Dementia Support Group At Our Bourbonnais Campus (March 17th At 5:00pm)</p> <p>Please note that all programs are Subject to change.</p>	<p>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar, there are many small group programs occurring, as well as one-on-one opportunities to assure all of our residents are engaged. If you or your loved ones have suggestions for something that you enjoy, please do not hesitate to let us know. We are here to serve you.</p> <p>Dimensions of Wellness Categories: ● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</p>	