







MAY 2025 MEMORY CARE CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
			<p>VISITING PHYSICIANS</p> <p>Dr. Raley, Podiatrist</p> <ul style="list-style-type: none">TBD <p>Erin Dean, FNP-BC</p> <p>(If you would like to switch over to her as your primary care giver) See Rosa Rodriguez for details.</p> <p>To schedule a single or reoccurring appointment, please contact Terri in the Memory Care office.</p>	<p>1</p> <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Manicures1:00 — Inspirational Melodies3:00 — IN2L Trivia Time6:00 — A Dose of Devotion9:00 — Late Night Snacks	<p>2</p> <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Starving Artists3:00 — Happy Hour Sing A Long6:00 — IN2L Computer (Funny Videos)9:00 — Late Night Snacks <p><i>Happy Birthday Doris Dickey!</i></p>	<p>3</p> <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Coffee and Tea Time1:30 — Music Connections3:00 — Afternoon Refresher6:00 — T.V. Land (60.2)9:00 — Late Night Snacks
<p>4</p> <ul style="list-style-type: none">9:00 — Morning Worship10:30 — One to One Visits1:00 — IN2L (Spiritual Videos)3:00 — Movie Matinee6:00 — Reminisce9:00 — Late Night Snacks	<p>5 CINCO DE MAYO</p> <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Karaoke Sing A Long2:00— Country Drive3:30 — Cinco De Mayo Social with Special Guest Steve Lydell9:00 — Late Night Snacks 	<p>6</p> <ul style="list-style-type: none">9:30 — Stretch and Strengthen10:30 — IN2L Trivia1:30 — Quiet Reflections In The Sensory Room2:45 — Walkie Talkies (Walking Group)6:00 — Lifetime Movie9:00 — Late Night Snacks	<p>7</p> <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Table Games1:30 — Music Connections3:00 — Finish The Lyrics6:00 — One to One Visit9:00 — Late Night Snacks	<p>8</p> <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Manicures1:00 — Inspirational Melodies3:00 — IN2L Trivia Time6:00 — A Dose of Devotion9:00 — Late Night Snacks	<p>9</p> <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Starving Artists3:00 — Happy Hour Sing A Long6:00 — IN2L Computer (Funny Videos)9:00 — Late Night Snacks	<p>10</p> <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Coffee and Tea Time1:30 — Music Connections3:00 — Afternoon Refresher6:00 — T.V. Land (60.2)9:00 — Late Night Snacks
<p>11 MOTHERS DAY</p> <ul style="list-style-type: none">9:00 — Morning Worship10:30 — Coffee/Tea and Scones1:00 — IN2L (Spiritual Videos)3:00 — Movie Matinee6:00 — Reminisce9:00 — Late Night Snacks	<p>12</p> <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Karaoke Sing A Long2:15 — Country Drive6:30 — Game Show Network9:00 — Late Night Snacks	<p>13</p> <ul style="list-style-type: none">9:30 — Stretch and Strengthen10:30 — IN2L Trivia1:30 — Quiet Reflections In The Sensory Room2:45 — Walkie Talkies (Walking Group)6:00 — Lifetime Movie9:00 — Late Night Snacks	<p>14</p> <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Porch Stories1:30 — Music Connections3:00 — Finish The Lines6:00 — One to One Visit9:00 — Late Night Snacks	<p>15</p> <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Manicures1:00 — Inspirational Melodies3:00 — IN2L Trivia Time6:00 — A Dose of Devotion9:00 — Late Night Snacks	<p>16</p> <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Starving Artists3:00 — Happy Hour Sing A Long6:00 — IN2L Computer (Funny Videos)9:00 — Late Night Snacks	<p>17</p> <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Coffee and Tea Time1:30 — Music Connections3:00 — Afternoon Refresher6:00 — T.V. Land (60.2)9:00 — Late Night Snacks

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SUN	MON	TUE	WED	THU	FRI	SAT
18 <ul style="list-style-type: none">9:00 — Morning Worship10:30 — One to One Visits1:00 — IN2L (Spiritual Videos)3:00 — Movie Matinee6:00 — Reminisce9:00 — Late Night Snacks	19 <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Karaoke Sing A Long2:15 — Country Drive6:30 — Game Show Network9:00 — Late Night Snacks	20 <ul style="list-style-type: none">9:30 — Stretch and Strengthen10:30 — IN2L Trivia1:30 — Quiet Reflections In The Sensory Room2:45 — Walkie Talkies (Walking Group)6:00 — Lifetime Movie9:00 — Late Night Snacks	21 <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Porch Stories1:30 — Music Connections3:00 — Finish The Lyrics6:00 — One to One Visit9:00 — Late Night Snacks	22 <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Manicures1:00 — Inspirational Melodies3:00 — IN2L Trivia Time6:00 — A Dose of Devotion9:00 — Late Night Snacks	23 <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Baby Day Play Group3:00 — Happy Hour Sing A Long6:00 — IN2L Computer (Funny Videos)9:00 — Late Night Snacks 	24 <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Coffee and Tea Time1:30 — Music Connections3:00 — Afternoon Refresher6:00 — T.V. Land (60.2)9:00 — Late Night Snacks
25 <ul style="list-style-type: none">9:00 — Morning Worship10:30 — One to One Visits1:00 — IN2L (Spiritual Videos)3:00 — Movie Matinee6:00 — Reminisce9:00 — Late Night Snacks	26 MEMORIAL DAY <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Karaoke (Patriotic Songs)2:30 — Root Beer Floats6:30 — Game Show Network9:00 — Late Night Snacks 	27 <ul style="list-style-type: none">9:30 — Stretch and Strengthen10:30 — Name Ten Things1:30 — Quiet Reflections In The Sensory Room2:45 — Walkie Talkies (Walking Group)6:00 — Lifetime Movie9:00 — Late Night Snacks	28 NATIONAL HAMBURGER DAY <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Porch Stories1:30 — Music Connections2:00 — Cheese Burger In Paradise Social w/ Jerry Downs6:00 — One to One Visit9:00 — Late Night Snacks	29 <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Manicures1:00 — Inspirational Melodies3:00 — IN2L Trivia Time6:00 — A Dose of Devotion9:00 — Late Night Snacks	30 <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Starving Artists3:00 — Happy Hour Sing A Long6:00 — IN2L Computer (Funny Videos)9:00 — Late Night Snacks	31 <ul style="list-style-type: none">9:30 — Therapeutic Exercise10:30 — Coffee and Tea Time1:30 — Music Connections3:00 — Afternoon Refresher6:00 — T.V. Land (60.2)9:00 — Late Night Snacks
Alzheimers/Dementia Support Group At Our Bourbonnais Campus (May 13th)	<p>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar, there are many small group programs occurring, as well as one-on-one opportunities to assure all of our residents are engaged. If you or your loved ones have suggestions for something that you enjoy, please do not hesitate to let us know. We are here to serve you.</p> <p>Dimensions of Wellness Categories: ● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</p>				 WESTWOOD Riverside Senior Life Communities 1485 Butterfield Trail Kankakee, IL 60901 815-933-0793	

Please note that all programs are Subject to change.