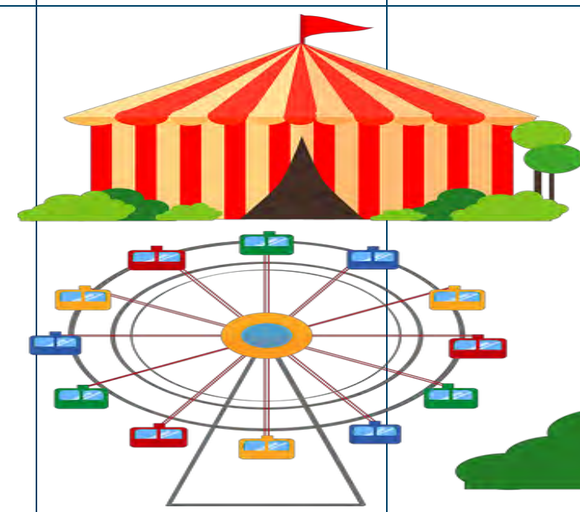
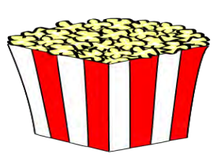
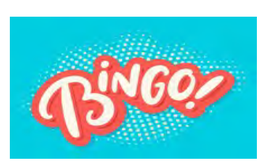
August 2025 | Memory Care Calendar of Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
BOURBONNAIS GROVE Riverside Senior Life Communities 85 E. Burn Road Bourbonnais, IL 60914 815-935-3332 **Contact the Concierge to sign up for any Outings or Special Events** *Please note that all programs are subject to change*	Visiting Physicians: Dr. Guntunpalli-Psychiatrist **August 1, 2024** Dr. Raley—Podiatrist **August 7, 2024** **To schedule a single or recurring appointment, Please contact The Concierge**	VISITING PHYSICIANS: Liz Deck, NP **August 7, 2024** **August 21, 2024** Audiologist—TBD	MANICURES: **Available by Activities** Hair appointments: Tuesdays: 9:00a—12:30p Wednesdays: 1:00p—4:00p Banking services: First Trust Bank **August 15** Available to cash checks, make deposits & withdrawls Please contact the Concierge	**Riverside Senior Life Communities** partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physicallyindependent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know. **Dimensions of Wellness Categories:** ● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual		
Daily 8:50 a.m. Morning Greetings Hand Out Chronicles					**1 National Beer Day !** **9:00 Pretty Nails** **10:30 Hydration Time** **1:30 Jolly Joggers** **2:00 Armchair Detective** **3:00 Happy Hour** 	**2** **8:50 Morning Greetings** **10:30 Gentle Stretch Exercises** **1:30 Movie Matinee** **2:30 Snack & Chat** **3:00 Sing with Me**
3 **9:30 Mass** **10:30 Exercise of Choice** **1:30 Table Game** **2:30 Popcorn Cart** **3:00 Creative Coloring** 	**4 Happy Birthday Steve!** **9:30 Corn Hole** **10:00 Hydration Time** **10:30 A-Z Game** **1:30 Crafty Corner** **2:30 Snack & Chat** **3:00 Sensory Garden** 	**5** **9:30 Senior Motown Ex** **10:00 Hydration Time** **10:30 Memory Game** **1:30 Bingo** **2:30 Snack & Chat** **3:00 Garden Club** 	**6 National Root Beer Day!** **9:30 Gentle Chair Yoga** **10:00 Hydration Time** **10:30 Max & Carol Worship Service** **2:00 August Birthday Party** **3:00 Sensory Garden** 	**7** **9:30 Gentle Stretch Ex** **10;00 Hydration Time** **10:30 CountryDrive JD** **1:30 Tenzie** **2:15 Holy Communion** **2:30 Snack & Chat** **3:00 Sensory Garden** **6:00 Music in The Park Last Concert of the summer 2025**	**8 Zucchini Day** **9:00 Pretty Nails** **10:30 Hydration Time** **1:30 Jolly Joggers** **2:00 Armchair Detective** **2:30 Snack & Chat** 	**9** **8:50 Morning Greetings** **10:30 Gentle Stretch Exercises** **1:30 Bingo** **2:30 Snack & Chat** **3:00 Sing with Me**

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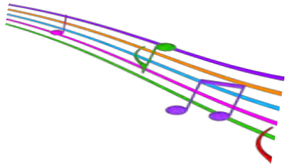
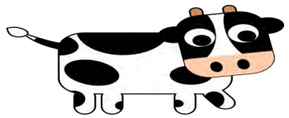
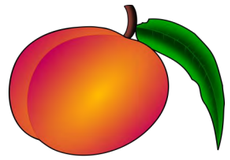
Sun	Mon	Tue	Wed	Thu	Fri	Sat
10 9:30 Mass 10:30 Exercise of Choice 1:30 Table Game 2:30 Popcorn Cart 3:00 Creative Coloring Week begins !!!!	11 9:30 Bowling 10:00 Hydration Time 10:30 You Tube Fun 1:30 Bingo 2:30 Snack & Chat 3:00 Walking Club 	12 Happy Birthday Vonnie! Nat Gooey Butter Cake Day 9:30 Senior Motown Exerc 10:00 Hydration Time 10:30 Midway games 2:00 Pete's Band 3:00 Snack & Chat 	13 9:30 Gentle Chair Yoga 10:00 Hydration Time 10:30 Outing Embrace 2:00 Jerry Downs Music 3:00 Snack & Chat 5:00 One On Ones PRN 	14 9:30 Gentle Stretch Ex 10:00 Hydration Time 10:00Linda MOO Concert 10:30 Country Drive CC 1:30 Cow Milking Contest 2:15 Holy Communion 2:30 Snack & Chat 3:00 Sensory Garden 	15 9:00 Pretty Nails 10:30 Hydration Time 1:30 Jolly Joggers 2:00 County Fair Detective 3:00 Happy Hour 3:00 Jakob Entertainer 	16 ELVIS DAY 8:50 Morning Greetings 10:30 Elvisizes (Exercises) 1:30 Elvis Movie 2:30 Snack & Chat 3:00 Elvis Concert
17 9:30 Mass 10:30 Exercise of Choice 1:30 Table Game 2:30 Popcorn Cart 3:00 Creative Coloring 	18 National Ice Cream Pie Day! 9:30 Soccer Circle 10:00 Hydration Time 10:30 A-Z Game 1:30 Crafty Corner 2:30 Snack & Chat 3:00 Sensory Garden Happy Birthday Monica! 	19 9:30 Senior Motown Ex 10:00 Hydration Time 10:30 Memory Game 1:30 Bingo 2:30 Snack & Chat 3:00 Garden Club 	20 9:30 Gentle Chair Yoga 10:00 Hydration Time 10:30 Guess the Object 1:30 Name That Tune 2:30 Snack & Chat 3:00 Word Warm 5:00 One On Ones PRN 	21 National Sweet Tea Day! 9:30 Gentle Stretch Ex 10;00 Hydration Time 10:30 CountryDrive JD 1:30 Tenzie 2:15 Holy Communion 2:30 Snack & Chat 3:00 Sensory Garden 	22 Eat a Peach Day 9:00 Pretty Nails 10:30 Hydration Time 1:30 Jolly Joggers 2:00 Armchair Detective 2:30 Snack & Chat 	23 8:50 Morning Greetings 10:30 Gentle Stretch Exercises 1:30 Bingo 2:30 Snack & Chat 3:00 Sing with Me
24 9:30 Mass 10:30 Exercise of Choice 1:30 Table Game 2:30 Popcorn Cart 3:00 Creative Coloring 31 9:30 Mass 10:30 Exercise of Choice 1:30 Table Game 2:30 Popcorn Cart 3:00 Creative Coloring	25 Happy Birthday Dottie! 9:30 Balloon Badminton 10:00 Hydration Time 10:30 You Tube Fun 1:30 Crafty Corner 2:30 Snack & Chat 3:00 Walking Club 	26 9:30 Senior Motown Exer. 10:00 Hydration Time 10:30 MemoryGame 1:30 Bingo 2:30 Snack & Chat 3:00 Garden Club 	27 9:30 Gentle Chair Yoga 10:00 Hydration Time 10:30 Outing Buffalo Wild Wings 1:30 Table Game of Choice 2:30 Snack & Chat 3:00 In2L Games 5:00 One On Ones PRN	28 Nat Cherry Turnover Day 9:30 Gentle Stretch Ex 10:00 Hydration Time 10:30 Country Drive CC 1:30 Table Book Hockey 2:15 Holy Communion 2:30 Snack & Chat 3:00 Sensory Garden 	29 Chop Suey Day 9:00 Pretty Nails 10:30 Hydration Time 1:30 Jolly Joggers 2:00 Armchair Detective 3:00 Happy Hour 	30 Happy Birthday Charlene! 8:50 Morning Greetings 10:30 Gentle Stretch Exercises 1:30 Movie Matinee 2:30 Snack & Chat 3:00 Sing with Me