

AUGUST 2023 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
 <p>RIVERSIDE SENIOR LIFE COMMUNITIES Assisted Living & Memory Care</p> <p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p> <p>Contact the Concierge to sign up for any Outings or Special Events</p> <p><i>*Please note that all programs are subject to change.</i></p>	<p>VISITING PHYSICIANS: Dr. Naga Guntupalli—Psychiatrist Thursday, Every other Month on 1st Thursday</p> <p>Dr. Raley—Podiatrist Wednesday, August 23rd</p> <p>To schedule a single or reoccurring appointment, please contact the Concierge.</p>	<p>VISITING PHYSICIANS: Dr. Ali—Primary Care Physician Tuesday August 2nd & 16th</p> <p>Audiologist TBD</p>	<p>SALON SERVICES: Manicures Currently unavailable</p> <p>Hair Appointments Available in the salon Mondays: 9:00a—12:00p Tuesdays: 9:00a—4:00p Wednesdays: 1:00p—4:00p</p> <p>BANKING SERVICES: First Trust Bank Tuesday 1st & 15th Available for cashing checks, making deposits & withdrawals. Please contact the Concierge if interested.</p>	<p>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged.</p> <p>If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p>Dimensions of Wellness Categories: ● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</p>		
				<p>1 9:30am Tai Chi</p> <p>10:15am Pastor Sam 11:00am Pretty Nails</p> <p>2:00pm Super Foods with Kaitlyn (Melons)</p> <p>2:30am Communion 3:00pm Country Drive 6:00pm Music in the Park</p>	<p>2 NATL COLORING BOOK DAY</p> <p>9:30am Cardio</p> <p>10:00am Euchre</p> <p>1:30pm B-I-N-G-O</p> <p>3:00pm Happy Hour</p> <p>6:00pm Wheel of Fortune</p>	<p>3 9:30am Tai Chi</p> <p>10:00am Table Talk</p> <p>10:30am Helper Corner</p> <p>1:30pm Puzzle Packets</p>
<p>4 PEACHY KEEN WEEK</p> <p>9:00am Online Mass</p> <p>9:15am Morning Greet in the Café</p> <p>1:30pm Popcorn Cart</p> <p>2:30pm Movie of Choice</p> <p>3:00pm Poetry Club</p>	<p>5 PEACH TEA DAY</p> <p>9:30am Cardio & Strength</p> <p>10:30am Build-A-Barn with Marie</p> <p>1:00pm Eye Glass Cleaning</p> <p>1:30pm B-I-N-G-O with Bingo Store</p> <p>3:00pm Euchre</p> <p>5:00pm Movie of Choice</p>	<p>6 PEACH COBBLER DAY</p> <p>9:30am Tai Chi</p> <p>10:30am Pretty Nails</p> <p>11:00am Eye Glass Cleaning</p> <p>1:30pm Black Jack</p> <p>3:00pm Pasto Chambers</p> <p>3:30pm Jeopardy</p>	<p>7 PEACH SHAKE DAY</p> <p>9:30am Cardio & Weights</p> <p>10:15am Max & Carol Worship (MC)</p> <p>11:00am Boost Your Mood with Marsha! (CR)</p> <p>2:00pm August Birthday Social</p> <p>4:00pm Porch Chat</p>	<p>8 FRESH PEACH SLICES</p> <p>9:30am Tai Chi</p> <p>10:15am Pastor Sam</p> <p>11:00am Pretty Nails</p> <p>1:00pm Black Jack</p> <p>2:30am Communion</p> <p>3:00pm Country Drive</p> <p>6:00pm Music in the Park</p>	<p>9 PEACH DRINKS DAY</p> <p>9:30am Cardio</p> <p>10:00am Euchre</p> <p>1:00pm BINGO</p> <p>2:00pm JERRY DOWNS</p> <p>3:00pm Happy Hour</p> <p>6:00pm Wheel of Fortune</p>	<p>10 9:30am Tai Chi</p> <p>10:00am Table Talk</p> <p>10:30am Helper Corner</p> <p>1:30pm Puzzle Packets</p>

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SUN	MON	TUE	WED	THU	FRI	SAT
11 COUNTY FAIR WEEK 9:00am Online Mass 9:15am Morning Greet in the Café 1:30pm Popcorn Cart 2:30pm Movie of Choice 3:00pm Euchre Club	12 9:30am Cardio & Strength 10:30am Caramel Apples & County Fair Games 1:30pm B-I-N-G-O with Bingo Store 3:00pm Euchre 5:00pm Movie of Choice	13 CORN DOG DAY 9:30am Tai Chi 10:30am Grub Club 11:00am Pretty Nails 1:30pm Kings Corner Cards 3:00pm Pasto Chambers 4:00pm Café Chat	14 9:30am Cardio & Weights 10:30am “OUTING” HOBBY LOBBY 11:30am Deacon Dale 1:30pm Eye Glass Cleaning 2:00pm Porch Sittin’ 2:30pm Beach Ball Soccer	15 WATERMELON DAY 9:30am Tai Chi 10:15am Pastor Sam 11:00am Pretty Nails 2:00pm Town Hall Meeting 2:30am Communion 3:00pm Country Drive	16 NATL RUM DAY 9:30am Cardio 10:00am Euchre 1:30pm B-I-N-G-O 3:00pm Happy Hour with Peach Drinks 6:00pm Wheel of Fortune	17 9:30am Tai Chi 10:00am Table Talk 10:30am Helper Corner 1:30pm Puzzle Packets
18 9:00am Online Mass 9:15am Morning Greet in the Café 1:30pm Popcorn Cart 2:30pm Movie of Choice 4:00pm Café Chat	19 NATL POTATO DAY 9:30am Cardio & Strength 10:30am Craft with Marie 1:30pm B-I-N-G-O with Bingo Store 3:00pm Euchre 4:00pm Café Chat 5:00pm Movie of Choice	20 9:30am Tai Chi 10:30am Pretty Nails 1:30pm Pete’s Band 1:30pm Black Jack 3:00pm Pastor Chambers 3:30pm Jeopardy 4:00pm Café Chat	21 9:30am Cardio & Weights 10:15am Trivia Chat 11:00am Eye Glass Cleaning 2:00pmFEDORA’S 3:30pm Jeopardy 4:00pm Porch Sittin’	22 9:30am Tai Chi 10:15am Pastor Sam 11:00am Pretty Nails 2:00pm Taste & Travel to With Kaitlyn—Portugal 2:30am Communion 3:00pm Country Drive 3:30pm Jeopardy 4:00pm Café Chat	23 9:30am Cardio 10:00am Euchre 1:30pm B-I-N-G-O 3:00pm Happy Hour with Chicken & Waffles 6:00pm Wheel of Fortune	24 9:30am Tai Chi 10:00am Table Talk 10:30am Helper Corner 1:30pm Puzzle Packets
25 9:00am Online Mass 9:15am Morning Greet in the Café 1:30pm Popcorn Cart 2:30pm Movie of Choice 4:00pm Café Chat	26 9:30am Cardio & Strength 10:30am Craft with Marie 1:30pm B-I-N-G-O with Bingo Store 3:00pm Euchre 3:30pm Jeopardy 5:00pm Movie of Choice	27 9:30am Tai Chi 10:30am Pretty Nails 1:30pm UNO Cards 3:00pm Pastor Chambers 3:30pm Jeopardy 4:00pm Café Chat	28 9:30am Cardio & Weights 10:00am Trivia Chat 10:30pm “OUTING” STEAK N SHAKE 2:00pm MARK on the PIANO 4:00pm Porch Sittin’ 5:00pm Movie	29 9:30am Tai Chi 10:15am Pastor Sam 11:00am Pretty Nails 1:00pm Black Jack 2:30am Communion 3:00pm Country Drive 3:30pm Jeopardy	30 LABOR DAY BBQ 9:30am Cardio 10:00am Euchre 1:30pm B-I-N-G-O 3:00pm Happy Hour 6:00pm Wheel of Fortune	31 9:30am Tai Chi 10:00am Table Talk 10:30am Helper Corner 1:30pm Puzzle Packets