

# MAY 2025 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
<div><p><b>RIVERSIDE</b> SENIOR LIFE COMMUNITIES Assisted Living &amp; Memory Care</p><p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p><p>Contact the Concierge to sign up for any Outings or Special Events</p><p><i>*Please note that all programs are subject to change.</i></p></div>	<p>VISITING PHYSICIANS: <b>Dr. Naga Guntupalli— Psychiatrist</b> May 1, 2025</p> <p><b>Dr. Raley—Podiatrist</b> May 21, 2025</p> <p>To schedule a single or reoccurring appointment, please contact the Concierge.</p>	<p>VISITING PHYSICIANS: <b>Liz Deck, NP—Primary Care Physician</b></p> <p>May 7, 2025</p> <p>May 21, 2025</p>	<p>SALON SERVICES: <b>Manicures</b> Available by Activities</p> <p><b>Hair Appointments</b> Tuesdays: 8:30a—1:00p</p> <p>BANKING SERVICES: <b>First Trust Bank</b> May 13, 2025 Available for cashing checks making deposits etc. if interested.</p>	<p>Riverside Senior Life Communities partners with residents &amp; their families to identify their desires &amp; dreams, &amp; work together to bring those needs, passions, &amp; abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain pro- ductive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this cal- endar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p><b>Dimensions of Wellness Categories:</b> ● = Cognitive   ● = Emotional   ● = Physical   ● = Social   ● = Spiritual</p>		
				<p><b>1</b> 9:00am Morning Greeting 9:15am Hydration Time 9:30a Chair Yoga 10:15a Pastor Sam Bible Study 1:00p <b>PRETTY NAILS</b>  2:00p <b>Super Foods with Kaitlyn-Avocado</b> 2:30p Catholic Communion 3:00p Country Drive 4:00p Café Chat 5:00p Movie of Choice</p>	<p><b>2</b> 9:00am Morning Greeting 9:15am Hydration Station 9:30a Cardio &amp; Strength 10:00a Euchre Club  1:30p B-I-N-G-O 3:00p <b>HAPPY HOUR</b> 4:00p Café Chat 5:00p Movie of Choice</p> <p><b>Happy National Shrimp Day!</b></p>	<p><b>3</b> 9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner 1:30 Table Game of choice 1:30p Puzzle Packets</p> <p><b>Kentucky Derby Day!</b></p>
<p><b>4</b> 9:00a Online Mass 9:15a Morning Meet &amp; Greet In Café 1:30p Popcorn Cart</p>  <p>2:30p Movie Time 4:00p Café Chat</p>	<p><b>5</b> 9:00am Morning Greeting 9:15am Hydration Station 9:30a Cardio &amp; Strength 10:30a <b>Decoupage Design Craft with Marie</b>  1:30p <b>B-I-N-G-O</b> 2:45p Bingo Store 3:00p <b>Euchre Club</b> 4:00p Café Chat</p> <p><b>Cinco De Mayo!</b></p>	<p><b>6</b> 9:00am Morning Greeting 9:15am Hydration Station 9:30a Tai Chi &amp; Cardio Workout 10:00am <b>Grub Club</b> 10:30a Pastor Chambers Bible Study  1:30p Black Jack Cards 3:00p <b>Pretty Nails</b> &amp; Eyeglass Cleanings in LLL  4:00p Café Chat</p>	<p><b>7</b> 9:00am Morning Greeting 9:15am Hydration Station 9:30a Cardio &amp; Weights 10:15a <b>Max &amp; Carol</b> <b>Worship Hymns in CR</b>  2:00p <b>BIRTHDAY SOCIAL !!</b> 3:30p Jeopardy (ABC TV) 4:00p Cafe Chat</p>	<p><b>8</b> 9:00am Morning Greeting 9:15am Hydration Station 9:30a Chair Yoga 10:15a Pastor Sam Bible Study  1:00p <b>PRETTY NAILS</b> 2:30p Catholic Communion 3:00p Country Drive 3:30p Jeopardy! ABC-TV</p>	<p><b>9</b> 9:00am Morning Greeting 9:15am Hydration Station 9:30a Cardio &amp; Strength 10:00a Euchre Club  <b>10:30a—11:30a Mother's Day Brunch</b>  2:00p Jerry Downs Music 3:00p <b>HAPPY HOUR</b> 4:00p Café Chat 5:00p Movie of Choice</p>	<p><b>10</b> 9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner 1:30 Table Game of choice 1:30p Puzzle Packets</p>

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SUN	MON	TUE	WED	THU	FRI	SAT
<b>11</b> 9:00a Online Mass 9:15a Morning Meet & Greet In Café  1:30p Popcorn Cart  2:30p Movie Time  4:00p Café Chat  <b>Happy Mother's Day !</b>	<b>12</b> 9:00am Morning Greeting 9:15am Hydration Station 9:30a Cardio & Strength 10:15a Let's Make Fudge!  1:30p <b>B-I-N-G-O</b> 2:45p Bingo Store 3:00p <b>Euchre Club</b> 4:00p Café Chat  <b>National Nutty Fudge Day!!</b>	<b>13</b> 9:00am Morning Greeting 9:15am Hydration Station 9:30a Tai Chi & Cardio Workout 10:30a Pastor Chambers Bible Study  1:30p Black Jack Cards  2:30p <b>Tend the Garden</b> <b>Triple Decker Planter</b>  <b>National Hummus Day!</b>	<b>14</b> 9:15am Hydration Station 9:00am Morning Greeting 9:30a Cardio & Weights <b>10:30am Outing to:</b> <b>Great Wall Chinese Food</b>  2:00p <b>Entertainment by</b> <b>Mick Porter</b>  3:30p Jeopardy (ABC TV) 4:00p Cafe Chat  6:00p Pete's Band	<b>15</b> 9:00am Morning Greeting 9:15am Hydration Station 9:30a Chair Yoga 10:15a Pastor Sam Bible Study 1:00ap <b>PRETTY NAILS</b>  2:30p Catholic Communion 3:00p Country Drive 4:00p Café Chat 5:00p Movie of Choice  <b>Happy Frozen Juice</b> <b>Slushie Day!</b>	<b>16</b> :00am Morning Greeting 9:15am Hydration Station 9:30a Cardio & Strength 10:00a Euchre Club  1:30p B-I-N-G-O 3:00p <b>HAPPY HOUR</b> 4:00p Café Trivia 5:00p Movie of Choice  <b>Happy Mimosa Day!</b>	<b>17</b> 9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner 1:30 Table Game of choice 1:30p Puzzle Packets
<b>18</b> 9:00a Online Mass 9:15a Morning Meet & Greet In Café  1:30p Popcorn Cart 2:30p Movie Time  4:00p Café Chat	<b>19</b> 9:00am Morning Greeting 9:15am Hydration Station 9:30a Cardio & Strength 10:15a <b>Hyacinth Flower Art</b> <b>With Marie</b>  1:30p <b>B-I-N-G-O</b> 2:45p Bingo Store 3:00p <b>Euchre Club</b> 4:00p Café Chat	<b>20</b> 9:00am Morning Greeting 9:15am Hydration Station 9:30a Tai Chi & Cardio Workout 10:30a Pastor Chambers Bible Study 1:00p <b>PRETTY NAILS and</b> <b>Eye Glass Cleanings</b> 1:30p Black Jack Cards 3:00p <b>Poetry Club Outside by</b> <b>Café—Weather Permitting</b> 3:30p Jeopardy! ABC—TV 4:00p Café Chat <b>National Strawberry Day!</b>	<b>21</b> 22 9:00am Morning Greeting 9:15am Hydration Station 9:30a Cardio & Weights 11:00p <b>Boost Your Mood</b> <b>W Marsha</b> 11:30a <b>Deacon Dale</b> <b>Lunchtime Music</b>  1:00p <b>Tend the Garden</b>  3:30p Jeopardy (ABC TV) 4:00p Cafe Chat	<b>22</b> 9:00am Morning Greeting 9:15am Hydration Station 9:30a Chair Yoga 10:15a Pastor Sam Bible Study  1:00p <b>PRETTY NAILS</b>  2:30p Catholic Communion 3:00p Country Drive 4:00p Café Chat	<b>23</b> 9:00am Morning Greeting 9:15am Hydration Station 9:30a Cardio & Strength 10:00a Euchre Club  1:30p B-I-N-G-O 3:00p <b>HAPPY HOUR</b> <b>Memorial Day BBQ!!</b> 4:00p Café Chat 5:00p Movie of Choice	<b>24</b> 9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner 1:30 Table Game of choice 1:30p Puzzle Packets
<b>25</b> 9:00a Online Mass 9:15a Morning Meet & Greet In Café  1:30p Popcorn Cart 2:30p Movie Time  4:00p Café Chat	<b>26</b> 9:00am Morning Greeting 9:15am Hydration Station 9:30a Cardio & Strength 10:30a <b>Memorial Day</b> <b>Commemorative Presentation</b>  1:30p <b>B-I-N-G-O</b> 2:45p Bingo Store 3:00p <b>Euchre Club</b> 4:00p Café Chat	<b>27 9</b> 9:00am Morning Greeting 9:15am Hydration Station 9:30a Tai Chi & Cardio Workout 10:30a Pastor Chambers Bible Study  1:30p Black Jack Cards  <b>National Grape Popsicle Day!</b>	<b>28</b> 9:00am Morning Greeting 9:15am Hydration Station 9:30a Cardio & Weights <b>10:30a Walmart Outing</b>  1:00p <b>Tend the Garden</b>  3:30p Jeopardy (ABC TV) 4:00p Cafe Chat	<b>29</b> 9:00am Morning Greeting 9:15am Hydration Station 9:30a Chair Yoga 10:15a Pastor Sam Bible Study 1:00p <b>PRETTY NAILS</b>  2:00p Taste & Travel w Kaitlyn—to <b>Costa Rica</b>  2:30p Catholic Communion 3:00p Country Drive	<b>30</b> 9:00am Morning Greeting 9:15am Hydration Station 9:30a Cardio & Strength 10:00a Euchre Club  1:30p B-I-N-G-O 3:00p <b>HAPPY HOUR</b> 4:00p Café Chat 5:00p Movie of Choice  <b>National Mint Julep Day!</b>	<b>31</b> 9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner 1:30 Table Game of choice 1:30p Puzzle Packets