
















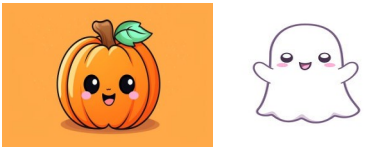



# OCTOBER 2025 | MEMORY CARE CALENDAR OF EVENTS

SUN	MON	TUE	WED	THU	FRI	SAT
<div><p><b>BOURBONNAIS GROVE</b> Riverside Senior Life Communities</p><p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p><p>Contact the Concierge to sign up for any Outings or Special Events</p><p><i>*Please note that all programs are subject to change</i></p></div>	<p><u>VISITING PHYSICIANS:</u></p> <p><b>Dr. Guntunpalli-Psychiatrist</b> October 2, 2025</p> <p><b>Dr. Raley—Podiatrist</b> October 1, 2025</p> <p>To schedule an appointment, Please contact the Front desk</p>	<p><u>VISITING PHYSICIANS:</u></p> <p><b>Liz Deck, NP</b> October 1, 2025 October 15, 2025 October 29, 2025</p> 	<p><u>MANICURES:</u> Available by Activities</p> <p><u>HAIR APPOINTMENTS:</u> TUESDAY'S 8:00A—2:00P</p> <p><u>BANKING SERVICES:</u> OCTOBER 14, 2025 Available to cash checks, make deposits &amp; withdrawals Please contact the Front desk</p> 	<p><b>Riverside Senior Life Communities</b> partners with residents &amp; their families to identify their desires &amp; dreams, &amp; work together to bring those needs, passions, &amp; abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p><u>Dimensions of Wellness Categories:</u> ● = Cognitive   ● = Emotional   ● = Physical   ● = Social   ● = Spiritual</p>		
		<p><b>8:50 a.m.</b> <b>Daily Morning Greetings &amp; Daily Chronicle</b></p>	<p><b>1</b> 9:30am Chair Yoga 10:15am Max and Carol 1:00 St Paul's Choir 2:00pm Oct Birthday Social</p>  <p>3:00 Card Club 5:00 Table Games</p>	<p><b>2</b> 9:30am Cardio 10:30am C- DriveJD</p>  <p>1:30pm Tenzie Dice 2:15pm Cath.Comm 2:30 Snack &amp; Chat 3:00pm IN2L Videos 5:00 Visit w/ Friends</p> <p>Happy Bday Joan ! </p>	<p><b>3 National Caramel Custard Day !</b> 9:00– 11:00 Pretty Nails 10:30 Hydration Time 1:30pm Jolly Joggers 2:00 Armchair Detective 2:45 Snack &amp; Chat</p> 	<p><b>4</b> 10:30 Gentle Stretch Ex 1:30pm B-I-N-G-O 2:30pm Snack &amp; Chat 3:00pm Sing with Me</p>  <p>Happy Bday Wauneta!!!</p>
<p><b>5</b> 9:30 Online Mass 10:00 Chair Exercises of Choice 1:30 You Tube Fun 2:30pm Popcorn Cart 3:00 Service Sunday</p> 	<p><b>6</b> 9:30 Bowling 10:00 Hydration Time 10:30 A-Z Game 1:30pm Crafty Corner 2:30pm Snack &amp; Chat 3:00pm IN2L Game</p> 	<p><b>7 Choc covered Pretzel Day !</b> 9:30 Motown Senior EX 10:00 Hydration Time 10:30 Memory Game 1:30pm B-I-N-G-O 2:30pm Snack &amp; Chat 3:00pm Sensory Garden 5:00 Visits w/ Friends</p> 	<p><b>8</b> 9:30am Chair Yoga 10:30am OUTING Dollar Tree 2:00 Jerry Downs 3:00pm Snack &amp; Chat 5:00 Table Games</p> 	<p><b>9</b> 9:30am Cardio 10:30am C- DriveCC</p>  <p>1:30pm Sqwinkle 2:15pm Catholic Comm 2:30 Snack &amp; Chat 3:00pm IN2L Videos 5:00 Visit w/ Friends</p>	<p><b>10</b> 9-11am Pretty Nails 10:30 Hydration Time 1:30 Jolly Joggers 2:00 Armchair Detective 3:00pm HAPPY HOUR</p> 	<p><b>11</b> 10:30 Gentle Stretch EX 1:30pm Saturday Movie Matinee</p>  <p>2:30pm Snack &amp; Chat 3:00 Sing with Me</p>

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SUN	MON	TUE	WED	THU	FRI	SAT
<b>12</b> 9:30 Online Mass 10:00 Chair Exercises of Choice 1:30 You Tube Fun 2:30pm Popcorn Cart 3:00 Service Sunday 	<b>13</b> 9:30 Cornhole 10:00 Hydration Time 10:30 A-Z Game 1:30pm Crafty Corner 2:30pm Snack & Chat 3:00pm IN2L Games 	<b>14</b> 9:30 Motown Senior Ex 10:00 Hydration Time 10:30 Memory Game 1:30pm B-I-N-G-O 2:30pm Snack & Chat 3:00pm Sensory Garden 5:00 Visit w/Friends Happy Bday Gracie! 	<b>15</b> 9:30 Chair Yoga 10:00 Hydration Time 10:30 Name that Tune 1:45 WILD WEDNESDAY <b>TATTOO'S &amp; BREWZ</b>  2:30 Snack & Chat 6:00 Pete's Band	<b>16</b> 9:30am Cardio 10:30am Country Drive CC  1:30p Table Book Hockey 2:15pm Cath. Comm 2:30 Snack & Chat 3:00pm IN2L Videos 5:00pm Visit with Friends	<b>17</b> 9:00– 11:00 Pretty Nails 10:30 Hydration Time 1:30pm Jolly Joggers 2:00 Armchair Detective 2:45 Snack & Chat Wear Pink Day Breast Cancer Awareness Month 	<b>18</b> 10:30 Gentle Stretch Exercises 1:30pm B-I-N-G-O  2:30pm Snack & Chat 3:00pm Sing with Me
<b>19</b> 9:30 Online Mass 10:00 Chair Exercises 1:30 You Tube Fun 2:30pm Popcorn Cart 3:00 Service Sunday 	<b>20</b> 9:30 Human Pinball 10:00 Hydration Time 10:30 Proverbs 1:30pm Crafty Corner 2:30pm Snack & Chat 3:00pm IN2L Games Happy Birthday Sherry! 	<b>21 National Apple Day !</b> 9:30 Motown Senior Ex 10:00 Hydration Time 10:30 Memory Game 1:30pm B-I-N-G-O 2:30pm Snack & Chat 3:00pm Sensory Garden 5:00 Visit w/Friends 	<b>22</b> 9:30 Chair Yoga 10:30am OUTING White Castles 2:00 Mick Porter  3:00pm Snack & Chat 3:30 Card Club 5:00 Table Games	<b>23 Boston Cream Pie</b> 9:30am Cardio 10:30am Country Drive JD  1:30 Jigsaw Jam 2:15pm Cath. Comm 2:30 Snack & Chat 3:00pm IN2L Videos 5:00pm Visit with Friends	<b>24 Nat Fried Food Day</b> 9:00– 11:00 Pretty Nails 10:30 Hydration Time 1:30pm Jolly Joggers 2:00 Armchair Detective 2:45 Snack & Chat	<b>25</b> 10:30 Gentle Stretch EX 1:30 Saturday Movie Matinee  2:30pm Snack & Chat 3:00pm Sing with Me
<b>26</b> 9:30 Online Mass 10:00 Chair Exercises 1:30 You Tube Fun 2:30pm Popcorn Cart 3:00 Service Sunday 	<b>27</b> 9:30 Putt Putt Golf 10:00 Hydration Time 10:30 Words With Friends 1:30pm Crafty Corner 2:30pm Snack & Chat 3:00pm IN2L Games 	<b>28 Nat Choc Day!</b> 9:30 Motown Senior Ex 10:00 Hydration Time 10:30 Memory Game 1:30pm B-I-N-G-O 2:30pm Snack & Chat 3:00pm Sensory Garden 5:00 Visit w/Friends 	<b>29</b> 9:30 Chair Yoga 10:00 Hydration Time 10:30 Spooky Trivia 1:30 Ghostly Fun 2:30 Snack & Chat <b>4:30 Community Trick Or Treating</b> 	<b>30</b> 9:30am Cardio 10:30am Country Drive CC  1:30p Table Book Hockey 2:15pm Cath. Comm 2:30 Snack & Chat 3:00pm IN2L Videos 5:00pm Visit with Friends	<b>31 Happy Halloween !</b> 9:00– 11:00 Pretty Nails 10:30 Hydration Time 1:30 Jolly Joggers 2:00 Armchair Detective 3:00 Halloween Happy Hour 