











JULY 2025 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
<div><p>RIVERSIDE SENIOR LIFE COMMUNITIES Assisted Living & Memory Care</p><p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p><p>Contact the Concierge to sign up for any Outings or Special Events</p><p><i>*Please note that all programs are subject to change.</i></p></div>	<p>VISITING PHYSICIANS:</p> <p>Dr. Guntunpalli—Psychiatrist July 3, 2025</p> <p>Dr. Raley—Podiatrist July 2, 2025 July 23, 2025</p> <p>To schedule a single or reoccurring appointment, please contact the Concierge.</p>	<p>VISITING PHYSICIANS:</p> <p>Liz Deck, NP July 9, 2025 July 23, 2025</p> <p>Audiologist TBD</p>	<p>SALON SERVICES:</p> <p>Manicures Available by Activities</p> <p>Hair Appointments Tuesdays: 8:00a—1:00p</p> <p>BANKING SERVICES:</p> <p>First Trust Bank July 15, 2025</p> <p>Once a month on Tuesday Available to cash checks, make deposits & withdrawals. Please contact the Concierge</p>	<p>Riverside Senior Life Communities</p> <p>Partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spir- itual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on- one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p><u>Dimensions of Wellness Categories:</u></p> <p>● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</p>		
<div></div>						
<div></div>		<p>1 Morning Greeting 9:15a Hydration Station 9:30a Tai Chi & Cardio 10:00a Comedy Club in CR 1:00p PRETTY NAILS and Eye Glass Cleanings 1:30p Black Jack Cards 3:00p Pastor Chambers Bible Study in Club Room 4:00p Café Chat National Italian Ice Day!</p>	<p>2 9:00a Morning Greeting 9:15a Hydration Time 9:30a Cardio & Weights 10:00aTable Games of Choice</p> <div></div> <p>2:00p BIRTHDAY SOCIAL 3:30p Jeopardy (ABC TV) 4:00p Cafe Chat</p>	<p>3 9:00a Morning Greeting 9:15a Hydration Station 9:30a Chair Yoga 10:15a Pastor Sam 2:00p Super Foods with Kaitlyn 2:30p Communion 3:00p Country Drive 6:00 Bird's Park Concert Happy Birthday, Rheba B.!</p>	<p>4 9:00a Morning Greeting 9:15a Hydration Time 9:30a Cardio & Strength 10:00a Euchre Club 1:30p B-I-N-G-O 3:00p HAPPY HOUR Hot dogs!</p> <div></div> <p>5:00p Movie of Choice Happy Birthday, BettyAnn !</p>	<p>5 9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner 1:30 Table Game of choice 1:30p Puzzle Packets</p> <div></div>
<p>6 9:00a Online Mass 9:15a Morning Meet & Greet In Café</p> <div></div> <p>2:30p Movie Time 4:00p Café Chat</p>	<p>7 9:00a Morning Greetings 9:15a Hydration Time 9:30a Cardio & Strength 10:30a Craft w Marie 1:30p B-I-N-G-O</p> <div></div> <p>2:45p Bingo Store 3:00p Euchre Club 4:00p Café Chat</p>	<p>8 9:00a Morning Greetings 9:15a Hydration Station 9:30a Tai Chi & Cardio 10:30a Grub Club 1:30p Black Jack Cards 2:30p Pretty Nails 3:00p Pastor Chambers Bible Study in Club Room 4:00p Café Chat National Freezer Pop Day!</p>	<p>9 9:00a Morning Greetings 9:15a Hydration Time 9:30a Cardio & Weights 10:30a Outing to Chicago Dough Pizza! 2:00p Jerry Downs Music</p> <div></div> <p>3:30p Jeopardy (ABC TV) 4:00p Cafe Chat</p>	<p>10 9:00a Morning Greet 9:15a Hydration Time 9:30a Chair Yoga 10:15a Pastor Sam Bible Study 1:00p Pretty Nails in LLL 2:30p Communion 3:00p Country Drive</p>	<p>11 9:00a Morning Greetings 9:15a Hydration Time 9:30a Cardio & Strength 10:00a Euchre Club 1:30p B-I-N-G-O 3:00p HAPPY HOUR 4:00p Café Trivia 5:00p Movie of Choice Happy Birthday, Karen R.! "Make your Own Sundae" Day</p>	<p>12 9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner 1:30 Table game of choice 1:30p Puzzle Packets</p> <div></div>

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<div>13</div> <div>9:00a Online Mass 9:15a Morning Meet & Greet In Café</div> <div>2:30p Movie Time 3:00p Poetry Club 4:00p Café Chat</div> <div></div>	<div>14 9:00a Morning Greeting 9:15a Hydration Station 9:30a Cardio & Strength 10:30a __TBD__</div> <div><div>B I N G O</div><table><tr><td>14</td><td>24</td><td>44</td><td>53</td><td>68</td></tr><tr><td>7</td><td>28</td><td>31</td><td>54</td><td>73</td></tr><tr><td>2</td><td>26</td><td>★</td><td>51</td><td>67</td></tr><tr><td>3</td><td>22</td><td>39</td><td>57</td><td>75</td></tr><tr><td>9</td><td>20</td><td>37</td><td>50</td><td>71</td></tr></table></div> <div>1:30p B-I-N-G-O 2:45p Bingo Store 3:00p Euchre Club 4:00p Café Chat</div>	14	24	44	53	68	7	28	31	54	73	2	26	★	51	67	3	22	39	57	75	9	20	37	50	71	<div>15 9:00a Morning Greeting 9:15a Hydration Station 9:30a Tai Chi & Cardio 10:30a Comedy Club in CR</div> <div></div> <div>1:00p PRETTY NAILS and Eye Glass Cleaning 2:00p Kings on the Corners 3:00p Pastor Chambers Bible Study in Club Room 4:00p Café Chat National Gummy Worm Day!</div>	<div>16 9:00a Morning Greetings 9:15a Hydration Station 9:30a Cardio & Weights 11:00a Boost Your Mood W Marsha</div> <div>1:30p Trivia Chat in CR 3:00p Euchre Club 3:30p Jeopardy (ABC TV) 4:00p Cafe Chat</div> <div>6:00p PETE’S BAND</div>	<div>17 9:00a Morning Greetings 9:15a Hydration Station 9:30a Tai Chi 10:15a Pastor Sam Bible Study</div> <div>2:00p Town Hall Meeting</div> <div>2:30p Communion 3:00p Country Drive 3:30p Pretty Nails in LLL</div> <div>6:00p Bird’s Park Music Outing National Peach Ice Cream Day</div>	<div>18 9:00a Morning Greeting 9:15a Hydration Station 9:30a Cardio & Strength 10:00a Euchre Club 1:30p B-I-N-G-O</div> <div>3:00p HAPPY HOUR</div> <div></div> <div>4:00p Café Trivia 5:00p Movie of Choice</div>	<div>19</div> <div>9:30a Tai Chi 10:00a Table Talk 10:30a Helper’s Corner 1:30 Table Game of choice 1:30p Puzzle Packets</div> <div></div>
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