




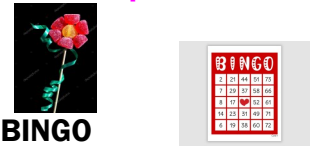
















# FEBRUARY 2026 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
 <p><b>RIVERSIDE</b> SENIOR LIFE COMMUNITIES Assisted Living &amp; Memory Care</p> <p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p> <p>Contact the Front Desk To sign up for any Outings or Special Events</p> <p><i>*Please note that all programs are subject to change.</i></p>	<p>VISITING PHYSICIANS:</p> <p><b>Dr. Guntunpalli</b> February 5, 2026</p> <p><b>Dr. Raley—Podiatrist</b></p> <p>NO VISIT THIS MONTH</p> <p>TO SCHEDULE AN APPOINTMENT PLEASE SEE THE FRONT DESK</p>	<p>VISITING PHYSICIANS:</p> <p><b>Liz Deck, NP</b></p> <p>February 4, 2026 February 18, 2026</p> <p>February Birthdays: <b>Audrey W. Feb 3</b> <b>Dorothy K. Feb 24</b></p>	<p>SALON SERVICES:</p> <p><b>Manicures</b> Available through Activities</p> <p><b>Hair Appointments</b> Tuesday's 8:00-1:30p</p> <p>BANKING SERVICES: <b>First Trust Bank</b></p> <p>FEBRUARY 10, 2025 Available to cash checks, make deposits &amp; withdrawals Please contact the Front Desk</p>	<p><b>Riverside Senior Life Communities</b> partners with residents &amp; their families to identify their desires &amp; dreams, &amp; work together to bring those needs, passions, &amp; abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain pro- ductive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calen- dar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p><b>Dimensions of Wellness Categories:</b></p> <p>● = Cognitive   ● = Emotional   ● = Physical   ● = Social   ● = Spiritual</p>		
<p><b>1</b></p> <p>●9:00a Online Mass ●9:15a Morning Greetings</p>  <p><b>1:30p Popcorn Cart</b> <b>2:00p Movie in CR</b></p>	<p><b>2 Groundhog's Day!</b></p> <p>●9:00a Good Morning! Chronicles ●9:30a Cardio &amp; Strength ●10:00a Hydration Time ●10:15a Let's Bake! <b>Homemade Thin Mints</b></p> <p>●1:30p BINGO</p>  <p>●2:45p Bingo Store ●3:00p Euchre Club ●4:00p Café Trivia</p>	<p><b>3 National Carrot Cake Day</b></p> <p>●9:00a Happy Tuesday! Chronicles ●9:30a TaiChi &amp; Cardio ●9:45a <b>Walk &amp; Rollers</b> <b>Indoor Walking Club</b> ●10:00a HydrationTime ●10:30a <b>Pretty Nails &amp;</b> <b>Eyeglass Cleanings</b> In Great Room ●1:00p Table Games *In LLL ●2:00p Trivia Chat / IN2L In CR <b>Happy Birthday, Audrey!</b></p>	<p><b>4</b></p> <p>●9:00a Greetings &amp; Chronicles ●9:30a Cardio &amp; Weights ●10:00a Hydration Time ●10:15a <b>Max &amp; Carol</b> <b>Worship Hymns in CR</b></p> <p>●2:00p <b>Birthday Social!</b> ●3:00p Euchre Club ●4:00p Café Trivia</p>	<p><b>5</b></p> <p>●9:00a Thursday Greetings ●9:30a Chair Yoga ●10:00a Hydration Time ●10:15a Pastor Sam Bible Study ●1:00p <b>Pretty Nails &amp;</b> <b>Eyeglass Cleanings</b> In Great Room ●2:00p <b>Super Foods:</b> <b>Dark Chocolate</b> ●2:30p Catholic Communion ●3:00p Country Drive ●4:00p Café Chat</p>	<p><b>6 National Frozen Yogurt Day</b></p> <p>●9:00a Happy Friday! Greetings &amp; Chronicles ●9:30a Cardio &amp; Strength ●10:00a Hydration Station ●10:00a Euchre Club</p>  <p>●1:30p BINGO ●3:00p <b>Happy Hour!</b></p> <p>●5:00p Movie of Choice National <b>"Wear Red" Day</b></p>	<p><b>7</b></p> <p>●9:00a Tai Chi ●10:00a Table Talk ●10:30a Helper's Corners</p> <p>●1:30p Puzzle Packets ●2:30p Table Games Of Choice</p>
<p><b>8</b></p> <p>●9:00a Online Mass ●9:15a Morning Greetings</p>  <p><b>1:30p Popcorn Cart</b> <b>2:00p Movie in CR</b></p>	<p><b>9 National Pizza Day!</b></p> <p>●9:00a Good Morning! Chronicles ●9:30a Cardio &amp; Strength ●10:00a Hydration Time ●10:15a <b>Gumdrop Flowers</b></p>  <p>●1:30p BINGO</p> <p>●3:00p Euchre Club ●4:00p Café Chat</p>	<p><b>10</b></p> <p>●9:00a Happy Tuesday! Chronicles ●9:30a TaiChi &amp; Cardio ●9:45a <b>Walk &amp; Rollers</b> <b>Indoor Walking Club</b> ●10:00a Grub Club ●10:30a <b>Pretty Nails &amp;</b> <b>Eyeglass Cleanings</b> In Great Room ●2:00p <b>Valentine Craft W/</b> <b>Moments Hospice</b> ●3:00p Let's Make Valentines!</p> 	<p><b>11</b></p> <p>●9:00a Greetings &amp; Chronicles ●9:30a Cardio &amp; Weights ●10:00a Hydration Time ●10:30a Outing: Chicago Dough Pizza</p>  <p>●1:00p Let's Play! In CR <b>Wheel of Fortune!</b> ●2:00p <b>Jerry Downs</b> ●3:00p Euchre Club ●4:00p Café chat</p>	<p><b>12</b></p> <p>●9:00a Happy Thursday! Greetings &amp; Chronicles ●9:30a Chair Yoga ●10:00a Hydration Time ●10:15a Pastor Sam Bible Study</p> <p>●2:30p Catholic Communion ●3:00p Country Drive ●4:00p Café Chat</p>	<p><b>13</b></p> <p>●9:00a Friday Greetings! ●9:30a Cardio &amp; Strength ●10:00a Hydration Station ●10:00a Euchre Club</p>  <p>● <b>**1:00p BINGO</b></p> <p>●2:00p <b>Music Entertainment</b> <b>By Christina Rona</b> ●2:00p <b>Valentine's Party</b></p> <p><b>**Note Change of Time</b></p> 	<p><b>14</b></p> <p>●9:00a Tai Chi ●10:00a Table Talk ●10:30a Helper's Corners</p>  <p>●1:30p Puzzle Packets ●2:30p Table Games Of Choice</p>

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SUN	MON	TUE	WED	THU	FRI	SAT
<p>15</p> <ul style="list-style-type: none"> <li>●9:00a Online Mass</li> <li>●9:15a Morning Greetings</li> </ul>  <p>1:30p Popcorn Cart ●2:00p Movie in CR</p>	<p>16 <b>President's Day</b></p> <ul style="list-style-type: none"> <li>●9:00a Good Morning! Chronicles</li> <li>●9:30a Cardio &amp; Strength</li> <li>●10:00a Hydration Time</li> <li>●10:30a Painting Craft</li> </ul>  <p>●1:30p BINGO</p> <p>2:45p Bingo Store ●3:00p Euchre Club ●4:00p Café Chat</p>	<p>17 <b>National Paczki Day!</b></p> <ul style="list-style-type: none"> <li>●9:00a <b>Happy Fat Tuesday!</b> Greetings &amp; Chronicles</li> <li>●9:30a TaiChi Stretches</li> <li>●9:45a <b>Walk &amp; Rollers Indoor Walking Club &amp; Mardi Gras Parade</b></li> <li>●10:00a Hydration Time</li> <li>●10:30a <b>Pretty Nails &amp; Eyeglass Cleanings</b> In Great room</li> <li>●3:00p Independent Bible Study and Devotional—CR</li> </ul>	<p>18</p> <ul style="list-style-type: none"> <li>●9:00a Greetings &amp; Chronicles</li> <li>●9:30a Cardio &amp; Weights</li> <li>●10:00a Hydration Time</li> <li>●10:00a <b>Ash Wednesday And Communion With Steve</b> In CR</li> </ul>  <p>●11:00a Boost Your Mood ●2:00p <b>Music w Mick Porter</b></p>	<p>19 <b>Chocolate Mint Day!</b></p> <ul style="list-style-type: none"> <li>●9:00a Thursday Greetings &amp; Chronicles</li> <li>●9:30a Chair Yoga</li> <li>●10:00a Hydration Time</li> <li>●10:15a Pastor Sam Bible Study</li> </ul>  <p>●1:00p <b>Pretty Nails Eyeglass Cleanings</b> In Great Room</p> <p>●2:00p <b>Town Hall Meeting</b> ●3:00p Country Drive ●4:00p Café Chat</p>	<p>20 <b>Nat'l Love Your Pet Day!</b></p> <ul style="list-style-type: none"> <li>●9:00a Happy Friday! Greetings &amp; Chronicles</li> <li>●9:30a Cardio &amp; Strength</li> <li>●10:00a Hydration Station</li> <li>●10:00a Euchre Club</li> </ul>  <p>●1:30p BINGO ●3:00p Happy Hour! ●5:00p Movie of Choice</p>	<p>21</p> <ul style="list-style-type: none"> <li>●9:00a Tai Chi</li> <li>●10:00a Table Talk</li> <li>●10:30a Helper's Corners</li> </ul> <p>●1:30p Puzzle Packets ●2:30p Table Games Of Choice</p>
<p>22</p> <ul style="list-style-type: none"> <li>●9:00a Online Mass</li> <li>●9:15a Morning Greetings</li> </ul>  <p>1:30p Popcorn Cart ●2:00p Movie in CR</p>	<p>23</p> <ul style="list-style-type: none"> <li>●9:00a Good Morning! Chronicles</li> <li>●9:30a Cardio &amp; Strength</li> <li>●10:00a Hydration Time</li> <li>●10:30a Craft Time</li> </ul>  <p>●1:30p BINGO</p> <p>2:45p Bingo Store ●3:00p Euchre Club ●4:00p Café Trivia</p>	<p>24</p> <ul style="list-style-type: none"> <li>●9:00a Terrific Tuesday!! Greetings &amp; Chronicles</li> <li>●9:30a TaiChi Stretches</li> <li>●9:45a <b>Walk &amp; Rollers Indoor Walking Club</b></li> <li>●10:30a Hydration Time</li> </ul> <p>●1:00p Kings on the Corner Cards in LLL</p> <p>●2:00p Pretty Nails &amp; Eyeglass Cleanings in Great Room</p> <p><b>Happy Birthday, Dorothy K!</b></p>	<p>25</p> <ul style="list-style-type: none"> <li>●9:00a Greetings &amp; Chronicles</li> <li>●9:30a Cardio &amp; Weights</li> <li>●10:00a Hydration Station</li> <li>●10:30a Outing to: WalMart in Bradley</li> </ul>  <p>●3:00p Euchre Club ●4:00p Café Chat ●5:00p Movie of Choice</p>	<p>26</p> <ul style="list-style-type: none"> <li>●9:00a Thursday Greetings &amp; Chronicles</li> <li>●9:30a Chair Yoga</li> <li>●10:00a Hydration Time</li> <li>●10:15a Pastor Sam Bible Study</li> </ul> <p>●1:00p Pretty Nails ●2:00p <b>Taste &amp; Travel to: New Orleans</b></p> <p>●2:30p Catholic Communion ●3:00p Country Drive ●4:00p Café Chat</p>	<p>27 <b>Nat'l Strawberry Day!</b></p> <ul style="list-style-type: none"> <li>●9:00a Happy Friday! Greetings &amp; Chronicles</li> <li>●9:30a Cardio &amp; Strength</li> <li>●10:00a Hydration Station</li> <li>●10:00a Euchre Club</li> </ul>  <p>●1:30p BINGO ●3:00p Happy Hour!</p>	<p>28</p> <ul style="list-style-type: none"> <li>●9:00a Tai Chi</li> <li>●10:00a Table Talk</li> <li>●10:30a Helper's Corners</li> </ul> <p>●1:30p Puzzle Packets ●2:30p Table Games Of Choice</p>
