









# JANUARY 2026 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
 <p><b>RIVERSIDE</b> SENIOR LIFE COMMUNITIES Assisted Living &amp; Memory Care</p> <p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p> <p>Contact the Concierge to sign up for any Outings or Special Events</p> <p><i>*Please note that all programs are subject to change.</i></p>	<p>VISITING PHYSICIANS:</p> <p><b>Dr. Guntunpalli—Psychiatrist</b></p> <p><b>Dr. Raley—Podiatrist</b></p> <p><b>To schedule a single or reoccurring appointment, please contact the Concierge.</b></p>	<p>VISITING PHYSICIANS:</p> <p><b>Liz Deck, NP</b></p>	<p>SALON SERVICES:</p> <p><b>Manicures</b> Available by Activities</p> <p><b>Hair Appointments</b> Tuesdays: 8:00a—1:30</p> <p>BANKING SERVICES: <b>First Trust Bank</b></p> <p>Every other Tuesday Available to cash checks, make deposits &amp; withdrawals. Please contact the Concierge</p>	<p><b>Riverside Senior Life Communities</b></p> <p>Partners with residents &amp; their families to identify their desires &amp; dreams, &amp; work together to bring those needs, passions, &amp; abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p><b>Dimensions of Wellness Categories:</b></p> <p>● = Cognitive   ● = Emotional   ● = Physical   ● = Social   ● = Spiritual</p>		
				<p><b>1 Happy New Year's Day!</b></p> <p>● 9:00a Morning Greetings! ● 9:30a Chair Yoga ● 10:00a Hydration Station ● 10:30a Independent Bible Study</p> <p>No Communion Today ● 3:00p Country Drive 4:00p Café Chat</p>	<p><b>2</b></p> <p>● 9:00a Fantastic Friday Chronicles ● 9:30a Cardio &amp; Strength ● 10:00a Hydration Station 10:00a Euchre Club</p> <p>● 1:30p BINGO</p> <p>● 3:00p Happy Hour!</p>	<p><b>3</b></p> <p>● 9:30a Tai Chi ● 10:00a Table Talk ● 10:30a Helper's Corners ● 1:30p Puzzle Packets</p> <p>● 2:30p Table Games Of Choice</p>
<p><b>4</b></p> <p>● 9:00a Online Mass ● 9:15a Morning Greetings In Café</p> <p>1:30p Popcorn Cart</p> <p>● 2:00p Movie in CR</p> 	<p><b>5</b></p> <p>● 9:00a Good Monday Morning! Chronicles ● 9:30a Cardio &amp; Strength ● 10:00a Hydration ● 10:30 Craft Time</p> <p><b>Snow Globes</b></p> <p>● 1:30p BINGO 2:45p Bingo Store ● 3:00p Euchre Club</p> 	<p><b>6 National Bean Day!</b></p> <p>9:00a Morning Greetings! ● 9:30a Tai Chi &amp; Cardio ● 10:00a Hydration Time ● 1:30p <b>Pretty Nails</b> In Great Room ● 3:00p Pastor Chambers Bible Study ● 4:00p Café Chat</p> <p><b>Happy Birthday, Judy W.!</b></p>	<p><b>7</b></p> <p>● 9:00a Morning Greetings &amp; Chronicles ● 9:30a Cardio &amp; Weights ● 10:00a Hydration Time ● 10:15a Max &amp; Carol</p> <p>● 2:00p <b>Birthday Social</b> ● 3:00p Euchre Club</p>	<p><b>8 Happy Birthday to Elvis!</b></p> <p>● 9:00a Happy Thursday Morning! ● 9:30a Chair Yoga ● 10:00a Hydration Time ● 10:15a Pastor Sam Bible Study ● 2:30p Catholic Communion ● 3:00p Country Drive ● 4:00p Café Chat</p>	<p><b>9</b> ● 9:00a Fabulous Friday! Morning Greetings &amp; Chronicles ● 9:30a Cardio &amp; Strength ● 10:00a Hydration Station ● 10:00a Euchre Club ● 1:30p BINGO</p> <p>● 3:00p Happy Hour!</p> <p><b>Happy Birthday, Joan R.!</b></p> 	<p><b>10</b></p> <p>● 9:30a Tai Chi ● 10:00a Table Talk ● 10:30a Helper's Corners ● 1:30p Puzzle Packets</p> <p>● 2:30p Table Games Of Choice</p>
<p><b>11</b></p> <p>● 9:00a Online Mass ● 9:15a Morning Greetings In Café</p> <p>1:30p Popcorn Cart</p> <p>● 2:00p Movie in CR</p> 	<p><b>12</b></p> <p>● 9:00a Morning Greetings &amp; Chronicles ● 9:30a Cardio &amp; Strength ● 10:00a Hydration Time ● 10:30a Let's Bake!</p> <p>● 1:30p BINGO 2:45p Bingo Store ● 3:00p Euchre Club</p>	<p><b>13</b></p> <p>● 9:00a Morning Greetings! ● 9:30a Tai Chi &amp; Cardio ● 10:00a Hydration Time ● 1:30p Pretty Nails In Great Room ● 2:00p <b>Grub Club in CR</b> ● 3:00p Pastor Chambers Bible Study ● 4:00p Café Chat</p>	<p><b>14</b></p> <p>● 9:00a Morning Greetings ● 9:30a Cardio &amp; Weights ● 10:00a Hydration Time ● 10:30a Outing: Brickstone Restaurant</p> 	<p><b>15 National Bagel Day!</b></p> <p>● 9:00a Morning Greetings ● 9:30a Chair Yoga ● 10:00a Hydration Time ● 10:15a Pastor Sam Bible Study ● 2:00p <b>Town Hall Meeting</b> ● 2:30p Catholic Communion ● 3:00p Country Drive ● 4:00p Café Chat</p>	<p><b>16</b> ● 9:00a Good Morning! Greetings &amp; Chronicles ● 9:30a Cardio &amp; Strength ● 10:00a Hydration Station ● 10:00a Euchre Club ● 1:00p <b>St. Paul Choir</b> ● 1:30p BINGO</p> <p>● 3:00p Happy Hour!</p> 	<p><b>17</b></p> <p>● 9:30a Tai Chi ● 10:00a Table Talk ● 10:30a Helper's Corners ● 1:30p Puzzle Packets</p> <p>● 2:30p Table Games Of Choice</p>

# JANUARY 2026 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
<div>18</div> <div><div>● 9:00a Online Mass</div><div>● 9:15a Morning Greetings In Café</div><div>1:30p Popcorn Cart</div><div>● 2:00p Movie in CR</div></div> <div></div>	<div>19 National Popcorn Day</div> <div><div>● 9:00a Good Monday Morning</div><div>9:30a Cardio &amp; Strength</div><div>● 10:00a Hydration Station</div><div>● 10:30a Craft Time w Marie</div><div>● 1:30p BINGO</div><div>● 2:45p Bingo Store</div><div>● 3:00p Euchre Club</div><div>4:00p Café Chat</div></div> <div></div>	<div>20</div> <div><div>● 9:00a Morning Greetings</div><div>9:30a Tai Chi &amp; Cardio</div><div>● 10:00a Hydration Station</div><div>● 1:30p Pretty Nails In Great Room</div><div>● Kings on the Corners</div><div>● 3:00p Pastor Chambers Bible Study</div><div>● 4:00p Café Trivia</div></div> <div></div>	<div>21</div> <div><div>● 9:00a Greetings &amp; Chronicles</div><div>● 9:30a Cardio &amp; Weights</div><div>● 10:00a Hydration Station</div><div>● 11:00a Boost Your Mood W Marsha</div><div>● 1:00 Trivia Challenge</div><div>● 2:00p Music with Mick Porter</div><div>● 3:00p Euchre Club</div></div> <div></div>	<div>22</div> <div><div>● 9:00a Good Morning! Chronicles</div><div>● 9:30a Chair Yoga</div><div>● 10:15a Pastor Sam Bible Study</div><div>● 1:00p Pretty Nails &amp; Eyeglass Cleanings In Great Room</div><div>● 2:30p Catholic Communion</div><div>3:00p Country Drive</div></div>	<div>23 National Pie Day!</div> <div><div>● 9:00a Happy Friday! Chronicles</div><div>● 9:30a Cardio &amp; Strength</div><div>● 10:00a Hydration Time</div><div>● 10:00a Euchre Club</div><div>● 1:30p BINGO</div><div>● 3:00p Happy Hour!</div></div> <div></div>	<div>24</div> <div><div>● 9:30a Tai Chi</div><div>● 10:00a Table Talk</div><div>● 10:30a Helper's Corners</div><div>● 1:30p Puzzle Packets</div><div>● 2:30p Table Games Of Choice</div><div>Happy Birthday, Deanna!</div></div>
<div>25</div> <div><div>● 9:00a Online Mass</div><div>● 9:15a Morning Greetings In Café</div><div>1:30p Popcorn Cart</div><div>● 2:00p Movie in CR</div></div> <div></div>	<div>26</div> <div><div>● 9:00a Good Monday Morning</div><div>● 9:30a Cardio &amp; Strength</div><div>● 10:00a Hydration Station</div><div>● 10:30a Craft Time w Marie</div><div>● 1:30p BINGO</div><div>● 2:45p Bingo Store</div><div>● 3:00p Euchre Club</div><div>● 4:00p Café Chat</div></div>	<div>27</div> <div><div>● 9:00a Morning Greetings</div><div>● 9:30a Tai Chi &amp; Cardio</div><div>● 10:00a Hydration Station</div><div>● 10:30a Pretty Nails In Great Room</div><div>● 1:30p Shut the Box Table Game</div><div>● 3:00p Pastor Chambers Bible Study</div><div>● 4:00p Café Chat</div></div>	<div>28</div> <div><div>● 9:00a Greetings &amp; Chronicles</div><div>● 9:30a Cardio &amp; Weights</div><div>● 10:00a Hydration Time</div><div>10:30a Outing to: Dollar General</div></div> <div></div>	<div>29</div> <div><div>● 9:00a Good Morning! Chronicles</div><div>● 9:30a Chair Yoga</div><div>● 10:00a Hydration Time</div><div>● 10:15a Pastor Sam Bible Study</div><div>● 1:00p Pretty Nails &amp; Eyeglass Cleanings In Great Room</div><div>● 2:00p Taste &amp; Travel to: Bora Bora</div><div>● 2:30p Catholic Communion</div></div>	<div>30 National Croissant Day!</div> <div><div>● 9:00a Happy Friday!</div><div>● 9:30a Cardio &amp; Strength</div><div>● 10:00a Hydration Time</div><div>● 10:00a Euchre Club</div><div>● 1:30p BINGO</div><div>● 3:00p Happy Hour!</div></div> <div></div>	<div>31</div> <div><div>● 9:30a Tai Chi</div><div>● 10:00a Table Talk</div><div>● 10:30a Helper's Corners</div><div>● 1:30p Puzzle Packets</div><div>● 2:30p Table Games Of Choice</div></div>

