












FEBRUARY 2026 | MEMORY CARE | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
 <p>RIVERSIDE SENIOR LIFE COMMUNITIES Assisted Living & Memory Care</p> <p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p> <p>Contact the Concierge to sign up for any Outings or Special Events</p> <p><i>*Please note that all programs are subject to change.</i></p>	<p>VISITING PHYSICIANS:</p> <p>Dr. Guntunpalli February 5, 2026</p> <p>Dr. Raley—Podiatrist NO FEBRUARY VISIT</p> <p>TO SCHEDULE ANY APPOINTMENT PLEASE SEE THE FRONT DESK</p>	<p>VISITING PHYSICIANS:</p> <p>Liz Deck, NP February 4, 2026 February 18, 2026</p>	<p>SALON SERVICES:</p> <p>Manicures Available through Activities</p> <p>Hair Appointments Tuesday's 8:00-1:30p</p> <p>BANKING SERVICES: First Trust Bank</p> <p>February 10, 2026</p> <p>Available to cash checks, make deposits & withdrawals</p> <p>Please contact the Concierge</p>	<p>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p>Dimensions of Wellness Categories:</p> <p>● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</p>		
						
<p>1</p> <ul style="list-style-type: none"> 9:00 Morning Greeting 9:05 Daily Chronicle 9:30 Online Mass Holy Name Cathedral 10:30 ROM Exercises 2:30 Popcorn Cart 3:00 Scrap Book Club 	<p>2</p> <ul style="list-style-type: none"> 9:00– Morning Greet 9:05– Daily Chronicles 9:30– Chair Yoga 10:00– Hydration Time 10:30– A-Z Game 1:30pm– Crafty Corner 2:30pm– Snack & Chat 3:00pm– Table Game 	<p>3 Carrot Cake Day</p> <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 9:30 Motown Senior EX 10:00 Hydration Time 10:30 Wh Questions? 1:30 Bingo 2 :30 Snack & Chat 3:00 Dance, Dance, Dance Music Therapy 	<p>4</p> <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 9:30 Gentle Stretch ex 10:15 Max & Carol 2:00 Febuay Birthday Social 3:00 Rhythm Band Music Therapy 	<p>5</p> <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 9:30 Cardio Ex 10:00 Hydration Time 10:30 C-Drive CC 1:30 Dickey Dice 2:15 Holy Communion 2:30 Snack & Chat 	<p>6 Frozen Yogurt Day</p> <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicles 9:00– 11 Pretty Nails 10:30 Hydration Time 1:30 Jolly Joggers 2:00 Armchair Detect. 3:00 Snack Happy <p>Wear RED Day!</p>  	<p>7</p> <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 10:30Gentle Stretch EX 2:00 SCRAMBLED 2:30 Snack & Chat 3:00 Dance, Dance Music Therapy 

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SUN	MON	TUE	WED	THU	FRI	SAT
<p>8</p> <ul style="list-style-type: none"> 9:00 Morning Greeting 9:05 Daily Chronicle 9:30 Online Mass Holy Name Cathedral 10:30 ROM Exercises 2:30 Popcorn Cart 3:00 Scrap Book Club Super Bowl Sunday 5:30 p.m. 	<p>9 National Pizza Day</p> <ul style="list-style-type: none"> 9:00– Morning Greet 9:05– Daily Chronicles 9:30– Chair Yoga 10:00– Hydration Time 10:30– A-Z Game 1:30pm– Crafty Corner 2:30pm– Snack & Chat 3:00pm– Table Game 	<p>10</p> <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 9:30 Motown Senior EX 10:00 Hydration Time 10:30 Who Am I? 1:30 Bingo 2:30 Snack & Chat 3:00 Dance, Dance, Dance Music Therapy 	<p>11</p> <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 9:30 Gentle Stretch ex 10:30 Chicago Dough 2:00 Jerry Downs 3:00 Snack & Chat 	<p>12</p> <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 9:30 Cardio Ex 10:00 Hydration Time 10:30 C-Drive JD 1:30 Balloon Volleyball 2:00p TOVERTAL Training 2:15 Holy Communion 2:30 Snack & Chat 	<p>13</p> <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicles 9:00– 11 Pretty Nails 10:30 Hydration Time 1:45 Jolly Joggers 2:00 Happy Valentine's Day Party 	<p>14</p> <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 10:30Gentle Stretch EX 2:00 Creative Corner 2:30 Snack & Chat 3:00 Dance, Dance Music Therapy 
<p>15</p> <ul style="list-style-type: none"> 9:00 Morning Greeting 9:05 Daily Chronicle 9:30 Online Mass Holy Name Cathedral 10:30 ROM Exercises 2:30 Popcorn Cart 3:00 Scrap Book Club <p>Happy Bday Judy P.</p> 	<p>16</p> <ul style="list-style-type: none"> 9:00– Morning Greet 9:05– Daily Chronicles 9:30– Chair Yoga 10:00– Hydration Time 10:30– A-Z Game 1:30pm– Crafty Corner 2:30pm– Snack & Chat 3:00pm– Table Game 	<p>17 Mardis Gras</p> <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 9:30 Motown Senior EX 10:00 Hydration Time 10:30 Cranium Crunches 1:30 Mardi Gras Parade 2:30 Snack & Chat 3:00 Dance, Dance, Dance Music Therapy 	<p>18 Ash Wednesday</p> <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 9:30 Gentle Stretch ex 10:00 Holy Communion 10:30 Memory Game 2:00 Mick Porter 3:00 Snack & Chat 5:00 Friendly Visits 	<p>19 Choc Mint Day</p> <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 1:30 Tenzie Dice 2:30 Snack & Chat 3:00 Tover Play 	<p>20</p> <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicles 9:00– 11 Pretty Nails 10:30 Hydration Time 1:30 Jolly Joggers 2:00 Armchair Detect. 3:00 Snack Happy 	<p>21</p> <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 10:30Gentle Stretch EX 1:30 POKENO 2:30 Snack & Chat 3:00 Dance, Dance Music Therapy 
<p>22</p> <ul style="list-style-type: none"> 9:00 Morning Greeting 9:05 Daily Chronicle 9:30 Online Mass Holy Name Cathedral 10:30 ROM Exercises 2:30 Popcorn Cart 3:00 Scrap Book Club 	<p>23</p> <ul style="list-style-type: none"> 9:00– Morning Greet 9:05– Daily Chronicles 9:30– Chair Yoga 10:00– Hydration Time 10:30– Words with Friends 1:30pm– Crafty Corner 2:30pm– Snack & Chat 3:00pm– Table Game 	<p>24 Tofilla Day</p> <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 9:30 Motown Senior EX 10:00 Hydration Time 10:30 Memory Game 1:30 Bingo 2:30 Snack & Chat 3:00 Dance, Dance, Dance Music Therapy 	<p>25</p> <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 9:30 Gentle Stretch ex 10:30 Outing TBD 1:30 Flip Cards 3:00 Rhythm Band / Music Therapy 5:00 Friendly Visits <p>Happy Bday Frank W.</p> 	<p>26</p> <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 9:30 Cardio Ex 10:00 Hydration Time 10:30 C-Drive JD 1:30 Concentration 2:15 Holy Communion 2:30 Snack & Chat 	<p>27 Strawberry Day</p> <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicles 9:00– 11 Pretty Nails 10:30 Hydration Time 1:30 Jolly Joggers 2:00 Armchair Detect. 3:00 Happy Hour 	<p>28</p> <ul style="list-style-type: none"> 9:00 Morning Greetings 9:05 Daily Chronicle 10:30Gentle Stretch EX 1:30 Creative Corner 2:30 Snack & Chat 3:00 Dance, Dance Music Therapy 