

OCTOBER 2024 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
<div>RIVERSIDE SENIOR LIFE COMMUNITIES Assisted Living & Memory Care</div> <div>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</div> <div>Contact the Concierge to sign up for any Outings or Special Events</div> <div><i>*Please note that all programs are subject to change.</i></div>	<div>VISITING PHYSICIANS:</div> <div>Dr. Naga Guntupalli— Psychiatrist Thursday, October 17</div> <div>Dr. Raley—Podiatrist Wednesday, October 9</div> <div>To schedule a single or reoccurring appointment, please contact the Concierge.</div>	<div>VISITING PHYSICIANS:</div> <div>Liz Deck, NP Wednesday, October 2 Wednesday, October 16 Wednesday, October 29</div> <div>Audiologist TBD</div>	<div>SALON SERVICES:</div> <div>Manicures Available through Activities</div> <div>Hair Salon Appointments TUESDAY 8:00A-2:00P WEDNESDAY NOON-2:00P</div> <div>BANKING SERVICES: First Trust Bank 1st & 4th Tuesdays Available for cashing checks, and making deposits Or withdrawals</div>	<div>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain pro- ductive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calen- dar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</div> <div>Dimensions of Wellness Categories: ● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</div>		
		<div>1 World Vegetarian Day</div> <div>9:30a Tai Chi</div> <div>10:30a Pretty Nails</div> <div>1:30p Black Jack</div> <div>3:00p Pastor Chambers</div> <div>3:30p Jeopardy abc tv</div> 	<div>2</div> <div>9:30a Cardio & Weights</div> <div>10:15a Max & Carol</div> <div>1:15 St. Paul ‘s Choir</div> <div>2:00p Birthday Social</div> <div>3:30 Jeopardy Abc tv</div> 	<div>3</div> <div>9:30a Tai Chi</div> <div>10:15a Pastor Sam</div> <div>11:00a Pretty Nails</div> <div>2:00p Super Foodsw/ Kaitlyn</div> <div>2:30 Communion</div> <div>3:00p Country Drive</div>	<div>4 National Taco Day</div> <div></div> <div>9:30a Cardio</div> <div>10:00a Euchre</div> <div>1:30p B-I-N-G-O</div> <div>3:00p HAPPY HOUR w/Jacob the Entertainer</div> 	<div>5</div> <div>9:30a Tai Chi</div> <div>10:00a Table Talk</div> <div>10:30a Helper’s Corner</div> <div>1:30p Puzzle Packets</div>
	<div>6</div> <div>9:00a Online Mass</div> <div>9:15a Morning Greet in Café</div> <div>1:30p Popcorn Cart</div> <div></div> <div>2:00p Movie</div>	<div>7 National Frappe Day</div> <div>9:30a Cardio</div> <div>10:15a Acorn Necklace for Good Luck</div> <div>1:30p B-I-N-G-O</div> <div>2:45p Bingo Store</div> <div>3:00p Euchre Club</div> <div></div>	<div>8 National Salmon Day</div> <div>9:30a Tai Chi</div> <div>10:30 Grub Hub</div> <div>10:30a Pretty Nails(LLL)</div> <div>1:30p Black Jack</div> <div>3:00p Pastor Chambers</div> <div>4:00p Café Chat</div>	<div>9</div> <div>9:30a Cardio & Weights</div> <div>10:30a OUTING Kohl’s shopping</div> <div></div> <div>11:30 Deacon Dale</div> <div>1:30 Table Game</div> <div>4:00 Porch Sittin’</div>	<div>10</div> <div>9:30a Tai Chi</div> <div>10:15a Pastor Sam</div> <div>11:00a Pretty Nails</div> <div>1:30 Karaoke</div> <div>2:30 Communion</div> <div>3:00p Country Drive</div> <div>4:00p Café Chat</div>	<div>11 National Sausage Pizza Day</div> <div>9:30a Cardio</div> <div></div> <div>10:00a Euchre</div> <div>2:00 Jerry Downs Music</div> <div>3:00p HAPPY HOUR</div> <div></div>

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<div>13</div> <div>9:00a Online Mass 9:15a Morning Greet in Café</div> <div>1:30p Popcorn Cart</div> <div></div> <div>2:00p Movie</div>	<div>14</div> <div>9:30a Cardio 10:15a Ghost Garland</div> <div>1:30p B-I-N-G-O 2:45p Bingo Store</div> <div>3:00p Euchre</div> <div></div>	<div>15 National Lemon Bar Day</div> <div>9:30a Tai Chi 10:30a Pretty Nails 1:30p Kings /Corner 3:00p Pastor Chambers 4:00p Café Chat</div>	<div>16</div> <div>9:30a Cardio & Strength 10:30a Trivia Chat</div> <div>11:00am Boost Your Mood w/ Marsha</div> <div>1:30 Yahtzee</div> <div></div> <div>5:00p Movie of Choice</div>	<div>17</div> <div>9:30a Tai Chi 10:15a Pastor Sam 11:00a Pretty Nails 2:00 Town Hall Meeting 2:30 Communion 3:00p Country Drive 4:00 Café Chat</div>	<div>18 National Chocolate Cupcake Day</div> <div>9:30a Cardio 10:00a Euchre 1:30p B-I-N-G-O 3:00p HAPPY HOUR</div> <div></div>	<div>19</div> <div>9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner 1:30p Puzzle Packets</div>
<div>20</div> <div>9:00a Online Mass 9:15a Morning Greet in Café</div> <div>1:30p Popcorn Cart</div> <div></div> <div>2:00p Movie</div>	<div>21 National Pumpkin Cheesecake Day</div> <div>9:30a Cardio 10:15a Pumpkin Painting 1:30p B-I-N-G-O 2:45p Bingo Store 3:00p Euchre</div>	<div>22</div> <div>9:30a Tai Chi 10:30a Pretty Nails 1:30p Black Jack 3:00p Pastor Chambers 4:00p Café Chat</div>	<div>23</div> <div>9:30a Cardio & Weights 10:30a OUTING Village Diner</div> <div>2:00 Mick Porter Entertainment</div> <div></div>	<div>24</div> <div>9:30a Tai Chi 10:15a Pastor Sam 11:00a Pretty Nails 2:00 Taste & Travel 2:30 Communion 3:00p Country Drive 4:00 Café Chat</div>	<div>25 National Greasy Food Day</div> <div>9:30a Cardio 10:00a Euchre 1:30p B-I-N-G-O 3:00p HAPPY HOUR/ Symbria Pharmacy Forum 4:30 Community Trick or Treat</div> <div></div>	<div>26</div> <div>9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner 1:30p Puzzle Packets</div>
<div>27</div> <div>9:00a Online Mass 9:15a Morning Greet in Café</div> <div>1:30p Popcorn Cart</div> <div></div> <div>2:00p Movie</div>	<div>28</div> <div>9:30a Cardio 10:15a Pumpkin Carving</div> <div>1:30p B-I-N-G-O 2:45p Bingo Store 3:00p Euchre Western week begins:</div> <div></div>	<div>29 National Oatmeal Day</div> <div>9:30a Tai Chi 10:30a Pretty Nails Plus Eye Glass Cleaning 1:30p Black Jack 3:00p Pastor Chambers 4:00p Café Chat</div> <div></div>	<div>30</div> <div>9:30a Cardio & Weights 10:30a Eyeglass Cleaning 2:00 Mark on the Piano</div> <div></div> <div>5:00p Movie of Choice</div>	<div>31 National Carmel Apple Day</div> <div>9:30a Tai Chi 10:15a Pastor Sam 11:00a Pretty Nails 2:00 Halloween Social 2:30 Communion 3:00 Country Drive</div> <div></div>		