

MARCH 2026 | MEMORY CARE | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT	
 <p>RIVERSIDE SENIOR LIFE COMMUNITIES Assisted Living & Memory Care</p> <p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p> <p>Contact the Concierge to sign up for any Outings or Special Events</p> <p><i>*Please note that all programs are subject to change.</i></p>	<p>VISITING PHYSICIANS:</p> <p>Dr. Guntunpalli March 5, 2026</p> <p>Dr. Raley—Podiatrist March 5, 2026 March 26, 2026</p> <p>To schedule a single or reoccurring appointment, please contact the Concierge.</p>	<p>VISITING PHYSICIANS:</p> <p>Liz Deck, NP March 4, 2026 March 18, 2026</p> <p>Audiologist TBD</p>	<p>SERVICES:</p> <p>Manicures Available by Activities & Nursing Dept.</p> <p>Hair Appointments Tuesdays: 8:00a—1:30p</p> <p>BANKING SERVICES: First Trust Bank MARCH 17, 2026 Available to cash checks, make deposits & withdrawals. Please contact the Concierge</p>	<p>Riverside Senior Life Communities Partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p>Dimensions of Wellness Categories:</p> <p>● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</p>			
							
<p>1</p> <p>9:00 Morning Greetings 9:10 Daily Chronicle 9:30 Mass Online Holy Name Cathedral 10:20 Gentle Ex 2:30 Snack & Chat 3:00 Scrap Book Club</p> 	<p>2</p> <p>9:00 Morning Greetings 9:10 Daily Chronicle 9:30 Chair Yoga 10:00 Hydration Time 10:30 Words with Friends 1:30 Funny Videos 2:30 Snack & Chat 3:00 Tover Play</p>	<p>3</p> <p>9:00 Morning Greetings 9:10 Daily Chronicle 9:30 Senior Motown Ex 10:00 Hydration Time 10:30 Memory Game 1:30 Bingo 2:30 Snack & Chat 3:00 Dance & sing with me</p>	<p>4 National Pound Cake day</p> <p>9:00 Morning Greetings 9:10 Daily Chronicle 9:30 ROM Exercises 10:15 Max & Carol 1:15 St. Paul's Choir 2:00 Birthday Social 3:00 Rhythm Band 3:30 Card Club 5:30 Visit with Friends</p>	<p>5</p> <p>9:00 Morning Greetings 9:10 Daily Chronicle 9:30 Cardio 10:15 C-Drive CC 1:30 Tover Play 2:15 Holy Communion 2:30 Snack & Chat 5:30 Visit w/Friends</p> <p>Happy bday Russell M.!</p>	<p>6 National Oreo Day</p> <p>9:00 Morning Greetings 9:10 Daily Chronicle 9-11 Pretty Nails 10:30 Hydration Time 1:30 Jolly Joggers 2:00 Armchair Detective 2:45 Snack Happy</p>	<p>7</p> <p>9:00 Morning Greetings 9:10 Daily Chronicle 10:30 Gentle Stretch EX 1:30 Dickey Dice 2:30 Snack & Chat 3:00 Sing with Me</p> 	
<p>8</p> <p>9:00 Morning Greetings 9:10 Daily Chronicle 9:30 Mass Online Holy Name Cathedral 10:20 Gentle Ex 2:30 Snack & Chat</p> 	<p>9 National Meatball Day</p> <p>9:00 Morning Greetings 9:10 Daily Chronicle 9:30 Chair Yoga 10:00 Hydration Time 10:30 A-Z Game 1:30 Crafty Corner 2:30 Snack & Chat 3:00 Squirkle</p>	<p>10</p> <p>9:00 Morning Greetings 9:10 Daily Chronicle 9:30 Senior Motown Ex 10:00 Hydration Time 10:30 Memory Game 1:30 Bingo 2:30 Snack & Chat 3:00 Dance & sing with me</p>	<p>11</p> <p>9:00 Morning Greetings 9:10 Daily Chronicle 9:30 Rom Exercises 10:30 Mayberry Junction 2:00 Jerry Downs 3:00 Snack & Chat 5:30 Visit with Friends</p>	<p>12</p> <p>9:00 Morning Greetings 9:10 Daily Chronicle 9:30 Cardio 10:15 C-Drive JD 1:30 Tover Play 2:15 Holy Communion 2:30 Snack & Chat 5:30 Visit w/Friends</p>	<p>13 National Chip Day</p> <p>9:00 Morning Greetings 9:10 Daily Chronicle 9-11 Pretty Nails 10:30 Hydration Time 1:30 Jolly Joggers 2:00 Armchair Detective 3:00 Happy Hour</p> 	<p>14</p> <p>9:00 Morning Greetings 9:10 Daily Chronicle 10:30 Gentle Stretch Ex 1:30 Bingo 2:30 Snack & Chat 3:30 Sing For Joy Group .</p>	

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<p>15 9:00 Morning Greeting 9:10 Daily Chronicle 9:30 Mass Online Holy Name Cathedral 10:20 Gentle Ex 2:30 Snack & Chat 3:00 Scrap Book Club</p> 	<p>16 9:00 Morning Greetings 9:10 Daily Chronicle 9:30 Chair Yoga 10:00 Hydration Time 10:30 Words with Friends 1:30 Crafty Corner 2:30 Snack & Chat 3:00 Tover Play</p> 	<p>17 Happy St Patrick's Day 9:00 Morning Greetings 9:10 Daily Chronicle 9:30 Senior Motown Ex 10:00 Hydration Time 10:30 Memory Game 1:30 Green Bingo / St Paddys day Social 3:00 Dance & Sing with me 5:30 Visit with Friends Cornbeef & Cabbage by Yolanda Happy BDay Bretta Z.!</p> 	<p>18 9:00 Morning Greeting 9:10 Daily Chronicle 9:30 ROM Exercises 10:00 Hydration Time 10:30 Granma's Attic 2:00 Mick Porter 3:00 Snack & Chat 3:30 Card Club 5:30 Visit with Friends Happy BDay Walt W.!</p> 	<p>19 9:00 Morning Greeting 9:10 Daily Chronicle 9:30 Cardio 10:15 C-Drive CC 1:30 Tover Play 2:15 Holy Communion 2:30 Snack & Chat 5:30 Visit w/Friends</p> 	<p>20 Nat Ravioli Day 9:00 Morning Greeting 9:10 Daily Chronicle 9-11 Pretty Nails 10:30 Hydration 1:30 Jolly Joggers 2:00 Armchair Detective 2:45 Snack Happy Spring Has Sprung!</p> 	<p>21 9:00 Morning Greeting 9:10 Daily Chronicle 10:30 Gentle Stretch Ex 1:30 Tenzie 2:30 Snack & Chat 3:00 Sing with Me</p> 	
<p>22 9:00 Morning Greeting 9:10 Daily Chronicle 9:30 Mass Online Holy Name Cathedral 10:20 Gentle Ex 2:30 Snack & Chat 3:00 Scrap Book Club</p> 	<p>23 24 9:00 Morning Greetings 9:10 Daily Chronicle 9:30 Chair Yoga 10:00 Hydration Time 10:30 A-Z Game 1:30 Crafty Corner 2:30 Snack & Chat 3:00 Creative Coloring</p> 	<p>24 25 9:00 Morning Greetings 9:10 Daily Chronicle 9:30 Senior Motown Ex 10:00 Hydration Time 10:30 Memory Game 1:30 Bingo 2:30 Snack & Chat 3:00 Dance & sing with me</p>  <p>Anita B.!</p>	<p>25 9:00 Morning Greeting 9:10 Daily Chronicle 9:30 Exercises 10:00 Hydration Time 10:15 Barnes & Noble BARNES & NOBLE 1:30 Skittle Ball 2:30 Snack & Chat 3:00 Card Club 5:30 Visit with Friends 6pm Pete's Band</p>	<p>26 9:00 Morning Greeting 9:10 Daily Chronicle 9:30 Cardio 10:15 C-Drive JD 1:30 Tover Play 2:15 Holy Communion 2:30 Snack & Chat 5:30 Visit w/Friends</p> 	<p>27 Nat Spanish Paella Day 9:00 Morning Greeting 9:10 Daily Chronicle 9-11 Pretty Nails 10:30 Hydration 1:30 Jolly Joggers 2:00 Armchair Detective 3:00 Happy Hour</p>  <p>Elaine K.!</p>	<p>28 9:00 Morning Greeting 9:10 Daily Chronicle</p> <p>10:00 COMMUNITY EASTER EGG HUNT</p> 	
<p>29 Palm Sunday 30 9:00 Morning Greeting 9:10 Daily Chronicle 9:30 Mass Online Holy Name Cathedral 10:20 Gentle Ex 2:30 Snack & Chat 3:00 Scrap Book Club</p> 	<p>30 31 9:00 Morning Greetings 9:10 Daily Chronicle 9:30 Chair Yoga 10:00 Hydration Time 10:30 Words With Friends 1:30 Easter Egg Coloring 2:30 Snack & Chat 3:00 Tover Play</p> 	<p>31 Nat Turkey Neck Soup Day! 9:00 Morning Greetings 9:10 Daily Chronicle 9:30 Senior Motown Ex 10:00 Hydration Time 10:30 Memory Game 1:30 Bingo 2:30 Snack & Chat 3:00 Dance & sing with me</p> 					