

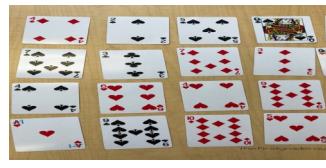
FEBRUARY 2026 | MEMORY CARE | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
<p>RIVERSIDE SENIOR LIFE COMMUNITIES Assisted Living & Memory Care 85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p> <p>Contact the Concierge to sign up for any Outings or Special Events</p> <p><i>*Please note that all programs are subject to change.</i></p>	<p>VISITING PHYSICIANS: Dr. Guntupalli February 5, 2026</p> <p>Dr. Raley—Podiatrist NO FEBRUARY VISIT</p> <p>TO SCHEDULE ANY APPOINTMENT PLEASE SEE THE FRONT DESK</p>	<p>VISITING PHYSICIANS: Liz Deck, NP February 4, 2026 February 18, 2026</p>	<p>SALON SERVICES: Manicures Available through Activities</p> <p>Hair Appointments Tuesday's 8:00-1:30p</p> <p>BANKING SERVICES: First Trust Bank February 10, 2026</p> <p>Available to cash checks, make deposits & withdrawals</p> <p>Please contact the Concierge</p>	<p>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p>Dimensions of Wellness Categories:</p> <p>● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</p>		
<p>1</p> <ul style="list-style-type: none"> ● 9:00 Morning Greeting ● 9:05 Daily Chronicle ● 9:30 Online Mass Holy Name Cathedral ● 10:30 ROM Exercises ● 2:30 Popcorn Cart ● 3:00 Scrap Book Club 	<p>2</p> <ul style="list-style-type: none"> ● 9:00- Morning Greet ● 9:05- Daily Chronicles ● 9:30- Chair Yoga ● 10:00- Hydration Time ● 10:30- A-Z Game ● 1:30pm- Crafty Corner ● 2:30pm- Snack & Chat ● 3:00pm- Table Game 	<p>3 Carrot Cake Day</p> <ul style="list-style-type: none"> ● 9:00 Morning Greetings ● 9:05 Daily Chronicle ● 9:30 Motown Senior EX ● 10:00 Hydration Time ● 10:30 Wh Questions? ● 1:30 Bingo ● 2:30 Snack & Chat ● 3:00 Dance, Dance, Dance Music Therapy 	<p>4</p> <ul style="list-style-type: none"> ● 9:00 Morning Greetings ● 9:05 Daily Chronicle ● 9:30 Gentle Stretch ex ● 10:15 Max & Carol ● 2:00 Februay Birthday Social ● 3:00 Rhythm Band Music Therapy 	<p>5</p> <ul style="list-style-type: none"> ● 9:00 Morning Greetings ● 9:05 Daily Chronicle ● 9:30 Cardio Ex ● 10:00 Hydration Time ● 10:30 C-Drive CC ● 1:30 Dicey Dice ● 2:15 Holy Communion ● 2:30 Snack & Chat 	<p>6 Frozen Yogurt Day</p> <ul style="list-style-type: none"> ● 9:00 Morning Greetings ● 9:05 Daily Chronicles ● 9:00- 11 Pretty Nails ● 10:30 Hydration Time ● 1:30 Jolly Joggers ● 2:00 Armchair Detect. ● 3:00 Snack Happy Wear RED Day! 	<p>7</p> <ul style="list-style-type: none"> ● 9:00 Morning Greetings ● 9:05 Daily Chronicle ● 10:30Gentle Stretch EX ● 2:00 SCRAMBLED ● 2:30 Snack & Chat ● 3:00 Dance, Dance Music Therapy

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8 <ul style="list-style-type: none"> 9:00 Morning Greeting 9:05 Daily Chronicle 9:30 Online Mass Holy Name Cathedral 10:30 ROM Exercises 2:30 Popcorn Cart 3:00 Scrap Book Club <p>Super Bowl Sunday 5:30 p.m.</p> 	9 National Pizza Day <ul style="list-style-type: none"> 9:00- Morning Greet 9:05- Daily Chronicles 9:30- Chair Yoga 10:00- Hydration Time 10:30- A-Z Game 1:30pm- Crafty Corner 2:30pm- Snack & Chat 3:00pm- Table Game 	10 <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 9:30 Motown Senior EX 10:00 Hydration Time 10:30 Who Am I? 1:30 Bingo 2:30 Snack & Chat 3:00 Dance, Dance, Dance Music Therapy 	11 <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 9:30 Gentle Stretch ex 10:30 Chicago Dough 2:00 Jerry Downs 3:00 Snack & Chat 	12 <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 9:30 Cardio Ex 10:00 Hydration Time 10:30 C-Drive JD 1:30 Balloon Volleyball 2:00pm TOVERTAL Training 2:15 Holy Communion 2:30 Snack & Chat 	13 <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicles 9:00- 11 Pretty Nails 10:30 Hydration Time 1:45 Jolly Joggers 2:00 Happy Valentine's Day Party 	14 <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 10:30 Gentle Stretch EX 2:00 Creative Corner 2:30 Snack & Chat 3:00 Dance, Dance Music Therapy 
15 <ul style="list-style-type: none"> 9:00 Morning Greeting 9:05 Daily Chronicle 9:30 Online Mass Holy Name Cathedral 10:30 ROM Exercises 2:30 Popcorn Cart 3:00 Scrap Book Club <p>Happy Bday Judy P.</p> 	16 <ul style="list-style-type: none"> 9:00- Morning Greet 9:05- Daily Chronicles 9:30- Chair Yoga 10:00- Hydration Time 10:30- A-Z Game 1:30pm- Crafty Corner 2:30pm- Snack & Chat 3:00pm- Table Game 	17 Mardis Gras <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 9:30 Motown Senior EX 10:00 Hydration Time 10:30 Cranium Crunches 1:30 Mardi Gras Parade 2:30 Snack & Chat 3:00 Dance, Dance, Dance Music Therapy 	18 Ash Wednesday <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 9:30 Gentle Stretch ex 10:00 Holy Communion 10:30 Memory Game 2:00 Mick Porter 3:00 Snack & Chat 5:00 Friendly Visits 	19 Choc Mint Day <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 9:30 Tenzie Dice 2:30 Snack & Chat 3:00 Tover Play 	20 <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicles 9:00- 11 Pretty Nails 10:30 Hydration Time 1:30 Jolly Joggers 2:00 Armchair Detect. 3:00 Snack Happy 	21 <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 10:30 Gentle Stretch EX 1:30 POKENO 2:30 Snack & Chat 3:00 Dance, Dance Music Therapy 
22 <ul style="list-style-type: none"> 9:00 Morning Greeting 9:05 Daily Chronicle 9:30 Online Mass Holy Name Cathedral 10:30 ROM Exercises 2:30 Popcorn Cart 3:00 Scrap Book Club 	23 <ul style="list-style-type: none"> 9:00- Morning Greet 9:05- Daily Chronicles 9:30- Chair Yoga 10:00- Hydration Time 10:30- Words with Friends 1:30pm- Crafty Corner 2:30pm- Snack & Chat 3:00pm- Table Game 	24 Tofilla Day <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 9:30 Motown Senior EX 10:00 Hydration Time 10:30 Memory Game 1:30 Bingo 2:30 Snack & Chat 3:00 Dance, Dance, Dance Music Therapy 	25 <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 9:30 Gentle Stretch ex 10:30 Outing TBD 1:30 Flip Cards 3:00 Rhythm Band / Music Therapy 5:00 Friendly Visits <p>Happy Bday Frank W.</p> 	26 <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 9:30 Cardio Ex 10:00 Hydration Time 10:30 C-Drive JD 1:30 Concentration 2:15 Holy Communion 2:30 Snack & Chat 	27 Strawberry Day <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicles 9:00- 11 Pretty Nails 10:30 Hydration Time 1:30 Jolly Joggers 2:00 Armchair Detect. 3:00 Happy Hour 	28 <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 10:30 Gentle Stretch EX 1:30 Creative Corner 2:30 Snack & Chat 3:00 Dance, Dance Music Therapy 