







DECEMBER 2025 MEMORY CARE CALENDAR OF EVENTS

Adult Living For Those Who Seek More.

SUN	MON	TUE	WED	THU	FRI	SAT
						<p>Riverside Senior Life Communities partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programming. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar, there are many small group programs occurring, as well as one-on-one opportunities to assure all of our residents are engaged. If you or your loved ones have suggestions for something that you enjoy, please do not hesitate to let us know. We are here to serve you.</p> <p>Dimensions of Wellness Categories: ● = Cognitive ● = Emotional ● = Physical ● = Social ● = Spiritual</p>
<p>Alzheimers/Dementia Support Group At Our Bourbonnais Campus (December 9th)</p> <p>Please note that all programs are Subject to change.</p>	<p>1</p> <ul style="list-style-type: none">● 9:30 – Therapeutic Exercise● 10:30 – Karaoke● 2:30 – Christmas Tree Lighting ● 6:30 – Game Show Network● 9:00 – Late Night Snacks	<p>2</p> <ul style="list-style-type: none">● 9:30 – Exercise with Terri● 10:30 – IN2L Trivia● 1:30 – Quiet Reflections In The Sensory Room● 2:15 – Country Drive● 6:30 – Hallmark Movie● 9:00 – Late Night Snacks	<p>3</p> <p>VISITING PHYSICIANS</p> <p>Dr. Raley, Podiatrist ● February TBD</p> <p>Erin Dean, FNP-BC (If you would like to switch over to her as your primary care giver) See Rosa Rodriguez for details.</p> <p>To schedule a single or reoccurring appointment, please contact Terri in the Memory Care office.</p>		<p>5</p> <ul style="list-style-type: none">● 9:30 – Exercise with Terri● 10:30 – Starving Artists● 3:00 – Happy Hour With “The Fedoras”● 6:00 – IN2L Computer (Funny Videos)● 9:00 – Late Night Snacks 	<p>6</p> <ul style="list-style-type: none">● 9:30 – Therapeutic Exercise● 10:30 – Coffee and Tea Time● 1:30 – Music Connections● 3:00 – Afternoon Refresher● 6:00 – T.V. Land (60.2)● 9:00 – Late Night Snacks
<p>7</p> <ul style="list-style-type: none">● 9:00 – Morning Worship● 10:30 – One to One Visits● 1:00 – IN2L (Spiritual Videos)● 3:00 – Movie Matinee● 6:00 – Reminisce● 9:00 – Late Night Snacks	<p>8</p> <ul style="list-style-type: none">● 9:30 – Therapeutic Exercise● 10:30 – Baking 101● 2:15 – Country Drive● 6:30 – Game Show Network● 9:00 – Late Night Snacks	<p>9</p> <ul style="list-style-type: none">● 9:30 – Drumming Exercise● 10:30 – Housekeeping● 1:30 – Quiet Reflections In The Sensory Room4:30–  Christmas PARTY● 9:00 – Late Night Snacks	<p>10</p> <ul style="list-style-type: none">● 9:30 – Stretch and Strengthen● 10:30 – Table Games● 1:30 – Music Connections● 3:00 – Finish The Lyrics● 6:00 – One to One Visit● 9:00 – Late Night Snacks	<p>11</p> <ul style="list-style-type: none">● 9:30 – Therapeutic Exercise● 10:30 – Manicures● 1:00 – Inspirational Melodies● 3:00 – IN2L Games● 6:00 – A Dose of Devotion● 9:00 – Late Night Snacks	<p>12</p> <ul style="list-style-type: none">● 9:30 – Balloon Volleyball● 10:30 – Starving Artists● 3:00 – Happy Hour With “Tim Rehmer”● 6:00 – IN2L Computer (Funny Videos)● 9:00 – Late Night Snacks 	<p>13</p> <ul style="list-style-type: none">● 9:00 – Therapeutic Exercise● 10:30 – Coffee and Tea Time● 1:30 – Music Connections● 3:00 – Afternoon Refresher● 6:00 – T.V. Land (60.2)● 9:00 – Late Night Snacks

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21 <ul style="list-style-type: none">● 9:00 — Morning Worship● 10:30 — One to One Visits● 1:00 — IN2L (Spiritual Videos)● 3:00 — Movie Matinee● 6:00 — Reminisce● 9:00 — Late Night Snacks	22 <ul style="list-style-type: none">● 9:30 — Therapeutic Exercise● 10:30 — Baking 101● 2:15 — Country Drive● 6:30 — Game Show Network● 9:00 — Late Night Snacks	23 <ul style="list-style-type: none">● 9:30 — Drumming Exercise● 10:30 — IN2L Trivia● 1:30 — Quiet Reflections In The Sensory Room● 2:45 — Walkie Talkies (Walking Group)● 6:30 — Hallmark Movie● 9:00 — Late Night Snacks	24 <ul style="list-style-type: none">● 9:30 — Stretch and Strengthen● 10:30 — Table Games● 1:30 — Music Connections● 3:00 — Finish The Lyrics● 6:00 — One to One Visit● 9:00 — Late Night Snacks	25 CHRISTMAS <p>9:00 — Disney Christmas Parade</p> <ul style="list-style-type: none">● 10:30 — Karaoke Sing A Long Christmas Songs● 3:30 - Christmas Movie● 9:00 — Late Night Snacks 	26 <ul style="list-style-type: none">● 9:30 — Balloon Volleyball● 10:30 — Starving Artists● 3:00 — Happy Hour● 6:00 — IN2L Computer (Funny Videos)● 9:00 — Late Night Snacks 	27 <ul style="list-style-type: none">● 9:30 — Therapeutic Exercise● 10:30 — Coffee and Tea Time● 1:30 — Music Connections● 3:00 — Afternoon Refresher● 6:00 — T.V. Land (60.2)● 9:00 — Late Night Snacks
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