









SEPTEMBER 2025 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
<div><p>RIVERSIDE SENIOR LIFE COMMUNITIES Assisted Living & Memory Care</p><p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p><p>Contact the Concierge to sign up for any Outings or Special Events</p><p><i>*Please note that all programs are subject to change.</i></p></div>	<p>VISITING PHYSICIANS:</p> <p>Dr. Guntunpalli—Psychiatrist Sept 4, 2025</p> <p>Dr. Raley—Podiatrist Sept 3, 2025</p> <p>To schedule an appointment, please contact the Front Desk Concierge.</p>	<p>VISITING PHYSICIANS:</p> <p>Liz Deck, NP Sept 3, 2025 Sept 17, 2025</p> <p>Audiologist TBD</p>	<p>SALON SERVICES:</p> <p>Manicures Available by Activities</p> <p>Hair Appointments Tuesdays: 8:00a—2:00</p> <p>BANKING SERVICES: First Trust Bank</p> <p>Available to cash checks, make deposits & withdrawals. Please contact the Concierge Sept. 16, 2025</p>	<p>Riverside Senior Life Communities</p> <p>Partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p><u>Dimensions of Wellness Categories:</u></p>		
<p>*Activity and Outing Times are subject to change due to cancellations and/or weather conditions.</p>	<p>1 National Labor Day 9:00a Morning Greetings 9:30a Cardio & Strength 10:00a Hydration Time! “See You In September” Beach Games/Craft 1:00p BINGO  2:00p Labor Day Social In Cr 3:00p Euchre Club 4:00p Café Chat</p>	<p>2 9:00a Morning Greetings 9:30a Tai Chi & Cardio 10:00a Hydration Time! 10:45a BINGO STORE In CR 1:00p Table Games in LLL 3:00p Pastor Chambers Bible Study 3:30p Jeopardy! ABC-TV 4:00p Café Chat Happy Birthday, Lois !</p>	<p>3 9:00a Morning Greetings 9:30a Cardio & Weights 10:00a Hydration Time! 10:15a Max & Carol Worship Music in CR 2:00p Birthday Social  3:30p Jeopardy! ABC-TV In Great Room 4:00p Café Chat</p>	<p>4 9:00a Morning Greetings 9:30a Chair Yoga 10:00a Hydration Time! 10:15a Pastor Sam Bible Study 1:00p Pretty Nails in LLL 2:00p Super Foods W Kaitlyn: Apples Come try Apple Pancakes! 2:30p Communion 3:00p Country Drive 4:00p Café Chat</p>	<p>5 Nat’l Cheese Pizza Day 9:00a Morning Greetings 9:30a Cardio & Strength 10:00a Hydration Time! 10:00p Euchre Club 1:30p Bingo !  3:00p Happy Hour! </p>	<p>6 9:30a Tai Chi 10:00a Helpers Corner 10:30a– Table Talk 1:30p- Puzzle Packets Check your Mailbox! 2:30pm– Table Game of Choice</p>
<p>7 9:00a Morning Greet 9:15a Online Mass 2:00pm Popcorn Cart  3:00pm Movie Time 4:00p Café Chat</p>	<p>8 9:00a Morning Greetings 9:30a Cardio & Strength 10:00a Hydration Time! 10:30a Craft Time ! 1:30p BINGO  2:45p Bingo Store 3:00p Euchre Club 4:00p Café Chat</p>	<p>9 9:00a Morning Greetings 9:30a Tai Chi & Cardio 10:00a Hydration Time! 10:30a Grub Club 1:00p Black Jack 3:00p Pastor Chambers Bible Study 4:00p Café Chat</p>	<p>10 Nat’l Cherry Pie Day 9:00a Morning Greetings 9:30a Cardio & Weights 10:00a Hydration Time! 10:30a Outing to: Cracker Barrel  2:00p Jerry Downs Music 4:00p Café Chat</p>	<p>11 9:00a Morning Greetings 9:30a Chair Yoga 10:00a Hydration Time! 10:15a Pastor Sam Bible Study 1:00p Pretty Nails in LLL & Eyeglass Cleanings 2:30p Communion 3:00p Country Drive 4:00p Café Chat</p>	<p>12 9:00a Morning Greetings 9:30a Cardio & Strength 10:00a Hydration Time! 10:00a Euchre Club 1:30p BINGO ! 3:00p Happy Hour !  3:00p Entertainment By Jakob</p>	<p>13 9:30a Tai Chi 10:00a Table Talk 10:30a Helpers Corners 1:30p Table Games & Puzzle Packets Check your Mailbox!</p>

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<div>14</div> <div>9:00a Online Mass 9:15a Morning Greet In Café 1:30p Popcorn Cart</div> <div></div> <div>2:30p Movie Time 4:00pm Café Chat</div>	<div>15</div> <div>9:00a Morning Greet! 9:30a Cardio & Strength 10:00a Hydration Time 10:30a Craft: Egyptian Faience Bowl 1:30p BINGO ! 2:45p Bingo Store 3:00p Euchre Club 4:00p Café Chat</div>	<div>16</div> <div>9:00a Morning Greet! 9:30a Tai Chi & Cardio 10:00a Hydration Time 10:30a Trivia Chat in CR 1:00p Kings on the Corner 3:00p Pastor Chambers Bible Study 3:30p Jeopardy! ABC-TV 4:00p Café Chat</div>	<div>17</div> <div>9:00a Morning Greet & Chronicles 9:30a Cardio & Weights 10:00a Hydration Time 11:00a Boost Your Mood W Marsha 3:00p Euchre Club 3:30p Jeopardy! ABC-TV 4:00p Café Chat</div>	<div>18</div> <div>9:00a Morning Greet & Chronicles 9:30a Chair Yoga 10:00a Hydration Time 10:15a Pastor Sam Bible Study 1:00p Pretty Nails in LLL 2:00p Town Hall 2:30p Catholic Communion 3:00p Country Drive 4:00p Café Chat</div>	<div>19 Nat'l Fried Rice Day</div> <div>9:00a Morning Greet 9:30a Cardio & Strength 10:00a Hydration Time 10:00a Euchre Club 1:30p Super BINGO ! 3:00p Happy Hour !</div> <div></div> <div>5:00p Movie of Choice</div>	<div>20</div> <div>9:30a Tai Chi 10:00a Helpers Corner 10:30a Table Talk 1:30p- Puzzle Packets (Check Your Mailbox) 2:00p—4:00p FALL FEST @ WESTWOOD FACILITY Sign up at Front Desk</div>
<div>21</div> <div>9:00a Morning Greet 9:15a Online Mass 2:00pm Popcorn Cart</div> <div></div> <div>3:00pm Movie Time 4:00pm Café Chat</div>	<div>22</div> <div>9:00a Morning Greetings! 9:30a Cardio & Strength 10:00a Hydration Time 10:30a Hidden Treasures BINGO ! 12-1pm ONU organ Recital 2:45p Bingo Store 3:00p Euchre Club 4:00p Café Trivia</div> <div></div>	<div>23 Snack on a Stick Day</div> <div>9:00a Hello! Greeting and Chronicles in Cafe 9:30a Tai Chi & Cardio 10:00a Hydration Time 11:00a Pretty Nails 1:00p Dominoes in LLL</div> <div></div> <div>3:00p Pastor Chambers Bible Study 4:00p Café Chat</div>	<div>24</div> <div>9:00a Morning Greet 9:30a Cardio & Weights 10:00a Hydration Time 10:30a Outing to: Marshall's 2:00p Mick Porter Music 3:00p Euchre Club 3:30p Jeopardy! ABC-TV 4:00p Café chat</div>	<div>25</div> <div>9:00a Morning Greet! 9:30a Chair Yoga 10:00a Hydration Time 10:15a Pastor Sam 1:00p Pretty Nails in LLL 2:00 Taste & Travel to: The Netherlands 2:30p Catholic Communion 3:00p Country Drive 4:00p Café Chat</div>	<div>26 Nat'l Pigs in a Blanket Day</div> <div>9:00a Morning Greet 9:30a Cardio & Strength 10:00a Hydration Time 10:00a Euchre Club 1:30p BINGO ! 3:00p Happy Hour !</div> <div></div>	<div>27</div> <div>9:30a Tai chi 10:00a Table Talk 10:30a Helper's Corners 1:30p Table Games Puzzle Packets (Check your Mailbox)</div>
<div>28</div> <div>9:00a Online Mass 9:15a Morning Greet In Café 1:30 Popcorn Cart</div> <div></div> <div>2:30p Movie Time 4:00pm Café Chat</div>	<div>29</div> <div>9:00a Morning Greetings 9:30a Cardio & Strength 10:00a Hydration Time 10:30a Let's Bake ! 1:30p BINGO ! 2:45p Bingo Store 3:00p Euchre Club 4:00p Café Chat</div> <div></div>	<div>30</div> <div>9:00a Morning Greetings 9:30a Tai Chi & Cardio 10:00a Hydration Time 10:30a Table Games in CR 1:00p Pretty Nails in LLL 2:00p Kings on the Corner 3:00p Pastor Chambers Bible Study 4:00p Café Trivia</div>				