

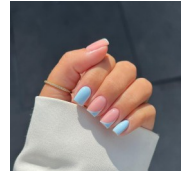
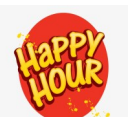
NOVEMBER 2025 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
RIVERSIDE SENIOR LIFE COMMUNITIES Assisted Living & Memory Care 85 E. Burn Road Bourbonnais, IL 60914 815-935-3332 Contact the Concierge to sign up for any Outings or Special Events <i>*Please note that all programs are subject to change.</i>	VISITING PHYSICIANS: Dr. Guntupalli—Psychiatrist Nov. 6, 2025 Dr. Raley—Podiatrist Nov 5, 2025 To schedule a single or reoccurring appointment, please contact the Concierge.	VISITING PHYSICIANS: Liz Deck, NP Nov 12, 2025 Nov. 26, 2025 Audiologist TBD	SALON SERVICES: Manicures Available with Activities Hair Appointments TUESDAY 8:00A-1:30P BANKING SERVICES: First Trust Bank November 18, 2025	Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain pro- ductive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calen- dar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know. Dimensions of Wellness Categories: ● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual		
						1 9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corners 1:30p Puzzle Packets  2:30p Table Game Of Choice
2 9:00a Online Mass 9:15a Morning Greeting Café 1:30p Popcorn Cart  2:00p Movie in CR	3 National Sandwich Day 9:00a Morning Greetings 9:30a Cardio & Strength 10:00a Hydration Time 10:30a Let's Bake! Pumpkin Pie Cake Bites 1:30p BINGO 2:45p Bingo Store 3:00p Euchre Club 4:00p Café Chat 	4 National Veteran's Day 9:00a Morning Greetings 9:30a Tai Chi & Cardio 10:00a Hydration Time 10:30a Pretty Nails 2:30p Veteran's Pinning Ceremony with Uplifted Care in CR 3:00p Pastor Chambers Bible Study 4:00p Café Trivia 	5 9:00a Morning Greetings 9:30a Cardio & Weights 10:00a Hydration Time 11:00a Boost Your Mood 2:00p Birthday Social  3:00p Euchre Club 4:00p Café Veteran's Trivia	6 9:00a Morning Greetings 9:30a Chair Yoga 10:00aHydration Time 10:15a Pastor Sam Bible Study 1:00p Pretty Nails & Eyeglass Cleanings 2:00p Super Foods Cranberries 2:30p Communion 3:00p Country Drive	7 National Nachos Day 9:00a Morning Greetings 9:30a Cardio Workout 10:00a Hydration Time 10:00a Euchre Club 1:30p BINGO 3:00p Happy Hour !! 4:00p Café Chat  	8 9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corners 1:30p Puzzle Packets  2:30p Table Game Of Choice

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SUN	MON	TUE	WED	THU	FRI	SAT
9 9:00a Online Mass 9:15a Morning Greeting Café 1:30p Popcorn Cart  2:00p movie in CR	10 National Parfait Day 9:00a Morning Greetings 9:30a Cardio & Strength 10:00a Hydration Time 10:30a Let's Bake! 1:30p Brown Baggin' BINGO  2:45p Bingo Store 3:00p Euchre Club 4:00p Café Chat	11 9:00a Morning Greetings 9:30a Tai Chi & Cardio 10:00a Hydration Time 10:30a Pretty Nails  1:30p Card Games in LLL 2:00p Grub Club Meeting 3:00p Pastor Chambers 4:00p Café Chat	12 National French Dip Day 9:00a Morning Greetings 9:30a Cardio & Weights 10:00a Hydration Time 10:30a Outing to:  2:00p Jerry Downs Music Entertainment 3:30p Jeopardy! ABC-TV 4:00p Café Chat	13 9:00a Morning Greetings 9:30a Chair Yoga 10:00a Hydration Time 10:15a Pastor Sam Bible Study 1:00p Pretty Nails  2:00p Town Hall Meeting 2:30p Communion 3:00p Country Drive 4:00p Café Chat	14 9:00a Morning Greetings 9:30a Cardio Workout 10:00a Hydration Time 10:00a Euchre Club  1:30p BINGO 3:00p Happy Hour  5:00 Movie of Choice	15 9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corners 1:30p Puzzle Packets  2:30p Table Game Of Choice
16 9:00a Online Mass 9:15a Morning Greeting Café 1:30p Popcorn Cart  2:00p Movie in CR	17 Sea Salt Caramel Day 9:00a Morning Greetings 9:30a Cardio & Strength 10:00a Hydration Time 10:30a Turkey Craft  1:30p BINGO 2:45p Bingo Store 3:00p Euchre Club 4:00p Café Chat	18 9:00a Morning Greetings 9:30a Tai Chi & Cardio 10:00a Hydration Time 10:30a Pretty Nails  1:30p Card Games in LLL 3:00p Pastor Chambers 3:30p Jeopardy! ABC-TV 4:00p Café Chat	19 National Chicken Soup Day 9:00a Morning Greetings 9:30a Cardio & Weights 10:00a Hydration Time 1:00p Gratitude Tree  3:00p Euchre Club 4:00p Café Trivia	20 9:00a Morning Greetings 9:30a Chair Yoga 10:00a Hydration Time 10:15a Pastor Sam Bible Study  1:00p Pretty Nails & Eyeglass Cleanings 2:00p Taste & Travel 2:30p Communion 3:00p Country Drive	21 National Gingerbread Day 9:00a Morning Greetings 9:30a Cardio Workout 10:00a Hydration Time 10:00a Euchre Club  1:30p BINGO 3:00p Happy Hour 	22 9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corners 1:30p Puzzle Packets  2:30p Table Game Of Choice
23 9:00a Online Mass 9:15a Morning Greeting Café 1:30p Popcorn Cart 2:00p Movie in CR 30 9:00a Online Mass 9:15 Morning Greeting 1:30p Popcorn Cart 2:00p Movie in CR	24 9:00a Morning Greetings 9:30a Cardio & Strength 10:00a Hydration Time 10:30a Sea Glass Ornaments  1:30p BINGO 2:45p Bingo Store 3:00p Euchre Club 4:00p Café Chat	25 9:00a Morning Greetings 9:30a Tai Chi & Cardio 10:00a Hydration Time 10:30a Pretty Nails 1:30p Card Games in LLL  3:00p Pastor Chambers 4:00p Café Chat	26 9:00a Morning Greetings 9:30a Cardio & Weights 10:00a Hydration Time 10:30a Outing to:  2:00p Mick Porter Music 	27 Happy Thanksgiving! 9:00a Morning Greetings 9:30a Chair Yoga 10:00a Macy's Parade !! 1:30p Turkey Bingo  3:00p Pretty Nails in LLL 4:00p Café Chat	28 9:00a Morning Greetings 9:30a Cardio Workout 10:00a Hydration Time 10:00a Euchre Club 1:30p BINGO 3:00p Happy Hour  5:00 Movie of Cho	29 9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corners 1:30p Puzzle Packets  2:30p Table Game Of Choice