

APRIL 2025 MEMORY CARE CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
		<p>VISITING PHYSICIANS</p> <p>Dr. Raley, Podiatrist • April 2nd</p> <p>Erin Dean, FNP-BC (If you would like to switch over to her as your primary care giver) See Rosa Rodriguez for details.</p> <p>To schedule a single or reoccurring appointment, please contact Terri in the Memory Care office.</p>		 <p>WESTWOOD</p> <p>Riverside Senior Life Communities</p> <p>1485 Butterfield Trail Kankakee, IL 60901 815-933-0793</p>		
<p>Alzheimers/Dementia Support Group At Our Bourbonnais Campus (March 11th At 5:00pm)</p> <p>Please note that all programs are subject to change.</p>		<p>1</p> <ul style="list-style-type: none"> 9:30 – Stretch and Strengthen 10:30 – IN2L Trivia 1:30 – Quiet Reflections In The Sensory Room 2:45 – Walkie Talkies (Walking Group) 6:00 – Lifetime Movie 9:00 – Late Night Snacks 	<p>2</p> <ul style="list-style-type: none"> 9:30 – Noodle Balloon Toss 10:30 – Table Games 11:30 – Music Connections 1:00 – Dr. Raley (Podiatrist) 6:00 – One to One Visit 9:00 – Late Night Snacks 	<p>3</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Manicures 1:00 – Inspirational Melodies 3:00 – IN2L Trivia Time 6:00 – A Dose of Devotion 9:00 – Late Night Snacks <p><i>Happy Birthday Sue Gibbs!</i></p> 	<p>4</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Starving Artists 3:00 – Happy Hour Sing A Long 6:00 – IN2L Computer (Funny Videos) 9:00 – Late Night Snacks 	<p>5</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Coffee and Tea Time 1:30 – Music Connections 3:00 – Afternoon Refresher 6:00 – T.V. Land (60.2) 9:00 – Late Night Snacks
<p>6</p> <ul style="list-style-type: none"> 9:00 – Morning Worship 10:30 – One to One Visits 1:00 – IN2L (Spiritual Videos) 3:00 – Movie Matinee 6:00 – Reminisce 9:00 – Late Night Snacks 	<p>7</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Karaoke Sing A Long 2:15 – Country Drive 6:30 – Game Show Network 9:00 – Late Night Snacks 	<p>8</p> <ul style="list-style-type: none"> 9:30 – Stretch and Strengthen 10:30 – Baking 101 1:30 – Quiet Reflections In The Sensory Room 2:45 – Walkie Talkies (Walking Group) 6:00 – Lifetime Movie 9:00 – Late Night Snacks 	<p>9</p> <ul style="list-style-type: none"> 9:30 – Noodle Balloon Toss 10:30 – Table Games 1:30 – Music Connections 3:00 – Finish The Lyrics 6:00 – One to One Visit 9:00 – Late Night Snacks 	<p>10</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Manicures 1:00 – Inspirational Melodies 3:00 – IN2L Trivia Time 6:00 – A Dose of Devotion 9:00 – Late Night Snacks 	<p>11</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Starving Artists 3:00 – Happy Hour Sing A Long 6:00 – IN2L Computer (Funny Videos) 9:00 – Late Night Snacks 	<p>12</p> <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Coffee and Tea Time 1:30 – Music Connections 3:00 – Afternoon Refresher 6:00 – T.V. Land (60.2) 9:00 – Late Night Snacks

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13 <ul style="list-style-type: none"> 9:00 – Morning Worship 10:30 – One to One Visits 1:00 – IN2L (Spiritual Videos) 3:00 – Movie Matinee 6:00 – Reminisce 9:00 – Late Night Snacks 	14 <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Karaoke Sing A Long 2:15 – Country Drive 6:30 – Game Show Network 9:00 – Late Night Snacks 	15 <ul style="list-style-type: none"> 9:30 – Stretch and Strengthen 10:30 – IN2L Trivia 1:30 – Quiet Reflections In The Sensory Room 2:45 – Walkie Talkies (Walking Group) 6:00 – Lifetime Movie 9:00 – Late Night Snacks 	16 <ul style="list-style-type: none"> 9:30 – Noodle Balloon Toss 10:30 – Table Games 1:30 – Music Connections 3:00 – Finish The Lines 6:00 – One to One Visit 9:00 – Late Night Snacks 	17 <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Manicures 1:00 – Inspirational Melodies 3:00 – IN2L Trivia Time 6:00 – A Dose of Devotion 9:00 – Late Night Snacks 	18 GOOD FRIDAY <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Starving Artists 3:00 – Westwood Singers Spring Concert 6:00 – IN2L Computer (Funny Videos) 9:00 – Late Night Snacks 	19 <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Coffee and Tea Time 1:30 – Music Connections 3:00 – Afternoon Refresher 6:00 – T.V. Land (60.2) 9:00 – Late Night Snacks
20 EASTER <ul style="list-style-type: none"> 9:00 – Morning Worship 10:30 – One to One Visits 1:00 – IN2L (Spiritual Videos) 3:00 – Movie Matinee 6:00 – Reminisce 9:00 – Late Night Snacks 	21 <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Karaoke Sing A Long 2:15 – Country Drive 6:30 – Game Show Network 9:00 – Late Night Snacks 	22 <ul style="list-style-type: none"> 9:30 – Stretch and Strengthen 10:45 – Out To Lunch (Ryan's Pier) 1:30 – Quiet Reflections In The Sensory Room 2:45 – Walkie Talkies (Walking Group) 6:00 – Lifetime Movie 9:00 – Late Night Snacks 	23 <ul style="list-style-type: none"> 9:30 – Noodle Balloon Toss 10:30 – Table Games 1:30 – Music Connections 3:00 – Finish The Lyrics 6:00 – One to One Visit 9:00 – Late Night Snacks 	24 <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Manicures 1:00 – Inspirational Melodies 3:00 – IN2L Trivia Time 6:00 – A Dose of Devotion 9:00 – Late Night Snacks 	25 <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Starving Artists 3:00 – Happy Hour Sing A Long 6:00 – IN2L Computer (Funny Videos) 9:00 – Late Night Snacks 	26 <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Coffee and Tea Time 1:30 – Music Connections 3:00 – Afternoon Refresher 6:00 – T.V. Land (60.2) 9:00 – Late Night Snacks
27 <ul style="list-style-type: none"> 9:00 – Morning Worship 10:30 – One to One Visits 1:00 – IN2L (Spiritual Videos) 3:00 – Movie Matinee 6:00 – Reminisce 9:00 – Late Night Snacks 	28 <ul style="list-style-type: none"> 9:30 – Therapeutic Exercise 10:30 – Karaoke Sing A Long 2:15 – Country Drive 6:30 – Game Show Network 9:00 – Late Night Snacks 	29 <ul style="list-style-type: none"> 9:30 – Stretch and Strengthen 10:30 – IN2L Trivia 1:30 – Quiet Reflections In The Sensory Room 2:45 – Walkie Talkies (Walking Group) 6:00 – Lifetime Movie 9:00 – Late Night Snacks 	30 <ul style="list-style-type: none"> 9:30 – Noodle Balloon Toss 10:30 – Table Games 1:30 – Music Connections 3:00 – Finish The Lines 6:00 – One to One Visit 9:00 – Late Night Snacks 	VISITING PHYSICIANS <p>Dr. Raley, Podiatrist • May (TBD)</p> <p>Erin Dean, FNP-BC (If you would like to switch over to her as your primary care giver) See Rosa Rodriguez for details.</p> <p>To schedule a single or reoccurring appointment, please contact Terri in the Memory Care office.</p>	<p>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar, there are many small group programs occurring, as well as one-on-one opportunities to assure all of our residents are engaged. If you or your loved ones have suggestions for something that you enjoy, please do not hesitate to let us know. We are here to serve you.</p> <p>Dimensions of Wellness Categories: ● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</p>	