

SEPTEMBER 2024 | ASSISTED LIVING | CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
 <p>RIVERSIDE SENIOR LIFE COMMUNITIES Assisted Living & Memory Care</p> <p>85 E. Burn Road Bourbonnais, IL 60914 815-935-3332</p> <p>Contact the Concierge to sign up for any Outings or Special Events</p> <p><i>*Please note that all programs are subject to</i></p>	<p>VISITING PHYSICIANS:</p> <p>Dr Guntupalli</p> <p>Thurs. September 5, 2024</p> <p>Dr. Raley</p> <p>Wed. September 11, 2024</p> <p>To schedule a single or reoccurring appointment, please contact the Concierge.</p>	<p>VISITING PHYSICIANS:</p> <p>Liz Deck, NP</p> <p>Wed. September 4, 2024</p> <p>Wed. September 18, 2024</p>	<p>SALON SERVICES</p> <p>Hair Appointments</p> <p>Available in the salon Tuesdays: 8:00a—1:00p Wednesdays: 12:30p—3:00p</p> <p>BANKING SERVICES: First Trust Bank Tues. September 10, 2024</p> <p>Available for cashing checks, making deposits and withdraws. Please contact the Concierge if interested.</p>	<p>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar there are many small group programs occurring as well as one-on-one opportunities to assure all of our residents are engaged.</p> <p>If you have a suggestion for something your loved one may enjoy, please do not hesitate to let us know.</p> <p>Dimensions of Wellness Categories: ● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</p>		
<p>1</p> <p>9:00am Online Mass</p> <p>9:15am Morning Greet in Café</p> <p>1:20pm Popcorn Cart</p> <p>2:30pm Movie of Choice</p> <p>3:00pm Poetry Club</p>	<p>2 National Grit's Day</p> <p>9:30am Cardio</p> <p>10:30am Craft w/Marie</p> <p>1:30pm BINGO</p> <p>2:30pm BINGO Store W/ Shrimp and Grits Sample</p> <p>3:00pm Euchre</p> <p>5:00pm Movie of Choice</p>	<p>3</p> <p>9:30am Tai Chi</p> <p>10:30am Pretty Nails</p> <p>1:30pm Kings Corners</p> <p>3:00pm Pastor Chambers</p> <p>4:00pm Café Chat</p>	<p>4</p> <p>9:30am Cardio& Weights</p> <p>10:15am MAX & Carol (MC)</p> <p>11:00am BOOST Your MOOD w/Marsha</p> <p>2:00pm Birthday Social</p> <p>3:30pm Jeopardy</p> <p>4:00pm Porch Sittin'</p>	<p>5</p> <p>9:30am Tai Chi</p> <p>10:15am Pastor Sam</p> <p>11:00am Pretty Nails</p> <p>2:00pm Super Foods (ALASKA)</p> <p>Pear & Parsnip Soup</p> <p>2:30pm Communion</p> <p>3:00pm Country Drive</p> <p>3:30pm Jeopardy</p> <p>4:00pm Café Chat</p>	<p>6 National Cheese Pizza Day</p> <p>9:30am Cardio</p> <p>10:00am Euchre</p> <p>1:30pm B-I-N-G-O</p> <p>3:00pm Happy Hour w/cheese pizza</p> <p>6:00pm Wheel of Fortune</p>	<p>7</p> <p>9:30am Tai Chi</p> <p>10:00am Table Talk</p> <p>10:30am Helpers Corners</p> <p>1:30pm Puzzle Packets</p>
<p>8</p> <p>9:00am Online Mass</p> <p>9:15am Morning Greet in Café</p> <p>1:20pm Popcorn Cart</p> <p>2:30pm Movie of Choice</p> <p>3:00pm Euchre Club</p>	<p>9</p> <p>9:30am Cardio</p> <p>10:30am Craft - Fall Garland</p> <p>11:00am Eyeglass Cleaning</p> <p>1:30pm BINGO</p> <p>2:30pm BINGO Store</p> <p>3:00pm Euchre</p> <p>5:00pm Movie of Choice</p>	<p>10</p> <p>9:30am Tai Chi</p> <p>10:30am Pretty Nails</p> <p>10:30am Grub Club</p> <p>1:30pm Black Jack</p> <p>2:00pm Creative Workshop Canvas Painting w/ Heartland</p> <p>3:00pm Pastor Chambers</p> <p>4:00pm Café Chat</p>	<p>11</p> <p>9:30am Cardio& Weights</p> <p>10:30am Outing POP SHELF</p> <p>2:00pm Karaoke</p> <p>3:30pm Jeopardy</p> <p>4:00pm Porch Sittin'</p>	<p>12 National Cannoli Day</p> <p>9:30am Tai Chi</p> <p>10:15am Pastor Sam</p> <p>11:00am Pretty Nails</p> <p>2:15pm Taste a CANNOLI</p> <p>2:30pm Communion</p> <p>3:00pm Country Drive</p> <p>3:30pm Jeopardy</p> <p>4:00pm Café Chat</p>	<p>13</p> <p>9:30am Cardio</p> <p>10:00am Euchre</p> <p>1:00pm B-I-N-G-O</p> <p>2:00pm JERRY DOWNS</p> <p>3:00pm Happy Hour</p> <p>6:00pm Wheel of Fortune</p>	<p>14</p> <p>8:30am Alzheimer's Walk Manteno</p> <p>Sign up front desk</p> <p>9:30am Tai Chi</p> <p>10:00am Table Talk</p> <p>10:30am Helpers Corners</p> <p>1:30pm Puzzle Packets</p>

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SUN	MON	TUE	WED	THU	FRI	SAT
15 9:00am Online Mass 9:15am Morning Greet in Café 1:20pm Popcorn Cart 2:30pm Movie of Choice 3:00pm UNO	16 9:30am Cardio 10:30am Craft - Sunflower Painting 1:30pm BINGO 2:30pm BINGO Store 3:00pm Euchre 5:00pm Movie of Choice	17 National Apple Dumpling Day 9:30am Tai Chi 10:30am Pretty Nails 1:30pm Blitz Cards 2:30pm Dumpling Sample 3:00pm Pastor Chambers 3:30pm Jeopardy	18 9:30am Cardio& Weights 10:30am Eye glass Cleaning 2:00pm Fedora's 3:30pm Jeopardy 4:00pm Porch Sittin' 6:30pm Pete's Band	19 9:30am Tai Chi 10:15am Pastor Sam 11:00am Pretty Nails 1:30pm Spa Day MARY KAY 2:00pm Town Hall 2:30pm Communion 3:00pm Country Drive 3:30pm Jeopardy 4:00pm Café Chat	20 Happy Monte Cristo Day 9:30am Cardio 10:00am Euchre 1:30pm B-I-N-G-O 3:00pm Happy Hour w/Monte Cristo Sandwich 6:00pm Wheel of Fortune	21 9:30am Tai Chi 10:00am Table Talk 10:30am Helpers Corners 1:30pm Puzzle Packets
22 9:00am Online Mass 9:15am Morning Greet in Café 1:20pm Popcorn Cart 2:30pm Movie of Choice 3:00pm Euchre Club	23 9:30am Cardio 10:30am Pictionary 1:30pm BINGO 2:30pm BINGO Store 3:00pm Euchre 5:00pm Movie of	24 National Cinnamon Raisin Bread Day 9:30am Cardio 10:30am Pretty Nails 1:30pm Black Jack 2:30pm Raisin Bread sample 3:00pm Pastor Chambers 4:00pm Café Chat	25 9:30am Cardio & Weights 10:30am Trivia Chat 10:30am OUTING (Olive Garden) 1:30 Sunflower Sundae Social 3:00pm Mark the Piano Player 4:00pm Porch Sittin' 5:00pm Movie of Choice	26 9:30am Tai Chi 10:15am Pastor Sam 11:00am Pretty Nails 2:00pm Taste & Travel (ALASKA) 2:30pm Communion 3:00pm Country Drive 3:30pm Jeopardy 4:00pm Café Chat	27 9:30am Cardio 10:00am Euchre 1:30pm B-I-N-G-O 3:00pm Happy Hour w/cheese pizza 6:00pm Wheel of Fortune	28 9:30am Tai Chi 10:00am Table Talk 10:30am Helpers Corners 1:30pm Puzzle Packets
29 9:00am Online Mass 9:15am Morning Greet in Café 1:20pm Popcorn Cart 2:30pm Movie of Choice 3:00pm Poetry Club	30 National Hot Mulled Cider Day 9:30am Cardio 10:30am Pumpkin Signs 1:30pm BINGO 2:30pm BINGO Store 3:00pm Euchre 5:00pm Movie of Choice					