















SEPTEMBER 2024 | MEMORY CARE CALENDAR OF EVENTS

SUN	MON	TUE	WED	THU	FRI	SAT
 <p>BOURBONNAIS GROVE Riverside Senior Life Communities</p> <p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p> <p>Contact the Concierge to sign up for any Outings or Special Events</p> <p><i>*Please note that all programs are subject to change</i></p>	<p>VISITING PHYSICIANS:</p> <p>Dr. Guntunpalli-Psychiatrist Sep 5, 2024</p> <p>Dr. Raley—Podiatrist Sep 11, 2024</p> <p>To schedule a single or re-occurring appointment, Please contact The Concierge</p>	<p>VISITING PHYSICIANS:</p> <p>Liz Deck, NP Sep 04, 2024 Sep 18, 2024</p> <p>Audiologist—TBD</p> 	<p>MANICURES: Available by Activities</p> <p>HAIR APPOINTMENTS: Tuesdays: 9:00a—12:30p Wednesdays: 1:00p—4:00p</p> <p>BANKING SERVICES:</p> <p>First Trust Bank Tuesday 1st & 15th Available to cash checks, make deposits & withdrawals Please contact the Concierge</p> 	<p>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged. If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p>Dimensions of Wellness Categories: ● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</p>		
<p>1. 9:30am Morning Chronicles 10:00am Online Mass 2:30pm Popcorn Cart</p>  <p>3:00pm Creative Coloring 4:00p Music Meditation</p>	<p>2. 8:45am Morning Chronicles 10:30am Fitness Fun 1:30pm Puzzle Huddle 2:30pm Snack & Chat 3:00pm IN2L Games 4:00pm Music Meditation</p>	<p>3. National Grit's Day 8:45am Morning Chronicles 9:30am Pretty Nails 10:00am Balloon Volleyball 10:30am Brain Busters 1:30pm B-I-N-G-O 2:30pm Snack & Chat 3:00pm Sensory Garden 4:00pm Music Meditation</p> <p>HAPPY BIRTHDAY LORRAINE!</p>	<p>4. 8:45am Morning Chronicles 9:30am Tai Chi 10:15am Max and Carol 2:00pm Social Birthday</p>  <p>3:00pm Snack & Chat 4:00pm Music Meditation</p>	<p>5. 8:45am Morning Chronicles 9:30am Cardio 10:30am Country Drive 1:30pm Corn Hole 2:30pm Snack & Chat 2:40pm Catholic Comm 3:00pm IN2L Videos 4:00pm Music Meditation</p>	<p>6. National Pizza Day 8:45am Morning Greet Chronicles 10:00am Dancercises 10:30am FRIYAY "You Tube Fun" 1:30pm Crafty Corner 2:30pm Chit Chat 3:00pm HAPPY HOUR 4:00pm Music Meditation</p>	<p>7. 8:45am Morning Greetings 1:30pm B-I-N-G-O</p>  <p>3:00pm Sing with Me 4:00pm Music Meditation</p>
<p>8. 9:30am Morning Chronicles 10:00am Online Mass 2:30pm Popcorn Cart</p>  <p>3:00p Creative Coloring 4:00pm Music Meditation</p>	<p>9. 8:45am Morning Chronicles 10:30am Fitness Fun 1:30pm Puzzle Huddle 2:30pm Snack & Chat 3:00pm IN2L Games 4:00pm Music Meditation</p>	<p>10. 8:45am Morning Chronicles 9:30am Pretty Nails 10:00am Balloon Volleyball 10:30am A- Z Game 1:30pm B-I-N-G-O 2:30pm Snack & Chat 3:00pm Sensory Garden & Sno Cones 4:00pm Music Meditation</p>	<p>11. 8:45am Morning Chronicles 9:30am Tai Chi 10:30am Outing POP SHELF</p> <p>1:30 Table Book Hockey 2:30pm Snack & Chat 3:00pm Sing with me 4:00pm Music Meditation</p>	<p>12. National Cannoli Day 8:45am Morning Chronicles 9:30am Cardio 10:30am Country Drive 1:30pm Sawirkle 2:30pm Snack & Chat 2:40pm Catholic Comm 3:00pm IN2L Videos 4:00pm Music Meditation</p>	<p>13. 8:45am Morning Greet Chronicles 10:00 Senior Motown 10:30am FRIYAY "You Tube Fun" 2:00pm Jerry Downs 3:00pm HAPPY HOUR 4:00 Music Meditation</p>	<p>14. 8:45am WALK TO END ALZHEIMER'S alzheimer's association At Manteno park</p> <p>1:30pm B-I-N-G-O 2:30pm Snack & Chat 3:00pm Sing with Me 4:00pm Music Meditation</p>

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SUN	MON	TUE	WED	THU	FRI	SAT
15. 9:30am Morning Chronicles 10:00am Online Mass 2:30pm Popcorn Cart  3:00pm Creative Coloring 4:00pm Music Meditation	16. 8:45am Morning Chronicles 10:30am Fitness Fun 1:30pm Puzzle Huddle 2:30pm Snack & Chat 3:00pm IN2L Games 4:00pm Music Meditation	17. National Apple Dumpling Day 8:45am Morning Chronicles 9:30am Pretty Nails 10:30am Soccer Circle 1:30pm B-I-N-G-O 2:30pm Snack & Chat 3:00pm Sensory Garden & Song 4:00pm Music Meditation	18. 8:45am Morning Chronicles 9:30am Tai Chi 10:30am Down Memory Lane 2:00pm FEDORA'S 3:00pm Snack & Chat 4:00pm Music Meditation 6:30 pm Pete's Band	19. 8:45am Morning Chronicles 9:30am Cardio 10:30am Country Drive JD 1:30pm Mary Kay Facial 2:30pm Snack & Chat 2:40pm Catholic Comm 3:00pm IN2L Videos 4:00pm Music Meditation	20. National Monte Cristo Sandwich Day 8:45am Morning Greet & Chronicles 10:00am Motown Easy Sketchers 10:30am FRIYAY "You Tube Fun" 1:30pm Crafty Corner 2:30pm Chit Chat 3:00pm HAPPY HOUR 4:00pm Music Meditation	21. 8:45am Morning Greetings 1:30pm B-I-N-G-O  2:30pm Snack & Chat 3:00pm Sing with Me 4:00pm Music Meditation
22. 9:30am Morning Chronicles 10:00am Online Mass 2:30pm Popcorn Cart 3:00pm Creative Coloring 4:00pm Music Meditation 	23. 8:45am Morning Chronicles 10:30am Fitness Fun 1:30pm Puzzle Huddle 2:30pm Snack & Chat 3:00pm IN2L Games 4:00pm Music Meditation 	24. National Cinnamon Raisin Bread Day 8:45am Morning Chronicles 9:30am Pretty Nails 10:00am Balloon Volleyball 10:30am Brain Busters 1:30pm B-I-N-G-O 2:30pm Snack & Chat 3:00pm Sensory Garden & Sno Cones	25. 8:45am Morning Chronicles 9:30am Tai Chi 10:30am Oliver Garden 2:00pm Mark on the Piano  3:00pm Snack & Chat 4:00pm Music Meditation	26. 8:45am Morning Chronicles 9:30am Cardio 10:30am Country Drive CC 1:30pm Pokeno 2:30pm Snack & Chat 2:40pm Catholic Comm 3:00pm IN2L Videos 4:00pm Music Meditation 	27. 8:45am Morning Greet & Chronicles 10:00am Chair Yoga 10:30am FRIYAY "You Tube Fun" 1:30pm Crafty Corner 2:30pm Chit Chat 3:00pm HAPPY HOUR 4:00pm Music Meditation	28. 8:45am Morning Greetings 1:30pm B-I-N-G-O  2:30pm Snack & Chat 3:00pm Sing with Me 4:00pm Music Meditation
22. 9:30am Morning Chronicles 10:00am Online Mass 2:30pm Popcorn Cart  3:00pm Creative Coloring 4:00pm Music Meditation	30. National Hot Mulled Cider Day 8:45am Morning Chronicles 10:30am Fitness Fun 1:30pm Puzzle Huddle 2:30pm Snack & Chat 3:00pm IN2L Games 4:00pm Music Meditation	