

AUGUST 2023 INDEPENDENT LIVING CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
			Shopping Locations: Kankakee: Walgreens, CVS, Jewel & Banks Berkots Bourbonnais: Kroger, Aldi, Walgreens Jewel & Banks Kankakee South: Walmart, Dollar Tree, Aldi RT. 50 Bourbonnais: Meijer, Target, Marshalls, Kohls, Walmart and hobby lobby Outings One time a month Meetings Socials AL CC: Asst. Conference Center IL CR: IL Card Room IL GR: IL Great Room IL CMR: IL Community Room IL WC: wellness center IL TR: Theater Room IL AR: Art room IL LB: IL Library	1 LAB DRAWS 9:00 Aquatic exercise with Nicole 10:00 Land Exercises with Nicole IL WC 11:00 Cornhole IL CMR 11:00 Communion AL CC 2:00 Bingo AL CC 3:30 Caremerge/ Technology Assistance Sign up 6:30 Music at bird park sign up 	2 8:30 Mens Breakfast Sign up with Culinary 779-801-3010 9:00 Open Swim No Life Guard 9:30 Shop-N-Bank Kankakee Sign Up FL 10:00 Tai-Chi w/Gary ILWC 11:00 Corn Hole IL CMR 1:30 Shop N Bank Bourbonnais Sign Up FL 2:00 Bingo IL CMR 4:00 Happy Hour w Mark IL 6:30 Evening Movie w/ Mr. Beatty Sign up in front of	3 National Watermelon Day! 9:00 Open Swim No Life Guard 10:00 Exercise IL WC 10:00 Farmers Market sign up 11:00 Cornhole IL CMR 2:00 Watermelon IL GR 2:30 Afternoon Movie TBA 6:30 Evening Movie w/ Mr. Beatty Sign up in front of IL TR in the GR 
4 9:00 Open Swim No Life Guard 10:00 Technology Assistance/ caremerge Sign UP 10:45 Max, Carol & Suzanne All Faith's Worship IL CMR 12:30 The Marvelous Wonderettes at Cissna park country theater \$15 due at sign up 1:30 Domino's IL CR 3:00 Open Swim No Life Guard	5 9:00 Open Swim No Life Guard 9:00 Good Will Donations Accepted till 3 PM by Grand Piano in GR 10:00 Exercise IL WC 10:00 Bible Study w/Marsha Collins IL CR 11:00 Corn Hole IL CMR 11:00 Recite the Rosary IL Theatre Room 2:00 Bingo AL CC 3:30 Wine Social IL GR	6 9:00 Open Swim No Life Guard 10:00 Exercise IL WC 11:00 Picnic in the Park sign up  11:00 Corn Hole IL CMR 2:00 Popcorn IL GR 2:00 Super Foods with Kaitlyn and Madison- Melons IL CMR 2:30 Euchre IL GR 	7 9:00 Open Swim No Life Guard 9:00-10:30 First Trust Bank IL FL 10:00 Exercise IL WC 10:00-3:00 Residents Art and Craft Show IL GR 11:00 Cornhole IL CMR 1:30 Shopping Kankakee South Sign Up 2:00 Environmental meeting IL Lb 2:00 Welcome Committee IL CR 3:00 Skip-bo IL GR 6:00 Pinochle GR Happy bday John Carraher	8 LAB DRAWS National Chicken and Waffles Day! 9:00 Aquatic exercise with Nicole 10:00 Land Exercises with Nicole IL WC 11:00 Cornhole IL CMR 11:00 Communion AL CC 2:00 Bingo AL CC 3:30 Chicken and Waffle bites IL GR 6:30 Music at bird park sign up 	9 9:00 Open Swim No Life Guard 9:30 Shop-N-Bank Kankakee Sign Up FL 10:00 Tai-Chi w/Gary ILWC 11:00 Corn Hole IL CMR 1:30 Shop N Bank Bourbonnais Sign Up FL 2:00 Bingo IL CMR 4:00 Happy Hour w Mark IL IL CMR 6:30 Evening Movie w/ Mr. Beatty Sign up in front of	10 9:00 Open Swim No Life Guard 10:00 Exercise IL WC 10:00 Farmers Market sign up 11:00 Cornhole IL CMR 2:30 Afternoon Movie IL TR 6:30 Evening Movie w/ Mr. Beatty Sign up in front of TR Happy Birthday Norman Strasma
11 9:00 Open Swim No Life Guard 1:30 Country drive and ice-cream sign up 1:30 Dominos IL CR 3:00 Open Swim No Life Guard	12 9:00 Open Swim No Life Guard 10:00 Exercise IL WC 10:00 Bible Study w/Marsha Collins IL CR 11:00 Corn Hole IL CMR 11:00 Recite the Rosary IL TR 2:00 Bingo AL CC 3:30 Wine Social IL GR	13 9:00 Open Swim No Life Guard 10:00 Exercise IL WC 11:00 Corn hole IL CMR 11:00 Longbranch lunch outing sign up 2:00 Food Committee Meeting IL Private Dining 2:00 Popcorn IL GR 2:30 Euchre L GR 2:00 Page Turner's Book 6:30 Trivia with Chip General Knowledge IL CMR 	14 9:00 Open Swim No Life Guard 9:00-10:30 First Trust Bank IL LB 10:00 Exercise IL WC 11:00 Corn Hole IL WC 12:30 Dr. Raley Podiatrist 1:30 Shopping Rt. 50 Sign Up FL 3:00 Canvas Painting and snack with certa pro painters sign up 3:00 Skipbo- IL GR 6:00 Pinochle GR Happy Birthday Pat Arednt	15 National Rum Day! LAB DRAWS 9:00 Aquatic exercise with Nicole 10:00 Land Exercises with Nicole IL WC 11:00 Corn Hole IL CMR 11:00 Communion AL CC 2:00 Bingo AL CC 3:30 Rum Punch IL GR Happy Birthday Marjory Corbet 	16 National Thrift Shop 8:30 Woman's Breakfast Sign up w/ Culinary 779-801-3010 9:00 Open Swim No Life Guard 9:30 Shop-N-Bank Kankakee Sign Up FL 10:00 Tai-Chi w/Gary IL WC 10:30 Trip to embrace thrift store sign up 1:30 Shop N Bank Bourbonnais Sign Up FL 2:00 Bingo IL CMR 4:00 Happy Hour w/Mark IL CMR 6:30 Evening Movie w/Mr. Beatty Sign Up in front of IL TR	17 9:00 Open Swim No Life Guard 10:00 Exercise IL WC 10:00 Farmers Market sign up 11:00 Corn Hole 2:30 Afternoon Movie TBA 6:30 Evening Movie w/ Mr. Beatty Sign up in front of IL TR

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18 9:00 Open Swim No Life Guard 10:00 Technology Assistance/ caremerge Sign UP 10:45 Max, Carol & Suzanne All Faith's Worship IL CMR 1:30 Domino's IL CR 1:30 Country drive and ice-cream sign up 3:00 Open Swim No Life Guard Happy Birthday Eldeen Hall	19 9:00 Open Swim No Life Guard 10:00 Exercise IL WC 10:00 Bible Study w/Marsha Collins IL CR 11:00 Corn Hole IL CMR 11:00 Recite the Rosary IL TR 2:00 Servants of the Holy Heart Affiliate Prayer Group IL CR 2:00 Bingo AL CC 3:30 Wine Social IL GR	20 9:00 Open Swim No Life Guard 10:00 Exercise IL WC 11:00 Corn hole IL WC 1:30 Activity's Meeting IL LB 2:00 Popcorn IL GR 2:30 Euchre IL GR 3:30 Happy August Birthdays Social W/ Tim Rehmer IL CMR 	21 9:00 Open Swim No Life Guard 9:00-10:30 First Trust Bank IL GR 10:00 Exercise IL WC 11:00 Corn hole IL CMR 1:30 Shopping Kankakee South Sign Up 2:00 Taste and Travel with Kaitlyn Travel to Portugal IL CMR 3:00 Skipbo IL Gr 6:00 Pinochle GR	22 LAB DRAWS National Spumoni Day 9:00 Aquatic Exercise with Nicole 10:00 Land Exercises with Nicole IL WC 11:00 Communion AL CC 2:00 Bingo AL CC 2:00 All Resident Meeting IL CMR 2:45 Spumoni ice cream social IL GR 	23 9:00 Open Swim No Life Guard 9:30 Shop-N-Bank Kankakee Sign Up FL 10:00 Tai-Chi w/Gary IL WC 11:00 Corn Hole IL CMR 1:30 Shop N Bank Bourbonnais Sign Up FL 2:00 Bingo IL CMR 4:00 Happy Hour w/Mark IL CMR 6:30 Evening Movie w/ Mr. Beatty Sign up in front of IL TR	24 9:00 Open Swim No Life Guard 10:00 Exercise IL WC 10:00 Farmers Market sign up 11:00 Cornhole IL CMR 2:30 Afternoon Movie TBA 6:30 Evening Movie w/ Mr. Beatty Sign up in front of IL TR
25 9:00 Open Swim No Life Guard 10:00 Technology Assistance/ Caremerge Sign UP 1:00 JC Penny's in Mokena Sign up 1:30 Domino's IL CR. 3:00 Open Swim No Life Guard	26 9:00 Open Swim No Life Guard 10:00 Exercise IL WC 10:00 Bible Study w/Marsha Collins IL CR 11:00 Corn Hole IL CMR 11:00 Recite the Rosary IL TR 2:00 Bingo AL CC 3:30 Wine Social IL GR	27 Just Because Day! 9:00 Open Swim No Life Guard 10:00 Exercise IL WC 11:00 Cornhole IL CMR 11:00 Carlos Lunch outing sign up 2:00 Popcorn IL GR 2:30 Euchre 3:30 Soap Making Just because IL CMR sign up! 	28 9:00 Open Swim No Life Guard 9:00-10:30 First Trust Bank IL GR 10:00 Exercise IL WC 11:00 Corn hole IL CMR 1:30 Shopping R.50 Sign Up FL 3:00 Skipbo IL GR 4:00 Boost your mood with Marsha IL CMR 6:00 Pinochle GR	29 LAB DRAWS 9:00 Aquatic Exercise with Nicole 10:00 Land Exercise ILWC 11:00 Corn Hole IL CMR 11:00 Communion AL CC 2:00 Bingo AL CC 3:30 Tech/ Caremerge assistance sign up 4:00 Axe throwing Billards Room Happy Birthday Shirley Malone	30 9:00 Open Swim No Life Guard 9:30 Shop-N-Bank Kankakee Sign Up FL 10:00 Tai-Chi w/Gary IL WC 11:00 Corn Hole IL CMR 1:30 Shop N Bank Bourbonnais Sign Up FL 2:00 Bingo IL CMR 4:00 Happy Hour w/Mark IL CMR 6:30 Evening Movie w/ Mr. Beatty Sign up in front of IL TR Happy Birthday Roxanna Kruse	31 9:00 Open Swim No Life Guard 10:00 Exercise IL WC 10:00 Farmers Market sign up 11:00 Cornhole IL CMR 2:30 Afternoon Movie TBA 6:30 Evening Movie w/ Mr. Beatty Sign up in front of IL TR
<u>Bus Schedule for Church Services</u> 8:00 St. Paul's 10:00 Asbury 10:30 Maternity Church 11:00 Saint John Paul II 	<u>Riverside Senior Life Communities</u> Partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar, there are many small group programs occurring, as well as one-on-one opportunities to assure all of our residents are engaged. If you or your loved ones have suggestions for something that you enjoy, please do not hesitate to let us know. We are here to serve you			 <		