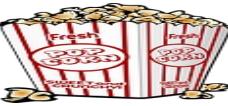


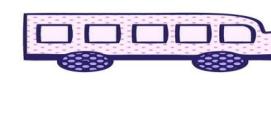
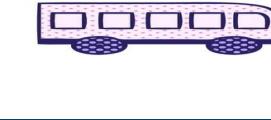
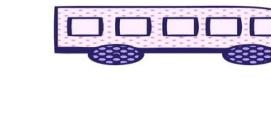
JANUARY 2026 | MEMORY CARE | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
 RIVERSIDE SENIOR LIFE COMMUNITIES Assisted Living & Memory Care 85 E. Burn Road Bourbonnais, IL 60914 815-935-3332 Contact the Concierge to sign up for any Outings or Special Events <i>*Please note that all programs are subject to change.</i>	VISITING PHYSICIANS: Dr. Guntupalli—Psychiatrist JANUARY 8, 2025 Dr. Raley—Podiatrist NO JANUARY VISIT <i>To schedule a single or reoccurring appointment, please contact the Concierge.</i>	VISITING PHYSICIANS: Liz Deck, NP JANUARY 7, 2025 JANUARY 21, 2025	SALON SERVICES: Manicures Available by Activities Hair Appointments Tuesdays: 8:00a–1:30 BANKING SERVICES: JANUARY 13, 2025 First Trust Bank Every other Tuesday Available to cash checks, make deposits & withdrawals. Please contact the Concierge	Partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.	Riverside Senior Life Communities Dimensions of Wellness Categories: ● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual	
						
				1 Happy New Year ● 9:00 Morning Greetings ● 9:05 Daily Chronicle ● 9:30 Cardio Exercises ● 10:00 Hydration Time ● 10:30 Gramma's Attic? ● 1:30 Crazy Eights ● 2:30 Snack & Chat ● 3:00 In2I Word Game	2 ● 9:00 Morning Greetings ● 9:05 Daily Chronicles ● 9:00– 11 Pretty Nails ● 10:30 Hydration Time ● 1:30 Jolly Joggers ● 2:00 Armchair Detect. ● 3:00 Snack Happy HappyBday Terry B.	3 ● 9:00 Morning Greetings ● 9:05 Daily Chronicle ● 10:30 Gentle Stretch Ex ● 1:30 Jigsaw Jam ● 2:30 Snack & Chat ● 3:00 Dance,Dance,Dance Music Therapy
4 ● 9:00 Morning Greeting ● 9:05 Daily Chronicle ● 9:30 Online Mass Holy Name Cathedral ● 10:30 ROM Exercises ● 2:30 Popcorn Cart ● 3:00 Scrap Book Club 	5 ● 9:00 Morning Greetings ● 9:05 Daily Chronicle ● 9:30 Chair Yoga ● 10:00 Hydration Time ● 10:30 A-Z Game ● 1:30 Crafty Corner ● 2:30 Snack & Chat ● 3:00 Balloon Volleyball 	6 National Bean Day ● 9:00 Morning Greetings ● 9:05 Daily Chronicle ● 9:30 Motown Senior EX ● 10:00 Hydration Time ● 10:30 Cranium Crunches ● 1:30 Bingo ● 2:30 Snack & Chat ● 3:00 Dance, Dance, Dance Music Therapy	7 ● 9:00 Morning Greetings ● 9:05 Daily Chronicle ● 9:30 Gentle Stretch ex ● 10:15 Max & Carol ● 2:00 January Birthday Social ● 3:00 Rhythm Band /Music Therapy ● 5:00 One on One PRN	8 Elvis' Birthday ● 9:00 Morning Greetings ● 9:05 Daily Chronicle ● 9:30 Cardio Ex ● 10:00 Hydration Time ● 10:30 C-Drive cc ● 1:30 Elvis Birthday social ● 2:15 Holy Communion ● 2:30 Snack & Chat Happy BDay Delores D.	9 ● 9:00 Morning Greetings ● 9:05 Daily Chronicle ● 9:11 Pretty Nails ● 10:30 Hydration Time ● 1:30 Jolly Joggers ● 2:00 Armchair Detect. ● 3:00 Happy Hour 	10 ● 9:00 Morning Greetings ● 9:05 Daily Chronicle ● 10:30 Gentle Stretch EX ● 1:30 Bakers Joy ● 2:30 Snack & Chat ● 3:00 Dance,Dance,Dance 

JANUARY 2026 | MEMORY CARE | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
11 ● 9:00 Morning Greetings ● 9:05 Daily Chronicle ● 9:30 Online Mass Holy Name Cathedral ● 10:30 ROM Exercises ● 2:30 Popcorn Cart 3:00 Scrap Book Club 	12 ● 9:00 Morning Greetings ● 9:05 Daily Chronicle 9:30 Chair Yoga 10:00 Hydration Time 10:30 Name the Fruit 1:30 Crafty Corner ● 2:30 Snack & Chat 3:00 Putt Putt Golf 	13 ● 9:00 Morning Greetings ● 9:05 Daily Chronicle 9:30 Motown Senior EX 10:00 Hydration Time 10:30 Mind Bender ● 1:30 Bingo ● 2:30 Snack & Chat 3:00 Dance, Dance, Dance Music Therapy 	14 ● 9:00 Morning Greetings ● 9:05 Daily Chronicle 9:30 Stretch Ex 10:30 Brickstone Outing 1:30 Dicey Dice 2:00 Dan's Therapy Dog 2:30 Snack & Chat 3:00 Card Club 5:00 One on Ones PRN 	15 National Bagel Day ● 9:00 Morning Greetings ● 9:05 Daily Chronicle 9:30 Cardio Ex 10:00 Hydration Time 10:30 C-Drive JD 1:30 Table book Hockey 2:15 Holy Communion ● 2:30 Snack & Chat 	16 ● 9:00 Morning Greetings ● 9:05 Daily Chronicle 9-11 Pretty Nails 10:30 Hydration Time 1:00 St. Paul's Choir 2:00 Armchair Detect. 3:00 Snack Happy 	17 ● 9:00 Morning Greetings ● 9:05 Daily Chronicle 10:30 Gentle Stretch EX 1:30 Bakers Joy 2:30 Snack & Chat 3:00 Dance,Dance,Dance 
18 ● 9:00 Morning Greetings ● 9:05 Daily Chronicle 9:30 Online Mass Holy Name Cathedral 10:30 ROM Exercises ● 2:30 Popcorn Cart 3:00 Scrap Book Club 	19 National Popcorn Day ● 9:00 Morning Greetings ● 9:05 Daily Chronicle 9:30 Chair Yoga 10:00 Hydration Time 10:30 Name the Animal 1:30 Crafty Corner ● 2:30 Snack & Chat 3:00 Funny Videos 	20 ● 9:00 Morning Greetings ● 9:05 Daily Chronicle 9:30 Motown Senior EX 10:00 Hydration Time 10:30 Cranium Crunches ● 1:30 Bingo ● 2:30 Snack & Chat 3:00 Dance, Dance, Dance Music Therapy 	21 ● 9:00 Morning Greetings ● 9:05 Daily Chronicle 9:30 Stretch Ex 10:30 Proverbs ● 2:00 Mick Porter 2:15 Armchair Detective 2:30 Snack & Chat 3:00 Card Club 5:00 One on Ones PRN 	22 ● 9:00 Morning Greetings ● 9:05 Daily Chronicle 9:30 Cardio Ex 10:00 Hydration Time 10:30 C-Drive CC 1:30 Skittle ball 2:15 Holy Communion ● 2:30 Snack & Chat 	23 National Pie Day 9:00 Morning Greetings ● 9:05 Daily Chronicle 9-11 Pretty Nails 10:30 Hydration Time 1:30 Jolly Joggers 2:00 Armchair Detect. 3:00 Happy Hour 	24 9:00 Morning Greetings ● 9:05 Daily Chronicle 10:30 Gentle Stretch EX 1:30 Bakers Joy 2:30 Snack & Chat 3:00 Dance,Dance,Dance 
25 9:00 Morning Greetings ● 9:05 Daily Chronicle 9:30 Online Mass Holy Name Cathedral 10:30 ROM Exercises ● 2:30 Popcorn Cart 3:00 Scrap Book Club 	26 9:00 Morning Greetings ● 9:05 Daily Chronicle 9:30 Chair Yoga 10:00 Hydration Time 10:30 Words with friends 1:30 Crafty Corner ● 2:30 Snack & Chat 3:00 Classic Tv 	27 9:00 Morning Greetings ● 9:05 Daily Chronicle 9:30 Motown Senior EX 10:00 Hydration Time 10:30 Mind Bender ● 1:30 Bingo ● 2:30 Snack & Chat 3:00 Dance, Dance, Dance Music Therapy 	28 9:00 Morning Greetings ● 9:05 Daily Chronicle 9:30 Stretch Ex ● 10:30 Dollar General Outing 1:30 Life Skills social 2:30 Snack & Chat 3:00 Card Club 5:00 One on Ones PRN 	29 9:00 Morning Greetings ● 9:05 Daily Chronicle 9:30 Cardio Ex 10:00 Hydration Time 10:30 C-Drive JD 1:30 table pin ball 2:15 Holy Communion ● 2:30 Snack & Chat 	30 National Croissant Day 9:00 Morning Greetings ● 9:05 Daily Chronicle 9-11 Pretty Nails 10:30 Hydration Time 1:30 Jolly Joggers 2:00 Armchair Detect. 3:00 Snack Happy 	31 9:00 Morning Greetings 9:05 Daily Chronicle 10:30 Gentle Stretch EX 1:30 Bakers Joy 2:30 Snack & Chat 3:00 Dance,Dance,Dance