






















OCTOBER 2025 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
<div>RIVERSIDE SENIOR LIFE COMMUNITIES Assisted Living & Memory Care</div> <div>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</div> <div>Contact the Concierge to sign up for any Outings or Special Events</div> <div><i>*Please note that all programs are subject to change.</i></div>	<div><u>VISITING PHYSICIANS:</u></div> <div>Dr. Guntupalli—Psychiatrist October 2, 2025</div> <div>Dr. Raley—Podiatrist October 1, 2025</div> <div>To schedule a single or reoccurring appointment, please contact the Concierge.</div>	<div><u>VISITING PHYSICIANS:</u></div> <div>Liz Deck, NP October 1, 2025 October 15, 2025 October 29, 2025</div> <div>Audiologist TBD</div> <div></div>	<div><u>SALON SERVICES:</u></div> <div>Manicures Available through Activities</div> <div>Hair Salon Appointments TUESDAY'S 8:00A-1:30P SIGN UP AT FRONT DESK</div> <div><u>BANKING SERVICES:</u> First Trust Bank October 14, 2025</div> <div>Available for cashing checks, and making deposits Or withdrawals</div>	<div>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain pro- ductive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calen- dar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged.</div> <div>If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</div> <div><u>Dimensions of Wellness Categories:</u> ● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</div>		
			<div>1 9:00 Morning Greetings & Chronicles 9:30a Cardio & Weights 10:15a Max & Carol</div> <div>2:00p Birthday Social !</div> <div></div> <div>3:00p Euchre Club 4:00p Café Chat</div>	<div>2 9:00a Morning Greetings 9:30a Chair Yoga 10:00a Hydration Time 10:15a Pastor Sam Bible Study</div> <div></div> <div>2:00p Super Foods: Featuring Pumpkin Bars 2:30p Communion 3:00p Country Drive 4:00p Café Chat</div>	<div>3 National Carmel Custard Day 9:00a Morning Greetings & Chronicles 9:30a Cardio & Strength 10:00a Hydration Time 10:00a Euchre 1:30p B-I-N-G-O</div> <div>3:00p Happy Hour</div> <div></div>	<div>4 9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner 1:30p Puzzle Packets</div> <div></div>
<div>5 9:00a Online Mass 9:15a Morning Greet in Café</div> <div>1:30p Popcorn Cart</div> <div></div> <div>2:00p Movie Time 4:00p Café Chat</div>	<div>6 9:00a Morning Greetings 9:30a Cardio 10:15a Pumpkin Craft & Root Beer Floats</div> <div></div> <div>1:30p B-I-N-G-O 2:45p Bingo Store 3:00p Euchre Club 4:00p Café Chat</div>	<div>7 National Chocolate Covered Pretzel Day 9:00a Morning Greetings 9:30a Tai Chi & Cardio 10:00a Hydration Time 10:30a Pretty Nails (LLL) 11:30a Deacon Dale Music in café 1:30p Kings on the Corners</div> <div>3:00p Pastor Chambers Bible Study 4:00p Café Chat</div>	<div>8 9:00a Morning Greetings 9:30a Cardio & Weights 10:00 Hydration 10:30a OUTING To: Dollar Tree</div> <div></div> <div>2:00p Jerry Downs Music 4:00 Porch Sittin'</div>	<div>9 9:00a Morning Greetings 9:30a Chair Yoga 10:00a Hydration Time 10:15a Pastor Sam</div> <div>1:00p Pretty Nails & Eye-glass Cleanings in LLL 2:30 Communion 3:00p Country Drive 4:00p Café Chat</div>	<div>10 9:00a Cardio & Strength 9:30a Cardio 10:00a Hydration Time 10:00a Euchre Club</div> <div>1:30p BINGO !</div> <div>3:00p HAPPY HOUR</div> <div></div>	<div>11 9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner 1:30p Puzzle Packets</div> <div></div>

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<div>12</div> <div>9:00a Online Mass 9:15a Morning Greet in Café</div> <div>1:30p Popcorn Cart</div> <div></div> <div>2:00p Movie </div>	<div>13 Columbus Day</div> <div>9:00a Morning Greetings 9:30a Cardio & Strength 10:00a Hydration Time 10:30a Spider Butter Cookies</div> <div></div> <div>1:30p B-I-N-G-O 2:45p Bingo Store 3:00p Euchre 4:00p Café Chat</div>	<div>14</div> <div>9:00a Morning Greetings 9:30a Tai Chi & Cardio 10:00a Hydration Time 10:30a Pretty Nails & Eyeglass Cleanings 1:30p Kings on the Corner</div> <div>2:00p Grub Club :)</div> <div>3:00p Pastor Chambers 4:00p Café Chat</div>	<div>15</div> <div>9:00a Morning Greetings 9:30a Cardio & Weights 10:00a Hydration Time 11:00am Boost Your Mood w/ Marsha</div> <div>1:30 Yahtzee </div> <div>3:00p Euchre Club 4:00p Café Chat 5:00p Movie of Choice 6:00p Pete's Band in CR</div>	<div>16</div> <div>9:00a Morning Greetings 9:30a Chair Yoga 10:15a Pastor Sam Bible Study 11:00a Pretty Nails</div> <div>2:00 Town Hall Meeting </div> <div>2:30 Communion 3:00p Country Drive 4:00 Café Chat</div>	<div>17 "Wear Pink" Day In honor of National Breast Cancer Awareness Month</div> <div>9:00a Morning Greetings 9:30a Cardio & Strength 10:00a Hydration Time 10:00a Euchre Club 1:30p B-I-N-G-O 3:00p HAPPY HOUR</div> <div>National Pasta Day </div>	<div>18</div> <div></div> <div>9:30a Tai Chi</div> <div>10:00a Table Talk</div> <div>10:30a Helper's Corner</div> <div>1:30p Puzzle Packets </div>
<div>19</div> <div>9:00a Online Mass 9:15a Morning Greet in Café</div> <div>1:30p Popcorn Cart</div> <div></div> <div>2:00p Movie </div>	<div>20</div> <div>9:00a Morning Greetings 9:30a Cardio & Strength 10:00a Hydration Time 10:15a Witch's Brew And Pumpkin Cookies Trivia Chat</div> <div></div> <div>1:30p B-I-N-G-O 2:45p Bingo Store 3:00p Euchre 4:00p Café Chat</div>	<div>21 National APPLE Day</div> <div>9:00a Morning Greetings 9:30a Tai Chi & Cardio 10:00a Hydration Time 10:30a Pretty Nails</div> <div></div> <div>1:30p Black Jack 3:00p Pastor Chambers 4:00p Café Chat</div>	<div>22</div> <div>9:00a Morning Greetings 9:30a Cardio & Weights 10:00a Hydration Time 10:30a OUTING to: White Castle</div> <div></div> <div>2:00 Mick Porter Entertainment</div> <div>4:00p Porch Sittin'</div>	<div>23 National Boston Cream Pie Day</div> <div>9:00a Morning Greetings 9:30a Chair Yoga 10:00a Hydration Time 10:15a Pastor Sam Bible Study 1:00p Pretty Nails & Eyeglass Cleanings</div> <div></div> <div>2:30 Communion 3:00p Country Drive 4:00 Café Chat</div>	<div>24</div> <div>9:00a Morning Greetings 9:30a Cardio 10:00a Hydration Time 10:00a Euchre</div> <div></div> <div>1:30p B-I-N-G-O 3:00p HAPPY HOUR National Fried Food Day</div> <div></div>	<div>25</div> <div>9:30a Tai Chi </div> <div>10:00a Table Talk</div> <div>10:30a Helper's Corner</div> <div>1:30p Puzzle Packets</div>
<div>26</div> <div>9:00a Online Mass 9:15a Morning Greet in Café</div> <div>1:30p Popcorn Cart</div> <div></div> <div>2:00p Movie</div>	<div>27</div> <div>9:00a Morning Greetings 9:30a Cardio & Strength 10:00a Hydration Time 10:15a Pumpkin Carving 1:30p Spooky B-I-N-G-O</div> <div></div> <div>2:45p Bingo Store 3:00p Euchre</div>	<div>28 National Chocolate Day</div> <div>9:00a Morning Greetings 9:30a Tai Chi & Cardio</div> <div>10:30a Pretty Nails Plus Eye Glass Cleaning</div> <div>1:30p Black Jack</div> <div>3:00p Pastor Chambers 4:00p Café Chat</div>	<div>29</div> <div>9:00a Morning Greetings 9:30a Cardio & Weights 10:00a Hydration Time 10:15a Fill & Deliver Candy Buckets</div> <div>4:30p  Trick or Treat</div>	<div>30</div> <div>9:00a Morning Greetings 9:30a Chair Yoga 10:00a Hydration Time 10:15a Pastor Sam 1:00p Pretty Nails 2:00P Taste & Travel to: BALI, Indonesia</div> <div>2:30 Communion 3:00 Country Drive 4:00p Café Chat</div>	<div>31 Happy Halloween !</div> <div></div> <div>9:00a Morning Greetings 9:30a Cardio & Strength 10:00a Hydration time 10:00a Euchre Club 1:30p BINGO 3:00p HAPPY HOUR</div>	