## OCTOBER 2024 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

Sun	Мон	TUE	WED	Тни	FRI	SAT	
RIVERSIDE SENIOR LIFE COMMUNITIES Assisted Living & Memory Care  85 E. Burn Road Bourbonnais, IL 60914 815-935-3332  Contact the Concierge to sign up for any Outings or Special Events  *Please note that all programs are subject to change.	VISITING PHYSICIANS:  Dr. Naga Guntupalli— Psychiatrist Thursday, October 17  Dr. Raley—Podiatrist Wednesday, October 9  To schedule a single or reoccurring appointment, please contact the Concierge.	VISITING PHYSICIANS:  Liz Deck, NP  Wednesday, October 2 Wednesday, October 16 Wednesday, October 29  Audiologist TBD	SALON SERVICES:  Manicures Available through Activities  Hair Salon Appointments TUESDAY 8:00A-2:00P WEDNESDAY NOON-2:00P  BANKING SERVICES: First Trust Bank 1st & 4th Tuesdays  Available for cashing checks, and making deposits Or withdrawls	partners with reside & work together to bring Dimensions of Wellness to programing. People at eductive, contributing member physically independent and they want to keep expand dar there are many small grows.  If you have a supplement of the program of the progr	Riverside Senior Life Communities ith residents & their families to identify their desires & dreams, er to bring those needs, passions, & abilities to life. We focus on the Wellness to assure our residents are provided a well-rounded array of eople at every age and stage of ability seek opportunities to remain prong members of a community. They search for ways to stay mentally and lependent and active; they seek resources to meet their spiritual needs; seep expanding their knowledge. In addition to what you see on this calenty small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged.  have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.  Dimensions of Wellness Categories: tive • = Emotional • = Physical • = Social • = Spiritual		
		9:30a Tai Chi 10:30a Pretty Nails 1:30p Black Jack 3:00p Pastor Chambers 3:30p Jeopardy abc ty	9:30a Cardio & Weights  10:15a Max & Carol 1:15 St. Paul 's Choir 2:00p Birthday Social 3:30 Jeopardy Abc tv	9:30a Tai Chi 10:15a Pastor Sam 11:00a Pretty Nails 2:00p Super Foodsw/ Kaitlyn 2:30 Communion 3:00p Country Drive	9:30a Cardio  10:00a Euchre  1:30p B-I-N-G-O  3:00p HAPPY HOUR w/Jacob the Entertainer	9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner 1:30p Puzzle Packets	
9:00a Online Mass 9:15a Morning Greet in Café  1:30p Popcorn Cart  2:00p Movie	7 National Frappe Day  9:30a Cardio 10:15a Acorn Necklace for Good Luck  1:30p B-I-N-G-0 2:45p Bingo Store  3:00p Euchre Club	9:30a Tai Chi 10:30 Grub Hub 10:30a Pretty Nails(LLL) 1:30p Black Jack 3:00p Pastor Chambers 4:00p Café Chat	9 9:30a Cardio & Weights 10:30a OUTING Kohl's shopping 11:30 Deacon Dale 1:30 Table Game 4:00 Porch Sittin'	9:30a Tai Chi 10:15a Pastor Sam  11:00a Pretty Nails  1:30 Karaoke 2:30 Communion  3:00p Country Drive 4:00p Café Chat	11 National Sausage Pizza Day  9:30a Cardio  10:00a Euchre  2:00 Jerry Downs Music  3:00p HAPPY HOUR	9:30a Tai Chi 10:00a Table Talk 10:30a Helper's Corner 1:30p Puzzle Packets	

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Sun	Mon	TUE	WED	Тно	FRI	SAT
13	14	15 National Lemon Bar Day	16	17	18 National Chocolate Cupcake Day	19
9:00a Online Mass	9:30a Cardio			9:30a Tai Chi		
9:15a Morning Greet in Café	10:15a Ghost Garland	9:30a Tai Chi	9:30a Cardio & Strength 10:30a Trivia Chat	10:15a Pastor Sam	9:30a Cardio	9:30a Tai Chi
Cale	10.13a Gilost Gallaliu	10:30a Pretty Nails	10.30a IIIvia Ciiat	11:00a Pretty Nails	10:00a Euchre	10:00a Table Talk
L:30p Popcorn Cart	1:30p B-I-N-G-0	20100a Frotty Hallo	11:00am Boost Your Mood	_	201000 2001110	201000 Table Talk
F F	2:45p Bingo Store	1:30p Kings / Corner	w/ Marsha	2:00 Town Hall Meeting	1:30p B-I-N-G-0	10:30a Helper's Corner
POPCORN	3:00p Euchre	3:00p Pastor Chambers	1:30 Yahtzee	2:30 Communion	3:00p HAPPY HOUR	Come
						1:30p Puzzle Packets
2:00p Movie		4:00p Café Chat	5:00p Movie of Choice	3:00p Country Drive	<b>Bingo</b>	
				4:00 Café Chat	*********	
20	21 National Pumpkin	22	23	24	25 National Greasy Food	26
	Cheesecake Day				Day	
9:00a Online Mass	0.00 0 !!	9:30a Tai Chi	9:30a Cardio & Weights	9:30a Tai Chi		0.00 = 1.011
9:15a Morning Greet in	9:30a Cardio	40-20 - Bustle Nalls	40-20 - OUTING	10:15a Pastor Sam	9:30a Cardio	9:30a Tai Chi
Café	40.45 a Dumantin Dainting	10:30a Pretty Nails	10:30a OUTING	44.00 - Buottu Nolla	10:00a Euchre	40.000 Table Talls
Li2On Bonsoun Cout	10:15a Pumpkin Painting	1,20n Block look	Village Diner	11:00a Pretty Nails	1:30p B-I-N-G-0	10:00a Table Talk
L:30p Popcorn Cart	1:30p B-I-N-G-0	1:30p Black Jack	2:00 Mick Porter	2:00 Taste & Travel	3:00p HAPPY HOUR/ Symbria Pharmacy Forum	<b>10:30a Helper's</b>
E E	2:45p Bingo Store	3:00p Pastor Chambers	Entertainment	2.00 laste & llavel	4:30 Community	Corner
POPCORN	2.43p Biligo Store	0.00p i astoi Olialiibeis	Littertailinent	2:30 Communion	Trick or Treat	Oomer
	3:00p Euchre	4:00p Café Chat	7 O >	2100 0011111011		1:30p Puzzle Packets
2:00p Movie	0.00 <b>p</b>	noop care onat	· Soothe	3:00p Country Drive		
			thur	4:00 Café Chat	trick treat	
27	28	29 National Oatmeal Day	30	31 National Carmel Apple		
				Day		
9:00a Online Mass	9:30a Cardio	9:30a Tai Chi	9:30a Cardio & Weights	9:30a Tai Chi		
:15a Morning Greet in			10:30a Eyeglass Cleaning	10:15a Pastor Sam		
	- I		1	T. Control of the Con		



Café

2:00p Movie

10:15a Pumpkin Carving

1:30p B-I-N-G-0 2:45p Bingo Store 3:00p Euchre Western week begins:



10:30a Pretty Nails Plus Eye Glass Cleaning

1:30p Black Jack 3:00p Pastor Chambers 4:00p Café Chat

10:30a Eyeglass Cleaning | 10:15a Pastor Sam 2:00 Mark on the Piano



5:00p Movie of Choice

11:00a Pretty Nails 2:00 Halloween Social

2:30 Communion 3:00 Country Drive



