

# SEPTEMBER 2025 | MEMORY CARE CALENDAR OF EVENTS

SUN	MON	TUE	WED	THU	FRI	SAT
<div><p><b>BOURBONNAIS GROVE</b> Riverside Senior Life Communities</p><p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p><p>Contact the Concierge to sign up for any Outings or Special Events</p><p><i>Please note that all programs are subject to change</i></p></div>	<p>VISITING PHYSICIANS:</p> <p><b>Dr. Guntunpalli-Psychiatrist</b> Sep 4, 2025</p> <p><b>Dr. Raley—Podiatrist</b> Sep 3, 2025</p> <p>To schedule a single or re-occurring appointment, Please contact The Concierge</p>	<p>VISITING PHYSICIANS:</p> <p><b>Liz Deck, NP</b> Sep 3, 2025 Sep 17, 2025</p> <div></div>	<p><b>MANICURES:</b> Available by Activities</p> <p><b>HAIR APPOINTMENTS:</b> Tuesdays: 8:00a—2:00p</p> <p><b>BANKING SERVICES:</b> <b>First Trust Bank</b> Tuesday, Sept 16, 2025 Available to cash checks, make deposits &amp; withdrawals</p> <p>Please contact the Concierge</p> <div></div>	<p><b>Riverside Senior Life Communities</b> partners with residents &amp; their families to identify their desires &amp; dreams, &amp; work together to bring those needs, passions, &amp; abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p><b>Dimensions of Wellness Categories:</b> ● = Cognitive   ● = Emotional   ● = Physical   ● = Social   ● = Spiritual</p>		
<p><b>Daily 8:50 Am Morning Greetings &amp; Chronicles HAND OUT</b></p>	<p>1. <b>Labor Day</b> 9:30am– Stretch Ex 10:00am– Hydration Time 10:30am-Labor Day Parade 1:30pm– Crafty Corner 2:30pm– Snack &amp; Chat 3:00pm– Words with Friends</p>	<p>2 9:30am Motown Senior 10:00am Hydration Time 10:30am <b>Brain Busters</b> 1:30pm <b>B-I-N-G-O</b> 2:30pm Snack &amp; Chat 3:00pm Jigsaw Jam 5:00 Sensory Garden</p> <div></div>	<p>3 9:30am Chair Yoga 10:15am Max and Carol 2:00pm September Birthday Social 3:00 Sensory Garden 5:00 Table Games</p> <div></div>	<p>4 <b>NFL Kick off</b> 9:30am Cardio 10:30am <b>Country Drive JD</b> 1:30pm Scrap Booking 2:30pm <b>Snack &amp; Chat</b> 2:15 Holy Comm 3:00pm IN2L Videos 5:00 Visit with Friends <b>Cowboys vs Eagles</b> 8:00 NBC</p>	<p>5. <b>Nat. Cheese Pizza Day</b> 9:00 Pretty Nails 10:30 Hydration Time 1:30 Jolly Joggers 2:00 Armchair Detective 2:30 Snack &amp; Chat 3:00 Card Club</p>	<p>6 8:50am Morning Greetings 10:30 Gentle Stretch EX 1:30pm <b>B-I-N-G-O</b> 2:30pm Snack &amp; Chat 3:00pm Sing with Me</p> <div></div>
<p>7 <b>Happy Grand Parents Day</b> 9:30 amOnline Mass 10:00 Chair Exercises 1:30 You Tube Fun 2:30pm <b>Popcorn Cart</b></p> <div></div> <p>3:00p Creative Coloring <b>Lions vs Green Bay</b> 3:25 CBS</p>	<p>8 9:30amBalloon Volleyball 10:00am–Hydration Time 10:30amA-Z Game 1:30am–Crafty Corner 2:30pmSnack &amp; Chat 3:00pmSensory Garden</p> <p><b>Minn Vikings s Chicago Bears 8:15 p.m. ABC</b></p>	<p>9 9:30am Motown Senior 10:00am Hydration Time 10:30am <b>Cranium Crunches</b> 1:30pm <b>B-I-N-G-O</b> 2:30pm Snack &amp; Chat 3:00pm Jigsaw Jam 5:00 Sensory Garden</p>	<p>10. <b>Nat. Cherry Pie Day</b> 9:30am Chair Yoga 10:30am <b>Outing Cracker Barrel</b> 2:00 <b>Jerry Downs</b> 3:00pm Snack &amp; Chat 3:30 Cards of Choice 5:00 Table Games</p> <div></div>	<p>11 <b>Remembrance Day</b> 9:30am Cardio 10:30am <b>Country DriveCC</b> 1:30pm Skills social 2:15 Holy Comm 2:30pm <b>Snack &amp; Chat</b> 3:00pm IN2L Videos 5:00 Visit with friends <b>Wash Comm vs Packers 7:15 Prime</b></p>	<p>12 9:00 Pretty Nails 10:30 Hydration Time 1:30 Jolly Joggers 2:00 Armchair Detective 2:30 Chit Chat 3:00 Happy Hour 3:00 Jakob sings</p>	<p>13 8:45am –11:45 <b>WALK TO END ALZHEIMER'S</b> alzheimer's association <b>At Manteno park</b> 1:30pm Saturday Movie Matinee 2:30pm Snack &amp; Chat 3:00pm Sing with Me</p> <div></div>



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<div>14</div> <div>9:30 Online Mass 10:00 Chair exercises 10:30 You Tube Fun 1:30 Service Sunday 2:30pm <b>Popcorn Cart</b> 3:00 <b>Creative Coloring</b></div> <div></div> <div><b>Bears vs. Detroit</b> 1:00 Fox</div>	<div>15.</div> <div>9:30am– Putt Putt Golf 10:00am—Hydration Time 10:30am– Finish the saying 1:30pm– Crafty Corner 2:30pm– Snack &amp; Chat 3:00pm– Walking Club</div> <div><b>Tampa Bay vs Houston Texans 6:00 ABC</b></div>	<div>16 <b>Mexico Ind Day</b></div> <div>9:30am Motown Senior 10:00am Hydration Time 10:30am Never /Ever 1:30pm B-I-N-G-O 2:30pm Snack &amp; Chat 3:00pm Jigsaw Jam 5:00 Sensory Garden</div> <div></div>	<div>17</div> <div>9:30 Chair Yoga 10:00 Hydration Time 10:30 You Tube Fun 1:30 Pictionary 2:30 Snack &amp; Chat 3:00 IN2L Games 5:00 Sensory Garden <b>Happy Bday Tom!</b></div> <div></div>	<div>18</div> <div>9:30am Cardio 10:30am <b>C- Drive JD</b> 1:30pm Flip Cards 2:30pm <b>Snack &amp; Chat</b> 2:40pm Catholic Comm 3:00pm IN2L Videos 5:00 Visit w/ Friends <b>Dolphins vs. Buff Bills</b> 8:15 Prime <b>Happy Bday Kay !</b></div> <div></div>	<div>19. <b>Nat. Fried Rice Day</b></div> <div>9:00 Pretty Nails 10:30 Hydration Time 1:30 Jolly Joggers 2:00 Armchair Detectives 2:30 Snack &amp; Chat 3:00 Card Club</div> <div></div>	<div>20.</div> <div>8:50am Morning Greetings 10:30 Gentle Stretch Exercises <b>2-4 Fall Festival Miller Campus</b></div>	
<div>21.</div> <div>9:30 Online Mass 10:00 chair Exercises 10:30 YouTube Fun 1:30 Service Sunday 2:30pm <b>Popcorn Cart</b></div> <div></div> <div>3:00p Creative Coloring <b>Cowboys vs. Bears</b> 3:25 FOX</div>	<div>22.</div> <div>9:30am– Corn Hole 10:00am– Hydration Time 10:30am– YouTube Fun <b>12-1pm ONU Organ recital</b> 1:30pm– Crafty Corner 2:30pm– Snack &amp; Chat 3:00pm– Sensory Garden <b>Detroit vs.Balt Ravens</b> 8:15 ABC</div> <div></div>	<div>23. <b>Snack on a Stick Day</b></div> <div>9:30am Motown Senior 10:00am Hydration Time 10:30am 20 questions 1:30pm B-I-N-G-O 2:30pm Snack &amp; Chat 3:00pm Jigsaw Jam 5:00 Sensory Garden</div> <div></div>	<div>24.</div> <div>9:30 Chair Yoga 10:00 Hydration Time 10:30 <b>Marshalls Shopping Outing</b> 2:00p Mick Porter</div> <div></div> <div>3:00pm Snack &amp; Chat 5:00 Table Games</div>	<div>25</div> <div>9:30am Cardio 10:30am <b>C-Drive CC</b> 1:30pm Table Bk Tennis 2:30pm <b>Snack &amp; Chat</b> 2:40pm Catholic Comm 3:00pm IN2L Videos 5:00pm Visit w/ Friends <b>Seahawks vs Arizona Cardinals 5:15 Prime</b></div>	<div>26. <b>Nat. Pig in a Blanket Day</b></div> <div>9:00 Pretty Nails 10:30 Hydration Time 1:30 Jolly Joggers 2:00 Armchair Detective 2:30 Snack &amp; Chat 3:00 Happy Hour</div> <div></div>	<div>27</div> <div>8:50am Morning Greetings 1:30pm <b>Saturday Movie Matinee</b></div> <div></div> <div>2:30pm Snack &amp; Chat 3:00pm Sing with Me</div>	
<div>28</div> <div>9:30 Online Mass 10:00 Chair Exercises 10:30 You Tube Fun 1:30 Service Sunday 2:30pm <b>Popcorn Cart</b></div> <div></div> <div>3:00pm Creative Coloring <b>Raiders vs Bears</b> 1:25 CBS</div>	<div>29.</div> <div>9:30am– Bowling 10:00am– Hydration Time 10:30am– A-Z Game 1:30pm– Crafty Corner 2:30pm– Snack &amp; Chat 3:00pm– Walking Club <b>NY Jets vs Miami Dolphins</b> 7:15 ESPN</div>	<div>30</div> <div>9:30am Motown Senior 10:00am Hydration Time 10:30am Memory Game 1:30pm B-I-N-G-O 2:30pm Snack &amp; Chat 3:00pm Jigsaw Jam 5:00 Sensory Garden</div> <div></div>	<div></div>				