



# JULY 2026 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.















SUN	MON	TUE	WED	THU	FRI	SAT	
 <p><b>RIVERSIDE</b> SENIOR LIFE COMMUNITIES Assisted Living &amp; Memory Care</p> <p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p> <p>Contact the Concierge to sign up for any Outings or Special Events</p> <p><i>*Please note that all programs are subject to change.</i></p>	<p>VISITING PHYSICIANS:</p> <p><b>Dr. Guntunpalli—Psychiatrist</b> THURSDAY, JULY 2</p> <p><b>Dr. Raley—Podiatrist</b> THURSDAY, JULY 30</p> <p>To schedule a single or reoccurring appointment, please contact the Concierge.</p>	<p>VISITING PHYSICIANS:</p> <p><b>Liz Deck, NP</b> WEDNESDAY, JULY 8 WEDNESDAY, JULY 22</p> <p>Audiologist TBD</p>	<p>SALON SERVICES: <b>Manicures</b> Available by Activities</p> <p><b>Hair Appointments</b> Tuesdays: 8:00a—1:30p</p> <p>BANKING SERVICES: <b>First Trust Bank</b> JULY 14 Once a month on Tuesday Available to cash checks, make deposits &amp; withdrawals. Please contact the Concierge</p>	<p><b>Riverside Senior Life Communities</b></p> <p>Partners with residents &amp; their families to identify their desires &amp; dreams, &amp; work together to bring those needs, passions, &amp; abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p><b>Dimensions of Wellness Categories:</b></p> <p>● = Cognitive   ● = Emotional   ● = Physical   ● = Social   ● = Spiritual</p>			



			<p><b>1 !Creative Ice Cream Day!</b></p> <ul style="list-style-type: none"> <li>● 9a- Morning Greetings</li> <li>● 9:30a- <b>Kev's Gym (Seated Exercise)</b></li> <li>● 10a- Hydration Time</li> <li>● 10:30a- Wheel Of Fortune</li> <li>● 2p- Birthday Social</li> <li>● 3p- Firework Painting</li> <li>● 4p- Café Chat</li> </ul>	<p><b>2</b></p> <ul style="list-style-type: none"> <li>● 9a- Morning Greetings</li> <li>● 9:30a- Chair Yoga</li> <li>● 10a- Hydration Time</li> <li>● 10:15a- <b>Bible Study w Pastor Sam &amp; Anita</b></li> <li>● 2p- <b>Superfoods w Kaitlyn Featuring: !Stone Fruit!</b></li> <li>● 2:30p- Catholic Communion</li> <li>● 5:15p- <b>Music in the Park</b></li> </ul>	<p><b>3 !National Wafer Day!</b></p> <ul style="list-style-type: none"> <li>● 9a- Morning Greetings</li> <li>● 9:30am- Cardio &amp; Strength</li> <li>● 10a- Hydration Time</li> <li>● 10:30a- Euchre Club</li> <li>● 1:30p- BINGO</li> <li>● 3p- Happy Hour</li> <li>● 4pm- Café Chat</li> </ul>	<p><b>4 Strawberry Shortcake Day!!</b></p> <ul style="list-style-type: none"> <li>● 9a- Morning Greetings</li> <li>● 9:30a- TaiChi</li> <li>● 10a- Hydration Time</li> <li>● 10:10a- Table Talk</li> <li>● 10:30a- Helper's Corners</li> <li>● 1:30p- Puzzle Packets</li> </ul>
<p><b>5</b></p> <ul style="list-style-type: none"> <li>● 8:45a- Morning Greetings</li> <li>● 9a- Online Mass</li> </ul> <p>1:30p- Popcorn Cart</p> <p>● 2p- Movie Time in Great Room</p>	<p><b>6</b></p> <ul style="list-style-type: none"> <li>● 9a- Morning Greetings</li> <li>● 9:30a- Cardio &amp; Strength</li> <li>● 10a- Hydration Time</li> <li>● 10:30a- Craft Time</li> <li>● 1:30p- BINGO</li> <li>● 2:45p- Bingo STORE</li> <li>● 3p- Euchre Club</li> </ul>	<p><b>7 !Strawberry Sundae Day!</b></p> <ul style="list-style-type: none"> <li>● 9a- Morning Greetings</li> <li>● 9:30a- TaiChi</li> <li>● 9:45a- Walk &amp; Roll (Indoor Walking Club)</li> <li>● 10a- Hydration Time</li> <li>● 1p- Pretty Nails</li> <li>● 2p- Kings On The Corners</li> <li>● 4p- <b>Willow The Therapy Dog</b></li> </ul>	<p><b>8</b></p> <ul style="list-style-type: none"> <li>● 9a- Morning Greetings</li> <li>● 9:30a- Cardio &amp; Weights</li> <li>● 10a- Hydration Time</li> <li>● 10:30a- Euchre Club</li> <li>● 2p- <b>Music Entertainment... !!Jerry Downs!!</b></li> <li>● 3p- Wheel Of Fortune</li> <li>● 4p- Café Chat</li> </ul>	<p><b>9</b></p> <ul style="list-style-type: none"> <li>● 9a- Morning Greetings</li> <li>● 9:30a- Chair Yoga</li> <li>● 10a- Hydration Time</li> <li>● 10:15a- <b>Bible Study w Pastor Sam &amp; Anita</b></li> <li>● 2:30p- Catholic Communion</li> <li>● 3p- Country Drive</li> <li>● 5:15p- <b>Music In The Park</b></li> </ul>	<p><b>10 !National French Fry Day!</b></p> <ul style="list-style-type: none"> <li>● 9a- Morning Greetings</li> <li>● 9:30am- Cardio &amp; Strength</li> <li>● 10a- Hydration Time</li> <li>● 10:30a- Euchre Club</li> <li>● 1:30p- BINGO</li> <li>● 3p- Happy Hour</li> <li>● 4pm- Café Chat</li> </ul>	<p><b>11</b></p> <ul style="list-style-type: none"> <li>● 9a- Morning Greetings</li> <li>● 9:30a- TaiChi</li> <li>● 10a- Hydration Time</li> <li>● 10:10a- Table Talk</li> <li>● 10:30a- Helper's Corners</li> <li>● 1:30p- Puzzle Packets</li> </ul> <p><b>!Happy Birthday Karen R.!</b></p>

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SUN	MON	TUE	WED	THU	FRI	SAT
<p>12</p> <ul style="list-style-type: none"> <li>8:45a- Morning Greetings</li> <li>9a- Online Mass</li> </ul>  <p>1:30p- Popcorn Cart</p> <ul style="list-style-type: none"> <li>2p- Movie Time in Great Room</li> </ul>	<p>13</p> <ul style="list-style-type: none"> <li>9a- Morning Greetings</li> <li>9:30a- Cardio &amp; Strength</li> <li>10a- Hydration Time</li> <li>10:30a- Crocheting Class</li> <li>1:30p- BINGO</li> <li>3p- Euchre Club</li> <li>4p- Café Chat</li> </ul> 	<p>14</p> <ul style="list-style-type: none"> <li>9a- Morning Greetings</li> <li>9:30a- TaiChi</li> <li>9:45a- Walk &amp; Roll (Indoor Walking Club)</li> <li>10a- Hydration Time</li> <li>10:30a- Grub Club</li> <li>1p- Pretty Nails</li> <li>2p- Kings On The Corners</li> <li>4p- Café Chat</li> </ul> 	<p>15 !!!Gummy Worm Day!!!</p> <ul style="list-style-type: none"> <li>9a- Morning Greetings</li> <li>9:30a- Cardio &amp; Weights</li> <li>10a- Hydration Time</li> <li>11a- Boost Your Mood w Marsha</li> <li>2p- Music Entertainment... !!!Mick Porter!!!</li> <li>3p- Guess What's In The Box???</li> <li>4p- Café Chat</li> </ul>	<p>16</p> <ul style="list-style-type: none"> <li>9a- Morning Greetings</li> <li>9:30a- Chair Yoga</li> <li>10a- Hydration Time</li> <li>10:15a- Bible Study w Pastor Sam &amp; Anita</li> <li>2p- Town Hall</li> <li>2:30p- Communion</li> <li>3p- Country Drive</li> <li>4p- Café Chat</li> <li>5:15p- Music In the Park</li> </ul>	<p>17</p> <ul style="list-style-type: none"> <li>9a- Morning Greetings</li> <li>9:30am- Cardio &amp; Strength</li> <li>10a- Hydration Time</li> <li>10:30a- Euchre Club</li> <li>1:30p- BINGO</li> <li>3p- Happy Hour</li> <li>4pm- Café Chat</li> </ul> 	<p>18</p> <ul style="list-style-type: none"> <li>9a- Morning Greetings</li> <li>9:30a- TaiChi</li> <li>10a- Hydration Time</li> <li>10:10a- Table Talk</li> <li>10:30a- Helper's Corners</li> <li>1:30p- Puzzle Packets</li> </ul> 
<p>19</p> <ul style="list-style-type: none"> <li>8:45a- Morning Greetings</li> <li>9a- Online Mass</li> </ul>  <p>1:30p- Popcorn Cart</p> <ul style="list-style-type: none"> <li>2p- Movie Time in Great Room</li> </ul>	<p>20 !!National Lollipop Day!!</p> <ul style="list-style-type: none"> <li>9a- Morning Greetings</li> <li>9:30a- Cardio &amp; Strength</li> <li>10a- Hydration Time</li> <li>10:30a- !!Craft Time!!</li> <li>1:30p- BINGO</li> <li>2:45p- Bingo STORE</li> <li>3p- Euchre Club</li> <li>4p- Café Chat</li> </ul>	<p>21</p> <ul style="list-style-type: none"> <li>9a- Morning Greetings</li> <li>9:30a- TaiChi</li> <li>9:45a- Walk &amp; Roll (Indoor Walking Club)</li> <li>10a- Hydration Time</li> <li>1p- Pretty Nails</li> <li>2p- Kings On The Corners</li> <li>4p- Café Chat</li> <li>4p- Phill &amp; Willow the Therapy Dog</li> <li>6p- Pete's Band</li> </ul>	<p>22</p> <ul style="list-style-type: none"> <li>9a- Morning Greetings</li> <li>9:30a- Cardio &amp; Weights</li> <li>10a- Hydration Time</li> <li>10:30a- Crocheting Class</li> <li>2p- !!karaoke Time!!</li> <li>3p- Family Feud</li> </ul> 	<p>23</p> <ul style="list-style-type: none"> <li>9a- Morning Greetings</li> <li>9:30a- Chair Yoga</li> <li>10a- Hydration Time</li> <li>10:15a- Bible Study w Pastor Sam &amp; Anita</li> <li>2:30p- Communion</li> <li>3p- Country Drive</li> <li>4p- Café Chat</li> <li>5:15p- Music In the Park</li> </ul> 	<p>24 !!!Jelly Fruit Cup Day!!!</p> <ul style="list-style-type: none"> <li>9a- Morning Greetings</li> <li>9:30am- Cardio &amp; Strength</li> <li>10a- Hydration Time</li> <li>10:30a- Euchre Club</li> <li>1:30p- BINGO</li> <li>3p- Happy Hour</li> </ul> 	<p>25</p> <ul style="list-style-type: none"> <li>9a- Morning Greetings</li> <li>9:30a- TaiChi</li> <li>10a- Hydration Time</li> <li>10:10a- Table Talk</li> <li>10:30a- Helper's Corners</li> <li>1:30p- Puzzle Packets</li> </ul> 
<p>26</p> <ul style="list-style-type: none"> <li>8:45a- Morning Greetings</li> <li>9a- Online Mass</li> </ul>  <p>1:30p- Popcorn Cart</p> <ul style="list-style-type: none"> <li>2p- Movie Time in Great Room</li> </ul>	<p>27</p> <ul style="list-style-type: none"> <li>9a- Morning Greetings</li> <li>9:30a- Cardio &amp; Strength</li> <li>10a- Hydration Time</li> <li>10:30a- Crocheting Class</li> <li>1:30p- BINGO</li> <li>3p- Euchre Club</li> <li>4p- Café Chat</li> </ul> 	<p>28</p> <ul style="list-style-type: none"> <li>9a- Morning Greetings</li> <li>9:30a- TaiChi</li> <li>9:45a- Walk &amp; Roll (Indoor Walking Club)</li> <li>10a- Hydration Time</li> <li>1p- Pretty Nails</li> <li>2p- Kings On The Corners</li> <li>4p- Café Chat</li> </ul> 	<p>29</p> <ul style="list-style-type: none"> <li>9a- Morning Greetings</li> <li>9:30a- Cardio &amp; Weights</li> <li>10a- Hydration Time</li> <li>10:30a- !!Craft Time!!</li> <li>2p- Soap Making Class w Mr. Price</li> <li>3p- Euchre Club</li> </ul> 	<p>30</p> <ul style="list-style-type: none"> <li>9a- Morning Greetings</li> <li>9:30a- Chair Yoga</li> <li>10a- Hydration Time</li> <li>10:15a- Bible Study w Pastor Sam &amp; Anita</li> <li>2p- Taste &amp; Travel W Kaitlyn to... !Sweden!</li> <li>2:30p- Communion</li> <li>3p- Country Drive</li> <li>4p- Café Chat</li> <li>5:15p- Music In the Park</li> </ul>	<p>31 !!National Avocado Day!!</p> <ul style="list-style-type: none"> <li>9a- Morning Greetings</li> <li>9:30am- Cardio &amp; Strength</li> <li>10a- Hydration Time</li> <li>10:30a- Euchre Club</li> <li>1:30p- BINGO</li> <li>3p- Happy Hour</li> <li>4pm- Café Chat</li> </ul>	